



Homestead Owners Association & Court Club

May Events

Board & DRC Meeting
Friday, May 8th @9am

Free Junior Tennis Clinic
Saturday, May 16th
10:00-11:30am

Meet & Greet with our Tennis Pros
Saturday, May 16th
11:30am-1:30pm

Last Day of Spring Tennis Programs
Friday, May 22nd

Memorial Day
Monday, May 25th
No After School Program
No Group Fitness Classes
Childcare Closed

General Club Information

Club Hours:
5:55am-10:00pm M-F

Phone:
970-926-1067

Fax:
970-926-4710

400 Homestead Drive
P.O. Box 808
Edwards, CO 81632

Childcare Hours:
8:30am-noon M-F
3:00pm-7:00pm M-F
By Appointment Only

Website:
Hcchoa.com

Like Homestead Court Club on Facebook!

A Note Regarding Homestead Pets

Homestead Owners Association has received many complaints recently about our neighborhood pets. These complaints were mainly regarding two issues: animal control and animal waste. Eagle County law requires that dogs be under "control" which includes leashing them or being within 10 feet of the owner and under voice control. Uncontrolled dogs have created problems for other dog owners who have their own pets leashed, for people trying to ride bicycles, or for people who are uncomfortable around unleashed pets. Please be courteous by leashing your dog in Homestead's open space, parks, and Heritage Park parks. Additionally, dogs should be cleaned up after at all times in the interest of public enjoyment of our neighborhood and public health. Homestead Owners Association would like to suggest a reasonable balance between the needs of a dog owner and the safety and comfort of other residents.

Homestead's Animal Control Policy

- Dog owners are required to comply with the Eagle County Laws (Resolution 96-23 and any subsequent Laws) concerning dogs.
- Owners are to keep their animals either in their homes or on leashes at all times and must meet Eagle County Law 96-23 Section 10 and 11 regarding confinement and restraint. Electronic containment systems may only be used when the animal is still within verbal control and owner is on site.
- Homestead bars animals (within reason) from Homestead Court Club grounds, other common areas, such as parks (not designated dog parks). Dogs are allowed on Homestead open space and trails if they meet Eagle County control regulations.
- Homestead requires owners to care for their animals and clean up after them.
- Homestead may require owners to obtain and show proof of liability insurance to cover property damage or injuries to others caused by their animal.
- Homestead will insist on the removal of an animal (by Eagle County Animal Control Officer) that threatens or disturbs other residents, for example, by barking incessantly, showing vicious tendencies or behavior, or roaming free within the Homestead neighborhood.
- Homestead staff will fill out and submit a Citizen Incident Report to Eagle County for any violation of the above policy. Violations of this policy are subject to time based violation rules set out in the Homestead Covenant enforcement policy. *Thank you for your cooperation in making Homestead a safe and pet friendly neighborhood.*

Upcoming Pool & Locker Room Closures

Please note the entire pool area, including hot tub, steam room, and pool will be closed for resurfacing and annual cleaning June 14–27. The pool area, hot tub and steam room will reopen on June 28. The men's locker room will be closed for renovation June 1-15 and the women's locker room will be closed for renovation June 15-28. Other restrooms throughout the facility will remain open, and the Family locker room will also remain open. Please excuse our mess as we work to improve the Homestead Court Club.

Fitness News

Triathlon Training

Ready for your first triathlon? Have you done a tri and want to try again? We all set goals and then find excuses not to get it done. Do it this year! Homestead Court Club can help you get ready and excited for this season. Erinn Hoban will be teaching a tri class consisting of swimming, biking and running to help you with your best and worst assets of this multisport accomplishment. Erinn enjoys working with people at all levels, wanting nothing more than people to be healthy and happy with their accomplishments. Contact Justin@homesteadcourtclub.com for more information.

Masters Swim

Masters Swim with Larisa has been moved to 7:00am on Tuesdays and Thursdays. Open to all levels. Join Larisa for a great swim workout to start your day!

Memorial Day Reminder

All Group Fitness Classes are cancelled on Memorial Day. We hope you get outside and enjoy the holiday!

April Board & DRC Meeting Highlights

Our April Board of Directors and Design Review Committee Meeting was held on Friday, April 10, 2015 at 9:00am. During the DRC portion of the meeting three items were seen for approval: an addition was approved at 314 Meile Lane, an addition was approved at 682 Gold Dust Drive, and a fence was approved at 786 Gold Dust Drive. Additionally, three items were staff approved in April. During the Board of Directors portion of the meeting Matters Pending included discussion on the remodel punch list items that remain. The meeting minutes from the meeting on March 13, 2015 were approved. The February 2015 financial report was approved by the Board. In the Directors Report Tracy Erickson announced the appointment of new Co-Directors of Tennis, Tom and Laura Ewert. The meeting adjourned to executive session at approximately 9:45am.

Tennis News

Free Junior Clinic ~ Saturday, May 16

The Junior Clinic will be held from 10:00-11:30am, followed by a pizza party and meet and greet with the Pros. Get your kids active and involved in this fun lifelong sport or just stop by to meet our new Co-Directors of Tennis, Tom and Laura Ewert. This is a great time to ask questions about all of our tennis programs and sign up for Summer Programs. Please call or stop by the front desk to sign up for the Junior Clinic portion. In the event of inclement weather free clinics will be moved inside.

Pizza Party with the Pros ~ Saturday, May 16

We invite you to come by the Club to meet our new Co-Directors of Tennis, Tom and Laura Ewert, on Saturday, May 16, from 11:30-1:30pm. Get to know Tom and Laura and learn more about our Summer Tennis Programs. We will be serving pizza and drinks. We hope to see you there!

Summer Tennis Program Flyers available May 1

This summer we are offering clinics for all ages and ability levels as well as a four day per week tennis camp for juniors. All summer tennis programs are beginning the week of June 1. For days, times, and rates please visit our website, or stop by the front desk.

Spring Clinics Ending

Reminder—The last day of Spring Junior Tennis Clinics & Spring Tennis Leagues is Friday, May 22.

Children's Programming News

Homestead Summer Camp 2015

Join us for 12 weeks of summer fun! Our kid-approved camps add up to a summer of discovery and fun. Participants will enjoy a wide variety of activities that include: yoga, arts and crafts, show and tell, parks, hikes, special events, leadership development, positive social interaction, sports, teamwork activities, and so much more! Included in the cost is a afternoon snack and art supplies. Tennis is also offered every day at a special rate for our campers. Camp is open Monday through Friday from 8:30am-5:15pm, beginning on Monday, June 1. Registration packets are available on our website, hcchoa.com. Contact jillian@homesteadcourtclub.com for more information on any of our camps. Register now to ensure your child's space!

Memorial Day Closures

The Childcare Room and After School Program will be closed on Monday, May 25.

Reminder: The last day of HCC After School Program will be Thursday, May 28.



Homestead

CLUBHOUSE
FOR KIDS



May Fitness Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:05-7:05am		Rise, Shine and Align Yoga (TBD)	Spin (Amy) 6:15-7:15am Cardio Tennis* (Eric)		Spin (Joel)	
7:00-8:00am		Masters Swim (Larisa)		Masters Swim (Larisa)		7:15-8:15am Cardio Tennis* (Eric)
8:30-9:30am						Level 2 Yoga (Trinity)
9:00-10:00am					Board Meeting 5/8/2015 9:00am	
9:15-10:15am	20/20/20 (Justin)			S.I.T (Justin)		
10:30-11:30am	Pilates Mat Class (Deana)			Pilates Mat Class (Deana)		
12:00-1:15pm		Gentle Yoga (Sophie)				
4:30-5:30pm						
5:30-6:30pm	Total Body Blast (Danita)	5:15-6:15pm Zumba (Beth) Spin (Joel)	Strength & Conditioning (Amie)			
6:35-7:35pm	Power Yoga (Karlie)		Vinyasa/ Restorative Yoga (Sophie)	6:15-7:15pm Vinyasa Flow (Sophie)		

**Please call the front desk to sign up for classes with an asterisk* Sign up policy: Homestead homeowners and their tenants may reserve their space 48 hours in advance and Non-resident members may reserve their space 24 hours in advance. Please call 970-926-1067 to sign up.*

New classes and/or changed classes are listed in bold

Please note all classes have been cancelled on Memorial Day, Monday, May 25th.



Fitness Class Descriptions

20/20/20 - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

ATHLETES EDGE - Join Justin for this fast paced, high energy, strength and conditioning class!

CARDIO FUSION - Join Amie for a blend of cardio, intervals, weights and core to sculpt the entire body.

CARDIO TENNIS — Cardio Tennis is a fun group activity featuring drills to give players of all abilities an ultimate, high energy workout. Cardio Tennis includes a warm-up, cardio workout, and cool down phases.

GENTLE YOGA—Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or is looking for modifications to all postures. Our instructor creates a safe environment through alignment to explore your personal boundaries while building strength and flexibility. This practice excludes all inversions and extreme back-bends.

LEVEL 2 YOGA - Based on traditional Hatha Yoga poses and the principals of alignment, the flowing moves encourage breath and movement synchronization. Focus is on body awareness and working within personal limits while building strength & flexibility with a calm mind.

MASTERS SWIM - Join coach Larisa for a structured swim workout designed to help you improve your fitness or train for specific goals. Open to all levels.

PILATES MAT CLASS - An exercise system focused on increasing flexibility and strength for the total body without building bulk. No apparatus is used during this class.

POWER VINYASA YOGA – Move with your breath in this invigorating Baptiste style yoga class. You will be encouraged to use your breath, to come into your body, to clear your mind and to discover your true power. Expect to sweat and challenge yourself with both movement and powerful, athletic postures.

SPIN - A cardio workout without comparison. All instructors incorporate climbing, intervals and steady state training. Guaranteed to make you sweat! Each instructor creates a different design for each class.

S.I.T.– “Strength and Interval Training.” Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

TOTAL BODY BLAST — This fast-paced and fun class provides a complete body workout and incorporates strengthening and toning of muscles, sustained cardio and intervals, and finishes with core work and stretching for a well-balanced total body workout!

TRX TRAINING — The much talked about TRX is a total body suspension training system. By using your own body weight and vector angles the TRX system provides a well-rounded workout for the entire body.

VINYASA FLOW YOGA— In this yoga class the teacher will encourage you to synchronize your breath to the movement from one pose to the next on an inhale or an exhale. This style of yoga allows for a lot of variety, but you can expect movement, not just stretching.

VINYASA/RESTORATIVE — In a calm meditative atmosphere a half hour is spent stretching with your breath. The remaining time of class is given to guided meditation while exploring the range of motion of your spine supported by bolsters in gentle poses.

ZUMBA — Zumba Fitness is the only Latin-inspired dance-fitness program that blends red-hot international music, and contagious steps to form a "fitness-party" that is downright addictive.



May Pool Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
6:00-8:00am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	6:30-8:00am Lap Swim	6:30-8:00am Lap Swim
7:00-8:00am		Masters Swim (Larisa)		Masters Swim (Larisa)			
10:00am-1:00pm							
1:00-2:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
2:00-3:30pm							
3:30-4:30pm	After School Program in Pool	After School Program in Pool	After School Program in Pool	After School Program in Pool	After School Program in Pool		
4:30-5:00pm							
5:00-6:00pm							
6:30-9:00pm							
9:00-10:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim

Pool Etiquette & Rule Reminders

1. All pool users must check in at the front desk.
2. There is no lifeguard on duty, swim at your own risk. We recommend that no one swim alone.
3. Children under 12 must be accompanied by a responsible person that is at least 16 years old.
4. Please do not wear street shoes or muddy shoes into the pool area.
5. Pool doors must remain closed at all times.
6. No pool parties allowed. No food or glass allowed in the pool area.
7. Proper swim attire is required in pool, infants and untrained toddlers must wear swim diapers at all times.
8. Per state law, showers are required before using the pool or hot tub.
9. No hard balls (tennis balls, etc.), large inflatables, or squirt guns allowed in pool area. No letting unregistered guests into the pool area through the emergency exit doors. No interfering with lap swimmers. No flipping, diving, roughhousing, running, or pushing others into the pool.
10. Penalties for misbehavior will be strictly enforced, at the discretion of ANY Homestead Employee. Penalties include removal from the building, suspension from the Club for a limited period of time, or permanent expulsion from the Club. In cases where vandalism or damage has occurred, the police will be called, and charges pressed. We will expect to be reimbursed for any expenses for repair, etc.
11. In the event of lightning, pool users must exit the pool and wait 20 minutes after the last lightning sighting before re-entering the pool.
12. Lap Swim is time specifically designated for lap swimming only. Anyone in the pool must be swimming laps.
13. Lap Swim Hours are: Monday-Friday: 6am-8am, 1-2pm, 9-10pm, and Saturday-Sunday: 6:30am-8:00am, and 9-10pm. No lap swim on holidays or school breaks.
14. Thank you for abiding by our pool rules!

Spring Tennis Schedule

Program Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:15-7:15am			Cardio Tennis*			
7:15-8:15am						Cardio Tennis*
8:30-9:30am						4.0++ Level Adult Clinic*
9:30-10:30am						3.5 Level Adult Clinic*
10:30-11:30am						
10:45am-noon		3.0-3.5 Level Adult Clinic*		Stroke of the Day All Levels Adult Clinic*		
Noon-1:15pm			4.0++ Level Adult Clinic*			
1:15-2:30pm					Ladies 3.0-3.5 League Play*	
4:00-4:45pm			Mighty Mites Junior Clinic* (Ages 4-6)		Mighty Mites Junior Clinic* (Ages 4-6)	
4:00-5:00pm	Superstars Junior Clinic* (Ages 7-9)	Intermediate Junior Clinic* (Ages 10+)	Superstars Junior Clinic* (Ages 7-9)	Intermediate Junior Clinic* (Ages 10+)	Intermediate Clinic* (Ages 10+)	
5:00-6:00pm	Junior Elite Tennis Clinic*	Junior Elite Tennis Clinic*	Junior Elite Tennis Clinic*	Junior Elite Tennis Clinic*	Junior Elite Tennis Clinic*	
6:00-9:00pm	Coed 4.0- League Play*		Men's 4.0- League Play*	Coed 4.5 + Top Gun League*		

Spring 2015 Program Dates:

March 16 - May 22

SIGN UP POLICY FOR ADULT CLINICS

Homestead Homeowners and their tenants may sign up for clinics up to 48 hours in advance.

Non-resident members may sign up for clinics up to 24 hours in advance.

Non-members may sign up for clinics on the day of the clinic.

Adult Clinic Prices: Member rate is \$20 per clinic, Non-member rate is \$30 per clinic

***Advance sign up required for all tennis programs**

