



# Homestead Owners Association & Court Club

## July Events

**No Junior Tennis Programs or Leagues**  
June 30th—July 4th

**Thursday, July 3rd**  
No evening fitness classes

**Independence Day**  
**Friday, July 4th**  
Club Hours: 5:55am-5:00pm  
No kids camp, childcare, tennis programs, or fitness classes will be held.

**Board & DRC Meeting**  
Friday, July 11th

**August DRC Submittal Deadline**  
Friday, July 25th

## **General Club Information**

### Club Hours:

5:55am-10:00pm M-F  
6:30am-10:00pm S-S

### Phone:

970-926-1067

### Fax:

970-926-4710

400 Homestead Drive  
P.O. Box 808  
Edwards, CO 81632

### Childcare Hours:

8:30am-noon M-F

3:00-7:00pm M-F

By Appointment Only

### Website:

Hcchoa.com

Twitter: Homestead Court Club @HomesteadHOA

## Homestead Road Paving Update

Eagle County Road & Bridge provided us with an updated paving schedule for Homestead roads. Invitations to bid are currently being reviewed for paving Edwards Village Blvd from Hwy 6 west to Homestead Drive and then continuing on Homestead Drive to the T intersection of Gold Dust Drive. This project should begin around mid August. Bid information is currently being gathered for the repair of other areas of distressed asphalt sections on Gold Dust Drive and all of its intersecting roads. This work should also begin about the middle of August. Eagle County anticipates approval to overlay Gold Dust Drive and all of its intersecting roads in 2015. All of the intersecting roads with Homestead Drive will be assessed to possibly be included in the 2015 paving plan as well. The sure thing is that Edwards Village Blvd and Homestead Drive will be paved late this summer as well as the further repair of Gold Dust Drive. The 2015 projects are subject to Board of County Commissioners approval.

## Court Club Remodel Update

Our remodel is ongoing. Things are going well in our temporary location. You'll notice that what has come down is starting to go back up. The interior is beginning to take shape and the construction of the family locker room is underway. Construction is currently on schedule. For your safety we ask that you please pay close attention to the signage and construction fencing. We are excited about the progress so far, and thank you for your continued support as we improve Homestead! Please visit our website, [www.hcchoa.com](http://www.hcchoa.com), like us on Facebook (Homestead Court Club), and follow Homestead Court Club @HomesteadHOA on Twitter for the latest Club updates.

## Tennis News

**Summer Tennis Programs are going on now through August 15.** Weekly registrations are being accepted now. Registration flyers are available on our website, or at the front desk. Call the Club front desk at 970-926-1067 to sign up for drop in clinics. See Eric or Kim for more information regarding any of our tennis programs.

**Reminder:** There are no Junior Tennis Programs or Leagues the week of June 30—July 4. Junior tennis programs and leagues will resume on Monday, July 7.

**USTA Tennis Matches at HCC in July:** Come by to cheer your friends on!

July 12 @ 12:00pm ~ USTA 4.0 Women's Team Match

July 12 @ 2:30pm ~ USTA 3.0 Women's Team Match

July 13 @ 11:00am ~ USTA 3.5 Women's Team Match

July 15 @ 6:30pm ~ USTA 4.0 Men's Team Match

**Cardio Tennis:** Join Eric for this high energy fitness class that combines the best features of tennis with an element of cardio, delivering the ultimate full body, calorie burning aerobic workout! Saturdays from 7:15-8:15am. \$12 for members/\$22 for non-members. Please call 970-926-1067 to reserve your space in this all levels class.

## Spraying for Noxious Weeds This Month

Per State Law, Homestead staff will be spraying the open space areas for noxious weeds this month. Areas that have been treated for weeds will be dyed blue for a few days. Please keep children and pets away from the areas that are blue. Homestead will also be marking the areas with yellow flags. If you have any questions about the weed spraying please contact Tracy at the Club. Please note that Homestead does not spray for dandelions in open space or turf areas, as they are not listed as noxious weeds.

## Note To Owners With Noxious Weeds:

Please be sure to treat your lawn or lot for noxious weeds this summer, per Homestead Regulations. If you have any questions or comments, please feel free to give us a call at 926-1067.

## Please note Homestead's trailer storage policy:

*"No lot, streets, private streets, drives or parking areas, unless specifically designated by the Association therefore, shall be used as a parking, storage, display or accommodation area for any type of house trailer, camping trailer, boat trailer, hauling trailer, boat or accessories thereto, truck larger than a 1 ton pickup truck, or any type of motor home except as a temporary expedience for loading, delivery, emergency, etc. The same shall be stored, parked or maintained wholly within a garage area of a dwelling unit with the garage door in a closed position."* (Architectural Standards, 2,G)

If you need to temporarily park a trailer in your driveway, please contact Tracy Erickson at the club. Thank you!

## June Board Of Directors Meeting Highlights

Our June Board of Directors and Design Review Committee Meeting was held on Friday, June 13, 2014, at 9:00am. During the DRC portion of the meeting the Willimann residence at 615 Homestead Drive received approval to build an addition, and the Trinity Church at 90 Lariat Loop received approval on their landscaping and play structure. Additionally, three DRC items were staff approved this month. During the Board of Directors portion of the meeting New Business included a review of the construction loan documents. Matters Pending included discussion on the Court Club Remodel. The meeting minutes from the meeting on May 9, 2014 were approved. The April 2014 financial report was approved by the Board. The meeting adjourned to executive session at approximately 9:20am.

## Children's Programming News

*Get your children involved in a Homestead Camp this summer!* Contact Jillian immediately to register for one of our exciting kids camps. There is still room available in the Clubhouse Kids Camp for children ages 5-12, and Adventure Out Camp for children ages 8-12. Registration forms are available at the Front Desk or on our website. Please make sure registration information is complete before turning it in to ensure your space is reserved. Sign up today!



**Reminders:** Our Childcare Room and Kids Camp will be closed on Friday, July 4th.

## Fitness News

### Class Changes/Cancellations in July

- Total Body for Moms Class with Lauren has been moved to Wednesday afternoons from 3:30-4:30pm beginning July 2nd.
- Cardio Fusion is back! Wednesdays from 5:30-6:30pm beginning July 2nd.
- Wednesday morning Masters Swim class has been taken off the schedule.
- All evening Fitness Classes are cancelled on July 3rd.
- All Fitness Classes have been cancelled on Friday, July 4th. Enjoy the holiday!

### Spotlight Class: Align & Flow Yoga with Cheryl, Tuesdays 7:00-8:00am

Welcome the new day with an all levels class, giving modifications and intensifications. Focusing on breaking down postures, getting into your body and letting energy flow. Try it this Tuesday from 7:00-8:00am.

## Planning on Making Changes to Your Home or Landscaping?

In order to protect property values and enhance the character and visual image of Homestead's neighborhoods, proposals for construction, exterior alterations, landscape changes, fences, and remodels in the Homestead Owner's Association must undergo a process known as 'design review'. If you have plans to make any changes to your property, follow these easy steps to get your project approved:

1. Complete the DRC Change Application and turn in to Tracy Erickson at the Court Club.
2. Notify your neighbors of your proposed changes though certified mail.
3. Neighbors will have 2 weeks to submit feedback.
4. Your application will be seen in front of the DRC where they will approve, table, or deny your submission.
5. If you are approved you may start your project right away.
6. If your project is tabled or denied, the DRC will explain why, and what your next steps are to get your project approved.

If you have any questions about the Design Review process, please contact Tracy Erickson at the Court Club.

# July Fitness Schedule



	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
<b>6:05-7:05am</b>			Spin (Amy)	Sunrise Yoga (Cheryl)	Spin (Joel)	
<b>7:00-8:00am</b>		Align & Flow Yoga (Cheryl)				7:15-8:15am Cardio Tennis*\$ (Eric)
<b>8:30-9:30am</b>	8:30-9:05am TRX with Deana*\$		Zumba (Beth)			
<b>8:30-9:45am</b>		Master's Swim (Erinn)			Master's Swim (Erinn)	
<b>9:15-10:15am</b>	20/20/20 (Justin)	9:30am Body Shop (Nichole)		S.I.T (Justin)	<b>Board Meeting 7/11/2014 9:00am</b>	
<b>10:30-11:30am</b>	Pilates Mat Class (Deana)			Pilates Mat Class (Deana)		
<b>12:00-1:15pm</b>		Gentle Yoga (Sophie)				
<b>3:30-4:30pm</b>			<b>Total Body for Moms (Lauren)</b>			
<b>5:30-6:30pm</b>	Athletes Edge (Justin)	Spin (Joel)	<b>Cardio Fusion (TBD)</b>			
<b>6:35-7:35pm</b>	Power Yoga (Karlle)		Vinyasa/ Restorative Yoga (Sophie)	6:15-7:15pm Vinyasa Flow (Sophie)		

*\*Please call the front desk to sign up for classes with an asterisk\* Sign up policy: Homestead homeowners and their tenants may reserve their space 48 hours in advance and Non-resident members may reserve their space 24 hours in advance. Please call 970-926-1067 to sign up.*

\$ = Fee for class

New classes and/or changed classes are listed in bold



## Fitness Class Descriptions

**20/20/20** - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

**ALIGN & FLOW YOGA** - All levels class, giving modifications and intensifications. Focusing on breaking down postures, getting into your body and letting energy flow.

**ATHLETES EDGE** - Join Justin for this fast paced, high energy, strength and conditioning class!

**BODY SHOP**— Join Nichole for a full hour of weight training. This class will focus on building strength and balance while using proper form.

**CARDIO FUSION** - Join Amie for a blend of cardio, intervals, weights and core to sculpt the entire body.

**CARDIO TENNIS** — Cardio Tennis is a fun group activity featuring drills to give players of all abilities an ultimate, high energy workout. Cardio Tennis includes a warm-up, cardio workout, and cool down phases.

**CORE** — Join Heidi Trueblood for a invigorating 30 minute class that focuses on building core strength.

**GENTLE YOGA**—Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or is looking for modifications to all postures. Our instructor creates a safe environment through alignment to explore your personal boundaries while building strength and flexibility. This practice excludes all inversions and extreme backbends.

**INTERMEDIATE HATHA YOGA** - Based on traditional Hatha Yoga poses and the principals of alignment, the flowing moves encourage breath and movement synchronization. Focus is on body awareness and working within personal limits while building strength & flexibility with a calm mind.

**MASTERS SWIM** - Join coach Erinn for a structured swim workout designed to help you improve your fitness or train for specific goals. Open to all levels.

**PILATES MAT CLASS** - An exercise system focused on increasing flexibility and strength for the total body without building bulk. No apparatus is used during this class.

**POWER VINYASA YOGA** – Start your morning by moving with breath in this invigorating Baptiste style yoga class. You will be encouraged to use your breath, to come into your body, to clear your mind and to discover your true power. Expect to sweat and challenge yourself with both movement and powerful, athletic postures.

**SPIN** - A cardio workout without comparison. All instructors incorporate climbing, intervals and steady state training. Guaranteed to make you sweat! Each instructor creates a different design for each class.

**S.I.T.**— “Strength and Interval Training.” Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

**SUNRISE YOGA** — Welcome the new day with a flowing vinyasa class to energize the mind and the body.

**TOTAL BODY FOR MOMS** - A fun, all-levels fitness class for moms in a no-pressure environment. This innovative, comprehensive workout includes exercises from many different genres, including resistance training, circuit training, yoga, aerobics, and interval training. You can expect to leave class feeling physically energized, and mentally refreshed. (*Moms with babies age 4 weeks to pre-crawling are welcome to bring them to class where they can lounge on blankets and watch you sweat!*)

**TRX TRAINING** — The much talked about TRX is a total body suspension training system. By using your own body weight and vector angles the TRX system provides a well-rounded workout for the entire body.

**VINYASA FLOW YOGA**— In this yoga class the teacher will encourage you to synchronize your breath to the movement from one pose to the next on an inhale or an exhale. This style of yoga allows for a lot of variety, but you can expect movement, not just stretching.

**VINYASA/RESTORATIVE** — In a calm meditative atmosphere a half hour is spent stretching with your breath. The remaining time of class is given to guided meditation while exploring the range of motion of your spine supported by bolsters in gentle poses.

**ZUMBA** — Zumba Fitness is the only Latin-inspired dance-fitness program that blends red-hot international music, and contagious steps to form a "fitness-party" that is downright addictive.



# July Pool Schedule

	<b>Mondays</b>	<b>Tuesdays</b>	<b>Wednesdays</b>	<b>Thursdays</b>	<b>Fridays</b>	<b>Saturdays</b>	<b>Sundays</b>
<b>6:00-8:00am</b>	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	6:30-8:00am Lap Swim	6:30-8:00am Lap Swim
<b>8:30-9:45am</b>		Master's Swim (Erinn)			Master's Swim (Erinn)		
<b>10:00am-1:00pm</b>							
<b>1:00-2:00pm</b>	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
<b>2:00-4:00pm</b>							
<b>3:00-4:30pm</b>	Kids Camp in Pool	Kids Camp in Pool	Kids Camp in Pool	Kids Camp in Pool	Kids Camp in Pool		
<b>4:30-5:00pm</b>							
<b>5:00-6:00pm</b>							
<b>6:30-9:00pm</b>							
<b>9:00-10:00pm</b>	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim

Pool Rules Reminder:

1. All pool users must check in at the front desk prior to pool use.
2. There is no lifeguard on duty, swim at your own risk.
3. Children under 12 must be accompanied by a responsible person that is at least 16 years old.
4. There is no food or glass allowed in the pool area.
5. Showers are required before using the pool or hot tub.
6. No Diving!
7. No Running!



# Summer Tennis Schedule (thru 8/15)

Program Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:00-7:00am						
7:15-8:15am						Cardio Tennis*
8:30-10:00am	Coed 3.0-4.0 Tennis League*	3.0-3.5 Level Adult Clinic*		3.5-4.0 Level Adult Clinic*		8:30-9:30am 4.0++ Level Adult Clinic*
10:00-11:00am	Mighty Mites Junior Clinic*	Mighty Mites Junior Clinic*	Mighty Mites Junior Clinic*	Mighty Mites Junior Clinic*		9:30-10:30am 3.5 Level Adult Clinic*
11:00am-noon	Superstars Junior Clinic*	Superstars Junior Clinic*	Superstars Junior Clinic*  11:30am-1:00pm 4.0++ Level Adult Clinic*	Superstars Junior Clinic*		10:30-11:30am 3.0 Level Adult Clinic*
1:00-2:30pm	Intermediate Junior Clinic*	Intermediate Junior Clinic*	Intermediate Junior Clinic*	Intermediate Junior Clinic*		
2:30-4:00pm	High School Tennis Clinic*	JET Tennis Clinic*	High School Tennis Clinic*	JET Tennis Clinic*		
1:00-4:00pm	Tennis Camp*	Tennis Camp*	Tennis Camp*	Tennis Camp*		
5:30-7:00pm						
7:00-8:30pm						
8:30-10:00pm						

## Summer 2014 Program Dates:

June 2 - August 15 (no junior programs or leagues June 30 - July 4)

### SIGN UP POLICY FOR ADULT CLINICS

**Homestead Homeowners** and their tenants may sign up for clinics up to 48 hours in advance.

**Non-resident members** may sign up for clinics up to 24 hours in advance.

**Non-members** may sign up for clinics on the day of the clinic.

**Adult Clinic Prices:** Member rate is \$20 per clinic, Non-member rate is \$35 per clinic

**\*Advance sign up required for all tennis programs**

