



Homestead Owners Association & Court Club

May Events

**Hot Tub Closed For
Renovation**
May 6th-26th

Board & DRC Meeting
Friday, May 10th

Mother's Day
Sunday, May 12th

Last Day of Swim Team
Thursday, May 16th

Free Tennis Clinics
Saturday, May 18th

**Pool Closed for Annual
Maintenance**
May 19th-26th

**Last Day of Spring
Tennis Programs**
Friday, May 24th

Memorial Day
Monday, May 28th

General Club Information

Club Hours:

5:55am-10:00pm M-F
6:30am-10:00pm S-S

Phone:

970-926-1067

Fax:

970-926-4710

400 Homestead Drive
P.O. Box 808
Edwards, CO 81632

Childcare Hours:

8:30am-noon M-F
3:00-7:00pm M-F

By Appointment Only

Website:

Hcchoa.com

Tennis News

Free Introduction to Tennis Kids & Adult Clinics ~ Saturday, May 18th
The Children's Clinic will be held from 10:00-11:30, followed by a pizza party. The Adult Clinic will be held from 1:00-3:00, followed by a BBQ. Please call or stop by the front desk to sign up. In the event of inclement weather free clinics will be cancelled.

Summer Tennis Program Flyers will be available at the front desk and on our website beginning on May 1st. This summer we will be offering clinics for all ages and ability levels as well as a four day per week tennis camp for juniors. All summer tennis programs are beginning the week of June 3rd and will run for 10 weeks. Weekly sign ups are available for all junior programs including tennis camp. For days, times, and rates please visit our website, or stop by the front desk.

Reminder: Spring Junior Tennis Clinics & Leagues are ending on May 24th

Farewell Rob Honzo ~ Rob Honzo is leaving Homestead. Rob was hired as a tennis pro in 2001. He has worked extremely hard for Homestead over the past 12 years and will be greatly missed. Rob is moving to Denver to start a life with his fiancé and will continue to pursue his tennis career. We would like to thank Rob for making Homestead Tennis great over the past 12 years and also wish him the best with future endeavors!

Fitness News

Tri-Training Group ~ with coach Erinn Hoban will be starting in May. This group will be training for the LG Tri in Eagle on July 13th. This group will meet three days per week to swim, bike, and run. This group is ideal for beginners! If you are interested please email Erinn at erinnchavez@gmail.com. Minimum 8 participants.

Class Changes/Cancellations

- Sunrise Yoga with Beth has moved to Thursday mornings at 6:05am
- Vinyasa/Restorative Yoga with Sophie has moved to Wednesdays at 6:35pm
- Super Sculpt with Beth has been taken off the schedule in May.

Pool & Hot Tub Closed for Annual Maintenance

Please note the hot tub will be closed for renovation May 6-26. The entire pool area, including hot tub, steam room, and pool will be closed for annual cleaning and maintenance May 19-26. The pool area, hot tub and steam room will reopen on May 27. Please excuse our mess as we work to improve the Homestead Court Club.

Please Slow Down on Homestead Streets

Please remember when driving on neighborhood streets that this is what they are... neighborhood streets. As a courtesy to those that live on these "through" streets, please remember to not exceed the speed limit, especially in the morning and afternoon when kids are walking to and from bus stops. Cutting a minute from your drive time is not worth someone's life. Just remember, it's where we live. Homestead has requested that the Eagle County Sheriff's Department increase patrols for speeding on Homestead Streets. PLEASE slow down! We'll gratefully thank you!!



Homestead Owners Association & Court Club

April Board Of Directors Meeting Highlights

Our April Board of Directors and Design Review Committee Meeting was held on Friday, April 12, 2013 at 9:00am. Member Input included comments and concerns from neighbors regarding various topics including drainage issues, maintenance requests, and concerns regarding neighborhood dogs. New Business included a presentation from Rick Mueller regarding the proposal to rezone Tract K with the intent to develop 16 Habitat for Humanity units on the property. Please see note below for more info. Matters Pending included presentations from Dominick Architects, Berglund Architects, and Victor Mark Donaldson Architects regarding Homestead's RFP for Court Club Remodel Design. The meeting minutes from the meeting on March 8th, 2013 were approved. The February 2013 financial report was approved by the Board. The meeting adjourned in executive session at approximately 11:00am.

Tract K Rezoning/Re-platting Proposal Meeting

As you may already know, Remonov and Company, Inc. are requesting an amendment to the PUD and zoning change from Commercial General to High Density Residential on their 1.36 acre property adjacent to lower Homestead on Tract K, which is located to the west of the post office, and north of Edwards Village Boulevard. If approved, Remonov and Company will donate the land to Habitat for Humanity, who will construct 16 affordable housing units (8 duplexes) with 48 parking spaces. This proposal will be heard at the Eagle County Planning Commission Meeting on Wednesday, May 1, 2013 in the Eagle County Room at the Eagle County Building, 500 Broadway, Eagle, CO. You may call the Agenda Line at 970-328-8754 for more information on time. Please visit our website, www.hcchoa.com to see the proposed plans.

Swim Programming News

New Swim Lesson Instructor ~ We would like to welcome our newest swim instructor to the Homestead staff. Coach Brook specializes in teaching personalized swim lessons to children and adults of all ages and abilities. Her goal is to connect with each swimmer in order to learn how to best meet their individual needs, and guiding them to become safe, confident and successful swimmers in the water. Brook is available to teach a variety of lessons on Mondays, Wednesdays, and Fridays. Session 1 Dates: April 22-May 15. Visit swimwithbrook.com for more information on dates and times and to schedule lessons.

Swim Lesson Type	# of Students	Length	Member Price
Private Swim Lessons	1	20 Min	\$25
Semi-Private Swim Lessons	2	30 Min 20 Min	\$20 <i>per swimmer</i> \$15 <i>per swimmer</i>
Group Swim Lessons	3 to 6	30 Min 20 Min	\$15 <i>per swimmer</i> \$10 <i>per swimmer</i>
Adult Swim Lessons	1	30 Min	\$40 <i>per swimmer</i>
Mommy & Me Swim Lessons	3 to 5	20 Min	\$10 <i>per swimmer</i>

Summer Swim Team with Erinn Hoban ~ Swimmers will practice and improve all four strokes, increase swimming endurance and have fun, with sufficient time for team building and games that will help to improve your swimmers confidence. Swimmers must know at least two strokes and be able to swim at least one length of the pool to join swim team. Swim Team Prep prepares swimmers to join swim team. Swim Team Prep meets on Mondays and Thursdays from 4:30-5:00pm, and Swim Team meets on Mondays and Thursdays from 5:00-6:00pm.

Session Dates:

- Session 1 : April 22 - May 16
- Session 2: June 10 - July 11 (No practice the week of July 1-5)
- Session 3: July 22 - August 15

Member Prices: Swim Team Prep is \$80 per child/per session, Swim Team is \$110 per child/per session **Registration** forms are available at the front desk or on our website.

Homestead Clubhouse is an action packed summer program for children entering kindergarten through fifth grades. Participants will enjoy a wide variety of daily activities that include: yoga, arts and crafts, show and tell, parks, hikes, special events, leadership development, positive social interaction, sports, teamwork games, and so much more!

Ages: 5-12
 Days: M-Th, every other Friday
 Times: 8:30am-5:15pm
 Member Pricing:
 Advance Sign Up: \$40/day
 Drop In Rate: \$45/day



Adventure Out Camp is an extreme experience not to be missed! Participants will be submersed in a program to build teamwork skills, adventure through the vast Homestead trails and parks, hike, bike, participate in science experiments, sports, and create with their imaginations. This program is designed to throw the sedentary lifestyle out the window and engage pre tweens in activities that develop skills for both the mind and body.

Ages: 8-12
 Days: Monday & Wednesday
 Times: 8:30am-5:15pm
 Member Pricing:
 Advance Sign Up: \$45/day
 Drop In Rate: \$50/day
 Registration forms for both HCC Camps are available now at the front desk, or on our website, www.hcchoa.com



May Fitness Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:05-7:05am	Spin (Todd)		6:10-7:30am Power Vinyasa Yoga (Ashley)	Sunrise Yoga (Beth)	Spin (Mariella)	
7:15-8:15am		8:00-8:30 TRX with Deana*\$	6:15-7:15am Cardio Tennis*			Cardio Tennis*
8:30-9:30am	8:30-9:05 TRX with Deana*\$	Spin/Pilates Deana & Evin*\$ (Contact Deana at 970-331-6302)	Zumba (Beth)			
8:30-9:45am		Master's Swim (Erinn)			Master's Swim (Erinn)	8:00-9:30 Intermediate Hatha Yoga (Trinity)
9:00-10:30am					Yoga (Tim)	
9:15-10:15am	20/20/20 (Justin)	Body Shop (Nichole)		S.I.T (Justin)	Board Meeting 5/10/2013 9:00am	
10:30-11:30am	Pilates Mat Class (Deana)			Pilates Mat Class (Deana)	11:00-12:00pm Baby & Me Blast (Lauren)	
12:00-1:15pm		Gentle Yoga (Wendi)				
5:30-6:30pm	20/20/20 (Justin)	Spin (Joel)	Cardio Fusion (Amie) Spin/Pilates Deana & Evin*\$ (Contact Deana at 970-331-6302)	Turbo Kick (Tiffany)		
6:35-7:35pm	Hatha Flow (Lindsey)		Vinyasa/ Restorative Yoga (Sophie)	Vinyasa Flow (Sophie)		

***Please call the front desk to sign up for classes with an asterisk* Sign up policy:** Homestead homeowners and their tenants may reserve their space 48 hours in advance and Non-resident members may reserve their space 24 hours in advance. Please call 970-926-1067 to sign up.

\$ = Fee for class

May Class Changes/Cancellations

- Sunrise Yoga with Beth has moved to Thursday mornings at 6:05am
- Vinyasa/Restorative Yoga with Sophie has moved to Wednesdays at 6:35pm
- Super Sculpt with Beth has been taken off the schedule in May.



Fitness Class Descriptions

20/20/20 - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

ANJALI RESTORATIVE YOGA — Anjali Restorative Yoga is a deeply restorative class for all ability levels. Participants will spend sustained periods of time in each fully supported posture while guided through meditation and breathing practices.

BABY & ME BLAST - Fun, all-levels fitness class for moms (dads, too!) and their new babies aged four weeks to approximately nine months (pre-crawling). Your babies will relax on yoga mats and blankets while they watch you bounce back into shape!

BODY SHOP— Join Nichole for a full hour of weight training. This class will focus on building strength and balance while using proper form.

CARDIO FUSION - Join Amie for a blend of cardio, intervals, weights and core to sculpt the entire body.

CARDIO TENNIS - Join Homestead's Tennis Pros for this fun group activity featuring drills to give players of all abilities an ultimate, high energy workout.

CORE - Join Heidi Trueblood for a invigorating 30 minute class that focuses on building core strength.

GENTLE YOGA—Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or is looking for modifications to all postures. Our instructor creates a safe environment through alignment to explore your personal boundaries while building strength and flexibility. This practice excludes all inversions and extreme backbends.

HATHA FLOW YOGA - Based on traditional Hatha Yoga poses and the principals of alignment, the flowing moves encourage breath and movement synchronization. Focus is on body awareness and working within personal limits while building strength & flexibility with a calm mind.

MASTERS SWIM - Join coach Erinn for a structured swim workout designed to help you improve your fitness or train for specific goals. Open to all levels.

PILATES MAT CLASS - An exercise system focused on increasing flexibility and strength for the total body without building bulk. No apparatus is used during this class.

POWER VINYASA YOGA – Start your morning by moving with breath in this invigorating Baptiste style yoga class. You will be encouraged to use your breath, to come into your body, to clear your mind and to discover your true power. Expect to sweat and challenge yourself with both movement and powerful, athletic postures.

SKI CONDITIONING — Strength training is combined with speed work, plyometrics, and agility training, to develop power and endurance for the ski season. This class will get progressively harder as the weeks go on!

SPIN - A cardio workout without comparison. All instructors incorporate climbing, intervals and steady state training. Guaranteed to make you sweat! Each instructor creates a different design for each class.

S.I.T.— “Strength and Interval Training.” Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

SUPER SCULPT-- This class will focus mostly on core and legs, while using other muscle groups in a functional training setting.

SUNRISE YOGA — Welcome the new day with a flowing vinyasa class to energize the mind and the body.

TURBO KICK — Learn kickboxing skills choreographed to energizing music. Using no equipment, this kickboxing workout incorporates a number of upper body punches and lower body kicks.

TRX TRAINING — The much talked about TRX is a total body suspension training system. By using your own body weight and vector angles the TRX system provides a well-rounded workout for the entire body.

VINYASA FLOW YOGA— In this yoga class the teacher will encourage you to synchronize your breath to the movement from one pose to the next on an inhale or an exhale. This style of yoga allows for a lot of variety, but you can expect movement, not just stretching.

ZUMBA — Zumba Fitness is the only Latin-inspired dance-fitness program that blends red-hot international music, and contagious steps to form a "fitness-party" that is downright addictive.



May Pool Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
6:00-8:00am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	6:30-8:00am Lap Swim	6:30-8:00am Lap Swim
8:30-9:45am		Master's Swim (Erinn)			Master's Swim (Erinn)		
8:45-11:45am							
12:00-12:30pm							
1:00-2:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
2:00-3:30pm							
3:30-4:30pm	After School Kids in Pool	After School Kids in Pool	After School Kids in Pool	After School Kids in Pool	After School Kids in Pool		
4:30-5:00pm	Swim Team Prep			Swim Team Prep			
5:00-6:00pm	Swim Team			Swim Team			
6:30-9:00pm							
9:00-10:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim

New Swim Lesson Instructor

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May Tennis Schedule

Program Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:15-7:15am			Cardio Tennis*			
7:15-8:15am						Cardio Tennis*
8:30-9:30am						4.0+ Level Clinic*
9:30-10:30am						3.5 Level Clinic*
10:30-11:30am						3.0 Level Clinic*
11:00-12:00pm	Beginner Adult Clinic*	3.0-3.5 Level Adult Clinic*		3.5 Level Adult Clinic*	Cardio Tennis*	
12:00-1:00pm	Cardio Tennis*		4.0+ Level Adult Clinic*			
1:15-2:30pm					Coed 3.0 and above League	
3:15-4:00pm	Mighty Mites* (Ages 4-6)		Mighty Mites* (Ages 4-6)			
4:00-5:00pm	Superstars* (Ages 7-9)	Intermediate Juniors* (Ages 10+)	Superstars* (Ages 7-9)	Intermediate Juniors* (Ages 10+)	Mighty Mites* (Ages 4-6) Superstars* (Ages 7-9)	
5:00-6:00pm	VMS High School Tennis Practice	JET Tennis & Teenager Junior Clinics*	VMS High School Tennis Practice	JET Tennis & Teenager Junior Clinics*	VMS High School Tennis Practice	VMS High School Tennis Practice
6:00-9:00pm	Coed 3.5 and above League*	Ladies 3.5 and below League*	Men's 4.0 and below League*	Coed 4.5 and above League*		

*Advance sign up is required for all tennis programs. Adult programs are drop-in only. Your space is reserved by calling the front desk. **Spring Junior programs are going on now.** Space for Junior programs is reserved by completing a registration form, which is available at the front desk, or on our website.

Adult Program Rates (Per person)

	Member	Non-Member
Drop in Clinics	\$20	\$35
Cardio Tennis	\$15	\$30
Private Lesson	\$60	\$75
Semi Private Lesson	\$35	\$50

*SIGN UP POLICY

Homestead Homeowners and their tenants may sign up for clinics up to 48 hours in advance.

Non-resident members may sign up for clinics up to 24 hours in advance.

Non-members may sign up for clinics on the day of the clinic.