



Homestead Owners Association & Court Club

June Events

Summer Tennis & Kids Camp Begin
Tuesday, May 30th

Summer Swim Programs Begin
Monday, June 5th

Board & DRC Meeting
Friday, June 9th @ 9am

Junior Challenger Tennis Tournament
Saturday, June 17th
(Make up day June 18th)

Ice Cream Social
Thursday, June 22nd

General Club Information

Club Hours:

5:55am-10:00pm M-F
6:30am-10:00pm S-S

Phone:

970-926-1067

Address:

400 Homestead Drive
P.O. Box 808
Edwards, CO 81632

Childcare Hours:

8:30am-noon M-F
3:00pm-6:00pm M-F
By Appointment Only

Website:

Hcchoa.com

Like Homestead Court Club on Facebook!



Ice Cream Social ~ June 22

We are kicking off our 2017 Homestead Summer Events on Thursday, June 22nd, with an ice cream social from 6:30-8:00pm. Join us for a fun filled evening where you can build your own ice cream sundae with the best topping bar west of the Mississippi! Come by, mingle with your neighbors and have a treat!

New This Summer ~ Special Camp Events

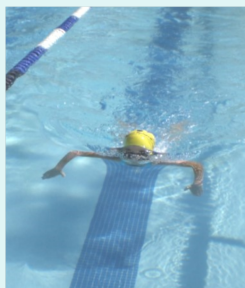
Homestead Clubhouse Kids Camp has some exciting additions to our Camp Program this Summer. Camp Director, Jillian Labbe, has been working on some local field trips and visits from special guests including:

- Alpine Arts Center ~ Canvas Painting
- Visit from Vet Charlie ~ Animal Etiquette and Vet Q & A
- Tony G ~ Jazz Experiences (Percussion & Learning to Write Jazz)
- Walking Mountains Science Center ~ Mountain Mammal Presentation
- Water Slides & Bouncy Houses ~ Fun in the Sun
- Marko's Pizza ~ Make Your Own Pizza
- Visit from Edwards Station Fire Engine ~ Meet the Firefighters
- And More!

For more information on pricing and dates of these special camp events, please email Jillian@homesteadcourtclub.com. Registration packets are available online at www.hcchoa.com. Advanced registration is required.



Summer Swim Team & Swim Team Prep



Summer Swim Session Info: This summer we are offering a 10 week Swim Team and Swim Team Prep program that is offered one to two days per week with optional Swim Meets in June and July. You choose the days that work for your schedule! Summer programs begin June 5th.

Swim Team Prep: Swim Team Prep is offered on Mondays from 8:00-8:30am and Wednesdays from 5:30-6:00pm.

Swim Team: Swim Team is offered on Mondays from 8:30-9:30am and Wednesdays from 6:00-7:00pm.

Sign Up: Registration flyers are available at the front desk or on our website, www.hcchoa.com. Please contact Coach Cass at 336-407-2901 or via email at coachcassj@gmail.com if you have any questions regarding Swim Team or would like to schedule lessons with Cass.



Homestead Park Shade Structures

We are excited to announce that we will be installing shade structures at two Homestead playgrounds this summer. The picture of the shade structure above will be installed at the Homestead Court Club playground (located behind the tennis courts). The picture of the shade structure below will be installed at the Park De Clark playground (located at the corner of Gold Dust Drive and Cassidy Place). The shades on both structures will be khaki color, to match the shade structure in the lower Homestead playground.



No Parking on Homestead Streets

We would like to remind all residents that there is no parking allowed on Homestead Streets or on Eagle County Right of Ways. In most cases the first 15 feet from the curb is Eagle County Right of Way. All vehicles must be parked on a hard surface driveway. We have asked the Eagle County Sheriff to patrol our streets and ticket any vehicles parked on the streets or in the County right of ways. Thank you for your cooperation.

May Board & DRC Meeting Highlights

Our May Board & Design Review Committee Meeting was held on Friday, May 12th, 2017 at 9:00am. There were no submittals seen during the DRC portion of the meeting. During the Board Meeting, New Business included discussion on upcoming maintenance plans for Homestead's Water Tank Trail to be conducted by Eagle County Open Space. See note below for more info. Matters Pending included discussion on the Edwards Riverfront Park Development, ERFPD Edwards Fire Station construction, and the Firewise Community Certification. Please see below for more information on Homestead becoming a Firewise community and how you can get involved. The meeting minutes from the April 14th, 2017 meeting were approved. The financials from March 2017 were approved. The meeting adjourned to executive session at approximately 9:37am.

Work on Water Tank Trail Area this Summer

AT&T will be upgrading the cell tower located near the water tank trail over the Summer. Additionally, Eagle County Open Space will be working on a portion of the water tank trail, up to the US Forest Service Land, on their easement. Both projects will take place throughout June, July and August. If you have any questions about these projects please email Tracy Erickson at terickson@homesteadcourtclub.com.

Homestead Becoming a Firewise Community

In recent years we have noticed an increase in the number of wildfires throughout the country. While we hope to never experience it here in Homestead, the Board of Directors would like to be proactive in taking measures to prevent fires in our neighborhood. If you would like to be a part of the discussions on Homestead obtaining Firewise Community certification, please contact Tracy Erickson at the Club, or attend our next Board Meeting, on June 9th, 2017.

Summer Tennis News

Junior Challenger Tennis Tournament June 17th

Sign up now for this great Junior Tournament that will be held at Homestead on June 17th, 2017. Registration is open now at www.USTA.com for ages 12-18, or you can pick up a registration form at the Front Desk. Please note the tournament may be moved to Sunday, June 18th, if needed for weather. See Tom for more details.

Junior Tennis Programs are Beginning on May 30th

Get your junior involved in this fun lifelong sport! You choose 1-11 weeks that work with your schedule. Registration forms are available at the front desk and at hcchoa.com now!

Summer Adult Clinics & Leagues

Information on our Summer Clinics and Leagues is available at the front desk and on our website now. Call the front desk to reserve your space in any of our clinics. See Tom for more information on all of our Adult Tennis Programs.

Vail Valley Adult Tennis Tournament, July 14th-16th

We hope you will join us for this fun weekend of tennis at Homestead! This USTA tournament is open to 3.0-4.5 level players in singles, doubles, and mixed doubles. Register now at www.USTA.com or stop by the front desk to pick up a registration flyer. See Tom Ewert for more information on this awesome tournament.

Whites & Woods Tennis Mixer, July 7th

We are going old school with this mixer! Players must wear traditional whites and are encouraged to play with a wooden racquet for a portion of the event. Bring a dish to pass and we will provide the drinks! Doubles round robin format (20 minute rounds). All adult levels welcome. \$10 per player. Call the front desk to sign up.





June Fitness Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:05-7:05am		Get Lifted (Hannah)			Get Lifted (Hannah)	
7:00-8:00am			Morning Fitness Swim (Cass)			
8:30-9:30am						Power Yoga (Simone)
9:30-10:30am					Board Meeting 6/9/2017 9:00am	
9:15-10:15am	20/20/20 (Justin)	9:15-10:30am Gentle Yoga (Terry)	Yoga Sculpt (Brittany)	S.I.T (Justin)	HITT (Donna)	
10:30-11:30am	Pilates Mat Class (Deana)			Pilates Mat Class (Deana)		
12:00-1:15pm		12:00-12:30pm Form Workshop* (Hannah)			Gentle Yoga (Sophie)	
1:30-3:00pm	Kids Camp in Fitness Studio	Kids Camp in Fitness Studio	Kids Camp in Fitness Studio	Kids Camp in Fitness Studio	Kids Camp in Fitness Studio	
5:30-6:30pm	Total Body Blast (Missy)	Spin* (Joel)	Strength & Conditioning (Chapin)			
6:35-7:35pm	Power Yoga (Brittany)	Vinyasa Flow (Brittany)	Vinyasa/ Restorative Yoga (Sophie)	6:15-7:15pm Vinyasa Flow (Sophie)		

Advanced sign up required for classes with an asterisk

\$ Fee for classes with a dollar sign \$

June Fitness Schedule Changes:

- ~ Zumba has been taken off the schedule
- ~ Brittney will now be teaching Power Yoga on Monday nights
- ~ Brittany will now be teaching Vinyasa Flow on Tuesday nights
- ~ Brittany will be teaching a new Yoga Sculpt Class on Wednesday mornings at 9:15am



Fitness Class Descriptions

20/20/20 - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

MORNING FITNESS SWIM – Work on technique and conditioning. If you just want to up your game, meet with swim buddies, or fine tune your strokes, this is the class for you!! Coach Cass provides structured workouts to motivate you and help you reach your goals.

CARDIO TENNIS – Cardio Tennis is a fun group activity featuring drills to give players of all abilities an ultimate, high energy workout. Cardio Tennis includes a warm-up, cardio workout, and cool down phases.

GENTLE YOGA—Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or is looking for modifications to all postures. Our instructor creates a safe environment through alignment to explore your personal boundaries while building strength and flexibility. This practice excludes all inversions and extreme backbends.

GET LIFTED – Get Lifted is a new fitness class that will use a combination of plyometric exercises and lifting weights, keeping the heart rate up for an all around fat burning work out!

HIIT – High Intensity Interval Training with Donna is a class focusing on building strength and incorporating cardio. Try it on Fridays at 9:15am!

PILATES MAT CLASS - An exercise system focused on increasing flexibility and strength for the total body without building bulk. No apparatus is used during this class.

POWER YOGA – This powerful, energetic, playful flowing class has a strong emphasis on breath and allows beginners, intermediate and advanced students to be challenged in the same class. Expect to sweat and challenge yourself with movement and powerful, athletic postures, inventive and thoughtful sequences of sun salutations, standing and seated postures, back bending, and inversions guided by a steady breath to tone and calm the mind. Power Yoga flow will tone, strengthen and rinse your body, clear your mind and leave you with a sense of accomplishment and empowerment.

RISE, SHINE, AND ALIGN YOGA – Anusara alignment principles of muscular engagement and organic extension with focus on breath and vinyasa flow.

SPIN - A cardio workout without comparison. All instructors incorporate climbing, intervals and steady state training. Guaranteed to make you sweat! Each instructor creates a different design for each class.

S.I.T.– “Strength and Interval Training.” Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

STRENGTH & CONDITIONING - This class incorporates free weights, kettlebells, medicine balls, and body weight exercises. This class blends movements that recruit multiple muscle groups with circuit training for a full body burn.

TOTAL BODY BLAST – This fast-paced and fun class provides a complete body workout and incorporates strengthening and toning of muscles, sustained cardio and intervals, and finishes with core work and stretching for a well-balanced total body workout!

VINYASA FLOW YOGA— In this yoga class the teacher will encourage you to synchronize your breath to the movement from one pose to the next on an inhale or an exhale. This style of yoga allows for a lot of variety, but you can expect movement, not just stretching.

VINYASA/RESTORATIVE – In a calm meditative atmosphere a half hour is spent stretching with your breath. The remaining time of class is given to guided meditation while exploring the range of motion of your spine supported by bolsters in gentle poses.

ZUMBA – Zumba Fitness is the only Latin-inspired dance-fitness program that blends red-hot international music, and contagious steps to form a "fitness-party" that is downright addictive.



June Pool Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
6:00-8:00am	Lap Swim	Lap Swim	7:00am Morning Fitness Swim (Cass)	Lap Swim	Lap Swim	6:30-8:00am Lap Swim	6:30-8:00am Lap Swim
8:00-8:30am	Swim Team Prep						
8:30am-9:30am	Swim Team						
9:30am-1:00pm							
1:00-2:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
2:00-3:00pm							
3:30-4:30pm	Kids Camp in Pool	Kids Camp in Pool	Kids Camp in Pool	Kids Camp in Pool	Kids Camp in Pool		
5:30-6:00pm			Swim Team Prep				
6:00-7:00pm			Swim Team				
7:00-9:45pm							

Pool Room Hours:

Monday-Friday: 5:55am-9:45pm
 Saturday/Sunday: 6:30am-9:45pm

Lap Swim Hours:

Monday-Friday: 6:00am-8:00am and 1:00-2:00pm
 Saturday/Sunday: 6:30am-8:00am

No Lap Swim on School Breaks or Holidays



Summer Swim Programs Begin June 5th ~ Register Now!

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Summer Tennis Schedule

Program Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:00-7:30am						
7:30-8:30am						Cardio Tennis*
8:30-10:00am	3.0+ Daytime League*					4.0+ Drill & Play Clinic*
9:00-9:30am	Mighty Mites* (4-6 year olds)	Mighty Mites* (4-6 year olds)	Mighty Mites* (4-6 year olds)	Mighty Mites* (4-6 year olds)		
9:30-10:30am	Superstars* (7-9 year olds)	Superstars* (7-9 year olds)	Superstars* (7-9 year olds)	Superstars* (7-9 year olds)		
10:30-12:00pm	Junior Aces* HS Prep* HS Advanced* JET Tennis* 3.5-4.0 Drill & Play Clinic*	Junior Aces* HS Prep* HS Advanced* JET Tennis* 10:00-11:00am Cardio Tennis*	Junior Aces* HS Prep* HS Advanced* JET Tennis*	Junior Aces* HS Prep* HS Advanced* JET Tennis*		10:00-11:30am 3.0-3.5 Drill & Play Clinic*
11:00-12:00pm		Stroke of the Day Clinic*		3.0-3.5 Drill & Play Clinic*		
12:00-1:00pm	Jr Match Play*	Jr Match Play*	Jr Match Play*	Jr Match Play*		
1:00-2:30pm						
2:30-5:00pm						
5:30-6:30pm	2.5-3.0 Drill & Play Clinic*		Men's 4.0- League*			
6:00-7:30pm		3.5-4.0 Drill & Play Clinic*				

Summer 2017 Program Dates:

Junior Programs Run June 5th-August 11th

Adult Leagues Run June 5th-August 11th

Adult Clinics Run May 22nd-August 18th

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