



#### June Events

First Day of Summer Tennis & Kids Camp Monday, June 3rd

Summer Swim Team Session 2 Begins Monday, June 10th

**Board & DRC Meeting** Friday, June 14th

Eagle County Commissioners Meeting (Tract K proposal) Tuesday, June 18th

> Ice Cream Social Thursday, June 20th

Friday Tennis Social Friday, June 21

July DRC Submittal Deadline Friday, June 28th

#### General Club Information

**Club Hours:** 

5:55am-10:00pm M-F

6:30am-10:00pm S-S

Phone:

970-926-1067

Fax:

970-926-4710

400 Homestead Drive

P.O. Box 808

Edwards, CO 81632

**Childcare Hours:** 

8:30am-noon M-F

3:00-7:00pm M-F

By Appointment Only

Website:

Hcchoa.com

# Homestead Owners Association & Court Club

# Ice Cream Social ~ June 20

We are kicking off Homestead's Summer Events on Thursday, June 20th from 6:30-8:00pm. Join us for a fun filled evening where you can build your own ice cream sundae and mingle with your neighbors. We hope to see you there!

#### **Tennis News**

Summer Tennis Programs are beginning on June 3rd. This summer we are offering clinics for all ages and ability levels as well as a four day per week tennis camp for juniors. All summer tennis programs are beginning the week of June 3rd and will run for 10 weeks, with the week of July 1-5 off. Weekly sign ups are available for all junior programs including tennis camp. Adult clinics are drop in only. For days, times, and rates please visit our website, <a href="www.hcchoa.com">www.hcchoa.com</a>, or stop by the front desk.

**USTA Tennis Matches:** Homestead has both men's and women's USTA Teams. We are hosting some of their matches over the summer. Come by to cheer your friends on!

June 1 @ 2:00pm ~ USTA 3.0 Women's Team Match

June 2 @ 11:00am ~ USTA 3.5 Women's Team Match

June 4 @ 6:30pm ~ USTA 4.0 Men's Team Match

June 8 @ 12:00pm ~ USTA 3.0 Women's Team Match

June 9 @ 11:00am ~ USTA 4.0 Women's Team Match June 13 @ 6:00pm ~ USTA 3.5 Women's Team Match

June 15 @ 12:00pm & 2:00pm ~ Women's 3.0 Match (12:00) and 4.0 Match (2:00)

June 18 @ 6:30pm ~ USTA 4.0 Women's Team Match

June 22 @ 12:00pm & 2:00pm ~ Women's 3.0 Match (12:00) and 4.0 Match (2:00)

June 29 @ 12:30pm ~ USTA 3.5 Women's Team Match

Mark your calendars now for Homestead's Annual Tennis Tournaments. We offer three tournaments every summer. We kick off our tournament season with the Vail Valley NTRP Tennis Tournament on July 12-14 (USTA tennislink tournament code: 250007513). Our Vail Valley Juinor Satellite Tournament is held August 2-4 (USTA tennislink tournament code: 250007713). And we finish off the summer with our Round Robin Club Championship Tournament September 21.

Tennis Social: Join your friends on Friday, June 21st for a fun night of tennis. Sign up at the front desk. Only \$10 for members!

Reminder: The last day of Cardio Tennis will be Wednesday, May 29th. Cardio tennis will resume in October.

## **Summer Membership Special**

Now is the time to invite your friends and family to join Homestead. We are currently offering no initiation fee to join the club. That is a savings of \$250 off the regular price!

Dues are \$100 per month for an individual or \$135 per month for a family membership. A non-resident membership includes full access to the club, including over 25 free group fitness classes each week, two indoor tennis courts, six outdoor tennis courts, spin studio, Reformer Pilates studio, Kids Camp, Swim Team and much more! Please contact Kim Gauron at <a href="mailto:kim@homesteadcourtclub.com">kim@homesteadcourtclub.com</a> or 970-926-1067 for more information.

## Spraying for Noxious Weeds This Month

Per State Law, Homestead staff will be spraying the open space areas for noxious weeds this month. Areas that have been treated for weeds will be dyed blue for a few days. Please keep children and pets away from the areas that are blue. Homestead will also be marking the areas with yellow flags. If you have any questions about the weed spraying please contact Tracy at the Club. Please note that Homestead does not spray for dandelions in open space or turf areas, as they are not listed as noxious weeds.

## Note To Owners With Noxious Weeds:

Please be sure to treat your lawn or lot for noxious weeds this summer, per Homestead Regulations. If you have any questions or comments, please feel free to give us a call at 926-1067.

#### 2013 Water Use Regulations

We would like to remind you that if your address ends in an even number you may water on Sundays, Wednesdays, and Fridays and if your address ends in an odd number you may water on Tuesdays, Thursdays, and Saturdays. There is no watering allowed on Mondays. All watering must occur before 10am or after 4pm. If you have any additional questions regarding the watering schedule, or to learn more about conserving water and FREE water conserving kits please visit www.erwsd.org.

## May Board Of Directors Meeting Highlights

Our May Board of Directors and Design Review Committee Meeting was held on Friday, May 10, 2013 at 9:00am. In the DRC portion of the meeting a proposal to build an outdoor fire pit at 211 Gold Dust Drive was requested to be tabled by the property owner. During the Board Meeting, Matters Pending included a presentation from Victor Mark Donaldson Architects of three schemes for a possible court club remodel. The Board discussed the options and gave feedback. The Board called a special meeting to be held on Monday, May 20th, to see an updated scheme. Also in Matters Pending was an update on the proposal to rezone Tract K with the intent to develop 16 Habitat for Humanity units on the property. Please see note below. The meeting minutes from the meeting on April 12th, 2013 were approved. The March 2013 financial report was approved by the Board. The meeting adjourned in executive session at approximately 11:36am.

## Tract K Rezoning/Re-platting Proposal Update

As you may know, Remonov and Company, Inc. have requested an amendment to the PUD and zoning change from Commercial General to High Density Residential on their 1.36 acre property adjacent to lower Homestead on Tract K, which is located to the west of the post office, and north of Edwards Village Boulevard. If approved, Remonov and Company will donate the land to Habitat for Humanity, who will construct 16 affordable housing units (8 duplexes) with 48 parking spaces. This proposal was seen before the Planning Commission on May 1st. Planning Commission members voted unanimously to recommend against the zoning change of Tract K. The proposal will move on the Eagle County Commissioners Meeting on Tuesday, June 18, 2013. The agenda for this meeting will be posted on <a href="https://www.eaglecounty.us">www.eaglecounty.us</a> prior to the meeting. Please visit our website, <a href="https://www.hcchoa.com">www.eaglecounty.us</a> prior to the meeting. Please visit our website, <a href="https://www.hcchoa.com">www.hcchoa.com</a> to see the proposed plans. For more information you may also visit <a href="https://www.tractk.com">www.tractk.com</a>, which is a website that was created by Homestead Owner, Chris Neuswanger.

## **Children's Programming News**

Kid's Camps Beginning June 3rd ~ Contact Jillian to register for one of our exciting kids camps. There is still room available in the Clubhouse Kids Camp for children ages 5-12 and Adventure Out Camp for children ages 8-12. Kids Camp meets Mondays through Thursdays and every other Friday. Adventure Out Camp meets on Mondays and Wednesdays. Both Camps are held from 8:30am-5:15pm. Registration forms are available at the Front Desk or on our website. Sign up today!

Swim Lessons with Brook ~ Coach Brook specializes in teaching personalized swim lessons to children and adults of all ages and abilities. Brook is available to teach a variety of lessons on Tuesdays and Thursdays from 10:00am-1:00pm and 2:00-4:00pm. Session 2 Dates: June 4-27. Visit swimwithbrook.com for more information and to schedule lessons.

Summer Swim Team with Erinn Hoban ~ Swimmers will practice and improve all four strokes, increase swimming endurance and have fun, with sufficient time for team building and games that will help to improve your swimmers confidence. Swim Team Prep meets on Mondays and Thursdays from 4:30-5:00pm, and Swim Team meets on Mondays and Thursdays from 5:00-6:00pm. Session 2 begins June 10 and runs through July 11, with no practice the week of July 1-5. Session 3 dates are July 22 - August 15. Registration forms are available at the front desk or on our website.

### **Fitness News**

Returning Class: Spin with Jennifer is back on Wednesdays at 6:05am Join Jennifer for a cardio workout without comparison. This class incorporates climbing, intervals and steady state training. Guaranteed to make you sweat!

New Class: Body Challenge with Missy on Wednesdays at 5:30pm A unique and challenging way of toning your body using mainly body weight with a few props for resistance. It defines, tones and strengthens your arms, core, back, legs, abs, and improves balance and posture. See you there!

# June Fitness Schedule



	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:05-7:05am			Spin (Jen)	Sunrise Yoga (Beth)		
			6:10-7:30am Power Vinyasa Yoga (Ashley)			
7:15-8:15am		8:00-8:30 TRX with Deana*\$				
8:30-9:30am	8:30-9:05 TRX with Deana*\$	Spin/Pilates Deana & Evin*\$ (Contact Deana at 970-331-6302)	Zumba (Beth)			
8:30-9:45am		Master's Swim (Erinn)			Master's Swim (Erinn)	8:00-9:30 Intermediate Hatha Yoga (Trinity)
9:00-10:30am					Yoga (Tim)	
9:15-10:15am	20/20/20 (Justin)	Body Shop (Nichole)		S.I.T (Justin)	Board Meeting 6/14/2013 9:00am	
10:30-11:30am	Pilates Mat Class (Deana)			Pilates Mat Class (Deana)	11:00-12:00pm Baby & Me Blast (Lauren)	
12:00-3:00pm	Kids Camp using Studio	12:00-1:15pm Gentle Yoga (Wendi) 1:30-3:00pm Kids Camp using Studio	Kids Camp using Studio	Kids Camp using Studio	Kids Camp using Studio	
5:30-6:30pm	20/20/20 (Justin)	Spin (Joel)	Body Challenge (Missy) Spin/Pilates Deana & Evin*\$ (Contact Deana at 970-331-6302)	Turbo Kick (Tiffany)		
6:35-7:35pm	Hatha Flow (Lindsey)		Vinyasa/ Restorative Yoga (Sophie)	Vinyasa Flow (Sophie)		

<sup>\*</sup>Please call the front desk to sign up for classes with an asterisk\* Sign up policy: Homestead homeowners and their tenants may reserve their space 48 hours in advance and Non-resident members may reserve their space 24 hours in advance. Please call 970-926-1067 to sign up.

**\$ = Fee for class** 

#### **June Class Changes/Cancellations**

- Spin with Jen is back on Wednesdays at 6:05am
- Kids Camp will be using the Fitness Studio from noon-3:00pm on Monday, Wednesdays, Thursdays and Fridays and from 1:30-3:00pm on Tuesdays
- Body Challenge with Missy is replacing Cardio Fusion with Amie on Wednesdays at 5:30pm



# **Fitness Class Descriptions**

20/20/20 - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

ANJALI RESTORATIVE YOGA — Anjali Restorative Yoga is a deeply restorative class for all ability levels. Participants will spend sustained periods of time in each fully supported posture while guided through meditation and breathing practices.

BABY & ME BLAST - Fun, all-levels fitness class for moms (dads, too!) and their new babies aged four weeks to approximately nine months (pre-crawling). Your babies will relax on yoga mats and blankets while they watch you bounce back into shape!

BODY CHALLENGE — A unique and challenging way of toning your body using mainly body weight with a few props for resistance. It defines, tones and strengthens your arms, core, back, legs, abs, and improves balance and posture.

BODY SHOP— Join Nichole for a full hour of weight training. This class will focus on building strength and balance while using proper form.

BOOTY BARRE — This fun new workout is a fifty-five minute program that combines yoga, Pilates and dance, with a sexy tone. The music is upbeat and the pace is very quick. A small ball and light weights are generally used in this class along with the ballet bar. This is a total body workout that promises to lift a sagging butt, eliminate cellulite and flatten your belly. The goal of barre method classes is to give you a dancer-like physique—long, lean and toned.

GENTLE YOGA—Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or is looking for modifications to all postures. Our instructor creates a safe environment through alignment to explore your personal boundaries while building strength and flexibility. This practice excludes all inversions and extreme backbends.

HATHA FLOW YOGA - Based on traditional Hatha Yoga poses and the principals of alignment, the flowing moves encourage breath and movement synchronization. Focus is on body awareness and working within personal limits while building strength & flexibility with a calm mind.

MASTERS SWIM - Join coach Erinn for a structured swim workout designed to help you improve your fitness or train for specific goals. Open to all levels.

PILATES MAT CLASS - An exercise system focused on increasing flexibility and strength for the total body without building bulk. No apparatus is used during this class.

POWER VINYASA YOGA — Start your morning by moving with breath in this invigorating Baptiste style yoga class. You will be encouraged to use your breath, to come into your body, to clear your mind and to discover your true power. Expect to sweat and challenge yourself with both movement and powerful, athletic postures.

SPIN - A cardio workout without comparison. All instructors incorporate climbing, intervals and steady state training. Guaranteed to make you sweat! Each instructor creates a different design for each class.

S.I.T.— "Strength and Interval Training." Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

SUPER SCULPT-- This class will focus mostly on core and legs, while using other muscle groups in a functional training setting.

SUNRISE YOGA — Welcome the new day with a flowing vinyasa class to energize the mind and the body.

TURBO KICK — Learn kickboxing skills choreographed to energizing music. Using no equipment, this kickboxing workout incorporates a number of upper body punches and lower body kicks.

TRX TRAINING — The much talked about TRX is a total body suspension training system. By using your own body weight and vector angles the TRX system provides a well-rounded workout for the entire body.

VINYASA FLOW YOGA— In this yoga class the teacher will encourage you to synchronize your breath to the movement from one pose to the next on an inhale or an exhale. This style of yoga allows for a lot of variety, but you can expect movement, not just stretching.

**ZUMBA** — Zumba Fitness is the only Latin-inspired dance-fitness program that blends red-hot international music, and contagious steps to form a "fitness-party" that is downright addictive.



## June Pool Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
6:00- 8:00am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	6:30-8:00am Lap Swim	6:30-8:00am Lap Swim
8:30- 9:45am		Master's Swim (Erinn)			Master's Swim (Erinn)		
10:00am- 1:00pm		Swim Lessons with Brook		Swim Lessons with Brook			
1:00- 2:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
2:00- 4:00pm		Swim Lessons with Brook		Swim Lessons with Brook			
3:00- 4:30pm	Kids Camp in Pool	Kids Camp in Pool	Kids Camp in Pool	Kids Camp in Pool	Kids Camp in Pool		
4:30- 5:00pm	Swim Team Prep			Swim Team Prep			
5:00- 6:00pm	Swim Team			Swim Team			
6:30- 9:00pm							
9:00- 10:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim

**New Swim Lesson Instructor** We would like to welcome our newest swim instructor to the Homestead staff. Coach Brook specializes in teaching personalized swim lessons to children and adults of all ages and abilities. Her goal is to connect with each swimmer in order to learn how to best meet their individual needs, and guiding them to become safe, confident and successful swimmers in the water. Brook is available to teach a variety of lessons on Tuesdays and Thursdays from 10:00am-1:00pm and 2:00pm-4:00pm.

Session 2 Dates: June 4-27

Visit swimwithbrook.com for more information on dates and times and to schedule lessons.

**Summer Swim Team with Erinn Hoban** ~ Swimmers will practice and improve all four strokes, increase swimming endurance and have fun, with sufficient time for team building and games that will help to improve your swimmers confidence. Swimmers must know at least two strokes and be able to swim at least one length of the pool to join swim team. Swim Team Prep prepares swimmers to join swim team. Swim Team Prep meets on Mondays and Thursdays from 4:30-5:00pm, and Swim Team meets on Mondays and Thursdays from 5:00-6:00pm.

#### Session Dates:

Session 1: April 22 - May 16

Session 2: June 10 - July 11 (No practice the week of July 1-5)

Session 3: July 22 - August 15

**Member Prices:** Swim Team Prep is \$80 per child/per session, Swim Team is \$110 per child/per session **Registration** forms are available at the front desk or on our website, <u>www.hcchoa.com</u>.



## June Tennis Schedule

Program Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:15-7:15am						
7:15-8:15am						
8:30-10:00am	Coed 3.0-4.0 League	3.0-3.5 Level Adult Clinic		3.5-4.0 Level Adult Clinic		8:30-9:30am 4.0+ Level Clinic*
9:30-10:30am						3.5 Level Clinic*
10:00-11:00am	Mighty Mites (4-6 year olds)	Mighty Mites (4-6 year olds)	Mighty Mites (4-6 year olds)	Mighty Mites (4-6 year olds)		10:30-11:30am 3.0 Level Clinic*
11:00-12:00pm	Super Stars (7-9 year olds)	Super Stars (7-9 year olds)	Super Stars (7-9 year olds)	Super Stars (7-9 year olds)		
11:30-1:00pm			4.0++ Level Adult Clinic			
1:00-2:30pm	Intermediates (10+ year olds)	Intermediates (10+ year olds)	Intermediates (10+ year olds)	Intermediates (10+ year olds)		
	Tennis Camp 1:00-4:00pm	Tennis Camp 1:00-4:00pm	Tennis Camp 1:00-4:00pm	Tennis Camp 1:00-4:00pm		
2:30-4:00pm	High School Tennis (14+ year olds)	JET Tennis (Invite Only)	High School Tennis (14+ year olds)	JET Tennis (Invite Only)		
4:00-5:00pm	Mighty Mites (4-6 year olds)	Mighty Mites (4-6 year olds)	Mighty Mites (4-6 year olds)	Mighty Mites (4-6 year olds)		
				4:00-5:30pm 3.0-3.5 Level Adult Clinic		
5:00-6:00pm						
6:00-9:00pm						

### **Summer Program Dates: June 3-August 15, 2013 (no programs July 1-5)**

Advance sign up is required for all tennis programs. Please call the front desk to reserve space for all Adult Clinics. Junior Clinic registration flyers are available at the front desk or on our website, www.hcchoa.com.

#### SIGN UP POLICY FOR ADULT CLINICS

**Homestead Homeowners** and their tenants may sign up for clinics up to 48 hours in advance.

Non-resident members may sign up for clinics up to 24 hours in advance.

Non-members may sign up for clinics on the day of the clinic.