March 2013 Newsletter



March Events

Swim Team Begins Monday, March 4th

Board & DRC Meeting Friday, March 8th @ 9am

Daylight Savings Time Begins Sunday, March 10th

Kids Winter Tennis Ends Friday, March 15th

> Kids Spring Tennis Begins Monday, March 18th

No After School Program Monday, March 25th

> Swim Team Ends Thursday, March 28th

General Club Information

Club Hours:

5:55am-10:00pm M-F

6:30am-10:00pm S-S

Phone:

970-926-1067

Fax:

970-926-4710

400 Homestead Drive

P.O. Box 808

Edwards, CO 81632

Childcare Hours:

8:30am-noon M-F

3:00-7:00pm M-F

By Appointment Only

Website:

Homesteadcourtclub.com

Homestead Owners Association & Court Club

Homestead's Annual Easter Party

Please join us on Saturday, March 30th, from 10am-12pm for a fun filled Easter party including an Easter egg hunt, arts & crafts, coffee, pastries and of course a visit from the Easter Bunny!



Eagle County Road Maintenance Reminder

Eagle County Road & Bridge is responsible for the safety and maintenance of the roads and right-of-ways in Homestead. If the roads become unsafe due to adverse weather, you may call 970-479-2201 to notify Vail Dispatch of a dangerous situation. The Eagle County Road & Bridge Department and Homestead want to remind Homeowners that it is against the law and Homestead regulations to plow snow from driveways onto the public road right-of-ways and sidewalks. When Homeowners do this it causes the roadway to narrow and makes it difficult for buses and emergency vehicles to safely and quickly maneuver through the streets. Please be sure to store your snow from your



driveway safely away from the Eagle County right-of-ways and sidewalks in your designated snow storage areas to help maintain a safe neighborhood. If you have any questions, concerns or suggestions regarding the roads in Homestead, please contact Gordon at Eagle County Road & Bridge Department at 970-328-3542 or email road@eaglecounty.us.

Children's Programs

April Break Kids Camp: We are hosting a special session of Kids Camp on April 15-19. Children ages 5 to 12 are able to join "Exploration Days," a day camp that includes contests, games, sports, and a daily trip to swim in Homestead's pool. The camp also provides academic enrichment and exercise. Camp runs from 8:30 a.m. to 5:15 p.m. Children who are registered prior to April 1st will receive an early bird discounted rate of 15% off the regular price. Rates are \$40/day for members and \$47/day for nonmembers. For more information, or to register for Camp please visit hcchoa.com or call 970-926-1067 and ask to speak with Jillian.

After School Program Reminders: There are still spaces in the After School Program. This fun filled program runs Monday through Friday from 3-6pm during the school year. If you would like to sign up your child, registration packets are available on our website or at the front desk. There will be no After School Program held on Monday, March 25th.

Kids Spring Tennis Begins on March 18th. See Back for more information.

Swim Programs

Swim Team and Swim Team Prep are back this spring with Coach Erinn Chavez! Swim Team Prep will be held on Mondays and Thursdays from 4:30-5:00pm. Swim Team will be held on Mondays and Thursdays from 5:00-6:00pm. For more information, or to register please visit our website, or stop by the front desk to pick up a registration form.

Session Dates: March 4-28, 2013

Member Prices: Swim Team Prep is \$80 per child/per session Swim Team is \$110 per child/per session

Registration: Forms are available at the front desk and on our website now!

Homestead General Meeting Report and Election Results

This year's meeting was held on Monday, February 18th, at 7:00pm, at the Homestead Court Club. Thank you to everyone who attended and participated in the business of the Association. Three seats for the **Board of Directors were up for** election. There were three candidates on the official ballot and there were no additional nominations from the floor. Bobby Ladd was re-elected, and **Erin Allen and Matt Drummet** were elected to the Board. The minutes from the 2012 General Meeting were approved. Board President Bobby Ladd discussed the general state of the **HOA and Court Club, projects** that were completed in 2012, and projects scheduled for 2013. Board Treasurer Katie **DeMore presented the Treasur**ers Report including the total dues collected in 2011 and 2012, the Reserve and Capital Improvement fund amounts for 2011 and 2012, and took questions regarding financials. Matters Pending included an update regarding the Allen Lawsuit. The Board opened the floor for questions and answered multiple questions regarding; road maintenance, the Allen Lawsuit, Tract K, reserve and capital expenditures, and other various questions regarding the neighborhood and Club. The meeting adjourned at approximately 8:12pm.



Save the Date: Lululemon trunk show coming to Homestead on March 19th, from 10am-1pm, in our Community Room. See Kim for more details.

February Board Of Directors Meeting Highlights

Our February Board of Directors and Design Review Committee Meeting was held on Friday, February 15, 2013 at 9:00am. New Business included approval of the annual meeting ballot, appointment of the 2013-2014 Nominating Committee (Norm Green, Larry Agneberg, and Ken Marchetti), and discussion on the Remonov Development proposal for Tract K. Matters Pending included continued discussion regarding the plan proposals for the Court Club remodel. The meeting minutes from the meeting on January 11th, 2013 were approved. The December 2012 financial report was approved by the Board. The Accountant Reviewed 2012 financials were also approved by the Board. The meeting adjourned in executive session at approximately 9:40am.

Tennis News

Reminder: Winter Kids Tennis Clinics are ending on Friday, March 15th

VMS High School Tennis Practice is beginning on February 26th. Practice will be held every Monday, Wednesday, Friday and some Saturdays from 5:00-6:00pm on the indoor tennis courts. Practice will be moved outside as soon as weather permits. If you know of anyone who is interested in participating on the high school team, please have them contact Hillary McSpadden at hmcspadden@slifer.net or 970-390-7632.

Kids Spring Tennis Info

All kids spring tennis programs will begin the week of March 18th and will run for 9 weeks, with a break from 4/15-4/19. The last day of kids spring programs is May 24th, 2013.

Registration flyers will be available at the front desk and on our website www.hcchoa.com, beginning on March 1st.

Spring Junior Clinics:

Mondays and Wednesdays: Mighty Mites Group (ages 3-6) from 3:15-4:00pm and Superstar Group (ages 7-9) from 4:00-5:00pm

Tuesdays and Thursdays: Intermediate Group (Ages 10+) from 4:00-5:00pm and Juniors Elite Group and Teenage Group from 5:00-6:00pm

Fridays: Superstar Group (ages 7-9) from 4:00-5:00pm

Adult Tennis Info

<u>Spring Leagues:</u> We offer mens, womens and coed doubles leagues for all levels. Leagues will begin on Monday, March 18. Sign up sheets are available at the front desk and on our website now.

Drop In Adult Clinics:

Mondays: Beginner Clinic from 11:00-12:00 & Cardio Tennis from 12:00-1:00

Tuesdays: 3.0/3.5 Clinic from 11:00-12:00 Wednesdays: 4.0+ Drop In Clinic from 12:00-1:00 Thursdays: 3.5 Drop In Clinic from 11:00-12:00

Fridays: Cardio Tennis from 12:00-1:00

Saturdays: 4.0+ Drop In Clinic from 8:30-9:30am, 3.5+ Drop In Clinic from 9:30-

10:30am, 3.0 Drop In Clinic from 10:30-11:30am

Sign Up: Please call the front desk to reserve your space for drop in clinics/cardio tennis.

Member Rates: All Adult Drop In Clinics are \$20 and Cardio Tennis is \$15

Fitness News

Class Changes/Cancellations: Please note that Ashley's Power Vinyasa Flow class has been moved to Wednesdays from 6:10-7:30am. We have taken Mariella's Monday afternoon spin off the fitness schedule beginning in March.

Cycling Clinic with Jen Sage: It's not too late to sign up for Jen Sage's Cycling Clinic. This clinic is going on now, and runs through April 25th. Clinic meets every Tuesday and Thursday from 6-7am. Member price is \$275. For more information please email Jennifer@indoorcycleinstructor.com.

March Fitness Schedule



	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:00-7:00am		Reach Your Peak Cycling Clinic Jennifer*\$ (12 week session)	6:10-7:30am Power Vinyasa Yoga (Ashley)	Reach Your Peak Cycling Clinic Jennifer*\$ (12 week session)		
6:05-7:05am	Spin (Todd)	Sunrise Yoga (Beth)	6:15-7:15am Cardio Tennis*	Super Sculpt (Beth)	Spin (Mariella)	
7:15-8:15am						Cardio Tennis*
8:30-9:30am		Spin/Pilates Deana & Evan*S (Contact Deana at 970-331-6302)	Zumba (Beth)			
8:30-9:45am		Master's Swim (Erinn)	8:45-9:45am Spin (Heidi)		Master's Swim (Erinn)	8:00-9:30 Intermediate Hatha Yoga (Trinity)
9:00-10:30am			9:45-10:15 Core (Heidi)		Yoga (Tim)	
9:15-10:15am	20/20/20 (Justin)	Body Shop (Nichole)		S.I.T (Justin)	Board Meeting 3/8/2013 9:00am	
10:30-11:30am	Pilates Mat Class (Deana)			Pilates Mat Class (Deana)	11:00-12:00pm Baby & Me Blast (Lauren)	
12:00-1:15pm		Gentle Yoga (Wendi)				2:30pm Anjali Restorative Yoga (Sophie)
5:30-6:30pm	20/20/20 (Justin)	Spin (Joel)	Cardio Fusion (Amie) Spin/Pilates Deana & Evan*\$ (Contact Deana at 970-331-6302)	Turbo Kick (Tiffany)		
6:35-7:35pm	Hatha Flow (Lindsey)			Vinyasa Flow (Sophie)		
7:00pm						

^{*}Please call the front desk to sign up for classes with an asterisk* Sign up policy: Homestead homeowners and their tenants may reserve their space 48 hours in advance and Non-resident members may reserve their space 24 hours in advance. Please call 970-926-1067 to sign up.

\$ = Fee for class



Fitness Class Descriptions

20/20/20 - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

ANJALI RESTORATIVE YOGA — Anjali Restorative Yoga is a deeply restorative class for all ability levels. Participants will spend sustained periods of time in each fully supported posture while guided through meditation and breathing practices.

BABY & ME BLAST - Fun, all-levels fitness class for moms (dads, too!) and their new babies aged four weeks to approximately nine months (pre-crawling). Your babies will relax on yoga mats and blankets while they watch you bounce back into shape!

BODY SHOP— Join Nichole for a full hour of weight training. This class will focus on building strength and balance while using proper form.

CARDIO FUSION - Join Amie for a blend of cardio, intervals, weights and core to sculpt the entire body.

CARDIO TENNIS - Join Homestead's Tennis Pros for this fun group activity featuring drills to give players of all abilities an ultimate, high energy workout.

CORE - Join Heidi Trueblood for a invigorating 30 minute class that focuses on building core strength.

GENTLE YOGA—Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or is looking for modifications to all postures. Our instructor creates a safe environment through alignment to explore your personal boundaries while building strength and flexibility. This practice excludes all inversions and extreme backbends.

HATHA FLOW YOGA - Based on traditional Hatha Yoga poses and the principals of alignment, the flowing moves encourage breath and movement synchronization. Focus is on body awareness and working within personal limits while building strength & flexibility with a calm mind.

MASTERS SWIM - Join coach Erinn for a structured swim workout designed to help you improve your fitness or train for specific goals. Open to all levels.

PILATES MAT CLASS - An exercise system focused on increasing flexibility and strength for the total body without building bulk. No apparatus is used during this class.

POWER VINYASA YOGA – Start your morning by moving with breath in this invigorating Baptiste style yoga class. You will be encouraged to use your breath, to come into your body, to clear your mind and to discover your true power. Expect to sweat and challenge yourself with both movement and powerful, athletic postures.

SKI CONDITIONING — Strength training is combined with speed work, plyometrics, and agility training, to develop power and endurance for the ski season. This class will get progressively harder as the weeks go on!

SPIN - A cardio workout without comparison. All instructors incorporate climbing, intervals and steady state training. Guaranteed to make you sweat! Each instructor creates a different design for each class.

S.I.T.— "Strength and Interval Training." Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

SUPER SCULPT-- This class will focus mostly on core and legs, while using other muscle groups in a functional training setting.

SUNRISE YOGA — Welcome the new day with a flowing vinyasa class to energize the mind and the body.

TURBO KICK — Learn kickboxing skills choreographed to energizing music. Using no equipment, this kickboxing workout incorporates a number of upper body punches and lower body kicks.

TRX TRAINING — The much talked about TRX is a total body suspension training system. By using your own body weight and vector angles the TRX system provides a well-rounded workout for the entire body.

VINYASA FLOW YOGA— In this yoga class the teacher will encourage you to synchronize your breath to the movement from one pose to the next on an inhale or an exhale. This style of yoga allows for a lot of variety, but you can expect movement, not just stretching.

ZUMBA — Zumba Fitness is the only Latin-inspired dance-fitness program that blends red-hot international music, and contagious steps to form a "fitness-party" that is downright addictive.



March Pool Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
6:00- 8:00am	Lap Swim	6:30-8:00am Lap Swim	6:30-8:00am Lap Swim				
8:30- 9:45am		Master's Swim (Erinn)			Master's Swim (Erinn)		
8:45- 11:45am							
12:00- 12:30pm							
1:00- 2:00pm	Lap Swim						
2:00- 3:30pm							
3:30- 4:30pm	After School Kids in Pool						
4:30- 5:00pm	Swim Team Prep			Swim Team Prep			
5:00- 6:00pm	Swim Team			Swim Team			
6:30- 9:00pm							
9:00- 10:00pm	Lap Swim	Lap Swim	Lap Swim				

Master's Swim

Join Erinn for a structured swim workout designed to help you improve your fitness or train for specific goals. Open to all levels. Tuesdays and Fridays from 8:30-9:45am.

Swim Lesson Special: We would like to welcome back swim instructor Kate Pink, who taught swim lessons here last year. She is offering a special of 4 lessons for \$100, which is a savings of \$20 off the regular price. To schedule lessons with Kate, please contact her at 970-376-2465

Swim Team & Swim Team Prep: March 4-28

Swim Team Prep will be held on Mondays and Thursdays from 4:30-5:00pm. **Swim Team** will be held on Mondays and Thursdays from 5:00-6:00pm. **Member Prices**: Swim Team Prep is \$80 per child and Swim Team is \$110 per child. **Registration**: Forms are available at the front desk and on our website now!



March Tennis Schedule

Program Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:15-7:15am			Cardio Tennis*			
7:15-8:15am						Cardio Tennis*
8:30-9:30am						4.0+ Level Clinic*
9:30-10:30am						3.5 Level Clinic*
10:30-11:30am						3.0 Level Clinic*
11:00-12:00pm	Beginner Adult Clinic*	3.0-3.5 Level Adult Clinic*		3.5 Level Adult Clinic*	Cardio Tennis*	
12:00-1:00pm	Cardio Tennis*		4.0+ Level Adult Clinic*			
1:15-2:30pm					Coed 3.0 and above League	
3:15-4:00pm	Mighty Mites* (Ages 4-6)		Mighty Mites* (Ages 4-6)			
4:00-5:00pm	Superstars * (Ages 7-9)	Intermediate Juniors* (Ages 10+)	Superstars* (Ages 7-9)	Intermediate Juniors* (Ages 10+)	Mighty Mites* (Ages 4-6) Superstars* (Ages 7-9)	
5:00-6:00pm	VMS High School Tennis Practice	JET Tennis & Teenager Junior Clinics*	VMS High School Tennis Practice	JET Tennis & Teenager Junior Clinics*	VMS High School Tennis Practice	VMS High School Tennis Practice
6:00-10:00pm	Coed 4.0 and below League*	Ladies 3.5 and below League*	Men's 4.0 and above League*	Coed 4.5 and above League*		

^{*}Advance sign up is required for all tennis programs. Adult programs are drop-in only. Your space is reserved by calling the front desk. Winter Junior programs are ending on March 15, 2013. Spring Junior programs are beginning on March 18. Space for Junior programs is reserved by completing a registration form, which is available at the front desk, or on our website.

Adult Program Rates (Per person)

	Member	Non-Member
Drop in Clinics	\$20	\$35
Cardio Tennis	\$15	\$30
Private Lesson	\$60	\$75
Semi Private Lesson	\$35	\$50

*SIGN UP POLICY

Homestead Homeowners and their tenants may sign up for clinics up to 48 hours in advance.

Non-resident members may sign up for clinics up to 24 hours in advance.

Non-members may sign up for clinics on the day of the clinic.