



Homestead Owners Association & Court Club

April Events

HCC Easter Party
Saturday, April 4th
10:00am-12:00pm

Board & DRC Meeting
Friday, April 10th @9am

Spring Break Kids Camp
April 13th-17th
8:30am-5:15pm

No Tennis Programs
April 13th-17th
(Spring Break)

VMS Tennis Matches
April 1st vs. Delta
April 21st vs. Aspen
April 23rd vs. Glenwood

General Club Information

Club Hours:

5:55am-10:00pm M-F

6:30am-10:00pm S-S

Phone:

970-926-1067

Fax:

970-926-4710

400 Homestead Drive

P.O. Box 808

Edwards, CO 81632

Childcare Hours:

8:30am-noon M-F

3:00pm-7:00pm M-F

By Appointment Only

Website:

Hcchoa.com

Like Homestead Court Club on Facebook!

Homestead's Annual Easter Party

Please join us on Saturday, April 4, from 10am-12pm for a fun filled Easter party including an Easter egg hunt, arts & crafts, coffee, pastries and of course a visit from the Easter Bunny! We hope to see you there. Don't forget your baskets! Party is for Homestead residents and members only please.



Tennis News

Welcome New Tennis Co-Directors Tom & Laura Ewert

We are excited to announce the appointment of Homestead Tennis Co-Directors Tom & Laura Ewert. They most recently were with the Boulder Country Club acting as tennis pros and league coordinators since 2009. Tom's extensive tennis background includes a degree in Professional Tennis Management and Business Marketing from Ferris State University in Big Rapids, Michigan. He is a USPTA Elite Tennis Professional and USPTR Professional, as well as USPTR 10 & under Certified Professional. Laura was a collegiate scholarship player for Ferris State University, and is a top ranked Women's Open Player for Singles, Doubles, and Mixed. Laura is also a USPTA Elite Professional. Tom and Laura are in the process of relocating to the Vail Valley. They are looking forward to working with the other Pros at Homestead and getting to know the Homestead members.



VMS High School Girls Tennis will be hosting three tennis matches at Homestead during April. Their first home match will be held Wednesday, April 1, versus Delta at 3:00pm. Their second home match will be held on Tuesday, April 21, versus Aspen at 3:00pm. Their last home match of the season will be held on Thursday, April 23, versus Glenwood Springs at 3:00pm. Please check the tennis bulletin board for updates. This is a great program being offered for all high school girls in the valley so come out and show your support. The Tennis Team would like to thank Homestead for providing the facilities, courts and coaches that allow this program to continue to grow!

Spring Tennis Programs: There is still room to participate in all of our junior programs. Don't let this spring pass you by without playing some tennis. Get out and enjoy the sport of a lifetime! Information on all of our tennis programs can be found at the front desk, or on our website, www.hcchoa.com.

Property Maintenance Reminder

The Homestead DRC is looking at properties year round and typically we use this time to catch up on reviewing maintenance of homes and lots. Each year we look at the landscaping and exterior of homes to ensure that the landscaping is in good repair and appearance, that the rest of the house is not in need of stain or paint, and that there are no other obvious maintenance needs. The Declarations and the Architectural Standards and Guidelines state that homeowners are responsible for the maintenance and repair of their residence and/or lot. If, in our travels, we see that some maintenance is needed on your property, we will notify you of our observations. Our goal is to establish a dialog with you that will insure your property is brought into compliance in a timely manner, serving both the Association's needs and your own. We realize that the season for repairing roofs, painting and staining, is upon us, so we will be looking for compliance in late spring or early summer, depending on the weather. For those of you who are planning exterior work, please remember that any landscaping/exterior changes and/or improvements must be applied for and approved by the DRC. If you have any questions or comments, please feel free to give us a call at 926-1067. -Homestead DRC

March Board & DRC Meeting Highlights

Our March Board of Directors and Design Review Committee Meeting was held on Friday, March 13, 2015 at 9:00am. During the DRC portion of the meeting two items were seen for preliminary review: a new construction single family home at 20 Remington Trail, and a remodel/addition at 314 Meile Lane. Both items will be seen for final approval at the April DRC meeting. During the Board of Directors portion of the meeting New Business included appointing the Board of Directors to the DRC, electing Director Ladd as the Board President, Director Allen as Vice President, and Director DeMore as Secretary/Treasurer. The Board also appointed Larry Agneberg, Kenton Krohlow and Glenn Wilble to the Nominating Committee for the 2016 Board Election. Matters Pending included discussion on the remodel punch list items that remain. The meeting minutes from the meeting on February 13, 2015 were approved. The January 2015 financial report was approved by the Board. The meeting adjourned to executive session at approximately 9:40am.

Children's Programming News

April Break Kids Camp

We are hosting a special session of Kids Camp on April 13-17. Homestead camp offers your camper a fun mix of activities including swimming, hiking, yoga, games, arts and crafts, and creative play! Camp runs from 8:30 a.m. to 5:15 p.m. Rates are \$40/day for members and \$47/day for non-members. Advanced registration is required.

Homestead Summer Camp 2015

Join us for 12 weeks of summer fun! Our kid-approved camps add up to a summer of discovery and fun. Tennis is also offered every day at a special rate for our campers. Camp is offered every Monday through Friday from 8:30am-5:15pm, beginning on Monday, June 1. Registration packets are available on our website, hcchoa.com. Contact jillian@homesteadcourtclub.com for more information on any of our camps. Register now to ensure your space!

Fitness News

Total Body Blast with Danita

This fast-paced and fun class provides a complete body workout and incorporates strengthening and toning of muscles, sustained cardio and intervals, and finishes with core work and stretching for a well-balanced total body workout! Try this fun class on Monday nights at 5:30pm.

Masters Swim Time Change

Masters Swim with Larisa has been moved to 6:05am on Tuesdays and Thursdays. Masters Swim is a structured swim workout designed to help you improve your fitness or train for specific goals. Open to all levels. Join Larisa for a great swim workout to start your day!

Rise, Shine and Align Yoga Time Change

Yoga with Simone has been moved to 6:05am on Tuesdays, in order to accommodate requests for an earlier morning class. Simone's class is an anusara alignment and core power vinyasa flow focusing on breath and proper alignment. We hope to see you there!



April Fitness Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:05-7:05am		Masters Swim (Larisa) Rise, Shine and Align Yoga (Simone)	Spin (Amy) 6:15-7:15am Cardio Tennis* (Eric)	Masters Swim (Larisa)	Spin (Joel)	
7:00-8:00am						7:15-8:15am Cardio Tennis* (Eric)
8:30-9:30am						Level 2 Yoga (Trinity)
9:00-10:00am					Board Meeting 4/10/2015 9:00am	
9:15-10:15am	20/20/20 (Justin)			S.I.T (Justin)		
10:30-11:30am	Pilates Mat Class (Deana)			Pilates Mat Class (Deana)		
12:00-1:15pm		Gentle Yoga (Sophie)				
4:30-5:30pm					Kids Yoga*\$ (Amy)	
5:30-6:30pm	Total Body Blast (Danita)	5:15-6:15pm Zumba (Beth) Spin (Joel)	Strength & Conditioning (Amie)			
6:35-7:35pm	Power Yoga (Karlie)		Vinyasa/ Restorative Yoga (Sophie)	6:15-7:15pm Vinyasa Flow (Sophie)		

**Please call the front desk to sign up for classes with an asterisk* Sign up policy: Homestead homeowners and their tenants may reserve their space 48 hours in advance and Non-resident members may reserve their space 24 hours in advance. Please call 970-926-1067 to sign up.*

\$ = Fee for class

New classes and/or changed classes are listed in bold



Fitness Class Descriptions

20/20/20 - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

ATHLETES EDGE - Join Justin for this fast paced, high energy, strength and conditioning class!

CARDIO FUSION - Join Amie for a blend of cardio, intervals, weights and core to sculpt the entire body.

CARDIO TENNIS — Cardio Tennis is a fun group activity featuring drills to give players of all abilities an ultimate, high energy workout. Cardio Tennis includes a warm-up, cardio workout, and cool down phases.

GENTLE YOGA—Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or is looking for modifications to all postures. Our instructor creates a safe environment through alignment to explore your personal boundaries while building strength and flexibility. This practice excludes all inversions and extreme backbends.

LEVEL 2 YOGA - Based on traditional Hatha Yoga poses and the principals of alignment, the flowing moves encourage breath and movement synchronization. Focus is on body awareness and working within personal limits while building strength & flexibility with a calm mind.

MASTERS SWIM - Join coach Larisa for a structured swim workout designed to help you improve your fitness or train for specific goals. Open to all levels.

PILATES MAT CLASS - An exercise system focused on increasing flexibility and strength for the total body without building bulk. No apparatus is used during this class.

POWER VINYASA YOGA – Move with your breath in this invigorating Baptiste style yoga class. You will be encouraged to use your breath, to come into your body, to clear your mind and to discover your true power. Expect to sweat and challenge yourself with both movement and powerful, athletic postures.

SPIN - A cardio workout without comparison. All instructors incorporate climbing, intervals and steady state training. Guaranteed to make you sweat! Each instructor creates a different design for each class.

S.I.T.– “Strength and Interval Training.” Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

TOTAL BODY BLAST — This fast-paced and fun class provides a complete body workout and incorporates strengthening and toning of muscles, sustained cardio and intervals, and finishes with core work and stretching for a well-balanced total body workout!

TRX TRAINING — The much talked about TRX is a total body suspension training system. By using your own body weight and vector angles the TRX system provides a well-rounded workout for the entire body.

VINYASA FLOW YOGA— In this yoga class the teacher will encourage you to synchronize your breath to the movement from one pose to the next on an inhale or an exhale. This style of yoga allows for a lot of variety, but you can expect movement, not just stretching.

VINYASA/RESTORATIVE — In a calm meditative atmosphere a half hour is spent stretching with your breath. The remaining time of class is given to guided meditation while exploring the range of motion of your spine supported by bolsters in gentle poses.

ZUMBA — Zumba Fitness is the only Latin-inspired dance-fitness program that blends red-hot international music, and contagious steps to form a "fitness-party" that is downright addictive.



April Pool Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
6:00-8:00am	Lap Swim	Lap Swim 6:05am Masters Swim (Larisa)	Lap Swim	Lap Swim 6:05am Masters Swim (Larisa)	Lap Swim	6:30-8:00am Lap Swim	6:30-8:00am Lap Swim
7:00-8:00am							
10:00am-1:00pm							
1:00-2:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
2:00-3:30pm							
3:30-4:30pm	After School Program in Pool	After School Program in Pool	After School Program in Pool	After School Program in Pool	After School Program in Pool		
4:30-5:00pm							
5:00-6:00pm							
6:30-9:00pm							
9:00-10:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim

Pool Etiquette & Rule Reminders

1. All pool users must check in at the front desk.
2. There is no lifeguard on duty, swim at your own risk. We recommend that no one swim alone.
3. Children under 12 must be accompanied by a responsible person that is at least 16 years old.
4. Please do not wear street shoes or muddy shoes into the pool area.
5. Pool doors must remain closed at all times.
6. No pool parties allowed. No food or glass allowed in the pool area.
7. Proper swim attire is required in pool, infants and untrained toddlers must wear swim diapers at all times.
8. Per state law, showers are required before using the pool or hot tub.
9. No hard balls (tennis balls, etc.), large inflatables, or squirt guns allowed in pool area. No letting unregistered guests into the pool area through the emergency exit doors. No interfering with lap swimmers. No flipping, diving, roughhousing, running, or pushing others into the pool.
10. Penalties for misbehavior will be strictly enforced, at the discretion of ANY Homestead Employee. Penalties include removal from the building, suspension from the Club for a limited period of time, or permanent expulsion from the Club. In cases where vandalism or damage has occurred, the police will be called, and charges pressed. We will expect to be reimbursed for any expenses for repair, etc.
11. In the event of lightning, pool users must exit the pool and wait 20 minutes after the last lightning sighting before re-entering the pool.
12. Lap Swim is time specifically designated for lap swimming only. Anyone in the pool must be swimming laps.
13. Lap Swim Hours are: Monday-Friday: 6am-8am, 1-2pm, 9-10pm, and Saturday-Sunday: 6:30am-8:00am, and 9-10pm. No lap swim on holidays or school breaks.
14. Thank you for abiding by our pool rules!

Spring Tennis Schedule

Program Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:15-7:15am			Cardio Tennis*			
7:15-8:15am						Cardio Tennis*
8:30-9:30am						4.0++ Level Adult Clinic*
9:30-10:30am						3.5 Level Adult Clinic*
10:30-11:30am						
10:45am-noon		3.0-3.5 Level Adult Clinic*		Stroke of the Day All Levels Adult Clinic*		
Noon-1:15pm			4.0++ Level Adult Clinic*			
1:15-2:30pm					Ladies 3.0-3.5 League Play*	
4:00-4:45pm			Mighty Mites Junior Clinic* (Ages 4-6)		Mighty Mites Junior Clinic* (Ages 4-6)	
4:00-5:00pm	Superstars Junior Clinic* (Ages 7-9)	Intermediate Junior Clinic* (Ages 10+)	Superstars Junior Clinic* (Ages 7-9)	Intermediate Junior Clinic* (Ages 10+)	Intermediate Clinic* (Ages 10+)	
5:00-6:00pm	Junior Elite Tennis Clinic*	Junior Elite Tennis Clinic*	Junior Elite Tennis Clinic*	Junior Elite Tennis Clinic*	Junior Elite Tennis Clinic*	
6:00-9:00pm	Coed 4.0- League Play*		Men's 4.0- League Play*	Coed 4.5 + Top Gun League*		

Spring 2015 Program Dates:

March 16 - May 22 (No programs 4/13-4/17 for Spring Break)

SIGN UP POLICY FOR ADULT CLINICS

Homestead Homeowners and their tenants may sign up for clinics up to 48 hours in advance.

Non-resident members may sign up for clinics up to 24 hours in advance.

Non-members may sign up for clinics on the day of the clinic.

Adult Clinic Prices: Member rate is \$20 per clinic, Non-member rate is \$30 per clinic

***Advance sign up required for all tennis programs**

