



# Homestead Owners Association & Court Club

## September Events

### End of Summer Party and BBQ

Saturday, September 5th  
4:00-7:00pm  
Pool Closed During Party

### Labor Day

Monday, September 7th  
Club Hours: 5:55am-5:00pm  
No Group Fitness Classes  
Childcare Closed  
After School Program Closed

Board & DRC Meeting  
Friday, September 11th, at  
9:00am

High School Tennis  
Matches at Homestead  
September 12th, at 10:00am  
September 25th, at 2:00pm

## General Club Information

Club Hours:  
5:55am-10:00pm M-F  
6:30am-10:00pm S-S

Phone:  
970-926-1067

Fax:  
970-926-4710

400 Homestead Drive  
P.O. Box 808  
Edwards, CO 81632

Childcare Hours:  
8:30am-noon M-F  
3:00pm-7:00pm M-F  
By Appointment Only

Website:  
Hcchoa.com

Like Homestead Court Club on Facebook!

## End of Summer Party & BBQ



Please join us on Saturday, September 5th, from 4-7pm for Homestead's Annual End Of The Summer Party & BBQ. Help us celebrate the last days of summer with a live music performance, family games, jumpy house, face painting, food & drinks, and a mechanical bull! The party will be held in the parking lot in front of the club. Please note that our pool will be closed during the party. Please plan to walk or carpool to the club if you can, as limited parking will be available.

## Tennis News

**Sign up for Fall Tennis:** Fall junior and adult clinics begin on Monday, August 24th. Junior programs are offered 1 to 4 days per week and will run for 8 weeks. All junior programs are on a first come first serve basis, so sign-up today to secure your child a spot! Registration forms are available at [hcchoa.com](http://hcchoa.com) or at the front desk. Fall Leagues and Adult Clinics also begin on Monday, August 24th. Email [tennis@homesteadcourtclub.com](mailto:tennis@homesteadcourtclub.com) with questions or for more information on Fall Tennis Programs.

**High School Tennis:** Come out and CHEER on the Vail Mountain High School Boys Tennis Team at Homestead Court Club on these dates:  
September 12th vs. Dawson School and Centaurus at 10:00am  
September 25th vs. Denver School of Science and Technology at 2:00pm

**USTA Districts Recap:** Women's 3.0 CTA Daytime Doubles- 2 wins and 1 loss. Played match tough to make it to the semi-finals of their bracket.  
Women's 3.5 CTA Daytime Doubles- No wins and 3 losses. Most of their matches went to third set tie-breakers and unfortunately came up short a few critical points.  
Women's 4.0 CTA Daytime Doubles- 2 wins and 1 loss. One match away from receiving the wildcard to enter the semi-finals.

The tennis staff is proud of you for your outstanding league season! Congratulations once again and we look forward to seeing you all on the courts this Fall!

**Reminder:** Court times will be changing back to 1 hour and 15 minutes beginning on Monday, August 24th.



## Please Slow Down on Homestead Streets

Please remember when driving on neighborhood streets that this is what they are... neighborhood streets. As a courtesy to those that live on these "through" streets, please remember to not exceed the speed limit, and watch out for kids playing near the road. Cutting a minute from your drive time is not worth someone's life.

Just remember, it's where we live. Homestead has requested that the Eagle County Sheriff's Department increase patrols for speeding on Homestead Streets. PLEASE slow down!



## Replacement of Water System Pump Station on Gold Dust Drive

Glen Phelps, Field Operations Manager for Eagle River Water & Sanitation District, will attend the September 11 Homestead Board of Directors meeting to discuss the planned replacement of the pump station on Gold Dust Drive, which pumps water to the storage tank located at the top of Homestead. The equipment within the station is nearing the end of its useful life so a new station needs to be constructed and functional before the current station is taken out of operation. The new station will be similar to the existing one and will be located within the existing pump station property. Construction activities are expected to begin summer 2016 with completion by late-fall. The new station is expected to be constructed offsite, which will reduce construction activities in the area. Mr. Phelps will briefly discuss the project and have visuals to show the project location, station type and size. Residents are welcome to attend the Board Meeting to ask questions.

## August Board & DRC Meeting Highlights

Our August Design Review Committee Meeting was held on Friday, August 14, 2015 at 9:00am. During the DRC portion of the meeting two items were seen for review: changes to previously approved new construction at 587 & 592 Gold Dust Drive and a garage addition at 463 Edwards Village Boulevard. The meeting minutes from the June 12, 2015 meeting were approved. The financials from May and June 2015 were also approved. The meeting adjourned to Executive Session at approximately 9:40am. The September DRC and Board of Directors Meeting will be held on Friday, September 11th, at 9:00am.

## Children's Programming News

*Homestead's Action Packed After School Program* concentrating on education, fitness, and creativity is beginning this fall on Monday, August 24th. The ASP will meet Monday through Friday from 3:00pm-6:00pm at the Homestead Court Club and will utilize all of the great Homestead Club facilities including parks, trails, and Homestead neighborhoods. Homestead will provide transportation to the program for students at Edwards Elementary School. **PRICE:** \$17 a day for Members and \$22 a day for Non-Members. **REGISTRATION:** Registration packets are available now on our website, at the front desk, or by email request to Jillian at [jillian@homesteadcourtclub.com](mailto:jillian@homesteadcourtclub.com).

*Please Note: Childcare and After School Program will be closed on Labor Day, Monday, September 7th.*



## Fitness News

### *Class Changes/Cancellations in September:*

- Spin with Amy is back on Mondays at 6:05am beginning on September 7th.
- Simone's Rise, Shine and Align Yoga has been moved to 7:00am on Tuesdays.
- Karlie will be teaching Power Yoga on Monday nights at 6:35pm.
- Please note all fitness classes are cancelled on Labor Day, Monday, September 7th, and the Club is closing early at 5:00pm.

*Classes Coming Soon:* Ski Conditioning Class will be back beginning in October!

## Friendly Reminder Concerning Homestead Pets

Homestead Owners Association has recently received some comments about our neighborhood pets. These comments were mainly regarding two issues: animal control and animal waste. Eagle County law requires that dogs be under "immediate control" which includes leashing them or keeping them within 10 feet of you and under voice control. Uncontrolled dogs have created problems for other dog owners who have their own pets leashed, for people trying to ride bicycles, or for people who are uncomfortable around unleashed pets. Uncontrolled dogs have also been known to bark excessively, which violates Homestead's noise guidelines and Eagle County Laws. Please be courteous of your neighbors by keeping your dog under your control. Additionally, dogs should be cleaned up after at all times in the interest of public enjoyment of our neighborhood and public health.

Homestead Owner Association would like to suggest a reasonable balance – or at least, some balance – between the needs of a dog owner and the safety and comfort of other residents. **For member safety there are no pets allowed at any time on Homestead Court Club grounds and area playgrounds.** For more information regarding Eagle County Animal Laws please go to [www.eaglecounty.us](http://www.eaglecounty.us) and click on the Departments link, then the Animal Services link.

Thank you for your cooperation in making Homestead a safe and "pet friendly" neighborhood.





# September Fitness Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:05-7:05am	Spin (Amy)				Spin (Joel)	
7:00-8:00am		Rise, Shine and Align Yoga (Simone)				
8:30-9:30am						Level 2 Yoga (Trinity)
9:00-10:00am					<b>Board Meeting 9/11/2015 9:00am</b>	
9:15-10:15am	20/20/20 (Justin)			S.I.T (Justin)		
10:30-11:30am	Pilates Mat Class (Deana)			Pilates Mat Class (Deana)		
12:00-1:15pm					Gentle Yoga (Sophie)	
4:30-5:30pm						
5:30-6:30pm	Total Body Blast (Danita)	Spin (Joel)	Strength & Conditioning (Chapin)			
6:35-7:35pm	Power Yoga (Karlie)	Vinyasa Flow (Kady)	Vinyasa/ Restorative Yoga (Sophie)	6:15-7:15pm Vinyasa Flow (Sophie)		

*\*Please call the front desk to sign up for classes with an asterisk\* Sign up policy:* Homestead homeowners and their tenants may reserve their space 48 hours in advance and Non-resident members may reserve their space 24 hours in advance. Please call 970-926-1067 to sign up.

New classes and/or changed classes are listed in bold



## Fitness Class Descriptions

**20/20/20** - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

**CARDIO TENNIS** — Cardio Tennis is a fun group activity featuring drills to give players of all abilities an ultimate, high energy workout. Cardio Tennis includes a warm-up, cardio workout, and cool down phases.

**GENTLE YOGA**—Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or is looking for modifications to all postures. Our instructor creates a safe environment through alignment to explore your personal boundaries while building strength and flexibility. This practice excludes all inversions and extreme back-bends.

**LEVEL 2 YOGA** - Based on traditional Hatha Yoga poses and the principals of alignment, the flowing moves encourage breath and movement synchronization. Focus is on body awareness and working within personal limits while building strength & flexibility with a calm mind.

**PILATES MAT CLASS** - An exercise system focused on increasing flexibility and strength for the total body without building bulk. No apparatus is used during this class.

**POWER YOGA** – Move with your breath in this invigorating yoga class. You will be encouraged to use your breath, to come into your body, to clear your mind and to discover your true power. Expect to sweat and challenge yourself with both movement and powerful, athletic postures.

**SPIN** - A cardio workout without comparison. All instructors incorporate climbing, intervals and steady state training. Guaranteed to make you sweat! Each instructor creates a different design for each class.

**S.I.T.**– “Strength and Interval Training.” Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

**STRENGTH & CONDITIONING** - Come join HCC trainer Chapin for an hour long workout incorporating free weights, kettlebells, medicine balls, and body weight exercises. This class blends movements that recruit multiple muscle groups with circuit training for a full body burn.

**TOTAL BODY BLAST** — This fast-paced and fun class provides a complete body workout and incorporates strengthening and toning of muscles, sustained cardio and intervals, and finishes with core work and stretching for a well-balanced total body workout!

**VINYASA FLOW YOGA**— In this yoga class the teacher will encourage you to synchronize your breath to the movement from one pose to the next on an inhale or an exhale. This style of yoga allows for a lot of variety, but you can expect movement, not just stretching.

**VINYASA/RESTORATIVE** — In a calm meditative atmosphere a half hour is spent stretching with your breath. The remaining time of class is given to guided meditation while exploring the range of motion of your spine supported by bolsters in gentle poses.



# September Pool Schedule

	<b>Mondays</b>	<b>Tuesdays</b>	<b>Wednesdays</b>	<b>Thursdays</b>	<b>Fridays</b>	<b>Saturdays</b>	<b>Sundays</b>
<b>6:00-8:00am</b>	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	6:30-8:00am Lap Swim	6:30-8:00am Lap Swim
<b>7:00-8:00am</b>							
<b>10:00am-1:00pm</b>							
<b>1:00-2:00pm</b>	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
<b>2:00-3:30pm</b>							
<b>3:30-4:30pm</b>	After School Program in Pool	After School Program in Pool	After School Program in Pool	After School Program in Pool	After School Program in Pool		
<b>4:30-5:00pm</b>							
<b>5:00-6:00pm</b>							
<b>6:30-9:00pm</b>							
<b>9:00-10:00pm</b>	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim

## Pool Etiquette & Rule Reminders

1. All pool users must check in at the front desk.
2. There is no lifeguard on duty, swim at your own risk. We recommend that no one swim alone.
3. Children under 12 must be accompanied by a responsible person that is at least 16 years old.
4. Please do not wear street shoes or muddy shoes into the pool area.
5. Pool doors must remain closed at all times.
6. No pool parties allowed. No food or glass allowed in the pool area.
7. Proper swim attire is required in pool, infants and untrained toddlers must wear swim diapers at all times.
8. Per state law, showers are required before using the pool or hot tub.
9. No hard balls (tennis balls, etc.), large inflatables, or squirt guns allowed in pool area. No letting unregistered guests into the pool area through the emergency exit doors. No interfering with lap swimmers. No flipping, diving, roughhousing, running, or pushing others into the pool.
10. Penalties for misbehavior will be strictly enforced, at the discretion of ANY Homestead Employee. Penalties include removal from the building, suspension from the Club for a limited period of time, or permanent expulsion from the Club. In cases where vandalism or damage has occurred, the police will be called, and charges pressed. We will expect to be reimbursed for any expenses for repair, etc.
11. In the event of lightning, pool users must exit the pool and wait 20 minutes after the last lightning sighting before re-entering the pool.
12. Lap Swim is time specifically designated for lap swimming only. Anyone in the pool must be swimming laps.
13. Lap Swim Hours are: Monday-Friday: 6am-8am, 1-2pm, 9-10pm, and Saturday-Sunday: 6:30am-8:00am, and 9-10pm. No lap swim on holidays or school breaks.
14. Thank you for abiding by our pool rules!

# Fall Tennis Schedule

Program Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
7:15-8:15am						Cardio Tennis*
8:30-9:30am		Cardio Tennis*				4.0++ Drill & Play Clinic*
9:30-10:45						9:30-10:30am 3.5 Drill & Play Clinic*
10:45am-noon				3.0 Drill & Play*	Stroke of the Day* (All levels)	10:30-11:30am 3.0 Drill & Play Clinic*
Noon-1:15pm	Never Ever Tennis Clinic*		4.0 Drill & Play*	3.5-4.0 Drill & Play		
1:15-2:30pm					12:45-1:15pm League Warm Up* Coed 3.0+ League*	
3:30-4:00pm	Mighty Mites* (4-6 year olds)	Mighty Mites* (4-6 year olds)	Mighty Mites* (4-6 year olds)	Mighty Mites* (4-6 year olds)		
3:30-4:30pm		Superstars* (7-9 year olds)		Superstars* (7-9 year olds)		
4:00-4:30pm		Mighty Mites* (4-6 year olds)		Mighty Mites* (4-6 year olds)		
4:00-5:00pm	Superstars* (7-9 year olds)  Jr. Aces* (10+ year olds)  High School Prep (12+ years old)	Jr. Aces* (10+ year olds)  High School Prep (12+ years old)	Superstars* (7-9 year olds)  Jr. Aces* (10+ year olds)  High School Prep (12+ years old)	Jr. Aces* (10+ year olds)  High School Prep (12+ years old)		
5:00-6:00pm	High School Advanced and JET Tennis*	High School Advanced and JET Tennis*	High School Advanced and JET Tennis*	High School Advanced and JET Tennis*		
6:00-9:00	Coed 4.0– League*	6:15-7:30pm 3.5-4.0 Drill & Play*	Men's 4.0– League*	Coed 4.5+ League*		

## Fall 2015 Program Dates:

Session 1: August 24 - October 16

Session 2: October 19 - December 18 (No programs November 23-27)

### **SIGN UP POLICY FOR ADULT CLINICS**

**Homestead Homeowners** and their tenants may sign up for clinics up one week in advance.

**Non-resident members** may sign up for clinics up to 48 hours in advance.

**Non-members** may sign up for clinics on the day of the clinic.

