

<u>June Events</u>

Summer Tennis Begins Monday, June 1st

First Day of Kids Camp Monday, June 1st

Men's Locker Room Closed June 1st—15th

Board & DRC Meeting Friday, June 12th @9am

> Pool Area Closed June 14th-27th

Women's Locker Room Closed June 15th-27th

> Ice Cream Social Thursday, June 18th 6:30-8:00pm

Tennis Pro-Am Mixer Friday, June 26th

General Club Information

Club Hours: 5:55am-10:00pm M-F

Phone: 970-926-1067

Fax: 970-926-4710

400 Homestead Drive P.O. Box 808

Edwards, CO 81632

Childcare Hours:

8:30am-noon M-F

3:00pm-7:00pm M-F By Appointment Only

Website:

Hcchoa.com

Like Homestead Court Club on Facebook! June 2015 Newsletter

Homestead Owners Association & Court Club

Ice Cream Social ~ June 18

We are kicking off our 2015 Homestead Summer Events on Thursday, June 18th with an ice cream social from 6:30-8:00pm. Join us for a fun filled evening where you can build your own ice cream sundae with the best topping bar west of the Mississippi! Come by, mingle with your neighbors and have a treat!

Upcoming Pool & Locker Room Closures

We would like to remind you that the entire pool area, including hot tub, steam room, and pool will be closed for resurfacing and annual cleaning June 14th—27th. The pool area, hot tub and steam room will reopen on June 28th. The men's locker room will be closed for renovation June 1st-15th and the women's locker room will be closed for renovation June 15th-28th. Other restrooms throughout the facility including the family locker room will remain open. Please excuse our mess as we work to improve the Homestead Court Club.

Summer Tennis News

Junior Tennis Programs are beginning on June 1st. This summer we are offering junior clinics for all ages and ability levels as well as new Junior Tennis Challenge and supervised Match Play. Get your junior involved in this fun lifelong sport! You choose 1-11 weeks that work with your schedule. For days, times, and rates please visit our website, hcchoa.com, or stop by the front desk.

New Adult Tennis Clinics Begin June 1st. We are excited to expand our Adult Tennis Clinics this summer to include Never Ever, Drill & Play and Co-Ed Drill clinics in addition to your current favorites. We hope you will join us for one of these fun new clinics! More information on all of our clinics can be found at hcchoa.com.

4.0+ Level Tennis Pro-Am Mixer: Please join us on June 26th from 5:30 to 7:30pm for our first annual Adult Pro-Am Tennis Mixer. Local tennis pro's will be paired with one of you for a fun social timed rotation doubles format. A social gathering will be held afterwards with food and drinks. Cost is \$25 per player and signups are at the front desk. Look forward to seeing you there! 4.0+ Level Players. Minimum of 8 players and maximum of 16.



Thank you to all the awesome junior players who came to our free clinic on Saturday, May 16th. We had a blast teaching you and we hope to see you in our program this summer!

Homestead Owners Association & Court Club



Eagle River Fire District Conducting Neighborhood Assessments

The Eagle River Fire District is currently conducting assessments in the Homestead area. The assessments consist of looking at topography, fuels, fuels in vicinity of the house, house and construction, water supply, and access. These items help the Fire District preplan the area so they can do their best to protect the most number with fewest resources in the event of a wildfire. These assessments have no bearing on insurance. There are no regulations currently in place, but the Fire District can make recommendations that could improve the likelihood of a house surviving a wildfire event. The assessment the crew is doing right now is a "curbside" look at the property. They also offer a more in depth assessment that walks through everything with the property owner looking specifically at everything from roof to foundation, surrounding vegetation, access and evacuations, and other preparedness items. These assessments take minimum one hour and can be done by appointment. There is no cost for this service, it is free to properties in the Eagle **River Fire Protection District.** If you would like to schedule an appointment for an assessment please contact: Jodi Pratt, Wildfire Mitigation Specialist Eagle River Fire Protection District.

jpratt@eagleriverfire.org, or by cell 970-471-2796.

May Board & DRC Meeting Highlights

Our May Board of Directors and Design Review Committee Meeting was held on Friday, May 8, 2015 at 9:00am. During the DRC portion of the meeting three items were seen for review: a fence was approved at 862 Gold Dust Drive, PV Solar panels were approved at 189 Gold Dust Drive and a preliminary presentation for an addition at 1082 Gold Dust was seen before the DRC. During the Board of Directors portion of the meeting New Business included discussion concerning dogs on the Homestead "L" Open Space. Matters Pending included discussion on the remodel punch list items that remain and the locker room remodel. The meeting minutes from the meeting on April 10, 2015 were approved. The March 2015 financial report was approved by the Board. The meeting adjourned to executive session at approximately 9:40am.

Clubhouse Summer Kids Camp 2015

Summer Camp begins June 1. Our kid-approved camps add up to a summer of dis-

covery and fun. Participants will enjoy a wide variety of activities that include: yoga, arts and crafts, show and tell, parks, hikes, special events, leadership development, positive social interaction, sports, teamwork activities and so much more! Included in the cost is an afternoon snack and art supplies. Tennis is also offered every day at a special rate for our campers. Camp is open Monday through Friday from 8:30am-5:15pm, beginning on Monday, June 1. **Registration** packets are available on our website, hcchoa.com. Contact jillian@homesteadcourtclub.com for more information on any of our camps. Register now to ensure your child's space!



Fitness News

New Class Wednesday Nights with Chapin beginning June 10th Come join HCC trainer Chapin for an hour long workout incorporating free weights, kettlebells, medicine balls, and body weight exercises. This class blends movements that recruit multiple muscle groups with circuit training for a full body burn.

Boat/RV/Trailer Storage Policy Reminder

With a busy summer of camping, boating, and getting outdoors coming up we are anticipating lots of trailers use this summer. We wanted to remind you of our trailer storage policy:

"No Lot, streets, private streets, drives or parking areas, unless specifically designated by the Association therefore, shall be used as a parking, storage, display or accommodation area for any type of house trailer, camping trailer, boat trailer,

hauling trailer, boat or accessories thereto, truck larger than a 1 ton pickup truck, or any type of motor home except as a temporary expedience for loading, delivery, emergency, etc. The same shall be stored, parked or maintained wholly within a garage area of a dwelling unit with the garage door in a closed position."

(Architectural Standards, 2,G) The Board thanks you for following the HOA guidelines.





June Fitness Schedule

COURT	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:05-7:05am		Rise, Shine and Align Yoga (Julia)	Spin (Amy)		Spin (Joel)	
7:00-8:00am		Masters Swim (Larisa)		Masters Swim (Larisa)		
8:30-9:30am						Level 2 Yoga (Trinity)
9:00-10:00am					Board Meeting 6/12/2015 9:00am	
9:15-10:15am	20/20/20 (Justin)			S.I.T (Justin)		
10:30-11:30am	Pilates Mat Class (Deana)			Pilates Mat Class (Deana)		
12:00-1:15pm		Gentle Yoga (Sophie)				
4:30-5:30pm						
5:30-6:30pm	Total Body Blast (Danita)	5:15-6:15pm Zumba (Beth) Spin (Joel)	Strength & Conditioning (Chapin)			
6:35-7:35pm	Power Yoga (Karlie)		Vinyasa/ Restorative Yoga (Sophie)	6:15-7:15pm Vinyasa Flow (Sophie)		

Please call the front desk to sign up for classes with an asterisk Sign up policy: Homestead homeowners and their tenants may reserve their space 48 hours in advance and Non-resident members may reserve their space 24 hours in advance. Please call 970-926-1067 to sign up.

New classes and/or changed classes are listed in bold



Fitness Class Descriptions

20/20/20 - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

ATHLETES EDGE - Join Justin for this fast paced, high energy, strength and conditioning class!

CARDIO TENNIS — Cardio Tennis is a fun group activity featuring drills to give players of all abilities an ultimate, high energy workout. Cardio Tennis includes a warm-up, cardio workout, and cool down phases.

GENTLE YOGA—Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or is looking for modifications to all postures. Our instructor creates a safe environment through alignment to explore your personal boundaries while building strength and flexibility. This practice excludes all inversions and extreme backbends.

LEVEL 2 YOGA - Based on traditional Hatha Yoga poses and the principals of alignment, the flowing moves encourage breath and movement synchronization. Focus is on body awareness and working within personal limits while building strength & flexibility with a calm mind.

MASTERS SWIM - Join coach Larisa for a structured swim workout designed to help you improve your fitness or train for specific goals. Open to all levels.

PILATES MAT CLASS - An exercise system focused on increasing flexibility and strength for the total body without building bulk. No apparatus is used during this class.

POWER VINYASA YOGA – Move with your breath in this invigorating Baptiste style yoga class. You will be encouraged to use your breath, to come into your body, to clear your mind and to discover your true power. Expect to sweat and challenge yourself with both movement and powerful, athletic postures.

SPIN - A cardio workout without comparison. All instructors incorporate climbing, intervals and steady state training. Guaranteed to make you sweat! Each instructor creates a different design for each class.

S.I.T.- "Strength and Interval Training." Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

STRENGTH & CONDITIONING - Come join HCC trainer Chapin for an hour long workout incorporating free weights, kettlebells, medicine balls, and body weight exercises. This class blends movements that recruit multiple muscle groups with circuit training for a full body burn.

TOTAL BODY BLAST — This fast-paced and fun class provides a complete body workout and incorporates strengthening and toning of muscles, sustained cardio and intervals, and finishes with core work and stretching for a well-balanced total body workout!

TRX TRAINING — The much talked about TRX is a total body suspension training system. By using your own body weight and vector angles the TRX system provides a well-rounded workout for the entire body.

VINYASA FLOW YOGA— In this yoga class the teacher will encourage you to synchronize your breath to the movement from one pose to the next on an inhale or an exhale. This style of yoga allows for a lot of variety, but you can expect movement, not just stretching.

VINYASA/RESTORATIVE — In a calm meditative atmosphere a half hour is spent stretching with your breath. The remaining time of class is given to guided meditation while exploring the range of motion of your spine supported by bol-sters in gentle poses.

ZUMBA — Zumba Fitness is the only Latin-inspired dance-fitness program that blends red-hot international music, and contagious steps to form a "fitness-party" that is downright addictive.

Homestead	June Pool Schedule							
COURT	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays	
6:00- 8:00am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	6:30-8:00am Lap Swim	6:30-8:00am Lap Swim	
7:00- 8:00am		Masters Swim (Larisa)		Masters Swim (Larisa)				
10:00am- 1:00pm								
1:00- 2:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim			
2:00- 3:00pm								
3:00- 4:30pm	Kids Camp in Pool	Kids Camp in Pool	Kids Camp in Pool	Kids Camp in Pool	Kids Camp in Pool			
4:30- 5:00pm								
5:00- 6:00pm								
6:30- 9:00pm								
9:00- 10:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	

Pool Etiquette & Rule Reminders

- 1. All pool users must check in at the front desk.
- 2. There is no lifeguard on duty, swim at your own risk. We recommend that no one swim alone.
- 3. Children under 12 must be accompanied by a responsible person that is at least 16 years old.
- 4. Please do not wear street shoes or muddy shoes into the pool area.
- 5. Pool doors must remain closed at all times.
- 6. No pool parties allowed. No food or glass allowed in the pool area.
- 7. Proper swim attire is required in pool, infants and untrained toddlers must wear swim diapers at all times.
- 8. Per state law, showers are required before using the pool or hot tub.
- 9. No hard balls (tennis balls, etc.), large inflatables, or squirt guns allowed in pool area. No letting unregistered guests into the pool area through the emergency exit doors. No interfering with lap swimmers. No flipping, diving, roughhousing, running, or pushing others into the pool.
- 10. Penalties for misbehavior will be strictly enforced, at the discretion of ANY Homestead Employee. Penalties include removal from the building, suspension from the Club for a limited period of time, or permanent expulsion from the Club. In cases where vandalism or damage has occurred, the police will be called, and charges pressed. We will expect to be reimbursed for any expenses for repair, etc.
- 11. In the event of lightning, pool users must exit the pool and wait 20 minutes after the last lightning sighting before re-entering the pool.
- 12. Lap Swim is time specifically designated for lap swimming only. Anyone in the pool must be swimming laps.
- 13. Lap Swim Hours are: Monday-Friday: 6am-8am, 1-2pm, 9-10pm, and Saturday-Sunday: 6:30am-8:00am, and 9-10pm. No lap swim on holidays or school breaks.
- 14. Thank you for abiding by our pool rules!

Summer Tennis Schedule

Program Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:00-7:30am						
7:30-8:30am						Cardio Tennis*
8:30-10:00am		4.0 Drill & Play Clinic*		3.0-3.5 Drill & Play Clinic*		8:30-9:30am 4.0+ Drill & Play Clinic*
9:00-10:00am		Never Ever Tennis Clinic*				9:30-10:30am 3.5 Drill & Play Clinic*
10:00-11:00am	Mighty Mites Jr. Tennis Clinic* (4-6 year olds)	Never Ever Tennis Clinic*	10:30-11:30am 3.0 Drill & Play Clinic*			
11:00am-noon	Superstars Jr. Tennis Clinic* (7-9 year olds)					
Noon-1:15pm						
1:15-2:30pm	Junior Aces & High School Prep Tennis*					
2:30-4:00pm	High School Advanced & JET Tennis*					
4:00-5:00pm	Junior Tennis Match Play	Junior Tennis Match Play	Junior Tennis Match Play	Junior Tennis Match Play		
5:00-6:00pm						
6:00-7:30pm			Coed 3.0-3.5 Drill & Play Clinic*			

Summer 2015 Program Dates:

June 1 - August 14, 2015

NEW SIGN UP POLICY FOR ADULT CLINICS

Homestead Homeowners and their tenants may sign up for clinics up one week in advance.

Non-resident members may sign up for clinics up to 48 hours in advance. **Non-members** may sign up for clinics on the day of the clinic.

*Advance sign up required for all tennis programs

