



Homestead Owners Association & Court Club

May Events

Board & DRC Meeting
Friday, May 9th

Mother's Day
Sunday, May 11th

Free Jr. Tennis Clinics
Saturday, May 17th

Last Day of Spring Tennis & After School Programs
Friday, May 23rd

Memorial Day
Monday, May 26th
Childcare Room Closed
No Fitness Classes

Summer Tennis and Camp Begin
Monday, June 2nd

General Club Information

Club Hours:

5:55am-10:00pm M-F
6:30am-10:00pm S-S

Phone:

970-926-1067

Fax:

970-926-4710

400 Homestead Drive
P.O. Box 808
Edwards, CO 81632

Childcare Hours:

8:30am-noon M-F
3:00-7:00pm M-F
By Appointment Only

Website:

Hcchoa.com

Twitter: Homestead Court Club @HomesteadHOA

Court Club Remodel Update

Our remodel is going on now! If you haven't stopped by yet, come by and check out the new "Club" on Court 7. We would like to thank all of our members for your patience with the moving of the Club. Things are going well in our temporary location. The construction is coming along, and the demolition is scheduled to be finished by the end of April. The next step will be starting the expansion. For your safety please pay close attention to the signage and construction fencing. We are excited about the progress so far, and thank you for your continued support as we improve Homestead! Please visit our website, www.hcchoa.com, like us on Facebook (Homestead Court Club), and follow Homestead Court Club @HomesteadHOA on Twitter for the latest Club updates.

Tennis News

Free Junior Tennis Clinics ~ Saturday, May 17th

The Junior Clinic will be held from 10:00-11:30am, followed by a pizza party for participants. Get your kids active and involved in this fun lifelong sport! Please call or stop by the front desk to sign up. In the event of inclement weather free clinics will be cancelled.

Summer Tennis Program Flyers will be available at the front desk and on our website beginning on May 1st. This summer we will be offering clinics for all ages and ability levels as well as a four day per week tennis camp for juniors. All summer tennis programs are beginning the week of June 2nd, and will run for 10 weeks (with a break the week of 6/30-7/4). Weekly sign ups are available for all junior programs including tennis camp. For days, times, and rates please visit our website, or stop by the front desk.

Reminder: The last day of Spring Junior Tennis Clinics & Spring Tennis Leagues is Friday, May 23rd. Sign up for Summer Tennis now!

Fitness News

New Align & Flow Yoga Class: Welcome the new day with an all levels class, giving modifications and intensifications. Focusing on breaking down postures, getting into your body and letting energy flow. Tuesdays from 7:00-8:00am with Cheryl beginning on Tuesday, May 6.

Running Group: We are thinking of starting a running group, and we want your input on what days and times work best for you! Please stop by to leave your input for Justin, and we will get a group started.

Class Changes/Cancellations

- Body Shop with Nichole has been moved to 9:30am on Tuesdays.
- Intermediate Hatha Yoga and Insanity have been taken off the schedule in May.
- All group fitness classes are cancelled on Memorial Day, May 26.

Please Slow Down on Homestead Streets

Please remember when driving on neighborhood streets that this is what they are... neighborhood streets. As a courtesy to those that live on these "through" streets, please remember to not exceed the speed limit, and watch out for kids playing near the road. Cutting a minute from your drive time is not worth someone's life. Just remember, it's where we live. Homestead has requested that the Eagle County Sheriff's Department increase patrols for speeding on Homestead Streets. PLEASE slow down! We'll gratefully thank you!!

Homestead's Trailer Storage Policy Reminder

We want to remind you of our trailer storage policy:

"No Lot, streets, private streets, drives or parking areas, unless specifically designated by the Association therefore, shall be used as a parking, storage, display or accommodation area for any type of house trailer, camping trailer, boat trailer, hauling trailer, boat or accessories thereto, truck larger than a 1 ton pickup truck, or any type of motor home except as a temporary expedience for loading, delivery, emergency, etc. The same shall be stored, parked or maintained wholly within a garage area of a dwelling unit with the garage door in a closed position."
(Architectural Standards, 2,G)

The Board thanks you for following the HOA guidelines.

April Board Of Directors Meeting Highlights

Our April Board of Directors and Design Review Committee Meeting was held on Friday, April 11, 2014, at 9:00am. During the DRC portion of the meeting the Boselli residence at 585 Homestead Drive was approved for an addition, and the Auger residence at 74 Castle Peak Lane was approved to install a fence. During the Board of Directors portion of the meeting Member Input included questions about the road repair, and a request for some type of speed mitigation (signs, speed bump, or radar sign). New Business included review and discussion of the remodel loan submittals. New Business also included approval of a marijuana policy for Homestead's common areas. Matters Pending included discussion on the Court Club Remodel including reviewing payouts and plan changes. The meeting minutes from the meeting on March 14, 2014 were approved. The February 2014 financial report was approved by the Board. In the Directors Report Tracy Erickson thanked the staff for all their hard work moving the Club onto court 7, and keeping the Club open throughout the move. He also announced that the road repair schedule is listed on our website. The meeting adjourned to executive session at approximately 9:30am.

Summer Swim Team

Summer Swim Team with Erinn Hoban ~ Swimmers will practice and improve all four strokes, increase swimming endurance and have fun, with sufficient time for team building and games that will help to improve your swimmers confidence. Swimmers must know at least two strokes and be able to swim at least one length of the pool to join swim team. Swim Team Prep prepares swimmers to join swim team. Swim Team Prep meets on Mondays and Thursdays from 4:30-5:00pm, and Swim Team meets on Mondays and Thursdays from 5:00-6:00pm.

Session Dates & Rates:

Session 1 (May 5 - May 22): Swim Team Prep \$60-Members/\$90-Non Member
Swim Team is \$84-Members/\$114-Non Member

Session 2 (June 9 - July 3): Swim Team Prep \$80-Members/\$120-Non-Members
Swim Team is \$110-Members/\$150-Non-Members

Registration forms are available at the front desk or on our website now.

Children's Programming News

Homestead Clubhouse Kids Camp begins June 2

Homestead Clubhouse is an action packed summer program for children ages 5-12. Participants will enjoy a wide variety of daily activities that include: yoga, arts and crafts, show and tell, parks, hikes, special events, leadership development, positive social interaction, sports, team-work games, and so much more!

Ages: 5-12, Days: M-F, Times: 8:30am-5:15pm, Member Pricing: Advance Sign Up: \$40/day, Drop In Rate: \$45/day

Adventure Out Kids Camp begins June 2

Adventure Out Camp is an extreme experience not to be missed! Participants will be submersed in a program to build teamwork skills, adventure through the vast Homestead trails and parks, hike, bike, participate in science experiments, sports, and create with their imaginations. This program is designed to throw the sedentary lifestyle out the window and engage pre tweens in activities that develop skills for both the mind and body.

Ages: 8-12, Days: M-F, Times: 8:30am-5:15pm, Member Pricing: Advance Sign Up: \$45/day, Drop In Rate: \$50/day

Camp Registration packets are available at the front desk and on our website now. Please note that we will have limited spaces available due to the remodel, so please sign up early to reserve your space. Contact jillian@homesteadcourtclub.com for more info.

Reminders: The last day of our After School Program is Friday, May 23. The Childcare Room will be closed on Monday, 5/26.





May Fitness Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:05-7:05am			Spin (Amy) 6:15-7:15am Cardio Tennis* 6:30am Masters Swim (Erinn)	Sunrise Yoga (Cheryl)	Spin (Joel)	
7:00-8:00am		Align & Flow Yoga (Cheryl)				7:15-8:15am Cardio Tennis*
8:30-9:30am	8:30-9:05am TRX with Deana*\$	Spin/Pilates Deana & Evin*\$ (Contact Deana at 970-331-6302)	Zumba (Beth)			
8:30-9:45am		Master's Swim (Erinn)			Master's Swim (Erinn)	
9:15-10:15am	20/20/20 (Justin)	9:30am Body Shop (Nichole)		S.I.T (Justin)	Board Meeting 5/9/2014 9:00am	
10:30-11:30am	Pilates Mat Class (Deana)			Pilates Mat Class (Deana)	11:00-12:00 Total Body for Moms (Lauren)	
12:00-1:15pm		Gentle Yoga (Sophie)				
5:30-6:30pm	Athletes Edge (Justin)	Spin (Joel)	Cardio Fusion (Amie)			
6:35-7:35pm	Power Yoga (Karlle)		Vinyasa/ Restorative Yoga (Sophie)	6:15-7:15pm Vinyasa Flow (Sophie)		

**Please call the front desk to sign up for classes with an asterisk* Sign up policy: Homestead homeowners and their tenants may reserve their space 48 hours in advance and Non-resident members may reserve their space 24 hours in advance. Please call 970-926-1067 to sign up.*

\$ = Fee for class

New classes and/or changed classes are listed in bold



Fitness Class Descriptions

20/20/20 - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

ALIGN & FLOW YOGA - All levels class, giving modifications and intensifications. Focusing on breaking down postures, getting into your body and letting energy flow.

ATHLETES EDGE - Join Justin for this fast paced, high energy, strength and conditioning class!

BODY SHOP— Join Nichole for a full hour of weight training. This class will focus on building strength and balance while using proper form.

CARDIO FUSION - Join Amie for a blend of cardio, intervals, weights and core to sculpt the entire body.

CARDIO TENNIS — Cardio Tennis is a fun group activity featuring drills to give players of all abilities an ultimate, high energy workout. Cardio Tennis includes a warm-up, cardio workout, and cool down phases.

CORE — Join Heidi Trueblood for a invigorating 30 minute class that focuses on building core strength.

GENTLE YOGA—Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or is looking for modifications to all postures. Our instructor creates a safe environment through alignment to explore your personal boundaries while building strength and flexibility. This practice excludes all inversions and extreme backbends.

INTERMEDIATE HATHA YOGA - Based on traditional Hatha Yoga poses and the principals of alignment, the flowing moves encourage breath and movement synchronization. Focus is on body awareness and working within personal limits while building strength & flexibility with a calm mind.

MASTERS SWIM - Join coach Erinn for a structured swim workout designed to help you improve your fitness or train for specific goals. Open to all levels.

PILATES MAT CLASS - An exercise system focused on increasing flexibility and strength for the total body without building bulk. No apparatus is used during this class.

POWER VINYASA YOGA – Start your morning by moving with breath in this invigorating Baptiste style yoga class. You will be encouraged to use your breath, to come into your body, to clear your mind and to discover your true power. Expect to sweat and challenge yourself with both movement and powerful, athletic postures.

SPIN - A cardio workout without comparison. All instructors incorporate climbing, intervals and steady state training. Guaranteed to make you sweat! Each instructor creates a different design for each class.

S.I.T.— “Strength and Interval Training.” Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

SUNRISE YOGA — Welcome the new day with a flowing vinyasa class to energize the mind and the body.

TOTAL BODY FOR MOMS - A fun, all-levels fitness class for moms in a no-pressure environment. This innovative, comprehensive workout includes exercises from many different genres, including resistance training, circuit training, yoga, aerobics, and interval training. You can expect to leave class feeling physically energized, and mentally refreshed. (*Moms with babies age 4 weeks to pre-crawling are welcome to bring them to class where they can lounge on blankets and watch you sweat!*)

TRX TRAINING — The much talked about TRX is a total body suspension training system. By using your own body weight and vector angles the TRX system provides a well-rounded workout for the entire body.

VINYASA FLOW YOGA— In this yoga class the teacher will encourage you to synchronize your breath to the movement from one pose to the next on an inhale or an exhale. This style of yoga allows for a lot of variety, but you can expect movement, not just stretching.

ZUMBA — Zumba Fitness is the only Latin-inspired dance-fitness program that blends red-hot international music, and contagious steps to form a "fitness-party" that is downright addictive.



May Pool Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
6:00-8:00am	Lap Swim	Lap Swim	Lap Swim 6:30am Masters Swim (Erinn)	Lap Swim	Lap Swim	6:30-8:00am Lap Swim	6:30-8:00am Lap Swim
8:30-9:45am		Master's Swim (Erinn)			Master's Swim (Erinn)		
10:00am-1:00pm							
1:00-2:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
2:00-4:00pm							
3:30-4:30pm	After School in Pool	After School in Pool	After School in Pool	After School in Pool	After School in Pool		
4:30-5:00pm	Swim Team Prep			Swim Team Prep			
5:00-6:00pm	Swim Team			Swim Team			
6:30-9:00pm							
9:00-10:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim

Summer Swim Team & Swim Team Prep with Coach Erinn Hoban ~ Swimmers will practice and improve all four strokes, increase swimming endurance and have fun, with sufficient time for team building and games that will help to improve your swimmers confidence. Swimmers must know at least two strokes and be able to swim at least one length of the pool to join swim team. Swim Team Prep prepares swimmers to join swim team. Swim Team Prep meets on Mondays and Thursdays from 4:30-5:00pm, and Swim Team meets on Mondays and Thursdays from 5:00-6:00pm.

Session Dates:

- Session 1 : May 5 - May 22 (3 week session, prices are prorated)
- Session 2: June 9 - July 3

Member Prices (per 4 week session): Swim Team Prep is \$80 per child/per session, Swim Team is \$110 per child/per session

Registration forms are available at the front desk or on our website.



Spring Tennis Schedule (thru 5/23)

Program Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:00-7:00am	High School Tennis Team Practice	High School Tennis Team Practice	6:15-7:15am Cardio Tennis*	High School Tennis Team Practice	High School Tennis Team Practice	
7:15-8:15am						Cardio Tennis*
8:15-9:30am						4.0++ Level Clinic*
9:30-10:45am						3.5 Level Clinic*
10:45-12:00pm		3.0-3.5 Level Clinic*		Stroke of the Day All Levels Clinic*		
12:00-1:15pm			4.0++ Level Clinic*		Coed 3.0+ League Play*	
1:15-2:30pm					Coed 3.0+ League Play*	
3:15-4:00pm			Mighty Mites Clinic* (4-6 yr. olds)		Mighty Mites Clinic* (4-6 yr. olds)	
4:00-5:00pm	Superstar Clinic* (7-9 yr. olds)	Intermediate Clinic* (10+ yr. olds)	Superstar Clinic* (7-9 yr. olds)	Intermediate Clinic* (10+ yr. olds)	Superstar Clinic* (7-9 yr. olds) Intermediate Clinic* (10+ yr. olds)	
5:00-6:00pm	Junior Elite Tennis* (JET)	Junior Elite Tennis* (JET)	Junior Elite Tennis* (JET)	Junior Elite Tennis* (JET)	Junior Elite Tennis* (JET)	
6:00-9:00pm	Coed 3.5+ League Play*		Men's 4.0- League Play*	Coed 4.5+ League Play*		

Spring 2014 Program Dates:

March 17 - May 23 (no programs over spring break April 14-18)

SIGN UP POLICY FOR ADULT CLINICS

Homestead Homeowners and their tenants may sign up for clinics up to 48 hours in advance.

Non-resident members may sign up for clinics up to 24 hours in advance.

Non-members may sign up for clinics on the day of the clinic.

Adult Clinic Prices: Member rate is \$20 per clinic, Non-member rate is \$35 per clinic

***Advance sign up required for all tennis programs**

