

# Homestead Owners Association & Court Club

## November Events

### Daylight Savings Time Ends

Sunday, November 5

### Board of Directors and DRC Meeting

Friday, November 10 @ 9am

### Touchdown Tennis Mixer

Friday, November 10 @ 6pm

### Thanksgiving Break Clubhouse Kids Camp

November 20-22  
8:30am-5:15pm

### Happy Thanksgiving

Thursday, November 23

**CLUB HOURS:** 6am-12pm

Burn The Bird 9:00am  
Childcare Closed

**Reminders:** No Tennis programs November 20-24  
No ASP/Camp/Childcare on November 23-24

## General Club Information

### Club Hours:

5:55am-10:00pm M-F

6:30am-10:00pm S-S

### Phone:

970-926-1067

### Address:

400 Homestead Drive

P.O. Box 808

Edwards, CO 81632

### Childcare Hours:

8:30am-noon M-F

3:00pm-6:00pm M-F

By Appointment Only

### Website:

Hchoa.com

See back page for our holiday hours.

## November Tennis News

**Touchdown Tennis Mixer:** Join our tennis staff for this fun tennis event. Wear something that represents your favorite NFL football team. Players will vote and awards will be handed out for: MVP, most offensive player, most defensive player, biggest hit, and most mixer spirit! Bring your favorite appetizer to pass. Friday, November 10, from 6:00-8:00pm on Homestead's indoor tennis courts. Price is \$15 per player and space is limited to 12 players. Sign-up at the front desk.

### Congratulations to Homesteads USTA Teams

Homestead is proud of you for your outstanding league season! Congratulations once again and we look forward to seeing you all on the courts this Fall!

**Reminder:** There will be no junior programs, tennis clinics, or tennis leagues over Thanksgiving week, November 20-24.

**Fall Junior Tennis Programs:** We still have a few spaces available in some of our Junior Tennis Programs. Contact Tom for more information.



## Children's Programming News



Homestead  
CLUBHOUSE  
FOR KIDS

**Holiday Break Kids Camps:** Homestead is offering a few special sessions of all day kids camp over upcoming school breaks.

Camp dates are November 20-22, December 26-29, and January 2-5. Our kids camp program is guaranteed to be a fun filled day with a variety of different activities including educational projects, arts and crafts, games, show and tell, swimming and much more!

Camp runs from 8:30 a.m. to 5:15 p.m., and is for children ages 5-12. Rates are \$40/day for members and \$47/day for non-members. Registration deadline for November camp is Friday, November 17. Minimum of 5 children/maximum of 30. No drop ins allowed. For more information or to register, please visit [www.hchoa.com](http://www.hchoa.com) or by email request to [jillian@homesteadcourtclub.com](mailto:jillian@homesteadcourtclub.com).

**Holiday Closures:** Please note that our After School Program/Kids Camp/Childcare programs are closed on November 24-25, and December 25. We hope you have a wonderful holiday!

## No Parking on Homestead Streets & Right of Ways and Sidewalks

We would like to remind all residents that there is no parking allowed on Homestead Streets or on Eagle County Right of Ways. In most cases the first 15 feet from the curb is Eagle County Right of Way. All vehicles must be parked on approved hard surface driveways. This is especially important during winter months to allow Eagle County to complete safe snow removal. We have asked the Eagle County Sheriff to patrol our streets and ticket any vehicles parked on the streets or in the County right of ways. Also, please note that Homestead does not allow trailers to be parked in driveways, except for temporary loading and unloading. If you need to temporarily park a trailer in your driveway, please contact Tracy Erickson at the club.



Save  
— the —  
Date

Homestead's Annual  
Holiday Party

Sunday, December 3

4:00-7:00pm

We hope to see you  
there!

### Holiday Hours:

**Thanksgiving Day**

**Thursday, November 23**

Club Hours 5:55am-12:00pm

Childcare Closed

**Sunday, December 3**

Club Hours 6:30am-12:00pm

Holiday Party from 4:00-7:00pm

**Christmas Eve**

**Sunday, December 24**

Club Hours 6:30am-12:00pm

**Christmas Day**

**Monday, December 25**

Club Closed

**New Years Eve**

**Sunday, December 31**

Club Hours 6:30am-5:00pm

**New Years Day**

**Monday, January 1**

Club Hours 8:00am-5:00pm

Childcare Closed



Click facebook link on our website  
[www.hcchoa.com](http://www.hcchoa.com)

## October Board & DRC Meeting Highlights

### Board votes to keep Homeowner dues the same in 2018

Our October board & design review committee meeting was held on Friday, October 13, 2017 at 9:00am. Submittals for two remodels were both approved during the DRC portion of the meeting. During the board meeting the board heard member input regarding Barbara Allen's easement through Homestead property. New business included approval of the 2018 budget and discussion about the nominating committee. The Board approved no increase to homeowner dues for 2018. Matters pending included continuing discussion on the Eagle River Fire Protection District plans for a new fire station in lower Homestead. The September meeting minutes were approved as presented. The August financials were approved as presented. The meeting adjourned to executive session at approximately 10:38am.

## Fitness News

### Welcome Homestead's Newest Fitness Instructor, Aaron Borne

Aaron was born and raised in the Vail Valley. He has been part of the fitness industry for over 6 years now and spent the majority of his life as a competitive athlete. He spent last year volunteering in an ambulance service and coaching army soldiers for combat units in Israel. He can't wait to get to know everyone here at Homestead! Join Aaron for one of his new classes in November:

**Spinning with Aaron on Wednesdays from 6:30-7:30pm:** A cycling class for everyone. Aaron teaches and trains participants with a power based workout that you can translate to every day life activities as well as to your own road bike. His method of teaching is challenge by choice but that's not to say he won't challenge you to give your very best!

### New Lunchtime Spin/HIIT Class with Aaron, Wednesdays at noon:

Take a break in your day to join Aaron for 30 minutes of spin followed by 30 minutes of high intensity interval training that combines fun and hard work into every work out. Challenge yourself to be a year round athlete with structured classes to help you succeed!

### New Reset & Restore Yoga Class with Karlie on Sundays at 5:30pm

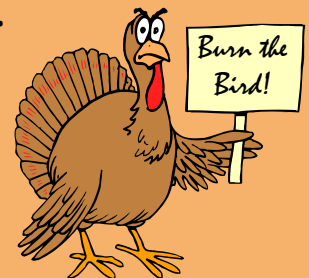
In this class, Karlie will teach 30 minutes of power yoga, followed by 30 minutes of restorative yoga. The perfect way to end your weekend! Beginning Sunday, November 4.

### Burn The Bird on Thanksgiving Day

This special fitness class will be held Thanksgiving Day, November 23, from 9:00-10:15am. Come in for a killer workout before you feast! This will be the only fitness class held on Thanksgiving day. Sign up is required. Sign up policy: Homestead owners & their tenants may sign up 48 hours in advance, Non-Resident members may sign up 24 hours in advance and Non-members may sign up the day of the class.

### Other Class Changes/Cancellations for November

- Spin with Amy on Thursday mornings has been moved up to 6:05am.
- Morning Fitness Swim with Cass has been taken off the schedule.
- HIIT with Donna has been taken off the schedule.
- Terry will be teaching Power Yoga on Saturday mornings at 8:30am.





# November Fitness Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
<b>6:05-7:05am</b>		Get Lifted (Hannah)		<b>Spin* (Amy)</b>	Get Lifted (Hannah)		
<b>8:30-9:30am</b>						<b>Power Yoga (Terry)</b>	
<b>9:00-10:15am</b>				<b>Burn the Bird* 11/23/17</b>	<b>Board Meeting 11/10/2017 9:00am</b>		
<b>9:15-10:15am</b>	20/20/20 (Justin)	9:15-10:30am Gentle Yoga (Terry)		S.I.T (Justin)			
<b>10:30-11:30am</b>	Pilates Mat Class (Deana)			Pilates Mat Class (Deana)			
<b>12:00-1:15pm</b>			<b>12:00-1:00pm Spin/HIIT (Aaron)</b>		Gentle Yoga (Sophie)		
<b>5:30-6:30pm</b>	Ski/Snowboard Conditioning (Hannah)	Spin* (Joel) Zumba (Endah)	Ski/Snowboard Conditioning (Chapin)				<b>Reset &amp; Restore Yoga (Karlie)</b>
<b>6:35-7:35pm</b>	Power Yoga (Karlie)		Vinyasa/Restorative Yoga (Sophie) <b>6:30-7:30pm Spin* (Aaron)</b>	6:15-7:15pm Vinyasa Flow (Sophie)			

**Welcome Homestead's Newest Fitness Instructor, Aaron Borne:** Aaron was born and raised in the Vail Valley. He has been part of the fitness industry for over 6 years now and spent the majority of his life as a competitive athlete. He spent last year volunteering in an ambulance service and coaching army soldiers for combat units in Israel. He can't wait to get to know everyone here at Homestead! Join Aaron for one of his new classes in November:

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**New Lunchtime Spin/HIIT Class with Aaron, Wednesdays at noon:** Take a break in your day to join Aaron for 30 minutes of spin followed by 30 minutes of high intensity interval training that combines fun and hard work into every work out. Challenge yourself to be a year round athlete with structured classes to help you succeed!

**New Reset & Restore Yoga Class with Karlie on Sundays at 5:30pm:** In this class, Karlie will teach 30 minutes of power yoga, followed by 30 minutes of restorative yoga. The perfect way to end your weekend! Beginning November 4.

**Burn The Bird on Thanksgiving Day:** This special fitness class will be held 11/23 from 9:00-10:15am. Come in for a killer workout before you feast! This will be the only fitness class held on Thanksgiving day. Sign up is required. Sign up policy: Homestead owners & their tenants may sign up 48 hours in advance, Non-Resident members may sign up 24 hours in advance and Non-members may sign up the day of the class.

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## Fitness Class Descriptions

**20/20/20** - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

**GENTLE YOGA**—Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or is looking for modifications to all postures. Our instructor creates a safe environment through alignment to explore your personal boundaries while building strength and flexibility. This practice excludes all inversions and extreme backbends.

**GET LIFTED** — Get Lifted is a new fitness class that will use a combination of plyometric exercises and lifting weights, keeping the heart rate up for an all around fat burning work out!

**HIIT** — High Intensity Interval Training with Donna is a class focusing on building strength and incorporating cardio. Try it on Fridays at 9:15am!

**PILATES MAT CLASS** - An exercise system focused on increasing flexibility and strength for the total body without building bulk. No apparatus is used during this class.

**POWER YOGA** – This powerful, energetic, playful flowing class has a strong emphasis on breath and allows beginners, intermediate and advanced students to be challenged in the same class. Expect to sweat and challenge yourself with movement and powerful, athletic postures, inventive and thoughtful sequences of sun salutations, standing and seated postures, back bending, and inversions guided by a steady breath to tone and calm the mind. Power Yoga flow will tone, strengthen and rinse your body, clear your mind and leave you with a sense of accomplishment and empowerment.

**RESET & RESTORE YOGA** — In this class, Karlie will teach 30 minutes of power yoga, followed by 30 minutes of restorative yoga. The perfect way to end your weekend! Beginning Sunday, November 4.

**SPIN** - A cardio workout without comparison. All instructors incorporate climbing, intervals and steady state training. Guaranteed to make you sweat! Each instructor creates a different design for each class.

**SPIN/HIIT** — Take a break in your day to join Aaron for 30 minutes of spin followed by 30 minutes of high intensity interval training that combines fun and hard work into every work out. Challenge yourself to be a year round athlete with structured classes to help you succeed!

**S.I.T.**— “**Strength and Interval Training.**” Another high energy conditioning class utilizing the step, bo-su, weights and intervals to keep your heart pumping!

**SKI & SNOWBOARD CONDITIONING** — Strength training is combined with speed work, plyometrics, and agility training, to develop power and endurance for the ski season. This class will get progressively harder as the weeks go on!

**TOTAL BODY BLAST** — This fast-paced and fun class provides a complete body workout and incorporates strengthening and toning of muscles, sustained cardio and intervals, and finishes with core work and stretching for a well-balanced total body workout!

**VINYASA FLOW YOGA**— In this yoga class the teacher will encourage you to synchronize your breath to the movement from one pose to the next on an inhale or an exhale. This style of yoga allows for a lot of variety, but you can expect movement, not just stretching.

**VINYASA/RESTORATIVE** — In a calm meditative atmosphere a half hour is spent stretching with your breath. The remaining time of class is given to guided meditation while exploring the range of motion of your spine supported by bolsters in gentle poses.

**ZUMBA** — Zumba Fitness is the only Latin-inspired dance-fitness program that blends red-hot international music, and contagious steps to form a "fitness-party" that is downright addictive.



# Fall Pool Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
<b>6:00-8:00am</b>	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	6:30-8:00am Lap Swim	6:30-8:00am Lap Swim
<b>8:00-8:30am</b>							
<b>8:30am-9:30am</b>							
<b>9:30am-1:00pm</b>							
<b>1:00-2:00pm</b>	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
<b>2:00-3:00pm</b>							
<b>3:30-4:30pm</b>	After School Program in Pool	After School Program in Pool	After School Program in Pool	After School Program in Pool	After School Program in Pool		
<b>5:30-6:00pm</b>							
<b>6:00-7:00pm</b>							
<b>7:00-9:45pm</b>							

## Pool Room Hours:

Monday-Friday: 5:55am-9:45pm

Saturday/Sunday: 6:30am-9:45pm

## Lap Swim Hours:

Monday-Friday: 6:00am-8:00am and 1:00-2:00pm

Saturday/Sunday: 6:30am-8:00am

**No Lap Swim on School Breaks or Holidays**



# Fall Tennis Schedule

Program Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:15-7:15am			Cardio Tennis*			
7:30-8:30am						Cardio Tennis*
8:00-8:30am						
8:30-10:00am		8:30-9:30am Cardio Tennis*				3.5/4.0 Drill & Play Clinic*
9:30-11:00am					Stroke of the Day*	
10:30-11:30am	Never Ever Clinic*			10:30-Noon 3.0/3.5 Drill & Play*	11:15-11:45am Mommy & Me Intro to Tennis*	10:00-11:30am 3.0/3.5 Drill & Play Clinic*
Noon-1:30pm			4.0 Drill & Play*		12:30-1:00pm League Warm Up*	
3:30-4:00pm	Mighty Mites* (Ages 4-6)	Mighty Mites* (Ages 4-6)	Mighty Mites* (Ages 4-6)	Mighty Mites* (Ages 4-6)	1:00-2:30pm Coed 3.0+ League*	
3:30-4:30pm		Superstars* (Ages 7-9)		Superstars* (Ages 7-9)		
4:00-5:00pm	Superstars* (7-9 year olds)  Jr. Aces* (10+ year olds)  High School Prep* (12+ years old)	Jr. Aces* (10+ year olds)  High School Prep* (12+ years old)	Superstars* (7-9 year olds)  Jr. Aces* (10+ year olds)  High School Prep* (12+ years old)	Jr. Aces* (10+ year olds)  High School Prep* (12+ years old)	Superstars* (7-9 year olds)  Jr. Aces* (10+ year olds)  High School Prep* (12+ years old)	
4:30-5:00pm		Mighty Mites* (Ages 4-6)		Mighty Mites* (Ages 4-6)		
5:00-6:00pm	High School Advanced and JET Tennis*	High School Advanced and JET Tennis*	High School Advanced and JET Tennis*	High School Advanced and JET Tennis*		
6:00-9:00pm	Coed 4.0- League*	6:00-7:30pm 3.5/4.0 Drill & Play Clinic*	Mens 4.0- League*	Coed 4.5+ League*		

## Fall Program Dates

**Session 2: October 23 - December 22 (no programs 11/20-11/24)**

New this fall is a Mommy & Me Intro to Tennis Class for children ages 2-3 and their parents. A fun and comfortable environment to introduce your children to the sport of tennis. Homestead Tennis Pro, Laura Ewert, will lead this group to help prepare children for Mighty Mites Tennis group when they turn 4. For more information, and to register, please contact Laura Ewert.

Advance sign up is required for all tennis programs. Please call the front desk to reserve space for all Adult Clinics. Junior Clinic registration flyers are available at the front desk or on our website, [www.hcchoa.com](http://www.hcchoa.com).

