September 2013 Newsletter



September Events

Fall Tennis Begins Monday, August 26

End of Summer Party Saturday, August 31

Labor Day Monday, September 2nd Club Hours: 6am-5pm No After School Program No Fitness Classes Childcare Closed

September Board & DRC Meeting Friday, September 13 @ 9am

> Round Robin Club Social Sunday, September 22 12:00-3:00pm \$10 per player

Fall Swim Team Begins Monday, September 16

General Club Information

Club Hours:

5:55am-10:00pm M-F

6:30am-10:00pm S-S

Phone:

970-926-1067

Fax:

970-926-4710

400 Homestead Drive

P.O. Box 808

Edwards, CO 81632

Childcare Hours:

8:30am-noon M-F

3:00-7:00pm M-F

By Appointment Only

Website:

Hcchoa.com

Homestead Owners Association & Court Club

Homestead's Annual End of Summer Party & BBQ, Saturday, Aug 31st, 4:00-7:00pm

Please join us on Saturday, August 31st, from 4-7pm for Homestead's Annual End Of The Summer Party & BBQ. Help us celebrate the last days of summer with a live music performance, family games, jumpy house, face painting, food & drinks, and a mechanical bull! Please plan to walk or carpool to the club if you can, as limited parking will be available.



Children's Programming News

Homestead's action packed after school program concentrating on education, fitness, and creativity is beginning on Monday, August 26th. The ASP will meet Monday through Friday from 3:00-6:00pm at the Homestead Court Club and will utilize all of the great Homestead Club facilities including parks, trails, and Homestead neighborhoods. Homestead will provide transportation to the program for students at Edwards Elementary School. PRICE: \$17 a day for Members and \$22 a day for Non-Members. REGISTRATION: Registration packets are available now at the front desk, or by email request to Jillian at jillian@homesteadcourtclub.com.

Please note that there will be no After School Program or Childcare on Labor Day, Monday, September 2, 2013.

Aquatics News

Sign Up Now for Fall Swim Team! Fall swim programs begin on Monday, September 16th, and will run for four weeks. *Swim Team Prep* will be held on Mondays and Thursdays from 4:30-5:00pm. *Swim Team* will be held on Mondays and Thursdays from 5:00-6:00pm. *Member Prices:* Swim Team Prep is \$80 per child and Swim Team is \$110 per child. *Registration:* Forms are available at the front desk and on our website now!

Fall Swim Lessons with Brook ~ Coach Brook specializes in teaching personalized swim lessons to children and adults of all ages and abilities. Brook is available to teach a variety of lessons including private, semi-private and small group. Visit her website, swimwithbrook.com for more information and to schedule lessons.

Fitness News

Class Changes/Cancellations in September

- All Fitness Classes are cancelled on Labor Day, Monday, September 2, and the Club is closing early at 5:00pm.
- Baby & Me Blast with Lauren has been taken off the schedule

Classes Coming Soon: Ski Conditioning Class and Spin & Abs with Heidi Trueblood will be back soon!



Note to Residents Regarding Parking on Homestead Streets and Eagle County Right of Ways

We have recently had complaints of residents and guests parking on Homestead Streets. We would like to remind all residents that there is no parking allowed on Homestead Streets or on Eagle County Right of Ways. We have asked the Eagle County Sheriff to patrol our streets and ticket any vehicles parked on the streets or in the County right of ways. Also, please note that Homestead does not allow trailers to be parked in driveways, except for temporary loading and unloading.

Please note Homestead's trailer storage policy:

"No lot, streets, private streets, drives or parking areas, unless specifically designated by the Association therefore, shall be used as a parking, storage, display or accommodation area for any type of house trailer. camping trailer, boat trailer, hauling trailer, boat or accessories thereto, truck larger than a 1 ton pickup truck, or any type of motor home except as a temporary expedience for loading, delivery, emergency, etc. The same shall be stored, parked or maintained wholly within a garage area of a dwelling unit with the garage door in a closed position." (Architectural Standards, 2,G)

If you need to temporarily park a trailer in your driveway, please contact Tracy Erickson at the club. Thank you!

August Board Of Directors Meeting Highlights

Our August Board of Directors and Design Review Committee Meeting was held on Friday, August 9, 2013 at 9:00am. The DRC portion of the meeting began at the site of the Trinity Baptist Church proposed addition. After the site visit, the meeting resumed at the Court Club. The Church once again asked the Board to table their proposal for an addition, and requested a special meeting to expedite the approval process. The DRC agreed to host a special meeting on Thursday, August 15th, at 6:00pm. Other DRC items included; the Frischholz residence at 397 Edwards Village Blvd. was approved to install a fence, and the Marchetti residence at 91 Spring Creek Court was staff approved to install a radon system. Member Input included questions and comments from an owner regarding various maintenance and safety concerns. The Board addressed the issues individually. Matters Pending included a presentation from Victor Mark Donaldson Architects and an update on the proposal to rezone Tract K. Please see note at the bottom of this page for more information on Tract K. The meeting minutes from the meeting on July 12th, 2013 were approved. The June 2013 financial report was approved by the Board. The meeting adjourned at approximately 11:20am.

Tennis News

Sign Up Now for Fall Tennis Programs & Leagues: Fall Session 1 will begin the week of August 26th and will run for 8 weeks. Fall session 2 will begin the week of October 21 and will run for 8 weeks, with no programs over Thanksgiving week. Leagues and Adult Programs run for 16 weeks beginning on August 26th, with no programs over Thanksgiving week. Sign up today!

Round Robin Club Social – September 22 from 12-3pm— All levels are welcome; sign up is on an individual basis. Round robin format play will be coed and begins Sunday at noon. The format will be the same as last year. A barbeque will be held around 3:00pm with burgers and beers. Derek might even make his world famous margaritas. Sign up at the front desk! \$10 per player.

Reminder: Court times will be changing back to 1 hour and 15 minutes beginning on August 26th.

Thanks to everyone who participated in our annual Vail Valley Junior Satellite Tournament. The tournament was a great success. Many thanks to our tournament sponsors: Alpine Bank, Moe's BBQ, United States Tennis Association, and Homestead!

Tract K Rezoning/Re-platting Proposal Update

As you may know, Remonov and Company, Inc. have requested an amendment to the PUD and zoning change from Commercial General to High Density Residential on their 1.36 acre property adjacent to lower Homestead on Tract K, which is located to the west of the post office, and north of Edwards Village Boulevard. If approved, Remonov and Company may donate the land to Habitat for Humanity, who will construct 16 affordable housing units (8 duplexes) with 48 parking spaces. This proposal was seen before the Planning Commission on May 1. Planning Commission members voted unanimously to deny the zoning change of Tract K. The proposal was tabled by the Eagle County Commissioners Meeting on July 9 and is scheduled to be seen in front of the Commissioners again on Tuesday, August 27. The agenda for this meeting will be posted on www.eaglecounty.us prior to the meeting. Please visit our website, www.eaglecounty.us prior to the meeting. Please visit our website, www.hcchoa.com to see the proposed plans. For more information you may also visit www.tractk.com, which is a website that was created by Homestead Owner, Chris Neuswanger.

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September Fitness Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:05-7:05am			Spin (Jen)	Sunrise Yoga (Beth)	Spin (Joel)	
			6:10-7:30am Power Vinyasa Yoga (Ashley)			
8:00-8:30am	TRX with Deana*\$	TRX with Deana*\$				
8:30-9:30am			Zumba (Beth)			
8:30-9:45am		Master's Swim (Erinn)			Master's Swim (Erinn)	8:00-9:30 Intermediate Hatha Yoga (Trinity)
9:00-10:30am						
9:15-10:15am	20/20/20 (Justin)	Body Shop (Nichole)		S.I.T (Justin)	Board Meeting 9/13/2013 9:00am	
10:30-11:30am	Pilates Mat Class (Deana)			Pilates Mat Class (Deana)		
12:00-1:15pm		Gentle Yoga (Sophie)				
5:30-6:30pm	20/20/20 (Justin)	Spin (Joel)		5:00-5:30pm TRX with Deana*\$		
6:35-7:35pm	Hatha Flow (Lindsey)		Vinyasa/ Restorative Yoga (Sophie)	Vinyasa Flow (Sophie)		

^{*}Please call the front desk to sign up for classes with an asterisk* Sign up policy: Homestead homeowners and their tenants may reserve their space 48 hours in advance and Non-resident members may reserve their space 24 hours in advance. Please call 970-926-1067 to sign up.

\$ = Fee for class



Fitness Class Descriptions

20/20/20 - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

ANJALI RESTORATIVE YOGA — Anjali Restorative Yoga is a deeply restorative class for all ability levels. Participants will spend sustained periods of time in each fully supported posture while guided through meditation and breathing practices.

BODY CHALLENGE — A unique and challenging way of toning your body using mainly body weight with a few props for resistance. It defines, tones and strengthens your arms, core, back, legs, abs, and improves balance and posture.

BODY SHOP— Join Nichole for a full hour of weight training. This class will focus on building strength and balance while using proper form.

GENTLE YOGA—Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or is looking for modifications to all postures. Our instructor creates a safe environment through alignment to explore your personal boundaries while building strength and flexibility. This practice excludes all inversions and extreme backbends.

HATHA FLOW YOGA - Based on traditional Hatha Yoga poses and the principals of alignment, the flowing moves encourage breath and movement synchronization. Focus is on body awareness and working within personal limits while building strength & flexibility with a calm mind.

MASTERS SWIM - Join coach Erinn for a structured swim workout designed to help you improve your fitness or train for specific goals. Open to all levels.

PILATES MAT CLASS - An exercise system focused on increasing flexibility and strength for the total body without building bulk. No apparatus is used during this class.

POWER VINYASA YOGA – Start your morning by moving with breath in this invigorating Baptiste style yoga class. You will be encouraged to use your breath, to come into your body, to clear your mind and to discover your true power. Expect to sweat and challenge yourself with both movement and powerful, athletic postures.

SPIN - A cardio workout without comparison. All instructors incorporate climbing, intervals and steady state training. Guaranteed to make you sweat! Each instructor creates a different design for each class.

S.I.T.— "Strength and Interval Training." Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

SUPER SCULPT-- This class will focus mostly on core and legs, while using other muscle groups in a functional training setting.

SUNRISE YOGA — Welcome the new day with a flowing vinyasa class to energize the mind and the body.

 $\label{thm:control_transform} \textbf{TRX TRAINING} - \textbf{The much talked about TRX is a total body suspension training system. By using your own body weight and vector angles the TRX system provides a well-rounded workout for the entire body.$

VINYASA FLOW YOGA— In this yoga class the teacher will encourage you to synchronize your breath to the movement from one pose to the next on an inhale or an exhale. This style of yoga allows for a lot of variety, but you can expect movement, not just stretching.

ZUMBA — Zumba Fitness is the only Latin-inspired dance-fitness program that blends red-hot international music, and contagious steps to form a "fitness-party" that is downright addictive.



September Pool Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
6:00- 8:00am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	6:30-8:00am Lap Swim	6:30-8:00am Lap Swim
8:30- 9:45am		Master's Swim (Erinn)			Master's Swim (Erinn)		
10:00am- 1:00pm		Swim Lessons with Brook		Swim Lessons with Brook			
1:00- 2:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
2:00- 4:00pm		Swim Lessons with Brook		Swim Lessons with Brook			
3:30- 4:30pm	After School in Pool	After School in Pool	After School in Pool	After School in Pool	After School in Pool		
4:30- 5:00pm	Swim Team Prep			Swim Team Prep			
5:00- 6:00pm	Swim Team			Swim Team			
6:30- 9:00pm							
9:00- 10:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim

Swim Lessons with Brook Richards Coach Brook specializes in teaching personalized swim lessons to children and adults of all ages and abilities. Her goal is to connect with each swimmer in order to learn how to best meet their individual needs, and guiding them to become safe, confident and successful swimmers in the water. Brook is available to teach a variety of lessons on Tuesdays and Thursdays from 10:00am-1:00pm and 2:00pm-4:00pm. Visit swimwithbrook.com for more information on dates and times and to schedule lessons.

Fall Swim Team with Erinn Hoban ~ Swimmers will practice and improve all four strokes, increase swimming endurance and have fun, with sufficient time for team building and games that will help to improve your swimmers confidence. Swimmers must know at least two strokes and be able to swim at least one length of the pool to join swim team. Swim Team Prep prepares swimmers to join swim team. Swim Team Prep meets on Mondays and Thursdays from 4:30-5:00pm, and Swim Team meets on Mondays and Thursdays from 5:00-6:00pm.

Session Dates: September 16 - October 10

Member Prices: Swim Team Prep is \$80 per child/per session, Swim Team is \$110 per child/per session **Non-Member Prices:** Swim Team Prep is \$120 per child/per session, Swim Team is \$150 per child/per session **Registration** forms are available at the front desk or on our website, www.hcchoa.com.



September Tennis Schedule

Program Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:15-7:15am						
7:15-8:15am						
8:30-9:30am						4.0++ Level Clinic*
9:30-10:30am						3.5 Level Clinic*
10:30-11:30am						10:30-11:30am 3.0 Level Clinic*
10:45-12:00pm		3.0-3.5 Level Clinic*		3.5-4.0 Level Clinic*		
12:00-1:15pm			4.0++ Level Clinic*			
1:15-2:30pm					Ladies 3.0-3.5 League Play*	
3:15-4:00pm	Mighty Mites Clinic* (4-6 yr. olds)		Mighty Mites Clinic* (4-6 yr. olds)			
4:00-5:00pm	Superstar Clinic* (7-9 yr. olds)	Intermediate Clinic* (10+ yr. olds)	Superstar Clinic* (7-9 yr. olds)	Intermediate Clinic* (10+ yr. olds)	Superstar Clinic* (7-9 yr. olds) Intermediate Clinic* (10+ yr. olds)	
5:00-6:00pm	Teenager Clinic* & High School Prep*	Junior Elite Tennis* (JET)	Teenager Clinic* & High School Prep*	Junior Elite Tennis* (JET)	High School Prep*	
6:00-9:00pm	Ladies 3.5-4.0 League Play*	Ladies 3.0-3.5 League Play*	Men's 3.5-4.0 League Play*	Coed 4.5+ League Play*		

Fall 2013 Junior Program Dates:

Session 1: August 26 - October 18

Session 2: October 21 - December 20 (No programs the week of November 25-30)

Fall 2013 Adult Program Dates:

August 26 - December 20 (No programs the week of November 25-30)

SIGN UP POLICY FOR ADULT CLINICS

Homestead Homeowners and their tenants may sign up for clinics up to 48 hours in advance.

Non-resident members may sign up for clinics up to 24 hours in advance.

Non-members may sign up for clinics on the day of the clinic.

Adult Clinic Prices: Member rate is \$20 per clinic, Non-member rate is \$35 per clinic

*Advance sign up required for all tennis programs