



December 2014 Newsletter

Homestead Owners Association & Court Club

December Events

Grand Opening Holiday Party
Sunday, December 7
Party from 5:00-8:00pm
Club closing at noon

Board of Directors and DRC Meeting
Friday, December 12 @ 9am

Last Day of Fall Tennis
Friday, December 19

Winter Break Kids Camp
December 22, 23, 29 & 30

Winter Tennis Begins
Monday, January 5

See Back Page for
Holiday Hours

General Club Information

Club Hours:

5:55am-10:00pm M-F

6:30am-10:00pm S-S

Phone:

970-926-1067

Fax:

970-926-4710

400 Homestead Drive
P.O. Box 808
Edwards, CO 81632

Childcare Hours:

8:30am-noon M-F

3:00pm-7:00pm M-F

By Appointment Only

Website:

Hcchoa.com

Twitter: Homestead Court
Club @HomesteadHOA



Homesteads Holiday and Grand Opening Party



Please join us on Sunday, December 7, from 5-8pm for a festive party to celebrate the holidays and the opening of our new Club! There will be live music, appetizers, drinks and a light dinner catered by Vail Catering Concepts. We will also have jumpy houses, an arts & crafts room for the children, holiday photo booth and of course Santa Claus will be making a special appearance. We hope to see you there. Party is for Homestead residents and members only please.



Welcome to the New Court Club

We are open and running in the new Club! We would like to thank all of our wonderful members for your patience and understanding throughout the remodel process, and for your continued support as we work on final details. As with any construction project there are a few things left to be completed, so we would like to ask that you please be cautious in your surroundings. There may be workers, ladders, and temporary closures throughout the Club over the next couple months as things are finalized. We hope you'll understand, and know that we are continuing to improve Homestead. Lastly, we have had a lot of questions regarding the locker rooms, which are scheduled to be renovated in the Spring. If you have any comments or questions, please feel free to stop by the Club and talk to Kim or Tracy.

Winter Break Kids Camps

Homestead is offering a special session of all day kids camps over the holiday break. Camp is offered on December 22, 23, 29, 30 and on January 2. Children ages 5 to 12 are able to join our day camp that includes contests, games, sports and a daily trip to swim in Homestead's pool. The camp also provides academic enrichment and exercise. Camp runs from 8:30 a.m. to 5:15 p.m. Rates are \$40/day for members and \$47/day for non-members. For more information, please visit hcchoa.com or email jillian@homesteadcourtclub.com.



Children's Programming Reminders:

We would like to remind you that there will be no After School Program held on December 19 through January 2, for winter break (see above for dates camp is offered during break). Childcare will be closed on December 24, 25 and January 1.



Adopt A Family

Homestead will once again be “adopting” some local families in need of our help this holiday season. If you would like to donate clothing, food, or a gift to a family member please stop by or call the club to sign up after December 4.

Homestead Tennis Guidance Group

We are looking for Homestead players of all levels to join our Tennis Guidance Group. The group will meet monthly or as needed to provide advice and counsel to Management on issues involving Homestead tennis programs. The group will also promote USTA leagues and assist with tournaments, socials and youth tennis programs. If you are interested in joining the tennis group, please email kim@homesteadcourtclub.com.

Court Club Holiday Hours:

December 7th
6:30am-12:00pm

December 24th
6:00am-12:00pm

December 25th
CLOSED

December 31st
6:00am-5:00pm

January 1st
8:00am-5:00pm

November Board & DRC Meeting Highlights

Our November Board of Directors and Design Review Committee Meeting was held on Friday, November 14, 2014 at 9:00am. During the DRC portion of the meeting the Franz residence received approval to build a fence at 58 Cassidy Place, and the Skidmore residence received approval to make landscaping and grading changes at 682 Gold Dust. New Business included discussion on the responsibilities of Tennis Guidance Group and the 2015 Board Member Election (see note below). Matters Pending included approval of the reserve allocation amount and final 2015 budget, with no dues increase for Homestead homeowners. The dues will remain at \$105 per month for Homestead homeowners for 2015. The meeting minutes from the meeting on October 10, 2014 were approved. The September 2014 financial report was approved by the Board. The meeting adjourned to executive session at approximately 9:45am.

2015 Board Member Election

The Board would like to announce that there will be two Board Member openings for the 2015 election in February. If you are interested in running for the Board please attend the next Board Meeting on Friday, December 12th at 9:00am, or contact a member of the Nominating Committee: Erin Allen, Larry Agneberg, or Dale Nelson (email nominate@homesteadcourtclub.com).

Tennis News

Winter Tennis Programs will begin the week of January 5. Winter program and league registration flyers for junior and adult programs will be available at the front desk by December 5.

Our *Junior Clinics* are designed specifically for the needs of junior players. An age specific breakdown of groups will help foster learning and keep your children having fun. Get your kids involved in this fun lifetime sport this winter!

We also offer private and semi private lessons, adult clinics and leagues for all ability levels. If our clinic times don't work for you, you may also form your own group at a time that works for you and your friends. Talk to Eric at the Club for more information on any of our tennis programs. Sign up today!

Reminder: The last day of Fall Tennis Programs is Friday, December 19.

Fitness News

Winter Health Challenge

We all know the holidays are a time when we overindulge and under commit to our health. January is the perfect time of year to start fresh. Join Justin Songer (Certified Personal Trainer) and Christine Pierangeli (Certified Nutrition Therapy Practitioner) for a four week health challenge beginning in January. This four week challenge will include a fitness plan, daily health tips and recipes, group meetings and program assessments at the beginning, middle and end. The kick off meeting will be held on January 8, 2015 at 6:00pm. The four week program price is \$125 for members and \$170 for non-members. Contact kim@homesteadcourtclub.com if you would like to join the Health Challenge!

Holiday Personal Training Special

Treat yourself or a loved one to the gift of health this holiday season. Get three 60 minute personal training sessions for only \$150! Gift certificates are available at the front desk. Package must be purchased at the front desk by December 31, 2014. Sessions must be used before December 31, 2015.

December Fitness Schedule



	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:05-7:05am			Spin (Amy) 6:15-7:15am Cardio Tennis* (Eric)		Spin (Joel)	
7:15-8:15am						Cardio Tennis* (Eric)
8:30-9:30am			Zumba (Beth)			Level 2 Yoga (Trinity)
9:00-10:00am			Spin (Heidi)		Board Meeting 12/12/2014 9:00am	
9:15-10:15am	20/20/20 (Justin)			S.I.T (Justin)		
10:30-11:30am	Pilates Mat Class (Deana)			Pilates Mat Class (Deana)		
12:00-1:15pm		Gentle Yoga (Sophie)				
3:30-4:30pm						
5:30-6:30pm	Athletes Edge (Justin)	Spin (Joel)	Cardio Fusion (Amie)			
6:35-7:35pm	Power Yoga (Karlie)		Vinyasa/ Restorative Yoga (Sophie)	6:15-7:15pm Vinyasa Flow (Sophie)		

***Please call the front desk to sign up for classes with an asterisk* Sign up policy:** Homestead homeowners and their tenants may reserve their space 48 hours in advance and Non-resident members may reserve their space 24 hours in advance. Please call 970-926-1067 to sign up.

\$ = Fee for class

New classes and/or changed classes are listed in bold



Fitness Class Descriptions

20/20/20 - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

ATHLETES EDGE - Join Justin for this fast paced, high energy, strength and conditioning class!

CARDIO FUSION - Join Amie for a blend of cardio, intervals, weights and core to sculpt the entire body.

CARDIO TENNIS — Cardio Tennis is a fun group activity featuring drills to give players of all abilities an ultimate, high energy workout. Cardio Tennis includes a warm-up, cardio workout, and cool down phases.

GENTLE YOGA—Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or is looking for modifications to all postures. Our instructor creates a safe environment through alignment to explore your personal boundaries while building strength and flexibility. This practice excludes all inversions and extreme back-bends.

LEVEL 2 YOGA - Based on traditional Hatha Yoga poses and the principals of alignment, the flowing moves encourage breath and movement synchronization. Focus is on body awareness and working within personal limits while building strength & flexibility with a calm mind.

PILATES MAT CLASS - An exercise system focused on increasing flexibility and strength for the total body without building bulk. No apparatus is used during this class.

POWER VINYASA YOGA – Move with your breath in this invigorating Baptiste style yoga class. You will be encouraged to use your breath, to come into your body, to clear your mind and to discover your true power. Expect to sweat and challenge yourself with both movement and powerful, athletic postures.

SPIN - A cardio workout without comparison. All instructors incorporate climbing, intervals and steady state training. Guaranteed to make you sweat! Each instructor creates a different design for each class.

S.I.T.– “Strength and Interval Training.” Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

TRX TRAINING — The much talked about TRX is a total body suspension training system. By using your own body weight and vector angles the TRX system provides a well-rounded workout for the entire body.

VINYASA FLOW YOGA— In this yoga class the teacher will encourage you to synchronize your breath to the movement from one pose to the next on an inhale or an exhale. This style of yoga allows for a lot of variety, but you can expect movement, not just stretching.

VINYASA/RESTORATIVE — In a calm meditative atmosphere a half hour is spent stretching with your breath. The remaining time of class is given to guided meditation while exploring the range of motion of your spine supported by bolsters in gentle poses.

ZUMBA — Zumba Fitness is the only Latin-inspired dance-fitness program that blends red-hot international music, and contagious steps to form a "fitness-party" that is downright addictive.



December Pool Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
6:00-8:00am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	6:30-8:00am Lap Swim	6:30-8:00am Lap Swim
8:30-9:45am							
10:00am-1:00pm							
1:00-2:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
2:00-3:30pm							
3:30-4:30pm	After School Program in Pool	After School Program in Pool	After School Program in Pool	After School Program in Pool	After School Program in Pool		
4:30-5:00pm							
5:00-6:00pm							
6:30-9:00pm							
9:00-10:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim

Pool Etiquette & Rule Reminders

1. All pool users must check in at the front desk.
2. There is no lifeguard on duty, swim at your own risk. We recommend that no one swim alone.
3. Children under 12 must be accompanied by a responsible person that is at least 16 years old.
4. Please do not wear street shoes or muddy shoes into the pool area.
5. Pool doors must remain closed at all times.
6. No pool parties allowed. No food or glass allowed in the pool area.
7. Proper swim attire is required in pool, infants and untrained toddlers must wear swim diapers at all times.
8. Per state law, showers are required before using the pool or hot tub.
9. No hard balls (tennis balls, etc.), large inflatables, or squirt guns allowed in pool area. No letting unregistered guests into the pool area through the emergency exit doors. No interfering with lap swimmers. No flipping, diving, roughhousing, running, or pushing others into the pool.
10. Penalties for misbehavior will be strictly enforced, at the discretion of ANY Homestead Employee. Penalties include removal from the building, suspension from the Club for a limited period of time, or permanent expulsion from the Club. In cases where vandalism or damage has occurred, the police will be called, and charges pressed. We will expect to be reimbursed for any expenses for repair, etc.
11. In the event of lightning, pool users must exit the pool and wait 20 minutes after the last lightning sighting before re-entering the pool.
12. Lap Swim is time specifically designated for lap swimming only. Anyone in the pool must be swimming laps.
13. Lap Swim Hours are: Monday-Friday: 6am-8am, 1-2pm, 9-10pm, and Saturday-Sunday: 6:30am-8:00am, and 9-10pm. No lap swim on holidays or school breaks.
14. Thank you for abiding by our pool rules!



Winter Tennis Schedule

Program Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:00-7:00am						
7:15-8:15am						Cardio Tennis*
8:15-9:30am						8:30-9:30am 4.0++ Level Adult Clinic*
9:30-10:45am						9:30-10:30am 3.5 Level Adult Clinic*
10:45am-noon		3.0-3.5 Level Adult Clinic*		3.5-4.0 Level Adult Clinic*		10:30-11:30am 3.0 Level Adult Clinic*
Noon-1:15pm			4.0++ Level Adult Clinic*			
1:15-2:30pm					Ladies 3.0-3.5 League Play*	
3:15-4:00pm			Mighty Mites Junior Clinic* (Ages 4-6)		Mighty Mites Junior Clinic* (Ages 4-6)	
4:00-5:00pm	Superstars Junior Clinic* (Ages 7-9)	Intermediate Junior Clinic* (Ages 10+)	Superstars Junior Clinic* (Ages 7-9)	Intermediate Junior Clinic* (Ages 10+)	Superstar Clinic* (Ages 7-9) Intermediate Clinic* (Ages 10+)	
5:00-6:00pm	Teenager Junior Clinic*	Junior Elite Tennis Clinic*	Teenager Junior Clinic*	Junior Elite Tennis Clinic*		
6:00-9:00pm	Ladies 3.5-4.0 League Play*	Ladies 3.0-3.5 League Play*	Men's 3.5-4.0 League Play*	Coed 4.5 + Top Gun League*		

Winter 2014 Program Dates:

Session 1: August 25 - October 17

Session 2: October 20 - December 19 (no programs November 24-28)



SIGN UP POLICY FOR ADULT CLINICS

Homestead Homeowners and their tenants may sign up for clinics up to 48 hours in advance.

Non-resident members may sign up for clinics up to 24 hours in advance.

Non-members may sign up for clinics on the day of the clinic.

Adult Clinic Prices: Member rate is \$20 per clinic, Non-member rate is \$30 per clinic