



# Homestead Owners Association & Court Club

## February Events

**Board & DRC Meeting**  
Friday, February 13th @9am

**Annual HOA Meeting**  
Monday, February 16th  
@7pm in the Fitness Studio

**Please note:**  
All evening fitness classes  
have been cancelled due to  
the meeting

**No After School Program**  
Monday, February 16th  
(President's Day)

**Clubhouse Kids Camp**  
February 17-20  
8:30am - 5:15pm  
Register Now!

## General Club Information

### Club Hours:

5:55am-10:00pm M-F

6:30am-10:00pm S-S

### Phone:

970-926-1067

### Fax:

970-926-4710

400 Homestead Drive

P.O. Box 808

Edwards, CO 81632

### Childcare Hours:

8:30am-noon M-F

3:00pm-7:00pm M-F

By Appointment Only

### Website:

Hcchoa.com

Like Homestead Court  
Club on Facebook!

## Homesteads Annual Meeting

This years meeting will be held at the Homestead Court Club on Monday, February 16th, at 7:00pm. The agenda and proxy for the meeting has been included on a separate sheet in this mailing to all Homestead homeowners. There will be a vote for two open Board Member seats at the meeting. Please note candidate information is also on the enclosed General Meeting Report. The meeting minutes from the 2014 Annual Meeting and 2015 Budget are available on hcchoa.com. For more information on the meeting contact Tracy Erickson at the Club.

## Children's Programming News

**February Break Kids Camp:** We are hosting a special session of Kids Camp on February 17-20. Children ages 5 to 12 are able to join our day camp that includes contests, games, sports, and a daily trip to swim in Homestead's pool. The camp also provides academic enrichment and exercise. Camp runs from 8:30 a.m. to 5:15 p.m. Rates are \$40/day for members and \$47/day for non-members.

For more information, or to register for Camp please visit [hcchoa.com](http://hcchoa.com) or email [Jillian@homesteadcourtclub.com](mailto:Jillian@homesteadcourtclub.com).



**After School Program Reminders:** There are still spaces in the After School Program. This fun filled program runs Monday through Friday from 3-6pm during the school year. If you would like to sign up your child, registration packets are available on our website or at the front desk.

## Tennis News



**Winter Tennis Clinics** are going on now and there are still spaces available for both juniors and adults in all clinics. All adult clinics are drop in format, so you can come when it works for you. We offer clinics for all ages and ability levels. Just give us a call to reserve your space! For more information about the programs please contact Eric or Kim at the Club, or visit [hcchoa.com](http://hcchoa.com).

**High School Tennis:** The VMS High School Tennis Team will begin practice at Homestead beginning the week of February 24th. Practice will be held on the indoor courts until weather permits for outdoor play. The VMS Team is open to any high school girls throughout the Valley. If you know of anyone who is interested in participating on the high school team, please have them contact Hillary McSpadden at 970-390-7632 or come to the informational meeting at Vail Mountain School on Tuesday, February 10th from 5:30-7:00pm.

## Homestead Open Space Winter Rules Reminder

1. Use of Homestead Open Space, trails, and parks is reserved for Homestead Homeowners and their guests.
2. Open Space and park hours are sunrise—sunset.
3. No camping, campfires, alcohol, or glass are permitted on Homestead Open Space, trails, and parks.
4. Children under 12 years old must be accompanied by an adult.
5. Dogs must be kept on a leash at all times. Please pick up after your dog.
6. Please respect your neighbors by not parking on the sidewalk or blocking anyone in.
7. No motorized vehicles.
8. You may only park in the Open Space lots when using parks, trails, etc. There is absolutely no overnight parking.
9. The Homestead Owners Association is not responsible for lost or stolen items.
10. Use Homestead Open Space, trails, and parks at your own risk.
11. The Homestead Owners Association is not responsible for accidents in common areas.
12. These rules only apply to Homestead Open Space, not Eagle County Open Space, including the "Homestead L".

## January Board & DRC Meeting Highlights

Our January Board of Directors and Design Review Committee Meeting was held on Friday, January 9, 2015 at 9:00am. There were no items on the agenda for the DRC portion of the meeting. In the Board Meeting, New Business included approval of the General Meeting Agenda. Matters Pending included discussion on the remodel and on the upcoming Board election. So far two community members have expressed interest in running for the Board; Bill McNamara and Alyson Leingang. Please see attached General Meeting Report for brief bios of the candidates. The meeting minutes from the meeting on December 12, 2014 were approved. The November 2014 financial report was approved by the Board. The meeting adjourned to executive session at approximately 9:21am.

## Fitness News

***New Masters Swim Class Offered Tuesdays and Thursdays with Larisa***  
Join Larisa for a structured swim workout designed to help you improve your fitness or train for specific goals. Open to all levels. Tuesdays and Thursdays from 7:00-8:00am.

### ***Small Group Training with Chapin***

Come join new HCC trainer Chapin for an hour long workout incorporating free weights, kettlebells, medicine balls, and body weight exercises. This class blends movements that recruit multiple muscle groups with circuit training for a full body burn. Form your own group, or join in on an existing group. Minimum of 3 participants, maximum 6 participants. Contact Justin Songer for more information, or to sign up.

***Please note all evening Fitness Classes have been cancelled on President's Day, February 16th, 2015 due to our Annual Homeowners Association Meeting.***

## New Membership Photos

We noticed that many of our member photos are missing, outdated, or the wrong person. We would like to have current photos of all members. Please bring in a photo id and have a new photo taken the next time you come into the Club. Thank you!



## Friendly Reminder Regarding Homestead Pets

Homestead Owners Association has recently received some comments about our neighborhood pets. These comments were mainly regarding two issues: animal control and animal waste. Eagle County law requires that dogs be under "immediate control" which includes leashing them or keeping them within 10 feet of you and under voice control. Uncontrolled dogs have created problems for other dog owners who have their own pets leashed and for people who are uncomfortable around unleashed pets. Uncontrolled dogs have also been known to bark excessively, violating Homestead noise guidelines and Eagle County Laws. Please be courteous of your neighbors by keeping your dog under your control and leashing your pet. Additionally, dogs should be cleaned up after at all times in the interest of public enjoyment of our neighborhood and public health.

Homestead Owner Association would like to suggest a reasonable balance – or at least, some balance – between the needs of a dog owner and the safety and comfort of other residents. For member safety there are no pets allowed at any time on Homestead Court Club grounds. For more information regarding Eagle County Animal Laws please go to [www.eaglecounty.us](http://www.eaglecounty.us) and click on the Departments link, then the Animal Services link.



# February Fitness Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:05-7:05am			Spin (Amy)  6:15-7:15am Cardio Tennis* (Eric)		Spin (Joel)	
7:00-8:00am		Rise, Shine and Align Yoga (Simone)  Masters Swim (Larisa)		Masters Swim (Larisa)		7:15-8:15am Cardio Tennis* (Eric)
8:30-9:30am			Zumba (Beth)			Level 2 Yoga (Trinity)
9:00-10:00am					<b>Board Meeting 2/13/2015 9:00am</b>	
9:15-10:15am	20/20/20 (Justin)			S.I.T (Justin)		
10:30-11:30am	Pilates Mat Class (Deana)			Pilates Mat Class (Deana)		
12:00-1:15pm		Gentle Yoga (Sophie)				
3:30-4:30pm	<b>Annual HOA Meeting 2/16/2015 7:00pm**</b>					
5:30-6:30pm	Athletes Edge (Justin)	Spin (Joel)	Strength & Conditioning (Amie)			
6:35-7:35pm	Power Yoga (Karlie)		Vinyasa/ Restorative Yoga (Sophie)	6:15-7:15pm Vinyasa Flow (Sophie)		

**\*Please call the front desk to sign up for classes with an asterisk\* Sign up policy:** Homestead homeowners and their tenants may reserve their space 48 hours in advance and Non-resident members may reserve their space 24 hours in advance. Please call 970-926-1067 to sign up.

**\*\*Please note all evening fitness classes have been cancelled on 2/16/15 for our Annual HOA Meeting.**

\$ = Fee for class

New classes and/or changed classes are listed in bold



## Fitness Class Descriptions

**20/20/20** - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

**ATHLETES EDGE** - Join Justin for this fast paced, high energy, strength and conditioning class!

**CARDIO FUSION** - Join Amie for a blend of cardio, intervals, weights and core to sculpt the entire body.

**CARDIO TENNIS** — Cardio Tennis is a fun group activity featuring drills to give players of all abilities an ultimate, high energy workout. Cardio Tennis includes a warm-up, cardio workout, and cool down phases.

**GENTLE YOGA**—Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or is looking for modifications to all postures. Our instructor creates a safe environment through alignment to explore your personal boundaries while building strength and flexibility. This practice excludes all inversions and extreme backbends.

**LEVEL 2 YOGA** - Based on traditional Hatha Yoga poses and the principals of alignment, the flowing moves encourage breath and movement synchronization. Focus is on body awareness and working within personal limits while building strength & flexibility with a calm mind.

**MASTERS SWIM** - Join coach Larisa for a structured swim workout designed to help you improve your fitness or train for specific goals. Open to all levels.

**PILATES MAT CLASS** - An exercise system focused on increasing flexibility and strength for the total body without building bulk. No apparatus is used during this class.

**POWER VINYASA YOGA** – Move with your breath in this invigorating Baptiste style yoga class. You will be encouraged to use your breath, to come into your body, to clear your mind and to discover your true power. Expect to sweat and challenge yourself with both movement and powerful, athletic postures.

**SPIN** - A cardio workout without comparison. All instructors incorporate climbing, intervals and steady state training. Guaranteed to make you sweat! Each instructor creates a different design for each class.

**S.I.T.**– “Strength and Interval Training.” Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

**TRX TRAINING** — The much talked about TRX is a total body suspension training system. By using your own body weight and vector angles the TRX system provides a well-rounded workout for the entire body.

**VINYASA FLOW YOGA**— In this yoga class the teacher will encourage you to synchronize your breath to the movement from one pose to the next on an inhale or an exhale. This style of yoga allows for a lot of variety, but you can expect movement, not just stretching.

**VINYASA/RESTORATIVE** — In a calm meditative atmosphere a half hour is spent stretching with your breath. The remaining time of class is given to guided meditation while exploring the range of motion of your spine supported by bolsters in gentle poses.

**ZUMBA** — Zumba Fitness is the only Latin-inspired dance-fitness program that blends red-hot international music, and contagious steps to form a "fitness-party" that is downright addictive.



# February Pool Schedule

	<b>Mondays</b>	<b>Tuesdays</b>	<b>Wednesdays</b>	<b>Thursdays</b>	<b>Fridays</b>	<b>Saturdays</b>	<b>Sundays</b>
<b>6:00-8:00am</b>	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	6:30-8:00am Lap Swim	6:30-8:00am Lap Swim
<b>7:00-8:00am</b>		<b>Masters Swim (Larisa)</b>		<b>Masters Swim (Larisa)</b>			
<b>10:00am-1:00pm</b>							
<b>1:00-2:00pm</b>	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
<b>2:00-3:30pm</b>							
<b>3:30-4:30pm</b>	After School Program in Pool	After School Program in Pool	After School Program in Pool	After School Program in Pool	After School Program in Pool		
<b>4:30-5:00pm</b>							
<b>5:00-6:00pm</b>							
<b>6:30-9:00pm</b>							
<b>9:00-10:00pm</b>	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim

## Pool Etiquette & Rule Reminders

1. All pool users must check in at the front desk.
2. There is no lifeguard on duty, swim at your own risk. We recommend that no one swim alone.
3. Children under 12 must be accompanied by a responsible person that is at least 16 years old.
4. Please do not wear street shoes or muddy shoes into the pool area.
5. Pool doors must remain closed at all times.
6. No pool parties allowed. No food or glass allowed in the pool area.
7. Proper swim attire is required in pool, infants and untrained toddlers must wear swim diapers at all times.
8. Per state law, showers are required before using the pool or hot tub.
9. No hard balls (tennis balls, etc.), large inflatables, or squirt guns allowed in pool area. No letting unregistered guests into the pool area through the emergency exit doors. No interfering with lap swimmers. No flipping, diving, roughhousing, running, or pushing others into the pool.
10. Penalties for misbehavior will be strictly enforced, at the discretion of ANY Homestead Employee. Penalties include removal from the building, suspension from the Club for a limited period of time, or permanent expulsion from the Club. In cases where vandalism or damage has occurred, the police will be called, and charges pressed. We will expect to be reimbursed for any expenses for repair, etc.
11. In the event of lightning, pool users must exit the pool and wait 20 minutes after the last lightning sighting before re-entering the pool.
12. Lap Swim is time specifically designated for lap swimming only. Anyone in the pool must be swimming laps.
13. Lap Swim Hours are: Monday-Friday: 6am-8am, 1-2pm, 9-10pm, and Saturday-Sunday: 6:30am-8:00am, and 9-10pm. No lap swim on holidays or school breaks.
14. Thank you for abiding by our pool rules!

# Winter Tennis Schedule

Program Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:15-7:15am			Cardio Tennis*			
7:15-8:15am						Cardio Tennis*
8:30-9:30am						4.0++ Level Adult Clinic*
9:30-10:30am						3.5 Level Adult Clinic*
10:30-11:30am						3.0 Level Adult Clinic*
10:45am-noon		3.0-3.5 Level Adult Clinic*		Stroke of the Day All Levels Adult Clinic*		
Noon-1:15pm			4.0++ Level Adult Clinic*			
1:15-2:30pm					Ladies 3.0-3.5 League Play*	
3:15-4:00pm			Mighty Mites Junior Clinic* (Ages 4-6)		Mighty Mites Junior Clinic* (Ages 4-6)	
4:00-5:00pm	Superstars Junior Clinic* (Ages 7-9)	Intermediate Junior Clinic* (Ages 10+)	Superstars Junior Clinic* (Ages 7-9)	Intermediate Junior Clinic* (Ages 10+)	Superstar Clinic* (Ages 7-9) Intermediate Clinic* (Ages 10+)	
5:00-6:00pm	Junior Elite Tennis Clinic*	Junior Elite Tennis Clinic*	Junior Elite Tennis Clinic*	Junior Elite Tennis Clinic*	Junior Elite Tennis Clinic*	
6:00-9:00pm	Coed 4.0- League Play*		Men's 4.0- League Play*	Coed 4.5 + Top Gun League*		

## Winter 2014 Program Dates:

January 5 - March 13

### SIGN UP POLICY FOR ADULT CLINICS

**Homestead Homeowners** and their tenants may sign up for clinics up to 48 hours in advance.

**Non-resident members** may sign up for clinics up to 24 hours in advance.

**Non-members** may sign up for clinics on the day of the clinic.

**Adult Clinic Prices:** Member rate is \$20 per clinic, Non-member rate is \$30 per clinic

**\*Advance sign up required for all tennis programs**







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