

June 2014 Newsletter

Homestead Owners Association & Court Club

June Events

First Day of Summer Tennis & Kids Camp Monday, June 2nd

Summer Swim Team Session 2 Begins Monday, June 2nd

Board & DRC Meeting Friday, June 13th

> Father's Day Sunday, June 15th

Summer Begins Saturday, June 21st

July DRC Submittal Deadline

Friday, June 27th

General Club Information

Club Hours:

5:55am-10:00pm M-F

6:30am-10:00pm S-S

Phone:

970-926-1067

Fax:

970-926-4710

400 Homestead Drive

P.O. Box 808

Edwards, CO 81632

Childcare Hours:

8:30am-noon M-F

3:00-7:00pm M-F

By Appointment Only

Website:

Hcchoa.com

Twitter: Homestead Court Club @HomesteadHOA

Court Club Remodel Update

Our remodel is going on now! Things are going well in our temporary location. The demolition is finished, and the new construction has started. If you have been using the outdoor tennis courts you know that we have temporarily moved the entrance to the outdoor courts to the back pool room door. We are planning to re-open the regular back entrance in June. Construction on our new Family Locker Room will begin on May 22. The Men's locker room will be impacted with limited locker availability. If you currently pay for a monthly locker rental, and it is in the construction area, we will relocate your locker. Please see the Front Desk for your new locker assignment and key. For your safety please pay close attention to the signage and construction fencing. We are excited about the progress so far, and thank you for your continued support as we improve Homestead! Please visit our website, www.hcchoa.com, like us on Facebook (Homestead Court Club), and follow Homestead Court Club @HomesteadHOA on Twitter for the latest Club updates.

Tennis News

Summer Tennis Programs are beginning on June 2nd. This summer we are offering clinics for all ages and ability levels as well as a four day per week tennis camp for juniors. All summer tennis programs are beginning the week of June 2nd and will run for 10 weeks, with the week of June 30th—July 4th off. Weekly sign ups are available for all junior programs including tennis camp. Adult clinics are drop in only. For days, times, and rates please visit our website, www.hcchoa.com, or stop by the front desk.

USTA Tennis Matches: Homestead has both Men's and Women's USTA Teams. We are hosting some of their matches over the summer. Come by to cheer your friends on! June 8 @ 11:00am & 1:00pm ~ USTA Women's 3.5 & 3.0 Team Matches

June 14 @ 2:30pm ~ USTA 3.0 Women's Team Match

June 17 @ 7:00am ~ USTA 4.0 Men's Team Match

June 21 @ 12:00, 2:30pm & 5:00pm ~ USTA Women's 4.0, 3.0 & 3.5 Matches

June 22 @ 11:00am & 1:30pm ~ USTA 4.5 Women's Team Matches

June 24 @ 6:30pm ~ USTA 4.0 Men's Team Match

June 28 @ 1:00pm ~ USTA 3.0 Women's Team Match

Reminders: The last day of Cardio Tennis will be Saturday, May 31st. Cardio tennis will resume in October. Court times will be changing to 1.5 hours beginning in June.

Thank you to everyone who participated in our free Junior Clinic on Saturday, May 17. We were lucky to have beautiful weather, and a wonderful group of kids learning to play tennis. We hope to see you back on the court soon!

Summer Membership Special

Now is the time to invite your friends and family to join Homestead. We are currently offering no initiation fee to join the club. That is a savings of \$250 off the regular price! Dues are \$100 per month for an individual or \$135 per month for a family membership. A non-resident membership includes full access to the club, including over 20 free group fitness classes each week, indoor tennis court, six outdoor tennis courts, Reformer Pilates studio, Kids Camp, Swim Team and much more! Please contact Kim Gauron at kim@homesteadcourtclub.com or 970-926-1067 for more information.

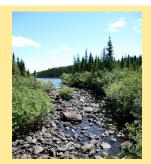
Summer Swim Team

Summer Swim Team with Erinn Hoban ~ Swimmers will practice and improve all four strokes, increase swimming endurance and have fun, with sufficient time for team building and games that will help to improve your swimmers confidence. Swimmers must know at least two strokes and be able to swim at least one length of the pool to join swim team. Swim Team Prep prepares swimmers to join swim team. Swim Team Prep meets on Mondays and Thursdays from 4:30-5:00pm, and Swim Team meets on Mondays and Thursdays from 5:00-6:00pm.

Dates: June 2 - June 26
Rates: Swim Team Prep is \$80
for Members/\$120-Non-Members

Swim Team is \$110 for Members, and \$150 for Non-Members.

Registration forms are available at the front desk or on our website now.



A note about the Homestead's Ditches

Homestead is home to a wonderful ditch network that has been formed over many years. For your safety and the safety of your children please do not play in the ditches. In order to preserve the ditches in their current state we also ask that you do not damn up, or obstruct the water flow in any way in the ditches.

May Board Of Directors Meeting Highlights

Our May Board of Directors and Design Review Committee Meeting was held on Friday, May 9, 2014, at 9:00am. During the DRC portion of the meeting discussion was held on the topic of dogs in the neighborhood and on Homestead grounds. Please see the note below. During the Board of Directors portion of the meeting Member Input included a thank you to Tracy Erickson for installing extra signage in the neighborhood encouraging people to slow down. New Business included review and discussion of the remodel loan submittals and a motion to sign the loan commitment letter with ANB Bank. Matters Pending included discussion on the Court Club Remodel including reviewing payouts and plan changes. The meeting minutes from the meeting on April 11, 2014 were approved. The March 2014 financial report was approved by the Board. The meeting adjourned to executive session at approximately 9:30am.

Children's Programming News

Homestead Clubhouse Kids Camp begins June 2

Homestead Clubhouse is an action packed summer program for children ages 5-12. Participants will enjoy a wide variety of daily activities that include: yoga, arts and crafts, show and tell, parks, hikes, special events, leadership development, positive social interaction, sports, teamwork games, and so much more! Ages: 5-12, Days: M-F, Times: 8:30am-5:15pm, Member Pricing: Advance Sign Up: \$40/day, Drop In Rate: \$45/day

Adventure Out Kids Camp begins June 2

Adventure Out Camp is an extreme experience not to be missed! Participants will be submersed in a program to build teamwork skills, adventure through the vast Homestead trails and parks, hike, bike, participate in science experiments, sports, and create with their imaginations. This program is designed to throw the sedentary lifestyle out the window and engage pre tweens in activities that develop skills for both the mind and body. Ages: 8-12, Days: M-F, Times: 8:30am-5:15pm, Member Pricing: Advance Sign Up: \$45/day, Drop In Rate: \$50/day

Camp Registration packets are available at the front desk and on our website now. Please note that we will have limited spaces available due to the remodel, so please sign up early to reserve your space. Contact jillian@homesteadcourtclub.com for more info.

Reminders: Our Childcare Room and Kids Camp will be Closed on Friday, July 4th.

Friendly Reminder Concerning Homestead Pets

Homestead Owners Association has recently received some comments about our neighborhood pets. These comments were mainly regarding two issues: animal control and animal waste. Eagle County law requires that dogs be under "immediate control" which includes leashing them or keeping them within 10 feet of you and under voice control. Uncontrolled dogs have created problems for other dog owners who have their own pets leashed, for people trying to ride bicycles, or for people who are uncomfortable around unleashed pets. Uncontrolled dogs have also been know to bark excessively, which violates Homesteads noise guidelines and Eagle County Laws. Please be courteous of your neighbors by keeping your dog under your control and leashing your pet. Additionally, dogs should be cleaned up after at all times in the interest of public enjoyment of our neighborhood and public health.

Homestead Owner Association would like to suggest a reasonable balance – or at least, some balance – between the needs of a dog owner and the safety and comfort of other residents. For member safety there are no pets allowed at any time on Homestead Court Club grounds. For more information regarding Eagle County Animal Laws please go to www.eaglecounty.us and click on the Departments link, then the Animal Services link.

June Fitness Schedule



	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:05-7:05am			Spin (Amy)	Sunrise Yoga (Cheryl)	Spin (Joel)	
			6:30am Masters Swim (Erinn)			
7:00-8:00am		Align & Flow Yoga (Cheryl)				
8:30-9:30am	8:30-9:05am TRX with Deana*\$		Zumba (Beth)			
8:30-9:45am		Master's Swim (Erinn)			Master's Swim (Erinn)	
9:15-10:15am	20/20/20 (Justin)	9:30am Body Shop (Nichole)		S.I.T (Justin)	Board Meeting 6/13/2014 9:00am	
10:30-11:30am	Pilates Mat Class (Deana)			Pilates Mat Class (Deana)	11:00-12:00 Total Body for Moms (Lauren)	
12:00-1:15pm		Gentle Yoga (Sophie)				
5:30-6:30pm	Athletes Edge (Justin)	Spin (Joel)				
6:35-7:35pm	Power Yoga (Karlie)		Vinyasa/ Restorative Yoga (Sophie)	6:15-7:15pm Vinyasa Flow (Sophie)		

^{*}Please call the front desk to sign up for classes with an asterisk* Sign up policy: Homestead homeowners and their tenants may reserve their space 48 hours in advance and Non-resident members may reserve their space 24 hours in advance. Please call 970-926-1067 to sign up.

\$ = Fee for class

New classes and/or changed classes are listed in bold

Please note Cardio Fusion with Amie and Spin/Pilates with Deana & Evin have been taken off the fitness schedule in June.



Fitness Class Descriptions

20/20/20 - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

ALIGN & FLOW YOGA - All levels class, giving modifications and intensifications. Focusing on breaking down postures, getting into your body and letting energy flow.

ATHLETES EDGE - Join Justin for this fast paced, high energy, strength and conditioning class!

BODY SHOP— Join Nichole for a full hour of weight training. This class will focus on building strength and balance while using proper form.

CARDIO FUSION - Join Amie for a blend of cardio, intervals, weights and core to sculpt the entire body.

CARDIO TENNIS — Cardio Tennis is a fun group activity featuring drills to give players of all abilities an ultimate, high energy workout. Cardio Tennis includes a warm-up, cardio workout, and cool down phases.

CORE — Join Heidi Trueblood for a invigorating 30 minute class that focuses on building core strength.

GENTLE YOGA—Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or is looking for modifications to all postures. Our instructor creates a safe environment through alignment to explore your personal boundaries while building strength and flexibility. This practice excludes all inversions and extreme backbends.

INTERMEDIATE HATHA YOGA - Based on traditional Hatha Yoga poses and the principals of alignment, the flowing moves encourage breath and movement synchronization. Focus is on body awareness and working within personal limits while building strength & flexibility with a calm mind.

MASTERS SWIM - Join coach Erinn for a structured swim workout designed to help you improve your fitness or train for specific goals. Open to all levels.

PILATES MAT CLASS - An exercise system focused on increasing flexibility and strength for the total body without building bulk. No apparatus is used during this class.

POWER VINYASA YOGA – Start your morning by moving with breath in this invigorating Baptiste style yoga class. You will be encouraged to use your breath, to come into your body, to clear your mind and to discover your true power. Expect to sweat and challenge yourself with both movement and powerful, athletic postures.

SPIN - A cardio workout without comparison. All instructors incorporate climbing, intervals and steady state training. Guaranteed to make you sweat! Each instructor creates a different design for each class.

S.I.T.— "**Strength and Interval Training.**" Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

SUNRISE YOGA — Welcome the new day with a flowing vinyasa class to energize the mind and the body.

TOTAL BODY FOR MOMS - A fun, all-levels fitness class for moms in a no-pressure environment. This innovative, comprehensive workout includes exercises from many different genres, including resistance training, circuit training, yoga, aerobics, and interval training. You can expect to leave class feeling physically energized, and mentally refreshed. (Moms with babies age 4 weeks to pre-crawling are welcome to bring them to class where they can lounge on blankets and watch you sweat!)

TRX TRAINING — The much talked about TRX is a total body suspension training system. By using your own body weight and vector angles the TRX system provides a well-rounded workout for the entire body.

VINYASA FLOW YOGA— In this yoga class the teacher will encourage you to synchronize your breath to the movement from one pose to the next on an inhale or an exhale. This style of yoga allows for a lot of variety, but you can expect movement, not just stretching.

ZUMBA — Zumba Fitness is the only Latin-inspired dance-fitness program that blends red-hot international music, and contagious steps to form a "fitness-party" that is downright addictive.



June Pool Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
6:00- 8:00am	Lap Swim	Lap Swim	Lap Swim 6:30am Masters Swim (Erinn)	Lap Swim	Lap Swim	6:30-8:00am Lap Swim	6:30-8:00am Lap Swim
8:30-		Master's Swim			Master's Swim		
9:45am		(Erinn)			(Erinn)		
10:00am- 1:00pm							
1:00- 2:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
2:00- 4:00pm							
3:00- 4:30pm	Kids Camp in Pool	Kids Camp in Pool	Kids Camp in Pool	Kids Camp in Pool	Kids Camp in Pool		
4:30- 5:00pm	Swim Team Prep			Swim Team Prep			
5:00- 6:00pm	Swim Team			Swim Team			
6:30- 9:00pm							
9:00- 10:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim

Summer Swim Team & Swim Team Prep with Coach Erinn Hoban ~ Swimmers will practice and improve all four strokes, increase swimming endurance and have fun, with sufficient time for team building and games that will help to improve your swimmers confidence. Swimmers must know at least two strokes and be able to swim at least one length of the pool to join swim team. Swim Team Prep prepares swimmers to join swim team. Swim Team Prep meets on Mondays and Thursdays from 4:30-5:00pm, and Swim Team meets on Mondays and Thursdays from 5:00-6:00pm.

Session Dates:

June 2 - June 26

Member Prices (per 4 week session): Swim Team Prep is \$80 per child/per session, Swim Team is \$110 per child/per session

Registration forms are available at the front desk or on our website.



Summer Tennis Schedule (thru 8/15)

Program Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:00-7:00am						
7:00-8:30am						
8:30-10:00am	Coed 3.0-4.0 Tennis League*	3.0-3.5 Level Adult Clinic*		3.5-4.0 Level Adult Clinic*		8:30-9:30am 4.0++ Level Adult Clinic*
10:00-11:00am	Mighty Mites Junior Clinic*	Mighty Mites Junior Clinic*	Mighty Mites Junior Clinic*	Mighty Mites Junior Clinic*		9:30-10:30am 3.5 Level Adult Clinic*
11:00am-noon	Superstars Junior Clinic*	Superstars Junior Clinic*	Superstars Junior Clinic* 11:30am-1:00pm 4.0++ Level Adult Clinic*	Superstars Junior Clinic*		10:30-11:30am 3.0 Level Adult Clinic*
1:00-2:30pm	Intermediate Junior Clinic*	Intermediate Junior Clinic*	Intermediate Junior Clinic*	Intermediate Junior Clinic*		
2:30-4:00pm	High School Tennis Clinic*	JET Tennis Clinic*	High School Tennis Clinic*	JET Tennis Clinic*		
1:00-4:00pm	Tennis Camp*	Tennis Camp*	Tennis Camp*	Tennis Camp*		
5:30-7:00pm						
7:00-8:30pm						
8:30-10:00pm						

Summer 2014 Program Dates:

June 2 - August 15 (no programs June 30 - July 4)

SIGN UP POLICY FOR ADULT CLINICS

Homestead Homeowners and their tenants may sign up for clinics up to 48 hours in advance.

Non-resident members may sign up for clinics up to 24 hours in advance.

Non-members may sign up for clinics on the day of the clinic.

Adult Clinic Prices: Member rate is \$20 per clinic, Non-member rate is \$35 per clinic



