



Homestead Owners Association & Court Club

December Events

Homestead Holiday Party

Sunday, December 8
Party from 5:00-8:00pm
Club closing at 3:00pm

Last Day of Swim Team
Thursday, December 12

Board & DRC Meeting
Friday, December 13 @ 9am

Last Day of Fall Tennis
Friday, December 20

Winter Break Kids Camp
December 26-27 &
January 2-3

Winter Tennis Begins
Monday, January 6

See Back Page for
Holiday Hours

General Club Information

Club Hours:

5:55am-10:00pm M-F
6:30am-10:00pm S-S

Phone:

970-926-1067

Fax:

970-926-4710

400 Homestead Drive
P.O. Box 808
Edwards, CO 81632

Childcare Hours:

8:30am-noon M-F
3:00-7:00pm M-F

By Appointment Only

Website:

Hcchoa.com

Homestead Remodel Update & Homeowner Dues Increase for 2014

After many months of discussion and planning, the Board is thrilled to announce that we are moving forward with the Court Club remodel. The remodel will begin in March 2014 and we are anticipating completion in October 2014. The Club will remain open to the fullest extent possible throughout the remodel. We encourage all members to stop by to look at the plans, and get ready for exciting changes ahead! At last month's Board of Directors meeting, the Board unanimously approved setting dues for 2014 at \$105 per month for homeowners, which covers the cost of our 20 year loan commitment for the remodel. This is the first owner dues increase in seven years. This decision was based on several factors that have been studied and analyzed over the past several months. We hope the remodel will help preserve and enhance our community assets and protect our property values in the years to come. Thank you to everyone who attended our two Remodel Open House Meetings and gave us their input on the project. We know the hard work of all those within the community helped to make this a possibility.

Homesteads Holiday Party

Please join us on Sunday, December 8, from 5-8pm for live music, appetizers, drinks, and a light dinner catered by Vail Catering Concepts. We will have an arts & crafts room for the children and Santa Claus will be making a special appearance. Get your wish list ready!

Winter Break Kids Camps



Homestead is offering two special sessions of all day kids camps over the next two months on December 26-27 & January 2-3. Children ages 5 to 12 are able to join our day camp that includes contests, games, sports, and a daily trip to swim in Homestead's pool. The camp also provides academic enrichment and exercise. Camp runs from 8:30 a.m. to 5:15 p.m. Rates are \$40/day for members and \$47/day for non-members. For more information, please visit homesteadcourtclub.com or call 970-926-1067 and ask to speak with Kim or Stacy.

Children's Programming Reminders:

We would like to remind you that there will be no After School Program held on December 20-31, and January 1-3. There will be no children's programs including childcare on December 24, 25, 31, and January 1.



Adopt A Family

Homestead will once again be “adopting” some local families in need of our help this holiday season. If you would like to donate clothing, food, or a gift to a family member please stop by or call the club to sign up after December 4.

Swim News

There will be no Swim Team held on November 28, or December 2. Practice will resume Thursday, December 5. Swim Team with Erinn is ending on December 12. There will be a break over the holidays. Please look in the January newsletter for more information on next sessions dates and times.

Court Club Holiday

Hours:

December 8th
6:30am-3:00pm
(Homestead's Holiday Party)

December 24th
6:00am-12:00pm

December 25th
CLOSED

December 31st
6:00am-5:00pm

January 1st
8:00am-5:00pm

November Board Of Directors Meeting Highlights

Our October Board of Directors and Design Review Committee Meeting was held on Thursday, November 7, 2013, at 5:00pm. Three items were seen before the DRC. The first was a new construction at 77 Russell Trail, which was approved. The second item was a request to make changes to a previously approved plan at Trinity Baptist Church, which was also approved. The third item was a proposal for landscape changes at 711 Edwards Village Boulevard, which was denied. New Business included approval of the 2014 Budget, Reserve Allocation, and 2014 dues amount (please see the front page for more information on 2014 dues). Matters Pending included a preview of the Court Club Remodel Presentation from Victor Mark Donaldson Architects. The meeting minutes from the meeting on October 11, 2013 was approved. The September 2013 financial report was approved by the Board. The meeting adjourned at approximately 7:04pm.

2014 Board Member Election

The Board would like to announce that there will be two Board Member openings for the 2014 election in February. If you are interested in running for the Board please attend the next Board Meeting on Friday, December 13th at 9:00am, or contact a member of the Nominating Committee: Norm Green, Larry Agneberg, or Ken Marchetti (email nominate@homesteadcourtclub.com).

Fitness News

Holiday Personal Training/Pilates/TRX Training Special

Treat yourself or a loved one with the gift of health this holiday season. Get three 60 minute personal training, pilates, or private TRX training sessions for only \$150. That is a savings of up to \$45 off regular price! Gift certificates available at the front desk. Package must be purchased by December 31, 2013. Sessions must be used before December 31, 2014.

Holiday Fitness Challenge

We all know the holidays are a time when we over indulge and under commit to our health. January is the perfect time of year to start fresh. That is why we are hosting a fitness challenge beginning in January. See Justin or look for more information in the January newsletter.

December Fitness Schedule Changes:

Thursday evening Vinyasa Flow with Sophie has been moved to 6:15pm on Thursdays and Justin will be teaching Athletes Edge on Mondays at 5:30pm. Try a new class this December!

Tennis News



Winter Tennis Programs will begin the week of January 6. Winter program and league registration flyers for junior and adult programs will be available at the front desk by December 5.

Our **Junior Clinics** are designed specifically for the needs of junior players. An age specific breakdown of groups will help foster learning and keep your children having fun. Get your kids involved in this fun lifetime sport this winter!

We also offer private and semi private lessons, adult clinics, and leagues for all ability levels. If our clinic times don't work for you, you may also form your own group at a time that works for you and your friends. Talk to Eric or Zee at the Club to for more information on any of our tennis programs. Sign up today!

Reminder: The last day of Fall Tennis Programs is Friday, December 20.



December Fitness Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:05-7:05am			Spin (Jen) 6:10-7:30am Power Vinyasa Yoga (Ashley) 6:15-7:15am Cardio Tennis*	Sunrise Yoga (Cheryl)	Spin (Joel)	7:15-8:15am Cardio Tennis*
8:30-9:30am	8:30-9:05am TRX with Deana*\$	Spin/Pilates Deana & Evin*\$ (Contact Deana at 970-331-6302)	Zumba (Beth)		Board Meeting 12/13/13 9:00am	8:00-9:30 Intermediate Hatha Yoga (Trinity)
8:30-9:45am		Master's Swim (Erinn)			Master's Swim (Erinn)	
9:00-10:00am			Spin (Heidi)		Spin/Pilates Deana & Evin*\$ (Contact Deana at 970-331-6302)	
9:15-10:15am	20/20/20 (Justin)	Body Shop (Nichole)	10:00-10:30am Core (Heidi)	S.I.T (Justin)		
10:30-11:30am	Pilates Mat Class (Deana)			Pilates Mat Class (Deana)		
12:00-1:15pm		Gentle Yoga (Sophie)				
5:30-6:30pm	Athletes Edge (Justin)	Spin (Joel)	Cardio Fusion (TBD)	5:00-5:30pm TRX with Deana*\$		
6:35-7:35pm	Power Yoga (Karlle)		Vinyasa/ Restorative Yoga (Sophie)	6:15-7:15pm Vinyasa Flow (Sophie)		

**Please call the front desk to sign up for classes with an asterisk* Sign up policy: Homestead homeowners and their tenants may reserve their space 48 hours in advance and Non-resident members may reserve their space 24 hours in advance. Please call 970-926-1067 to sign up.*

\$ = Fee for class

New classes and/or changed classes are listed in bold



Fitness Class Descriptions

20/20/20 - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

ANJALI RESTORATIVE YOGA — Anjali Restorative Yoga is a deeply restorative class for all ability levels. Participants will spend sustained periods of time in each fully supported posture while guided through meditation and breathing practices.

BODY CHALLENGE — A unique and challenging way of toning your body using mainly body weight with a few props for resistance. It defines, tones and strengthens your arms, core, back, legs, abs, and improves balance and posture.

BODY SHOP— Join Nichole for a full hour of weight training. This class will focus on building strength and balance while using proper form.

GENTLE YOGA—Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or is looking for modifications to all postures. Our instructor creates a safe environment through alignment to explore your personal boundaries while building strength and flexibility. This practice excludes all inversions and extreme backbends.

HATHA FLOW YOGA - Based on traditional Hatha Yoga poses and the principals of alignment, the flowing moves encourage breath and movement synchronization. Focus is on body awareness and working within personal limits while building strength & flexibility with a calm mind.

MASTERS SWIM - Join coach Erinn for a structured swim workout designed to help you improve your fitness or train for specific goals. Open to all levels.

PILATES MAT CLASS - An exercise system focused on increasing flexibility and strength for the total body without building bulk. No apparatus is used during this class.

POWER VINYASA YOGA – Start your morning by moving with breath in this invigorating Baptiste style yoga class. You will be encouraged to use your breath, to come into your body, to clear your mind and to discover your true power. Expect to sweat and challenge yourself with both movement and powerful, athletic postures.

SPIN - A cardio workout without comparison. All instructors incorporate climbing, intervals and steady state training. Guaranteed to make you sweat! Each instructor creates a different design for each class.

S.I.T.— “Strength and Interval Training.” Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

SUPER SCULPT-- This class will focus mostly on core and legs, while using other muscle groups in a functional training setting.

SUNRISE YOGA — Welcome the new day with a flowing vinyasa class to energize the mind and the body.

TRX TRAINING — The much talked about TRX is a total body suspension training system. By using your own body weight and vector angles the TRX system provides a well-rounded workout for the entire body.

VINYASA FLOW YOGA— In this yoga class the teacher will encourage you to synchronize your breath to the movement from one pose to the next on an inhale or an exhale. This style of yoga allows for a lot of variety, but you can expect movement, not just stretching.

ZUMBA — Zumba Fitness is the only Latin-inspired dance-fitness program that blends red-hot international music, and contagious steps to form a "fitness-party" that is downright addictive.



December Pool Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
6:00-8:00am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	6:30-8:00am Lap Swim	6:30-8:00am Lap Swim
8:30-9:45am		Master's Swim (Erinn)			Master's Swim (Erinn)		
10:00am-1:00pm							
1:00-2:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
2:00-4:00pm							
3:30-4:30pm	After School in Pool	After School in Pool	After School in Pool	After School in Pool	After School in Pool		
4:30-5:00pm							
5:00-6:00pm	Swim Team			Swim Team			
6:30-9:00pm							
9:00-10:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim

Swim Lessons with Brook Richards Coach Brook specializes in teaching personalized swim lessons to children and adults of all ages and abilities. Her goal is to connect with each swimmer in order to learn how to best meet their individual needs, and guiding them to become safe, confident and successful swimmers in the water. Visit swimwithbrook.com for more information on dates and times and to schedule lessons.

Fall Swim Team with Erinn Hoban ~ Swimmers will practice and improve all four strokes, increase swimming endurance and have fun, with sufficient time for team building and games that will help to improve your swimmers confidence. Swimmers must know at least two strokes and be able to swim at least one length of the pool to join swim team. Swim Team Prep prepares swimmers to join swim team. Swim Team Prep meets on Mondays and Thursdays from 4:30-5:00pm, and Swim Team meets on Mondays and Thursdays from 5:00-6:00pm.

Session Dates: November 11-December 12 (No practice on November 28 or December 2)

Member Prices: Swim Team Prep is \$80 per child/per session, Swim Team is \$110 per child/per session

Non-Member Prices: Swim Team Prep is \$120 per child/per session, Swim Team is \$150 per child/per session

Registration forms are available at the front desk or on our website, www.hcchoa.com.



December Tennis Schedule

Program Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:15-7:15am			Cardio Tennis*			
7:15-8:15am						Cardio Tennis*
8:30-9:30am						4.0++ Level Clinic*
9:30-10:30am						3.5 Level Clinic*
10:30-11:30am						10:30-11:30am 3.0 Level Clinic*
10:45-12:00pm		3.0-3.5 Level Clinic*		3.5-4.0 Level Clinic*		
12:00-1:15pm			4.0++ Level Clinic*			
1:15-2:30pm					Ladies 3.0-3.5 League Play*	
3:15-4:00pm			Mighty Mites Clinic* (4-6 yr. olds)		Mighty Mites Clinic* (4-6 yr. olds)	
4:00-5:00pm	Superstar Clinic* (7-9 yr. olds)	Intermediate Clinic* (10+ yr. olds)	Superstar Clinic* (7-9 yr. olds)	Intermediate Clinic* (10+ yr. olds)	Superstar Clinic* (7-9 yr. olds) Intermediate Clinic* (10+ yr. olds)	
5:00-6:00pm	Teenager Clinic* & High School Prep*	Junior Elite Tennis* (JET)	Teenager Clinic* & High School Prep*	Junior Elite Tennis* (JET)	High School Prep*	
6:00-9:00pm	Ladies 3.5-4.0 League Play*	Ladies 3.0-3.5 League Play*	Men's 3.5-4.0 League Play*	Coed 4.5+ League Play*		

Fall 2013 Junior Program Dates:

Session 2: October 21 - December 20 (No programs the week of November 25-30)

Fall 2013 Adult Program Dates:

August 26 - December 20 (No programs the week of November 25-30)

Winter 2014 Program Dates:

January 6 - March 14

SIGN UP POLICY FOR ADULT CLINICS

Homestead Homeowners and their tenants may sign up for clinics up to 48 hours in advance.

Non-resident members may sign up for clinics up to 24 hours in advance.

Non-members may sign up for clinics on the day of the clinic.

Adult Clinic Prices: Member rate is \$20 per clinic, Non-member rate is \$35 per clinic

***Advance sign up required for all tennis programs**