



Homestead Owners Association & Court Club

May Events

Free Nutrition Series:

Tuesday, May 7

Board & DRC Meeting

Friday, May 10 @ 9am

Last Day of Spring Swim

Wednesday, May 15

Homestead's Annual

Free Jr Tennis Clinic

Saturday, May 18

No After School Program

May 24 & 27

Pool Area CLOSED

The pool, hot tub and steam room will be closed for annual cleaning the week of May 26-June 2

General Club Information

Club Hours:

5:55am-10:00pm M-F

6:30am-10:00pm S-S

Phone:

970-926-1067

Address:

400 Homestead Drive

P.O. Box 808

Edwards, CO 81632

Childcare Hours:

8:30am-noon M-F

3:00pm-6:00pm M-F

By Appointment Only

Website:

Hcchoa.com

May Tennis News

Congratulations to Eric Meyer! We are thrilled to announce that we have promoted Homestead's long time Head Tennis Pro, Eric Meyer, to the Tennis Director position. Eric has been an integral part of Homestead's team for over 20 years. We are happy that he has accepted the position and look forward to the exciting new program ideas he brings to the position! If you don't know Eric already, feel free to stop by to introduce yourself or drop into one of his clinics!

Free Junior Tennis Clinic on Saturday, May 18

Our pros are ready to teach your children the basics of the tennis, challenge them with drills, and of course have a blast! We hope you will join us for this fun event. Clinic will be held 10:00-11:30am, followed by pizza party from 11:30-12:00pm. Please pick up your children at noon. Open to ages 4-15. Parent or guardian must accompany child to complete on-site registration process. All playing levels welcome. Loaner tennis racquets will be provided if needed. Clinic will cancelled in case of inclement weather. Call the front desk to reserve your space.

Summer Tennis Programs Begin Monday, June 17. Sign up now!

This summer we are once again offering morning clinic times for juniors: Mighty Mites (Ages 4-6) is offered from 9:00-9:30am Monday—Thursday Superstars (Ages 7-9) is offered from 9:30-10:30am Monday—Thursday Jr Aces, HS Prep & Advanced are offered from 10:30am-noon Monday-Thursday Registration forms are available at the front desk and at hcchoa.com now! Summer Adult Clinic & League information is available at the front desk and on our website now.



Improvements Coming to Homesteads Outdoor Tennis Courts This Summer

We are excited to announce our plans to resurface all four of our existing outdoor hard tennis courts including installing new fencing. This project is scheduled to begin on Monday, May 20, and will take approximately two months to complete. Two outdoor hard courts and two clay courts will remain open throughout the project, weather permitting. Homestead's bike path along court 4 will be closed and will be used for staging and storage for the project. We will provide updates on our facebook page and our website as available. Thank you for your understanding and cooperation as we continue to improve our neighborhood amenities!

Future area land use proposal - Edwards River Park Development

Representatives with the development will be presenting their plans at the May 10 Homestead Board meeting. The development is located at the old B&B Gravel pit along Highway 6, just across from Lake Creek Road. The plan consists of 594 dwelling units and various commercial uses including a hotel. As part of their proposal, they will be constructing a roundabout at Highway 6 and Lake Creek Road. Interested neighbors should attend the meeting for more information.



Free Nutrition Series: Virtual Grocery Tour on Tuesday, May 7

Join Christine Pierangeli, certified master nutrition therapist, board certified in holistic nutrition and owner of Pro-found Wellness of Vail for a "Virtual Grocery Tour" on Tuesday May 7th at 5:30pm. Christine will explain how to read product labels and dig into the definitions of healthy fats, added sugars, "natural" and "organic". There will be a handout provided with the information discussed. This class is free for Homestead members.

Summer Swim Programs

Join coach Jenny Carll for a fun summer of swimming at Homestead. Jenny offers swim programs for children ages 6 months and up. This summer we are offering Swim Team, Swim Team Prep, Baby & Me Group Lessons, Private and Form Your Own Group Lessons. Summer swim program registration will be available at the front desk and on our website beginning on May 10. Summer programs will begin on Monday, June 17. Please email coach Jenny for more info, jml5178@yahoo.com.

April Board & DRC Meeting Highlights

Our April Board & Design Review Committee Meeting was held on Friday, April 12, 2019 at 9:00am. There were no DRC submittals this month. During the Board Meeting, Matters Pending included an update on the Edwards Fire Station project, noting that shades have been installed, helping to mitigate the lighting facing our community. Tracy Erickson informed the Board on the timeline and project details of our upcoming court resurfacing project slated to begin on May 20 during the Directors Report. Please see the article on the front page for more information on the project. The meeting minutes from the March 8, 2019 meeting were approved. The financials from February 2019 were also approved. The meeting adjourned to executive session at approximately 9:08am.

Children's Programming News

Homestead Summer Camp Begins June 17

Homestead clubhouse is proud to present another exciting summer for our kids campers at Homestead including nine action-packed new theme weeks including: A Bugs Life, Water World, Art Week, Blow It Up!, Space Week, Animal Planet, Challenge Week, Super Science and Builders Week. We will also be taking campers on field trips and bringing in some special guests to visit our camp this summer! Additionally, professional tennis and swim instruction is available weekly for campers to add on to their summer experience. Registration packets are available now on our website, www.hcchoa.com. Children's Programming Director, Jillian Labbe, is accepting completed registrations now. Email Jillian Labbe for more information jillian@homesteadcourtclub.com.



Please note the following upcoming program closures:

- After School Program closed on May 24 & 27
- Childcare closed on Monday, May 27



Parking and Speeding Reminders

We would like to remind all residents that there is no parking allowed on Homestead Streets, sidewalks or on Eagle County Right of Ways. In most cases the first 15 feet from the curb is Eagle County Right of Way. All vehicles must be parked on a hard surface DRC approved driveway. We have asked the Eagle County Sheriff to patrol our streets and ticket any vehicles parked on the streets or in the County right of ways. Thank you for your cooperation.

Speeding and not fully stopping at stop signs are issues that seem to be on a lot of peoples' minds lately. Specifically, the dangers speeding and not fully stopping pose to the many children, pets and wildlife who live in the neighborhood. While the HOA can not enforce these laws, we are working with the Eagle County Sheriff to increase patrols throughout the neighborhood. Additionally, we would like to encourage our residents to leave a few minutes early so you can **stick to the speed limit of 25**. Please think about what is at stake, and take your time! Thank you!



May Fitness Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:05-7:05am	Morning Flow Yoga (Sophie)	Get Lifted (Hannah)		Get Lifted (Hannah)		
8:30-9:30am		8:30-9:15am Yoga Sculpt (Terry)	ABSolutely Pilates (Kim)		ABSolutely Pilates (Kim)	Saturday Flow Yoga (Sophie)
9:15-10:15am	20/20/20 (Justin)	9:15-10:30am Gentle Yoga (Terry)		S.I.T (Justin)	Board Meeting 5/10/19 9:00am	
10:30-11:30am	Pilates Mat Class (Deana)			Pilates Mat Class (Deana)		
12:00-1:15pm					Gentle Yoga (Sophie)	
4:00-5:00pm	After School in Fitness Studio	After School in Fitness Studio	After School in Fitness Studio	After School in Fitness Studio	After School in Fitness Studio	
5:30-6:30pm	Lift the Barre (Hannah)	Spin (Joel)	Strength & Conditioning (Chapin)			
6:35-7:35pm	Power Yoga (Christy)		Stretch/ Restorative Yoga (Sophie)	6:15-7:15pm Vinyasa Flow (Sophie)		

Free Nutrition Series:

Virtual Grocery Tour on Tuesday, May 7

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Fitness Class Descriptions

20/20/20 - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

ABSolutely Pilates - Improve core strength and stabilization as you move through this fluid series of floor work exercises designed to strengthen your entire body, improve posture and increase flexibility. Cultivate mindfulness in your movement as precision and flow is emphasized.

GENTLE YOGA—Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or is looking for modifications to all postures. Our instructor creates a safe environment through alignment to explore your personal boundaries while building strength and flexibility. This practice excludes all inversions and extreme backbends.

GET LIFTED — Get Lifted is a new fitness class that will use a combination of plyometric exercises and lifting weights, keeping the heart rate up for an all around fat burning work out!

LIFT THE BARRE — This fast-paced and fun class provides a complete body workout and incorporates strengthening and toning of muscles, sustained cardio and intervals, barre work, and finishes with core work and stretching for a well-balanced total body workout!

MORNING FLOW YOGA — Start your week with a morning wake up class! A flow that gives you time to center yourself on your mat and work into fun, playful movement sequences synced with breath. Many variations available depending on how your morning is going.

PILATES MAT CLASS - An exercise system focused on increasing flexibility and strength for the total body without building bulk. No apparatus is used during this class.

POWER YOGA – This powerful, energetic, playful flowing class has a strong emphasis on breath and allows beginners, intermediate and advanced students to be challenged in the same class. Expect to sweat and challenge yourself with movement and powerful, athletic postures, inventive and thoughtful sequences of sun salutations, standing and seated postures, back bending, and inversions guided by a steady breath to tone and calm the mind. Power Yoga flow will tone, strengthen and rinse your body, clear your mind and leave you with a sense of accomplishment and empowerment.

SPIN - A cardio workout without comparison. All instructors incorporate climbing, intervals and steady state training. Guaranteed to make you sweat! Each instructor creates a different design for each class.

S.I.T.— **“Strength and Interval Training.”** Another high energy conditioning class utilizing the step, bo-su, weights and intervals to keep your heart pumping!

STRENGTH & CONDITIONING - This class incorporates free weights, kettlebells, medicine balls, and body weight exercises. This class blends movements that recruit multiple muscle groups with circuit training for a full body burn.

VINYASA FLOW YOGA— In this yoga class the teacher will encourage you to synchronize your breath to the movement from one pose to the next on an inhale or an exhale. This style of yoga allows for a lot of variety, but you can expect movement, not just stretching.

STRETCH/RESTORATIVE YOGA — In a calm meditative atmosphere a half hour is spent stretching with your breath. The remaining time of class is given to guided meditation while exploring the range of motion of your spine supported by bolsters in gentle poses.



May Pool Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
6:00-8:00am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	6:30-8:00am Lap Swim	6:30-8:00am Lap Swim
8:30am-9:00am		Baby & Me Swim Lessons					
9:30am-1:00pm							
1:00-2:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
2:00-3:45pm							
3:45-4:45pm	After School in Pool	After School in Pool	After School in Pool	After School in Pool	After School in Pool		
5:00-5:30pm	Swim Team Prep		Swim Team Prep				
5:30-6:30pm	Swim Team		Swim Team				
6:00-9:45pm							

Spring Swim Programs

Spring Session Dates: April 1 - May 15

Baby & Me Group Swim Lessons will be held on Tuesdays from 8:30-9:00am. This beginner level swim program puts parents in the pool with their 6-18 month old babies. In this class, Jenny leads the parents and students through group activities and interactive water games appealing to a child's sense of curiosity, wonder, and play.

Swim Team Prep will meet on Mondays and Wednesdays from 5:00-5:30pm. Homestead's Swim Team Prep is a non-competitive program designed for children who love the water! This program is a great way for your swimmer to build strength and endurance in the pool, improve techniques, and have fun in a team atmosphere.

Swim Team will meet on Mondays and Wednesdays from 5:30-6:30pm. Homestead Swim Team gives young swimmers the opportunity to practice and improve all four strokes, increase swimming endurance and have fun, with sufficient time for team building and games that will help to improve your swimmers confidence.

Adult Fitness Swim Class will be held on Tuesday mornings from 7:00-8:00am. Coach Jenny provides structured workouts to motivate you and help you reach your goals. This class is free for our members! Beginning on April 2.

Private and Form Your Own Group Lessons are available on Tuesday mornings, and Monday and Wednesday evenings. Please complete registration form and Jenny will contact you to schedule lessons.

Registration forms are available at the Front Desk now.
Email jml5178@yahoo.com with any questions or to schedule private lessons.

Pool Room Hours:

Monday-Friday: 5:55am-9:45pm
 Saturday/Sunday: 6:30am-9:45pm

Lap Swim Hours:

Monday-Friday: 6:00am-8:00am and 1:00-2:00pm
 Saturday/Sunday: 6:30am-8:00am



Spring Tennis Schedule

Program Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
7:30-8:30am						Cardio Tennis	
8:30-10:00am		8:30-9:30 Cardio Tennis			9:30-10:30am Stroke of the Day	4.0+ Drill & Play	
10:00-11:30				10:30-12:00pm 3.0/3.5 Drill & Play		3.0/3.5 Drill & Play	
11:30-1:00pm					12:30-1:00pm League Warm Up		
1:00-2:30pm					Coed 3.0+ League		
2:30-4:00pm					Coed 3.0+ League		
3:30-4:00pm	Mighty Mites (Ages 4-6)	Mighty Mites (Ages 4-6)	Mighty Mites (Ages 4-6)	Mighty Mites (Ages 4-6)	Mighty Mites (Ages 4-6)		
4:00-5:00pm	Superstars (Ages 7-9) Junior Aces and HS Prep (Ages 10-14)	Superstars (Ages 7-9) Junior Aces and HS Prep (Ages 10-14)	Superstars (Ages 7-9) Junior Aces and HS Prep (Ages 10-14)	Superstars (Ages 7-9) Junior Aces and HS Prep (Ages 10-14)	Superstars (Ages 7-9) Junior Aces and HS Prep (Ages 10-14)		
5:00-6:00pm	HS Advanced and JET Tennis (Ages 14+)	HS Advanced and JET Tennis (Ages 14+)	HS Advanced and JET Tennis (Ages 14+)	HS Advanced and JET Tennis (Ages 14+)	HS Advanced and JET Tennis (Ages 14+)		
6:00-7:30pm	Coed 4.0- League	3.5 Drill & Play 4.0 Drill & Play	Men's 4.0- League	Coed 4.5+ League			
7:30-9:00pm			Men's 4.0- League	Coed 4.5+ League			

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