

## January Events

New Year's Eve Tuesday, December 31st Hours: 6am-5pm No fitness classes/childcare

New Year's Day Wednesday, January 1st Hours: 8am-5pm No fitness classes/childcare

Winter Break Kids Camp January 2nd-3rd

Winter Tennis Begins Monday, January 6th

No After School Program Monday, January 6th & Monday, January 21st

**Board & DRC Meeting** Friday, January 10th @ 9am

#### General Club Information

**Club Hours:** 

5:55am-10:00pm M-F

6:30am-10:00pm S-S

Phone:

970-926-1067

Fax:

970-926-4710

400 Homestead Drive

P.O. Box 808

Edwards, CO 81632

**Childcare Hours:** 

8:30am-noon M-F

3:00-7:00pm M-F

By Appointment Only

Website:

Hcchoa.com

January 2014 Newsletter

# Homestead Owners Association & Court Club

## Thank You to Eagle County & Edwards Metro District

As part of a unique collaboration among neighborhood stakeholders some of the degraded sidewalks along upper Gold Dust Drive were repaired last month. We would like to extend a huge thank you to the Eagle County Commissioners and Edwards Metro District for their continued efforts to make our neighborhoods public right-of-ways safer for area pedestrians.

## **Homestead's Annual Meeting: February 17**

The Annual Homeowners Association Meeting will be held at the Homestead Court Club on Monday, February 17th, at 7:00pm. Information regarding the annual meeting will be sent out to all Homestead homeowners with the February Newsletter. There will be a vote for two open Board Member seats at the meeting. If you are interested in running for the Board please attend the January Board Meeting or contact a member of the Nominating Committee: Norm Green, Larry Agneberg, or Ken Marchetti (email nominate@homesteadcourtclub.com). For more information on the annual meeting contact Tracy Erickson at the Club.



## **Tennis News**

## Winter Tennis Clinics Begin on January 6

There are still spaces available for junior clinics beginning in January. Both new and experienced players at every level can find great instruction and competition through Homestead Court Club tennis programs. Our Junior Clinics are designed specifically for the needs of junior players. An age specific breakdown of

groups will help foster learning and keep your children having fun. Get your kids involved in this fun lifetime sport this winter!

We also offer private and semi private lessons, adult clinics, and leagues for all ability levels. If our clinic times don't work for you, you may also form your own group at a time that works for you and your friends. Talk to Eric or Zee at the Club to for more information on any of our tennis programs. Sign up today!

## **Winter Break Kids Camps**

Homestead is pleased to offer three special sessions of all day kids camps on December 26-27, January 2-3 & February 17-21. Children ages 5 to 12 are able to join our day camp that includes contests, games, sports, and a daily trip to swim in Homestead's pool. The camp also provides academic enrichment and exercise. Camp runs from 8:30 a.m. to 5:15 p.m. Rates are \$40/day for members and \$47/day for non-members. For more information, please visit hcchoa.com or call 970-926-1067 and ask to speak with Jillian.



## **Children's Programming Reminders:**

Holiday Childcare Hours: The Childcare room will be closed on December 24, 25, 31 and January 1.

After School Program Reminders: There will be no After School Program held on January 6 & 20.

## **Quick Reminder:**

Homeowner Dues have increased to \$105 per month beginning in January. For those owners who use automatic payment, please remember make an adjustment on your end if necessary. If you are signed up for EFT through Homestead \$105 will be withdrawn from your account automatically.

#### **Swim Team**

Erinn will be hosting another session of Swim Team and Swim Team Prep beginning Monday, February 3. Swimmers will practice and improve all four strokes, increase swimming endurance and have fun. Swimmers must know at least two strokes and be able to swim at least one length of the pool to join swim team. Swim Team Prep prepares swimmers to join Swim Team.

Session Dates: February 3 - March 6 (No practice February 17 & 20-spring break)
Times: Swim Team Prep meets at 4:30-5:00pm, and
Swim Team meets at 5:00-6:00pm on Mondays & Thursdays.

Prices: Member price is \$80 for Swim Team Prep and \$110 for Swim Team.

Registration forms are available on www.hcchoa.com and at the Front Desk.

## Court Club Holiday <u>Hours</u>:

December 24th 6:00am-12:00pm

December 25th CLOSED

December 31st 6:00am-5:00pm

January 1st 8:00am-5:00pm

## **December Board Of Directors Meeting Highlights**

Our December Board of Directors and Design Review Committee Meeting was held on Friday, December 13, 2013, at 9:00am. No items were seen before the DRC. Member Input included a homeowner who wanted to discuss the November DRC Meeting. New Business included approval of a business identity sign for the Montessori School. The meeting minutes from the meeting on November 7, 2013 were approved. The October 2013 financial report was approved by the Board. The Directors Report included a thank you to Ken Marchetti for working very hard on getting a partnership between Homestead, Eagle County and the Edwards Metro District to get the sidewalk along Gold Dust Drive repaired. Please see the note on the front. The meeting adjourned at approximately 9:19am.

#### 2014 Board Member Election

The Board would like to announce that there will be two Board Member openings for the 2014 election in February. If you are interested in running for the Board please attend the next Board Meeting on Friday, January 10, at 9:00am, or contact a member of the Nominating Committee: Norm Green, Larry Agneberg, or Ken Marchetti (email nominate@homesteadcourtclub.com).

### **Fitness News**

#### Winter Fitness Challenge

We all know the holidays are a time when we overindulge and under commit to our health. January is the perfect time of year to start fresh. Join Justin Songer and Christine Pierangeli for a four week fitness and nutrition challenge beginning in January. This four week challenge will include a fitness plan, daily health tips and recipes, group meetings, program assessments at the beginning, middle, and end, discounted personal training, and prizes! Justin and Christine will be hosting an informational meeting on Thursday, January 2, at 6:30pm in the Homestead Community Room. The four week program price is \$100 for members and \$145 for non -members. Come to the free informational meeting on January 2, or sign up at the front desk! The official start date is January 6.

#### New Masters Swim Class in January

Join Erinn for an energizing early morning swim workout on Wednesday mornings at 6:30am! This structured swim workout is designed to help you improve your fitness or train for specific goals. Open to all levels. Beginning on January 8.

## **Holiday Party Thanks**



## **Homestead Trailer Policy Reminder**

We want to remind homeowners of the trailer storage policy: "No Lot, streets, private streets, drives or parking areas, unless specifically designated by the Association therefore, shall be used as a parking, storage, display or accommodation area for any type of house trailer, camping trailer, boat trailer, hauling trail-

er, boat or accessories thereto, truck larger than a 1 ton pickup truck, or any type of motor home except as a temporary expedience for loading, delivery, emergency, etc. The same shall be stored, parked or maintained wholly within a garage area of a dwelling unit with the garage door in a closed position."

(Architectural Standards, 2,G)

~ The Board thanks you for following the HOA guidelines

# January Fitness Schedule



	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:05-7:05am			Spin (Jen) 6:10-7:30am Power Vinyasa Yoga (Ashley) 6:15-7:15am Cardio Tennis* 6:30am Masters Swim (Erinn)	Sunrise Yoga (Cheryl)	Spin (Joel)	7:15-8:15am Cardio Tennis*
8:30-9:30am	8:30-9:05am TRX with Deana*S	Spin/Pilates Deana & Evin*\$ (Contact Deana at 970-331- 6302)	Zumba (Beth)		8:00-9:00am TRX/Pilates with Deana*\$	8:00-9:30 Intermediate Hatha Yoga (Trinity)
8:30-9:45am		Master's Swim (Erinn)			Master's Swim (Erinn)	
9:00-10:00am			Spin (Heidi)		Spin/Pilates Deana & Evin*\$ (Contact Deana at 970-331-6302)	
9:15-10:15am	20/20/20 (Justin)	Body Shop (Nichole)	10:00-10:30am Core (Heidi)	S.I.T (Justin)	Board Meeting 1/10/13 9:00am	
10:30-11:30am	Pilates Mat Class (Deana)			Pilates Mat Class (Deana)		
12:00-1:15pm		Gentle Yoga (Sophie)				
5:30-6:30pm	Athletes Edge (Justin)	Spin (Joel)	Cardio Fusion (Amie)			
6:35-7:35pm	Power Yoga (Karlie)	6:00pm TRX/Pilates with Deana*\$	Vinyasa/ Restorative Yoga (Sophie)	6:15-7:15pm Vinyasa Flow (Sophie)		

<sup>\*</sup>Please call the front desk to sign up for classes with an asterisk\* Sign up policy: Homestead homeowners and their tenants may reserve their space 48 hours in advance and Non-resident members may reserve their space 24 hours in advance. Please call 970-926-1067 to sign up.

**\$ = Fee for class** 

New classes and/or changed classes are listed in bold



## Fitness Class Descriptions

20/20/20 - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

ANJALI RESTORATIVE YOGA — Anjali Restorative Yoga is a deeply restorative class for all ability levels. Participants will spend sustained periods of time in each fully supported posture while guided through meditation and breathing practices.

**BODY CHALLENGE** — A unique and challenging way of toning your body using mainly body weight with a few props for resistance. It defines, tones and strengthens your arms, core, back, legs, abs, and improves balance and posture.

**BODY SHOP**— Join Nichole for a full hour of weight training. This class will focus on building strength and balance while using proper form.

GENTLE YOGA—Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or is looking for modifications to all postures. Our instructor creates a safe environment through alignment to explore your personal boundaries while building strength and flexibility. This practice excludes all inversions and extreme backbends.

HATHA FLOW YOGA - Based on traditional Hatha Yoga poses and the principals of alignment, the flowing moves encourage breath and movement synchronization. Focus is on body awareness and working within personal limits while building strength & flexibility with a calm mind.

MASTERS SWIM - Join coach Erinn for a structured swim workout designed to help you improve your fitness or train for specific goals. Open to all levels.

PILATES MAT CLASS - An exercise system focused on increasing flexibility and strength for the total body without building bulk. No apparatus is used during this class.

POWER VINYASA YOGA – Start your morning by moving with breath in this invigorating Baptiste style yoga class. You will be encouraged to use your breath, to come into your body, to clear your mind and to discover your true power. Expect to sweat and challenge yourself with both movement and powerful, athletic postures.

SPIN - A cardio workout without comparison. All instructors incorporate climbing, intervals and steady state training. Guaranteed to make you sweat! Each instructor creates a different design for each class.

S.I.T.— "Strength and Interval Training." Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

SUPER SCULPT-- This class will focus mostly on core and legs, while using other muscle groups in a functional training setting.

SUNRISE YOGA — Welcome the new day with a flowing vinyasa class to energize the mind and the body.

 $\label{thm:control_transform} \textbf{TRX TRAINING} - \textbf{The much talked about TRX is a total body suspension training system. By using your own body weight and vector angles the TRX system provides a well-rounded workout for the entire body.$ 

VINYASA FLOW YOGA— In this yoga class the teacher will encourage you to synchronize your breath to the movement from one pose to the next on an inhale or an exhale. This style of yoga allows for a lot of variety, but you can expect movement, not just stretching.

**ZUMBA** — Zumba Fitness is the only Latin-inspired dance-fitness program that blends red-hot international music, and contagious steps to form a "fitness-party" that is downright addictive.



## January Pool Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
6:00- 8:00am	Lap Swim	Lap Swim	Lap Swim 6:30am Masters Swim (Erinn)	Lap Swim	Lap Swim	6:30-8:00am Lap Swim	6:30-8:00am Lap Swim
8:30- 9:45am		Master's Swim (Erinn)			Master's Swim (Erinn)		
10:00am- 1:00pm							
1:00- 2:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
2:00- 4:00pm							
3:30- 4:30pm	After School in Pool	After School in Pool	After School in Pool	After School in Pool	After School in Pool		
4:30- 5:00pm							
5:00- 6:00pm	Swim Team			Swim Team			
6:30- 9:00pm							
9:00- 10:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim

Winter Swim Team with Erinn Hoban ~ Swimmers will practice and improve all four strokes, increase swimming endurance and have fun, with sufficient time for team building and games that will help to improve your swimmers confidence. Swimmers must know at least two strokes and be able to swim at least one length of the pool to join swim team. Swim Team Prep prepares swimmers to join swim team. Swim Team Prep meets on Mondays and Thursdays from 4:30-5:00pm, and Swim Team meets on Mondays and Thursdays from 5:00-6:00pm.

Session Dates: February 3 - March 6 (No practice on February 17-20 for spring break)

**Member Prices:** Swim Team Prep is \$80 per child/per session, Swim Team is \$110 per child/per session **Non-Member Prices:** Swim Team Prep is \$120 per child/per session, Swim Team is \$150 per child/per session **Registration** forms are available at the front desk or on our website, <a href="https://www.hcchoa.com">www.hcchoa.com</a>.

Swim Lessons with Brook Richards Coach Brook specializes in teaching personalized swim lessons to children and adults of all ages and abilities. Her goal is to connect with each swimmer in order to learn how to best meet their individual needs, and guiding them to become safe, confident and successful swimmers in the water. Visit swimwithbrook.com for more information on dates and times and to schedule lessons.



# **January Tennis Schedule**

Program Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:15-7:15am			Cardio Tennis*			
7:15-8:15am						Cardio Tennis*
8:30-9:30am						4.0++ Level Clinic*
9:30-10:30am						3.5 Level Clinic*
10:30-11:30am						3.0 Level Clinic*
10:45-12:00pm		3.0-3.5 Level Clinic*		Stroke of the Day All Levels Clinic*		
12:00-1:15pm			4.0++ Level Clinic*			
1:15-2:30pm					Ladies 3.0+ League Play*	
3:15-4:00pm			Mighty Mites Clinic* (4-6 yr. olds)		Mighty Mites Clinic* (4-6 yr. olds)	
4:00-5:00pm	Superstar Clinic* (7-9 yr. olds)	Intermediate Clinic* (10+ yr. olds)	Superstar Clinic* (7-9 yr. olds)	Intermediate Clinic* (10+ yr. olds)	Superstar Clinic* (7-9 yr. olds) Intermediate Clinic* (10+ yr. olds)	
5:00-6:00pm	Junior Elite Tennis* (JET)	Junior Elite Tennis* (JET)	Junior Elite Tennis* (JET)	Junior Elite Tennis* (JET)	Junior Elite Tennis* (JET)	
6:00-9:00pm	Coed 4.0- League Play*		Men's 4.0- League Play*	Coed 4.5+ League Play*		

## Winter 2014 Program Dates:

January 6 - March 14

### SIGN UP POLICY FOR ADULT CLINICS

Homestead Homeowners and their tenants may sign up for clinics up to 48 hours in advance.

Non-resident members may sign up for clinics up to 24 hours in advance.

Non-members may sign up for clinics on the day of the clinic.

Adult Clinic Prices: Member rate is \$20 per clinic, Non-member rate is \$35 per clinic

\*Advance sign up required for all tennis programs