



# Homestead Owners Association & Court Club

## April Events

**Summer Camp  
Registration Begins**  
Monday, April 1st

**VMS High School  
Tennis Match**  
April 10th @ 3:30pm

**Board & DRC Meeting**  
Friday, April 12th @ 9am

**Spring Break Kids Camp**  
April 15th-19th

**No Junior Tennis  
Programs or Leagues**  
April 15th-19th

**VMS High School  
Tennis Matches**  
April 27th @ 10am & 2pm

## **General Club Information**

### Club Hours:

5:55am-10:00pm M-F  
6:30am-10:00pm S-S

### Phone:

970-926-1067

### Fax:

970-926-4710

400 Homestead Drive  
P.O. Box 808  
Edwards, CO 81632

### Childcare Hours:

8:30am-noon M-F  
3:00-7:00pm M-F

By Appointment Only

### Website:

Hcchoa.com

## Homestead Kids Camps

### *Spring Break Kids Camps*

Jillian will be holding a special week of day camp the week of April 15th-19th. Spaces are still available. Sign up today! Minimum of 5/Maximum of 30

### *Homestead Clubhouse Summer Camp*

Join us for 12 weeks of summer fun! Our age-specific, kid-approved camps add up to a summer of discovery and fun. This camp offers your camper a fun mix of activities including swimming, hiking, yoga, games, arts and crafts, and creative play! Tennis is also offered every day at a special rate for our campers. Clubhouse Camp is offered every Monday through Thursday and every other Friday from 8:30am-5:15pm.

### *Homestead Adventure Out Camp*

Our Adventure Out Camp for kids ages 8-11 is offered on Mondays and Wednesdays in addition to Clubhouse Summer Camp. Get your kids ready to embark on an adventurous summer of outdoor sports, teamwork activities, learning problem solving skills, swimming, yoga, hiking, biking, and much more!

### *Camp Registration*

Registration packets are available now online and at the front desk. Jillian will be accepting completed registration packets beginning on April 1st from Homestead Owners & Tenants, April 8th from Non-resident members, and April 15th from Non-members. Please email [jillian@homesteadcourtclub.com](mailto:jillian@homesteadcourtclub.com) for more information on any of our camps.

## Tennis News

**VMS High School Tennis** will be hosting tennis matches on April 10th at 3:30pm, April 27th at 10:00am and 2:00pm. Currently there are girls from Battle Mountain HS, VMS, and the Ski Academy participating on the team. This is a great program being offered for all high school girls in the valley so come out and show your support. The Tennis Team would like to thank Homestead for providing the facilities, courts and coaches that allow this program to continue to grow! Just a reminder that the VMS team practice is held on Mondays, Wednesdays, Fridays and Saturdays at 5-6pm.

**Spring Tennis Programs:** There is still room to participate in all of our junior programs. Don't let this spring pass you by without playing some tennis. Get out and enjoy the sport of a lifetime! Outdoor courts will open as soon as the snow is clear on a first come, first served basis.

**Demo Racquet Sale!** Be on the lookout for our spring demo racquet sale. We will be selling most demo's for between \$50 to \$75. If you are interested in buying one just stop by the front desk and demo one today.



## Fitness News

*TRX Training is back with Justin Songer!*

We are excited to announce that Justin will be teaching private, semi-private, and group TRX suspension training. If you haven't had a chance to try TRX yet, now is the time! TRX suspension training is a revolutionary method of leveraged body-weight exercise where you can perform hundreds of exercises that build power, strength, flexibility, balance, mobility, and prevent injuries. Pricing for group training is \$9/class when you purchase a 10 punch pass or \$12/class to drop in. Please note that Homestead reserves the right to cancel classes of less than six participants. Maximum of 12 participants per class. Please contact Justin for more information.

### *Class Changes/Cancellations:*

- Please note that Spin & Core with Heidi has been taken off the schedule in April.
- Zumba w/Beth will not be held on April 17.
- Reach Your Peak Cycling Clinic ends April 25.
- Jen's Wednesday Spin Class will return May 1.

## March Board Of Directors Meeting Highlights

Our March Board of Directors and Design Review Committee Meeting was held on Friday, March 8, 2013 at 9:00am. New Business included appointing the Board to the DRC and appointing Bobby Ladd to be Board President, Ken Marchetti to be Vice President, and Katie Demore to be Secretary/Treasurer. Discussion regarding the Remonov Development proposal for Tract K will be discussed at the April Meeting (more info below). Matters Pending included continued discussion regarding the addition of a family locker room and existing locker room remodel. The Board is also getting bids from local architects on the Court Club front entry remodel. The meeting minutes from the meeting on February 15th, 2013 were approved. The January 2013 financial report was approved by the Board. The meeting adjourned in executive session at approximately 10:26am.

## Update on Remonov Request for Amendment to PUD & Zoning Change on Tract K

As you may already know Remonov and Company, Inc are requesting an amendment to the PUD and zoning change from Commercial General to High Density Residential on their 1.36 acre property adjacent to lower Homestead on Tract K, which is located to the west of the post office, and north of Edwards Village Boulevard. If approved, Remonov and Company will donate the land to Habitat for Humanity, who will construct 16 affordable housing units (8 duplexes) with 48 parking spaces. For more information, or to give your input on this proposal please attend the upcoming Board of Directors meeting on Friday, April 12th, at 9:00am. Plans are available on our website.

## Property Maintenance Reminder

The Homestead DRC is looking at properties year round and typically we use this time to catch up on reviewing maintenance of homes and lots. Each year we look at the landscaping and exterior of homes to ensure that the landscaping is in good repair and appearance, that the rest of the house is not in need of stain or paint, and that there are no other obvious maintenance needs. The Declarations and the Architectural Standards and Guidelines state that homeowners are responsible for the maintenance and repair of their residence and/or lot. If, in our travels, we see that some maintenance is needed on your property, we will notify you of our observations. Our goal is to establish a dialog with you that will insure your property is brought into compliance in a timely manner, serving both the Association's needs and your own. We realize that the season for repairing roofs, painting and staining, is upon us, so we will be looking for compliance in late spring or early summer, depending on the weather. For those of you who are planning exterior work, please remember that any landscaping/exterior changes and/or improvements must be applied for and approved by the DRC. If you have any questions or comments, please feel free to give us a call at 926-1067. -Homestead DRC

## Swim Programs

Spring & Summer Swim Team Information will be available at the front desk and on our website April 1.



# April Fitness Schedule



	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:00-7:00am		Reach Your Peak Cycling Clinic Jennifer*\$ (12 week session)	6:10-7:30am Power Vinyasa Yoga (Ashley)	Reach Your Peak Cycling Clinic Jennifer*\$ (12 week session)		
6:05-7:05am	Spin (Todd)	Sunrise Yoga (Beth)	6:15-7:15am Cardio Tennis*	Super Sculpt (Beth)	Spin (Mariella)	
7:15-8:15am		8:00-8:30 TRX with Deana*\$				Cardio Tennis*
8:30-9:30am	8:30-9:05 TRX with Deana*\$	Spin/Pilates Deana & Evin*\$ (Contact Deana at 970-331-6302)	Zumba (Beth)			
8:30-9:45am		Master's Swim (Erinn)			Master's Swim (Erinn)	8:00-9:30 Intermediate Hatha Yoga (Trinity)
9:00-10:30am					Yoga (Tim)	
9:15-10:15am	20/20/20 (Justin)	Body Shop (Nichole)		S.I.T (Justin)	Board Meeting 4/12/2013 9:00am	
10:30-11:30am	Pilates Mat Class (Deana)			Pilates Mat Class (Deana)	11:00-12:00pm Baby & Me Blast (Lauren)	
12:00-1:15pm		Gentle Yoga (Wendi)				2:30pm Vinyasa/ Restorative Yoga (Sophie)
5:30-6:30pm	20/20/20 (Justin)	Spin (Joel)	Cardio Fusion (Amie)  Spin/Pilates Deana & Evin*\$ (Contact Deana at 970-331-6302)	Turbo Kick (Tiffany)		
6:35-7:35pm	Hatha Flow (Lindsey)			Vinyasa Flow (Sophie)		

*\*Please call the front desk to sign up for classes with an asterisk\* Sign up policy:* Homestead homeowners and their tenants may reserve their space 48 hours in advance and Non-resident members may reserve their space 24 hours in advance. Please call 970-926-1067 to sign up.

§ = Fee for class

### **Class Changes/Cancellations:**

- Please note that Spin & Core with Heidi has been taken off the schedule in April.
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## Fitness Class Descriptions

**20/20/20** - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

**ANJALI RESTORATIVE YOGA** — Anjali Restorative Yoga is a deeply restorative class for all ability levels. Participants will spend sustained periods of time in each fully supported posture while guided through meditation and breathing practices.

**BABY & ME BLAST** - Fun, all-levels fitness class for moms (dads, too!) and their new babies aged four weeks to approximately nine months (pre-crawling). Your babies will relax on yoga mats and blankets while they watch you bounce back into shape!

**BODY SHOP**— Join Nichole for a full hour of weight training. This class will focus on building strength and balance while using proper form.

**CARDIO FUSION** - Join Amie for a blend of cardio, intervals, weights and core to sculpt the entire body.

**CARDIO TENNIS** - Join Homestead's Tennis Pros for this fun group activity featuring drills to give players of all abilities an ultimate, high energy workout.

**CORE** - Join Heidi Trueblood for a invigorating 30 minute class that focuses on building core strength.

**GENTLE YOGA**—Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or is looking for modifications to all postures. Our instructor creates a safe environment through alignment to explore your personal boundaries while building strength and flexibility. This practice excludes all inversions and extreme backbends.

**HATHA FLOW YOGA** - Based on traditional Hatha Yoga poses and the principals of alignment, the flowing moves encourage breath and movement synchronization. Focus is on body awareness and working within personal limits while building strength & flexibility with a calm mind.

**MASTERS SWIM** - Join coach Erinn for a structured swim workout designed to help you improve your fitness or train for specific goals. Open to all levels.

**PILATES MAT CLASS** - An exercise system focused on increasing flexibility and strength for the total body without building bulk. No apparatus is used during this class.

**POWER VINYASA YOGA** – Start your morning by moving with breath in this invigorating Baptiste style yoga class. You will be encouraged to use your breath, to come into your body, to clear your mind and to discover your true power. Expect to sweat and challenge yourself with both movement and powerful, athletic postures.

**SKI CONDITIONING** — Strength training is combined with speed work, plyometrics, and agility training, to develop power and endurance for the ski season. This class will get progressively harder as the weeks go on!

**SPIN** - A cardio workout without comparison. All instructors incorporate climbing, intervals and steady state training. Guaranteed to make you sweat! Each instructor creates a different design for each class.

**S.I.T.**— “Strength and Interval Training.” Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

**SUPER SCULPT**-- This class will focus mostly on core and legs, while using other muscle groups in a functional training setting.

**SUNRISE YOGA** — Welcome the new day with a flowing vinyasa class to energize the mind and the body.

**TURBO KICK** — Learn kickboxing skills choreographed to energizing music. Using no equipment, this kickboxing workout incorporates a number of upper body punches and lower body kicks.

**TRX TRAINING** — The much talked about TRX is a total body suspension training system. By using your own body weight and vector angles the TRX system provides a well-rounded workout for the entire body.

**VINYASA FLOW YOGA**— In this yoga class the teacher will encourage you to synchronize your breath to the movement from one pose to the next on an inhale or an exhale. This style of yoga allows for a lot of variety, but you can expect movement, not just stretching.

**ZUMBA** — Zumba Fitness is the only Latin-inspired dance-fitness program that blends red-hot international music, and contagious steps to form a "fitness-party" that is downright addictive.



# April Pool Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
6:00-8:00am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	6:30-8:00am Lap Swim	6:30-8:00am Lap Swim
8:30-9:45am		Master's Swim (Erinn)			Master's Swim (Erinn)		
8:45-11:45am							
12:00-12:30pm							
1:00-2:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
2:00-3:30pm							
3:30-4:30pm	After School Kids in Pool	After School Kids in Pool	After School Kids in Pool	After School Kids in Pool	After School Kids in Pool		
4:30-5:00pm	Swim Team Prep			Swim Team Prep			
5:00-6:00pm	Swim Team			Swim Team			
6:30-9:00pm							
9:00-10:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim

### ***Master's Swim***

Join Erinn for a structured swim workout designed to help you improve your fitness or train for specific goals. Open to all levels. Tuesdays and Fridays from 8:30-9:45am.

### ***April Swim Team***

Swim Team Prep will be held on Mondays and Thursdays from 4:30-5:00pm. Swim Team will be held on Mondays and Thursdays from 5:00-6:00pm. For more information, or to register please visit our website, or stop by the front desk to pick up a registration form.

***Session Dates:*** April 22-May 16, 2013

***Member Prices:*** Swim Team Prep is \$80 per child/per session

Swim Team is \$110 per child/per session

***Registration:*** Forms are available at the front desk and on our website now!



# April Tennis Schedule

Program Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:15-7:15am			Cardio Tennis*			
7:15-8:15am						Cardio Tennis*
8:30-9:30am						4.0+ Level Clinic*
9:30-10:30am						3.5 Level Clinic*
10:30-11:30am						3.0 Level Clinic*
11:00-12:00pm	Beginner Adult Clinic*	3.0-3.5 Level Adult Clinic*		3.5 Level Adult Clinic*	Cardio Tennis*	
12:00-1:00pm	Cardio Tennis*		4.0+ Level Adult Clinic*			
1:15-2:30pm					Coed 3.0 and above League	
3:15-4:00pm	Mighty Mites* (Ages 4-6)		Mighty Mites* (Ages 4-6)			
4:00-5:00pm	Superstars* (Ages 7-9)	Intermediate Juniors* (Ages 10+)	Superstars* (Ages 7-9)	Intermediate Juniors* (Ages 10+)	Mighty Mites* (Ages 4-6) Superstars* (Ages 7-9)	
5:00-6:00pm	VMS High School Tennis Practice	JET Tennis & Teenager Junior Clinics*	VMS High School Tennis Practice	JET Tennis & Teenager Junior Clinics*	VMS High School Tennis Practice	VMS High School Tennis Practice
6:00-9:00pm	Coed 3.5 and above League*	Ladies 3.5 and below League*	Men's 4.0 and below League*	Coed 4.5 and above League*		

\*Advance sign up is required for all tennis programs. Adult programs are drop-in only. Your space is reserved by calling the front desk. **Spring Junior programs are going on now.** Space for Junior programs is reserved by completing a registration form, which is available at the front desk, or on our website.

## Adult Program Rates (Per person)

	Member	Non-Member
Drop in Clinics	\$20	\$35
Cardio Tennis	\$15	\$30
Private Lesson	\$60	\$75
Semi Private Lesson	\$35	\$50

## \*SIGN UP POLICY

**Homestead Homeowners** and their tenants may sign up for clinics up to 48 hours in advance.

**Non-resident members** may sign up for clinics up to 24 hours in advance.

**Non-members** may sign up for clinics on the day of the clinic.