

April Events

Court Club Moving To Indoor Tennis Court 7 March 29-30

Last Day of Swim Team Thursday, April 10

Board & DRC Meeting Friday, April 11 @ 9:00am

Spring Break April 14-18 Kids Camp 8:30am-5:15pm No Jr. Tennis Programs or **Tennis Leagues**

> **HCC Easter Party** Saturday, April 19 10:00am-noon

General Club Information

Club Hours: 5:55am-10:00pm M-F 6:30am-10:00pm S-S

Phone:

970-926-1067

Fax:

970-926-4710

400 Homestead Drive

P.O. Box 808

Edwards, CO 81632

Childcare Hours:

8:30am-noon M-F

3:00-7:00pm M-F **By Appointment Only**

Website:

Hcchoa.com

Twitter: Homestead Court Club @HomesteadHOA

April 2014 Newsletter

Homestead Owners Association & Court Club

Homestead's Annual Easter Party

Please join us on Saturday, April 19, from 10am-12pm for a fun filled Easter party including an Easter egg hunt, arts & crafts, coffee, pastries and of course a visit from the Easter Bunny!



Court Club Remodel

Our remodel is beginning the weekend of March 29. You will notice some big changes at the Club, including moving the "Club" onto indoor tennis court #7. Beginning on Monday, March 31, the temporary Club entrance will be located at the double doors to the tennis courts, just to the left of the maintenance shed. There will also be changes in our parking lot to make room for the expansion. For your safety please pay close attention to the signage and construction fencing. We are hoping for a smooth transition, however we are sure there will be some bumps along the way. Please bear with us through these exciting changes as we improve Homestead! Please visit our website, www.hcchoa.com, like us on Facebook (Homestead Court Club), and follow Homestead Court Club @HomesteadHOA on Twitter for the latest Club updates.

County Road Maintenance Update

We have received a lot of comments recently regarding the conditions of the roads in Homestead. We would like to remind you that Homestead roads and right-of-ways are maintained by Eagle County Road & Bridge. We have been in contact with Eagle County regarding the condition of Homestead's roads, and they have informed us that they plan to repair and resurface areas of Homestead Drive and Gold Dust Drive this summer. If you would like to contact Eagle County Road & Bridge, you may email road@eaglecounty.us or call 970-328-3540.

Homestead Kids Camps

April Break Kids Camp

We are holding a special week of day camp the week of April 14-18, from 8:30am-5:15pm daily. Spaces are limited. Please turn in your completed registration to Jillian by Monday, April 7, to reserve your space. Minimum of 5 children per day needed to run the program. Rates are \$40/day for members and \$47/day for non-



members. Registration forms are available on our website or at the front desk.

Homestead Summer Camp

Join us for 12 weeks of summer fun! Our kid-approved camps add up to a summer of discovery and fun. Homestead camp offers your camper a fun mix of activities including swimming, hiking, yoga, games, arts and crafts, and creative play! Tennis is also offered every day at a special rate for our campers. Camp is offered every Monday through Friday from 8:30am-5:15pm, beginning on Monday, June 2. Registration packets will be available at the front desk and on our website on Tuesday, April 1. Please note that we will have limited spaces available due to the remodel, so please sign up early to reserve your space. Contact jillian@homesteadcourtclub.com for more information on any of our camps.

Property Maintenance Reminder

The Homestead DRC is looking at properties year round and typically we use this time to catch up on reviewing maintenance of homes and lots. Each year we look at the landscaping and exterior of homes to ensure that the landscaping is in good repair and appearance, that the rest of the house is not in need of stain or paint, and that there are no other obvious maintenance needs. The Declarations and the Architectural Standards and Guidelines state that homeowners are responsible for the maintenance and repair of their residence and/or lot. If, in our travels, we see that some maintenance is needed on your property, we will notify you of our observations. Our goal is to establish a dialog with you that will insure your property is brought into compliance in a timely manner, serving both the Association's needs and your own. We realize that the season for repairing roofs, painting and staining, is upon us, so we will be looking for compliance in late spring or early summer, depending on the weather. For those of you who are planning exterior work, please remember that any landscaping/exterior changes and/or improvements must be applied for and approved by the DRC. If you have any questions or comments, please feel free to give us a call at 926-1067. -Homestead DRC

March Board Of Directors Meeting Highlights

Our March Board of Directors and Design Review Committee Meeting was held on Friday, March 14, 2014, at 9:00am. During the DRC portion of the meeting the Gruber residence at 185 Russell Trail was approved for new construction of a single family home. During the Board of Directors portion of the meeting New Business included appointing the Board of Directors to the DRC, electing Director Ladd as the Board President, Director Allen as Vice President, and Director DeMore as Secretary/Treasurer. The Board also appointed Erin Allen, Larry Agneberg, and Dale Nelson to the Nominating Committee for the 2015 Board Election. The Board had discussion on creating a marijuana policy, which will be approved at the April Board Meeting. Matters Pending included discussion on the Court Club Remodel including funding options. The meeting minutes from the meeting on February 14, 2014 were approved. The January 2014 financial report was approved by the Board. Board member items included a question about what is going on with the road at upper Gold Dust Drive. Tracy Erickson explained that it buckled due to a combination of temperature changes and heavy trucks hauling dirt up the road, and also that staff from Eagle County has come in to talk to him to work on a solution. Please see the note on the front page for more information. The meeting adjourned to executive session at approximately 10:00am. The meeting resumed at approximately 10:22am.

Tennis News

VMS High School Tennis will be hosting tennis matches at Homestead during April, please check the tennis bulletin board for updates. Currently there are girls from Battle Mountain HS, VMS, and the Ski Academy participating on the team. This is a great program being offered for all high school girls in the valley so come out and show your support. The Tennis Team would like to thank Homestead for providing the facilities, courts and coaches that allow this program to continue to grow! Just a reminder that the VMS team will be having team practice on the outdoor courts in the afternoons.

Spring Tennis Programs: There is still room to participate in all of our junior programs. Don't let this spring pass you by without playing some tennis. Get out and enjoy the sport of a lifetime! Outdoor courts are open now, the earliest we have opened them in years!

Demo Racquet Sale! Be on the lookout for our spring demo racquet sale. We will be selling most demo's for between \$50 to \$75. If you are interested in buying one just stop by the front desk and demo one today. The \$5 demo fee will be taken off the sale price if you decide to buy the racquet!

Fitness News

Power Vinyasa Flow on Wednesday mornings at 6:05am with Ashley has been taken off the schedule for the summer. Spin/Core on Wednesday mornings at 9:00am (Spin) and 10:00am (Core) has also been taken off the schedule. Both classes will be back this fall! We are planning to get some extra outdoor boot camp style classes added to the schedule for this May, so please read the May newsletter for more information on these exciting new outdoor classes!

April Fitness Schedule



	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:05-7:05am			Spin (Amy) 6:15-7:15am Cardio Tennis* 6:30am Masters Swim (Erinn)	Sunrise Yoga (Cheryl)	Spin (Joel)	7:15-8:15am Cardio Tennis*
8:30-9:30am	8:30-9:05am TRX with Deana*S	Spin/Pilates Deana & Evin*\$ (Contact Deana at 970-331- 6302)	Zumba (Beth)		8:00-9:00am TRX/Pilates with Deana*\$	8:00-9:30 Intermediate Hatha Yoga (Trinity)
8:30-9:45am		Master's Swim (Erinn)			Master's Swim (Erinn)	
9:00-10:00am					Spin/Pilates Deana & Evin*\$ (Contact Deana at 970-331-6302)	
9:15-10:15am	20/20/20 (Justin)	Body Shop (Nichole)		S.I.T (Justin)	Board Meeting 4/11/2014 9:00am	
10:30-11:30am	Pilates Mat Class (Deana)			Pilates Mat Class (Deana)	11:00-12:00 Total Body for Moms (Lauren)	
12:00-1:15pm		Gentle Yoga (Sophie)				
5:30-6:30pm	Athletes Edge (Justin)	Spin (Joel)	Cardio Fusion (Amie)			
6:35-7:35pm	Power Yoga (Karlie)	Insanity (Joel)	Vinyasa/ Restorative Yoga (Sophie)	6:15-7:15pm Vinyasa Flow (Sophie)		

Please call the front desk to sign up for classes with an asterisk *Sign up policy:* Homestead homeowners and their tenants may reserve their space 48 hours in advance and Non-resident members may reserve their space 24 hours in advance. Please call 970-926-1067 to sign up.

\$ = Fee for class

New classes and/or changed classes are listed in bold



Fitness Class Descriptions

20/20/20 - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

ATHLETES EDGE - Join Justin for this fast paced, high energy, strength and conditioning class!

BODY SHOP– Join Nichole for a full hour of weight training. This class will focus on building strength and balance while using proper form.

CARDIO FUSION - Join Amie for a blend of cardio, intervals, weights and core to sculpt the entire body.

CARDIO TENNIS — Cardio Tennis is a fun group activity featuring drills to give players of all abilities an ultimate, high energy workout. Cardio Tennis includes a warm-up, cardio workout, and cool down phases.

CORE — Join Heidi Trueblood for a invigorating 30 minute class that focuses on building core strength.

GENTLE YOGA—Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or is looking for modifications to all postures. Our instructor creates a safe environment through alignment to explore your personal boundaries while building strength and flexibility. This practice excludes all inversions and extreme backbends.

INTERMEDIATE HATHA YOGA - Based on traditional Hatha Yoga poses and the principals of alignment, the flowing moves encourage breath and movement synchronization. Focus is on body awareness and working within personal limits while building strength & flexibility with a calm mind.

INSANITY - **INSANITY**[™] is a cardio class, based on max interval training. This class will push you past your limits with athletic/plyometric drills mixed with intervals of strength, power, resistance, and core training. No equipment or weights needed. You don't have to be in extreme shape– levels of each exercise are provided. Time to dig deep!

MASTERS SWIM - Join coach Erinn for a structured swim workout designed to help you improve your fitness or train for specific goals. Open to all levels.

PILATES MAT CLASS - An exercise system focused on increasing flexibility and strength for the total body without building bulk. No apparatus is used during this class.

POWER VINYASA YOGA – Start your morning by moving with breath in this invigorating Baptiste style yoga class. You will be encouraged to use your breath, to come into your body, to clear your mind and to discover your true power. Expect to sweat and challenge yourself with both movement and powerful, athletic postures.

SPIN - A cardio workout without comparison. All instructors incorporate climbing, intervals and steady state training. Guaranteed to make you sweat! Each instructor creates a different design for each class.

S.I.T.- "Strength and Interval Training." Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

SUNRISE YOGA — Welcome the new day with a flowing vinyasa class to energize the mind and the body.

TOTAL BODY FOR MOMS - A fun, all-levels fitness class for moms in a no-pressure environment. This innovative, comprehensive workout includes exercises from many different genres, including resistance training, circuit training, yoga, aerobics, and interval training. You can expect to leave class feeling physically energized, and mentally refreshed. (*Moms with babies age 4 weeks to pre-crawling are welcome to bring them to class where they can lounge on blankets and watch you sweat*!)

TRX TRAINING — The much talked about TRX is a total body suspension training system. By using your own body weight and vector angles the TRX system provides a well-rounded workout for the entire body.

VINYASA FLOW YOGA— In this yoga class the teacher will encourage you to synchronize your breath to the movement from one pose to the next on an inhale or an exhale. This style of yoga allows for a lot of variety, but you can expect movement, not just stretching.

ZUMBA — Zumba Fitness is the only Latin-inspired dance-fitness program that blends red-hot international music, and contagious steps to form a "fitness-party" that is downright addictive.



March Pool Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
6:00- 8:00am	Lap Swim	Lap Swim	Lap Swim 6:30am Masters Swim (Erinn)	Lap Swim	Lap Swim	6:30-8:00am Lap Swim	6:30-8:00am Lap Swim
8:30- 9:45am		Master's Swim (Erinn)			Master's Swim (Erinn)		
10:00am- 1:00pm							
1:00- 2:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
2:00- 4:00pm							
3:30- 4:30pm	After School in Pool	After School in Pool	After School in Pool	After School in Pool	After School in Pool		
4:30- 5:00pm							
5:00- 6:00pm	Swim Team			Swim Team			
6:30- 9:00pm							
9:00- 10:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim

Winter Swim Team with Erinn Hoban ~ Swimmers will practice and improve all four strokes, increase swimming endurance and have fun, with sufficient time for team building and games that will help to improve your swimmers confidence. Swimmers must know at least two strokes and be able to swim at least one length of the pool to join swim team. Swim Team meets on Mondays and Thursdays from 5:00-6:00pm.

Session Dates: March 17 - April 10

Member Prices: Swim Team is \$110 per child/per session

Non-Member Prices: Swim Team is \$150 per child/per session

Registration forms are available at the front desk or on our website, <u>www.hcchoa.com</u>.



Spring Tennis Schedule (thru 5/23)

Program Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:00-7:00am	High School Tennis Team	High School Tennis Team	6:15-7:15am Cardio Tennis*	High School Tennis Team	High School Tennis Team Practice	
7:15-8:15am						Cardio Tennis*
8:15-9:30am						4.0++ Level Clinic*
9:30-10:45am						3.5 Level Clinic*
10:45-12:00pm		3.0-3.5 Level Clinic*		Stroke of the Day All Levels Clinic*		
12:00-1:15pm			4.0++ Level Clinic*		Coed 3.0+ League Play*	
1:15-2:30pm					Coed 3.0+ League Play*	
3:15-4:00pm			Mighty Mites Clinic* (4-6 yr. olds)		Mighty Mites Clinic* (4-6 yr. olds)	
4:00-5:00pm	Superstar Clinic* (7-9 yr. olds)	Intermediate Clinic* (10+ yr. olds)	Superstar Clinic* (7-9 yr. olds)	Intermediate Clinic* (10+ yr. olds)	Superstar Clinic* (7-9 yr. olds) Intermediate Clinic* (10+ yr. olds)	
5:00-6:00pm	Junior Elite Tennis* (JET)	Junior Elite Tennis* (JET)	Junior Elite Tennis* (JET)	Junior Elite Tennis* (JET)	Junior Elite Tennis* (JET)	
6:00-9:00pm	Coed 3.5+ League Play*		Men's 4.0- League Play*	Coed 4.5+ League Play*		

Spring 2014 Program Dates:

March 17 - May 23 (no programs over spring break April 14-18)

SIGN UP POLICY FOR ADULT CLINICS

Homestead Homeowners and their tenants may sign up for clinics up to 48 hours in advance.

Non-resident members may sign up for clinics up to 24 hours in advance.

Non-members may sign up for clinics on the day of the clinic.

Adult Clinic Prices: Member rate is \$20 per clinic, Non-member rate is \$35 per clinic

*Advance sign up required for all tennis programs

