



# Homestead Owners Association & Court Club

## July Events

No Tennis Programs or Swim Programs  
July 1st-6th

Independence Day  
Thursday, July 4th

Club Hours: 5:55am-5:00pm  
No kids camp, no tennis programs, no swim team, and no fitness classes on July 4th.

Swim Team Session 2  
Ends

Thursday, July 11th

Board & DRC Meeting  
Friday, July 12th

Vail Valley NTRP Tennis  
Tournament  
July 12th-14th

Swim Team Session 3  
Begins  
July 16th-August 15th

Family Fun Night  
Thursday, July 25th

## General Club Information

Club Hours:  
5:55am-10:00pm M-F  
6:30am-10:00pm S-S

Phone:  
970-926-1067

Fax:  
970-926-4710

400 Homestead Drive  
P.O. Box 808  
Edwards, CO 81632

Childcare Hours:  
8:30am-noon M-F  
3:00-7:00pm M-F  
By Appointment Only

Website:  
Hcchoa.com

**Family Fun Night ~ July 25**

Please join us on Thursday, July 25th from 6:30-8:00pm for a night of fun outdoor activities including a giant slide, waterslides, bouncy gym, and more. We will be serving refreshments and cupcakes. Don't forget to bring your swimsuit and a towel!

## Children's Programming News

*Get your children involved in a Homestead Camp this summer!* Contact Jillian immediately to register for one of our exciting kids camps. There is still room available in the Clubhouse Kids Camp for children ages 5-12, Adventure Out Camp for children ages 8-12, and in our Junior Tennis Camp. Registration forms are available at the Front Desk or on our website. Please make sure registration information is complete before turning it in to ensure your space is reserved. Sign up today!

*Children's program closures July 1-5:* There will be no tennis programming or swim team the week of July 1-5. Clubhouse Kid's Camp and Adventure Out Camp will be closed on July 4 & 5. All Junior programs will resume on Monday, July 8.

*Reminder: Childcare is Closed on July 4th. Enjoy the holiday!*

## Tennis News

*Summer Tennis Programs are going on now through August 16.* Weekly registrations are being accepted now. Registration flyers are available on our website, or at the front desk. Call the Club front desk at 970-926-1067 to sign up for drop in clinics. See Derek for more information regarding any of our tennis programs.

*Reminder:* There are no Adult or Junior Tennis Programs the week of July 1-6. All tennis programs will resume on Monday, July 8.

*Vail Valley Adult NTRP Tournament:* July 12-14 is the annual Vail Valley Adult NTRP and Open Level tournament. This is the biggest tennis event of the summer with players coming in from all over the country. You must have a current USTA number and can sign up online at the [usta.com](http://usta.com) website (follow the tournaments link) using the following tournament code, 250007513. All entries must be received by Friday, July 5. Draws will be available by 5pm on Wednesday, July 10.

*USTA Tennis Matches at HCC in July:* Come by to cheer your friends on!

- July 2 @ 7:00pm ~ USTA 4.0 Men's Team Match
- July 5 @ 11:00am ~ USTA 3.0 Women's Team Match
- July 5 @ 1:00pm ~ USTA 4.0 Women's Team Match
- July 9 @ 6:30pm ~ USTA 4.0 Men's Team Match
- July 16 @ 6:30pm ~ USTA 4.0 Men's Team Match
- July 19 @ 11:00am ~ USTA 3.5 Women's Team Match
- July 19 @ 1:00pm ~ USTA 4.0 Women's Team Match
- July 26 @ 11:00am ~ USTA 3.0 Women's Team Match

## Fitness News

*Class Changes/Cancellations in July*

- Please note that Turbo Kick and Spin/Pilates have been taken off the schedule.
- All evening Fitness Classes are cancelled on July 3rd.
- All Fitness Classes have been cancelled on Thursday, July 4th. Enjoy the holiday!



## HCC Children's Policy Reminders

- All children under the age of 12 must be supervised by an adult at all times. An adult is considered 16 or older. If your child is under 12 and in a Homestead Program, please drop them off and pick them up with the instructor.
- All children over the age of 12 must have their own membership number to enter the club by themselves. (If you have a child over the age of 12 and they do not have a membership number please fill out a membership change form, which is available on our website, [hcchoa.com](http://hcchoa.com))
- Children over the age of 12 are allowed to use the following club amenities without parental supervision: pool, hot tub, racquetball court, squash court, and tennis courts.
- Children over the age of 12 can use the weight room and cardiovascular area once they have been certified by Justin Songer, Fitness Director.
- Children may not add individuals to the guest list. A parent must call or come in to sign up guests.
- All Eagle County resident guests must pay the \$5 children's guest fee.
- If you have any additional questions about Homestead's Children's Policies please refer to our Membership Guidelines.

## June Board Of Directors Meeting Highlights

Our June Board of Directors and Design Review Committee Meeting was held on Friday, June 14, 2013 at 9:00am. In the DRC portion of the meeting many DRC submittals were seen including; the Montessori School received approval to add a gazebo and planter, the Eaton residence at 211 Gold Dust was approved to build an outdoor seating area, the Frank residence at 111 Gold Dust was approved for a fence and air conditioning unit, the Wentworth residence at 483B Edwards Village Boulevard was approved to construct an addition, the Amoroso residence at 63 Lindsay Trail was approved to extend their deck and roof, and lastly the Trinity Baptist Church asked the Board to table their proposal for an addition. During the Board Meeting, Matters Pending included a presentation from Victor Mark Donaldson Architects of two schemes for a possible court club remodel. The Board discussed the options and gave feedback. Please see note below for more information regarding this topic. Also in Matters Pending was an update on the proposal to rezone Tract K with the intent to develop 16 Habitat for Humanity units on the property. Please see note below. The meeting minutes from the meeting on May 10th, 2013 were approved. The April 2013 financial report was approved by the Board. The meeting adjourned at approximately 12:00pm.

## Tract K Rezoning/Re-platting Proposal Update

As you may know, Remonov and Company, Inc. have requested an amendment to the PUD and zoning change from Commercial General to High Density Residential on their 1.36 acre property adjacent to lower Homestead on Tract K, which is located to the west of the post office, and north of Edwards Village Boulevard. If approved, Remonov and Company may donate the land to Habitat for Humanity, who will construct 16 affordable housing units (8 duplexes) with 48 parking spaces. This proposal was seen before the Planning Commission on May 1st. Planning Commission members voted unanimously to deny the zoning change of Tract K. The proposal will move on the Eagle County Commissioners Meeting which has been moved to Tuesday, July 9, 2013. The agenda for this meeting will be posted on [www.eaglecounty.us](http://www.eaglecounty.us) prior to the meeting. Please visit our website, [www.hcchoa.com](http://www.hcchoa.com) to see the proposed plans. For more information you may also visit [www.tractk.com](http://www.tractk.com), which is a website that was created by Homestead Owner, Chris Neuswanger.

## Court Club Remodel

We are excited to announce that the Board has hired Victor Mark Donaldson Architecture Firm to draw plans for a potential Court Club remodel. The Board is in early stages of ideas and is planning to host open house meetings with the neighborhood and the architecture firm in the future to get feedback and discuss how we can better our community. In the mean time anyone is welcome to attend our monthly Board meetings where the remodel will be discussed. The next regularly scheduled Board meeting will be held on Friday, July 12, 2013.

## Swim Programming News

**Swim Lessons with Brook** ~ Coach Brook specializes in teaching personalized swim lessons to children and adults of all ages and abilities. Brook is available to teach a variety of lessons on Tuesdays and Thursdays from 10:00am-1:00pm and 2:00-4:00pm. Session dates are July 9 - August 8. Visit [swimwithbrook.com](http://swimwithbrook.com) for more information and to schedule lessons.

**Summer Swim Team with Erinn Hoban** ~ Swimmers will practice and improve all four strokes, increase swimming endurance and have fun, with sufficient time for team building and games that will help to improve your swimmers confidence. Swim Team Prep meets on Mondays and Thursdays from 4:30-5:00pm, and Swim Team meets on Mondays and Thursdays from 5:00-6:00pm. Session 2 runs through July 11, with no practice the week of July 1-5. Session 3 dates are July 22 - August 15. Registration forms are available at the front desk or on our website.



# July Fitness Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:05-7:05am			Spin (Jen)  6:10-7:30am Power Vinyasa Yoga (Ashley)	Sunrise Yoga (Beth)	Spin (Joel)	
8:00-8:30am	TRX with Deana*\$	TRX with Deana*\$				
8:30-9:30am			Zumba (Beth)			
8:30-9:45am		Master's Swim (Erinn)			Master's Swim (Erinn)	8:00-9:30 Intermediate Hatha Yoga (Trinity)
9:00-10:30am					Yoga (Tim)	
9:15-10:15am	20/20/20 (Justin)	Body Shop (Nichole)		S.I.T (Justin)	Board Meeting 7/12/2013 9:00am	
10:30-11:30am	Pilates Mat Class (Deana)			Pilates Mat Class (Deana)	11:00-12:00pm Baby & Me Blast (Lauren)	
12:00-3:00pm	Kids Camp using Studio	12:00-1:15pm Gentle Yoga (Wendi)  1:30-3:00pm Kids Camp using Studio	Kids Camp using Studio	Kids Camp using Studio	Kids Camp using Studio	
5:30-6:30pm	20/20/20 (Justin)	Spin (Joel)		5:00-5:30pm TRX with Deana*\$		
6:35-7:35pm	Hatha Flow (Lindsey)		Vinyasa/ Restorative Yoga (Sophie)	Vinyasa Flow (Sophie)		

***\*Please call the front desk to sign up for classes with an asterisk\* Sign up policy:*** Homestead homeowners and their tenants may reserve their space 48 hours in advance and Non-resident members may reserve their space 24 hours in advance. Please call 970-926-1067 to sign up.

\$ = Fee for class



## Fitness Class Descriptions

**20/20/20** - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

**ANJALI RESTORATIVE YOGA** — Anjali Restorative Yoga is a deeply restorative class for all ability levels. Participants will spend sustained periods of time in each fully supported posture while guided through meditation and breathing practices.

**BABY & ME BLAST** - Fun, all-levels fitness class for moms (dads, too!) and their new babies aged four weeks to approximately nine months (pre-crawling). Your babies will relax on yoga mats and blankets while they watch you bounce back into shape!

**BODY CHALLENGE** — A unique and challenging way of toning your body using mainly body weight with a few props for resistance. It defines, tones and strengthens your arms, core, back, legs, abs, and improves balance and posture.

**BODY SHOP**— Join Nichole for a full hour of weight training. This class will focus on building strength and balance while using proper form.

**GENTLE YOGA**—Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or is looking for modifications to all postures. Our instructor creates a safe environment through alignment to explore your personal boundaries while building strength and flexibility. This practice excludes all inversions and extreme backbends.

**HATHA FLOW YOGA** - Based on traditional Hatha Yoga poses and the principals of alignment, the flowing moves encourage breath and movement synchronization. Focus is on body awareness and working within personal limits while building strength & flexibility with a calm mind.

**MASTERS SWIM** - Join coach Erinn for a structured swim workout designed to help you improve your fitness or train for specific goals. Open to all levels.

**PILATES MAT CLASS** - An exercise system focused on increasing flexibility and strength for the total body without building bulk. No apparatus is used during this class.

**POWER VINYASA YOGA** – Start your morning by moving with breath in this invigorating Baptiste style yoga class. You will be encouraged to use your breath, to come into your body, to clear your mind and to discover your true power. Expect to sweat and challenge yourself with both movement and powerful, athletic postures.

**SPIN** - A cardio workout without comparison. All instructors incorporate climbing, intervals and steady state training. Guaranteed to make you sweat! Each instructor creates a different design for each class.

**S.I.T.**— “Strength and Interval Training.” Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

**SUPER SCULPT**-- This class will focus mostly on core and legs, while using other muscle groups in a functional training setting.

**SUNRISE YOGA** — Welcome the new day with a flowing vinyasa class to energize the mind and the body.

**TURBO KICK** — Learn kickboxing skills choreographed to energizing music. Using no equipment, this kickboxing workout incorporates a number of upper body punches and lower body kicks.

**TRX TRAINING** — The much talked about TRX is a total body suspension training system. By using your own body weight and vector angles the TRX system provides a well-rounded workout for the entire body.

**VINYASA FLOW YOGA**— In this yoga class the teacher will encourage you to synchronize your breath to the movement from one pose to the next on an inhale or an exhale. This style of yoga allows for a lot of variety, but you can expect movement, not just stretching.

**ZUMBA** — Zumba Fitness is the only Latin-inspired dance-fitness program that blends red-hot international music, and contagious steps to form a "fitness-party" that is downright addictive.



# July Pool Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
6:00-8:00am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	6:30-8:00am Lap Swim	6:30-8:00am Lap Swim
8:30-9:45am		Master's Swim (Erinn)			Master's Swim (Erinn)		
10:00am-1:00pm		Swim Lessons with Brook		Swim Lessons with Brook			
1:00-2:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
2:00-4:00pm		Swim Lessons with Brook		Swim Lessons with Brook			
3:00-4:30pm	Kids Camp in Pool	Kids Camp in Pool	Kids Camp in Pool	Kids Camp in Pool	Kids Camp in Pool		
4:30-5:00pm	Swim Team Prep			Swim Team Prep			
5:00-6:00pm	Swim Team			Swim Team			
6:30-9:00pm							
9:00-10:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim

**Swim Lessons with Brook Richards** Coach Brook specializes in teaching personalized swim lessons to children and adults of all ages and abilities. Her goal is to connect with each swimmer in order to learn how to best meet their individual needs, and guiding them to become safe, confident and successful swimmers in the water. Brook is available to teach a variety of lessons on Tuesdays and Thursdays from 10:00am-1:00pm and 2:00pm-4:00pm.  
 Session Dates: July 9—August 8  
 Visit [swimwithbrook.com](http://swimwithbrook.com) for more information on dates and times and to schedule lessons.

**Summer Swim Team with Erinn Hoban** ~ Swimmers will practice and improve all four strokes, increase swimming endurance and have fun, with sufficient time for team building and games that will help to improve your swimmers confidence. Swimmers must know at least two strokes and be able to swim at least one length of the pool to join swim team. Swim Team Prep prepares swimmers to join swim team. Swim Team Prep meets on Mondays and Thursdays from 4:30-5:00pm, and Swim Team meets on Mondays and Thursdays from 5:00-6:00pm.

**Session Dates:**  
 Session 1 : April 22 - May 16  
 Session 2: June 10 - July 11 (No practice the week of July 1-5)  
 Session 3: July 22 - August 15

**Member Prices:** Swim Team Prep is \$80 per child/per session, Swim Team is \$110 per child/per session  
**Registration** forms are available at the front desk or on our website, [www.hcchoa.com](http://www.hcchoa.com).





# July Tennis Schedule

Program Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:15-7:15am						
7:15-8:15am						
8:30-10:00am	Coed 3.0-4.0 League	3.0-3.5 Level Adult Clinic		3.5-4.0 Level Adult Clinic		8:30-9:30am 4.0+ Level Clinic*
9:30-10:30am						3.5 Level Clinic*
10:00-11:00am	Mighty Mites (4-6 year olds)	Mighty Mites (4-6 year olds)	Mighty Mites (4-6 year olds)	Mighty Mites (4-6 year olds)		10:30-11:30am 3.0 Level Clinic*
11:00-12:00pm	Super Stars (7-9 year olds)	Super Stars (7-9 year olds)	Super Stars (7-9 year olds)	Super Stars (7-9 year olds)		
11:30-1:00pm			4.0++ Level Adult Clinic			
1:00-2:30pm	Intermediates (10+ year olds)  Tennis Camp 1:00-4:00pm	Intermediates (10+ year olds)  Tennis Camp 1:00-4:00pm	Intermediates (10+ year olds)  Tennis Camp 1:00-4:00pm	Intermediates (10+ year olds)  Tennis Camp 1:00-4:00pm		
2:30-4:00pm	High School Tennis (14+ year olds)	JET Tennis (Invite Only)	High School Tennis (14+ year olds)	JET Tennis (Invite Only)		
4:00-5:00pm	Mighty Mites (4-6 year olds)	Mighty Mites (4-6 year olds)	Mighty Mites (4-6 year olds)	Mighty Mites (4-6 year olds)  4:00-5:30pm 3.0-3.5 Level Adult Clinic		
5:00-6:00pm						
6:00-9:00pm						

**Summer Program Dates: June 3-August 15, 2013 (no programs July 1-5)**

Advance sign up is required for all tennis programs. Please call the front desk to reserve space for all Adult Clinics. Junior Clinic registration flyers are available at the front desk or on our website, [www.hcchoa.com](http://www.hcchoa.com).

## SIGN UP POLICY FOR ADULT CLINICS

**Homestead Homeowners** and their tenants may sign up for clinics up to 48 hours in advance.

**Non-resident members** may sign up for clinics up to 24 hours in advance.

**Non-members** may sign up for clinics on the day of the clinic.