



Homestead Owners Association & Court Club

March Events

Board & DRC Meeting
Friday, March 11th @ 9am

March Madness Junior Tennis Mixer
Friday, March 11th

Last Week of Winter Tennis and Swim Team
March 14th -18th

Spring Tennis and Swim Team Begin
Monday, March 21st

No After School Program
Monday, March 21st
(Teacher Work Day)

HCC Easter Party
Saturday, March 26th

General Club Information

Club Hours:

5:55am-10:00pm M-F
6:30am-10:00pm S-S

Phone:

970-926-1067

Fax:

970-926-4710

400 Homestead Drive
P.O. Box 808
Edwards, CO 81632

Childcare Hours:

8:30am-noon M-F
3:00pm-7:00pm M-F
By Appointment Only

Website:

Hcchoa.com

Like Homestead Court Club on Facebook!

Homestead's Annual Easter Party

Please join us on Saturday, March 26th, from 10am-12pm, for a fun filled Easter party including an Easter egg hunt for ages 1-9, arts & crafts, coffee, pastries and, of course, a visit from the Easter Bunny! We hope to see you there. Don't forget to bring your Easter baskets! Party is for Homestead residents and members only please.



Fitness News

New Small Group Training Class with Chapin ~ Come join Chapin on Fridays from 5:30pm-6:30pm for a challenging, no nonsense small group training experience. Get together a group of 4 or more friends or sign up for a spot at the front desk. The purpose of the class is the following: Learn how to perform Olympic lifts, increase 1RM in power lifts, train % of 1RM, learn technique for muscle ups, handstand push-ups, and various other exercises, finish class with a couple high intensity circuits with heavier weights. Price: \$15 per day or buy a 5 pack for \$50. For more information contact Chapin at 317-694-6712.

Gentle Yoga with Terry ~ Gentle Yoga with Terry has been moved to 10:30am on Tuesdays. Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or is looking for modifications to all postures. Try it on Tuesdays at 10:30am beginning on March 1st!

Please note that Pilates Mat Class is cancelled on Monday, March 7th.

Tennis News

Spring Junior Tennis Programs will begin the week of March 21st, and will run for 8 weeks, with a break from April 25th-29th. Registration forms are available at the front desk, or on our website, hcchoa.com. Email tennis@homesteadcourtclub.com for more information.

Reminder: The last day of Winter Tennis programs is March 18th.

March Madness Junior Tennis Mixer Join us on Friday, March 11th, from 4:00-5:30pm for a fun junior tennis mixer. Junior Aces level players will play singles in a round robin format. Wear your favorite college basketball team apparel or team colors. Fun awards will be handed out for best sportsmanship player, best shot of the day and most mixer spirit. Maximum Participants: 8, Cost: \$10 Per Player. Sign up at the Front Desk!

VMS High School Tennis Practice will be held on Mondays, Tuesdays, Thursdays and Fridays from 6:00-7:30am and on Wednesdays and Fridays from 7:30-9:00pm. Practice will be moved outside as soon as weather permits. If you know of anyone who is interested in participating on the high school team, please have them contact Tom at tennis@homesteadcourtclub.com.



Homestead General Meeting Report and Election Results

This year's meeting was held on Monday, February 15th, at 7:00pm, at the Homestead Court Club. Thank you to everyone who attended and participated in person or by proxy. Three seats for the Board of Directors were up for election. There were three candidates on the official ballot and there were no additional nominations from the floor. Erin Allen and Matt Drummet were re-elected and David Portman was elected to the Board. Board President Bobby Ladd discussed the general state of the HOA and Court Club, projects that were completed in 2015, and projects scheduled for 2016. Board Treasurer Katie DeMore gave an overview of Homesteads financials and announced that dues will not be raised in 2016. Homesteads attorneys, TJ Voboril and Dan Reynolds, provided an update on the Allen litigation and gave owner education concerning new Colorado law pertaining to HOAs. New Business included two presentations on upcoming ballot items; one from the Edwards Metro District regarding the Edwards Sales Tax Initiative and one from Al Bosworth regarding the Fire District. Please see our website for more information on these items.

February Board & DRC Meeting Highlights

Our February Board & Design Review Committee Meeting was held on Friday, February 12th, 2016 at 9:00am. There were no items discussed during the DRC portion of the meeting. During the Board Meeting New Business included two presentations: First Glen Phelps of the Eagle River Water and Sanitation District showed plans for a new pump house that will be installed this summer and the second presentation was given by Todd Williams regarding the Edwards Sales Tax Initiative. Matters Pending included an update from the nominating committee. The meeting minutes from the January 8th, 2016 meeting were approved. The financials from December 2015 were also approved. The meeting adjourned at approximately 9:53am.

Spring Swim Team

Spring Swim Session Info: Swim Team and Swim Team Prep are back this spring with coach Cass Jones. Cass welcomes swimmers of any age as long as they are able to swim continuously for at least one length of the pool (25 yards). The spring session will run March 21st-May 18th, with a break over April 25th-29th.

Times: Swim Team will meet on Mondays and Wednesdays from 5:00-6:00pm. Swim Team Prep will meet on Mondays and Wednesdays from 4:30-5:00pm.

Sign Up: Registration flyers are available at the front desk or on our website, www.hcchoa.com. Please contact Coach Cass at 336-407-2901 or via email at coachcassj@gmail.com if you have any questions or need additional information regarding swim team.

Children's Programming News

After School Program Reminder: There will be no After School Program on Monday, March 21st, as it is a teacher only work day.

Summer Camp: Homestead Summer Camp will begin this summer on Tuesday, May 31st. Camp is offered Mondays-Fridays from 8:30am-5:15pm. Registration packets will be available at the front desk or on our website, hcchoa.com, on March 15th. Please email jillian@homesteadcourtclub.com for more information!



Homestead
CLUBHOUSE
FOR KIDS

Homestead Pet Reminders

Homestead Owners Association has recently received some comments about our neighborhood pets. These comments were mainly regarding two issues: animal control and animal waste. Eagle County law requires that dogs be under "immediate control" which includes leashing them or keeping them within 10 feet of you and under voice control. Uncontrolled dogs have created problems for other dog owners who have their own pets leashed, for people trying to ride bicycles, or for people who are uncomfortable around unleashed pets. Uncontrolled dogs have also been known to bark excessively, which violates Homesteads noise guidelines and Eagle County Laws. Please be courteous of your neighbors by keeping your dog under your control. Additionally, dog waste should be cleaned up after at all times in the interest of public enjoyment of our neighborhood and public health. Homestead Owner Association would like to suggest a reasonable balance – or at least, some balance – between the needs of a dog owner and the safety and comfort of other residents. **For member safety there are no pets allowed at any time on Homestead Court Club grounds and area playgrounds.** For more information regarding Eagle County Animal Laws please go to www.eaglecounty.us and click on the Departments link, then the Animal Services link. Thank you for your cooperation in making Homestead a safe and "pet friendly" neighborhood.



March Fitness Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:05-7:05am	Spin (Amy)		Morning Fitness Swim (Cass)			
7:00-8:00am				Rise, Shine and Align Yoga (Simone)		
8:30-9:30am						Power Yoga (Cassie)
9:00-10:00am					Board Meeting 3/11/2016 9:00am	
9:15-10:15am	20/20/20 (Justin)	HIIT (Donna)		S.I.T (Justin)	Tabata (Donna)	
10:30-11:30am	Pilates Mat Class (Deana)	Gentle Yoga (Terry)		Pilates Mat Class (Deana)		
12:00-1:15pm					Gentle Yoga (Sophie)	
4:30-5:30pm						
5:30-6:30pm	Total Body Blast (Danita)	Zumba (Michelle) Spin (Yvonne)	Strength & Conditioning (Chapin)			
6:35-7:35pm	Power Yoga (Karlie)	Vinyasa Flow (Kady)	Vinyasa/Restorative Yoga (Sophie)	6:15-7:15pm Vinyasa Flow (Sophie)		

March Fitness News

New Small Group Training Class with Chapin ~ Come join Chapin Fridays at 5:30pm – 6:30pm for a challenging, no nonsense small group training experience. Get together a group of 4 or more friends or sign up for a spot at the front desk. The purpose of the class is the following: Learn how to perform Olympic lifts, increase 1RM in power lifts, train % of 1RM, learn technique for muscle ups, handstand push-ups, and various other exercises, end class with a couple high intensity circuits with heavier weights. Price: \$15 per day or buy a 5 pack for \$50. For more information contact Chapin at 317-694-6712

Gentle Yoga with Terry ~ Gentle Yoga with Terry has been moved to 10:30am on Tuesdays. Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or is looking for modifications to all postures. Try it on Tuesdays at 10:30am!

Please note that Mat Pilates Class is cancelled on Monday, March 7.



Fitness Class Descriptions

20/20/20 - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

MORNING FITNESS SWIM — Work on technique and conditioning. If you just want to up your game, meet with swim buddies, or fine tune your strokes, this is the class for you!! Coach Cass provides structured workouts to motivate you and help you reach your goals.

CARDIO TENNIS — Cardio Tennis is a fun group activity featuring drills to give players of all abilities an ultimate, high energy workout. Cardio Tennis includes a warm-up, cardio workout, and cool down phases.

GENTLE YOGA—Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or is looking for modifications to all postures. Our instructor creates a safe environment through alignment to explore your personal boundaries while building strength and flexibility. This practice excludes all inversions and extreme backbends.

HIIT — High Intensity Interval Training with Donna is a class focusing on building strength and incorporating cardio. Try it on Tuesdays at 9:15am!

PILATES MAT CLASS - An exercise system focused on increasing flexibility and strength for the total body without building bulk. No apparatus is used during this class.

POWER YOGA – This powerful, energetic, playful flowing class has a strong emphasis on breath and allows beginners, intermediate and advanced students to be challenged in the same class. Expect to sweat and challenge yourself with movement and powerful, athletic postures, inventive and thoughtful sequences of sun salutations, standing and seated postures, back bending, and inversions guided by a steady breath to tone and calm the mind. Power Yoga flow will tone, strengthen and rinse your body, clear your mind and leave you with a sense of accomplishment and empowerment.

RISE, SHINE, AND ALIGN YOGA — Anusara alignment principles of muscular engagement and organic extension with focus on breath and vinyasa flow.

SPIN - A cardio workout without comparison. All instructors incorporate climbing, intervals and steady state training. Guaranteed to make you sweat! Each instructor creates a different design for each class.

S.I.T.— “**Strength and Interval Training.**” Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

STRENGTH & CONDITIONING - Come join HCC trainer Chapin for an hour long workout incorporating free weights, kettlebells, medicine balls, and body weight exercises. This class blends movements that recruit multiple muscle groups with circuit training for a full body burn.

TABATA — A class that challenges and encourages strength, agility, cardio, and recovery. Based on functional exercise that enhances the everyday living of an active lifestyle. Emphasis is on building core and leg strength with each class.

TOTAL BODY BLAST — This fast-paced and fun class provides a complete body workout and incorporates strengthening and toning of muscles, sustained cardio and intervals, and finishes with core work and stretching for a well-balanced total body workout!

VINYASA FLOW YOGA— In this yoga class the teacher will encourage you to synchronize your breath to the movement from one pose to the next on an inhale or an exhale. This style of yoga allows for a lot of variety, but you can expect movement, not just stretching.

VINYASA/RESTORATIVE — In a calm meditative atmosphere a half hour is spent stretching with your breath. The remaining time of class is given to guided meditation while exploring the range of motion of your spine supported by bolsters in gentle poses.

ZUMBA — Zumba Fitness is the only Latin-inspired dance-fitness program that blends red-hot international music, and contagious steps to form a "fitness-party" that is downright addictive.



March Pool Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
6:00-8:00am	Lap Swim	Lap Swim	Morning Fitness Swim (Cass)	Lap Swim	Lap Swim	6:30-8:00am Lap Swim	6:30-8:00am Lap Swim
7:00-8:00am							
10:00am-1:00pm							
1:00-2:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
2:00-3:30pm							
3:30-4:30pm	After School Program in Pool	After School Program in Pool	After School Program in Pool	After School Program in Pool	After School Program in Pool		
4:30-5:00pm	Swim Team Prep		Swim Team Prep				
5:00-6:00pm	Swim Team		Swim Team				
6:30-9:00pm							
9:00-10:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim

Spring Swim Team

Spring Swim Session Info: Swim Team and Swim Team Prep are back this spring with coach Cass Jones. Cass welcomes swimmers of any age as long as they are able to swim continuously for at least one length of the pool (25 yards). The spring session will run March 21-May 18, with a break over April 25-29.

Times: Swim Team will meet on Mondays and Wednesdays from 5:00-6:00pm. Swim Team Prep will meet on Mondays and Wednesdays from 4:30-5:00pm.

Sign Up: Registration flyers are available at the front desk or on our website, www.hcchoa.com. Please contact Coach Cass at 336-407-2901 or via email at coachcassj@gmail.com if you have any questions or need additional information regarding swim team.

Homesteads Swim Team is a non competitive program designed to help young swimmers practice and improve on their strokes, increase swimming endurance, and most of all have fun! Pricing and registration is available on our website, hcchoa.com, or at the front desk.

8 Week Session:

March 21–May 18 (No practice April 25-29)

Swim Team Prep is \$160-Members/\$240-Non Members

Swim Team is \$240-Members/\$320-Non Members

Spring Tennis Schedule

Program Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
7:30-8:30am			6:30-7:30am Cardio Tennis*			Cardio Tennis*
8:30-9:30am		Cardio Tennis*				4.0++ Drill & Play Clinic*
9:30-10:30am						3.5 Drill & Play Clinic*
10:30-Noon				3.0 Drill & Play*	Stroke of the Day* (All levels)	10:30-11:30am 3.0 Drill & Play Clinic*
Noon-1:30pm	Never Ever Tennis Clinic*		4.0 Drill & Play*	3.5-4.0 Drill & Play		
1:00-2:30pm					12:30-1:00pm League Warm Up* Coed 3.0+ League*	
3:30-4:00pm	Mighty Mites* (4-6 year olds)	Mighty Mites* (4-6 year olds)	Mighty Mites* (4-6 year olds)	Mighty Mites* (4-6 year olds)		
3:30-4:30pm		Superstars* (7-9 year olds)		Superstars* (7-9 year olds)		
4:30-5:00pm		Mighty Mites* (4-6 year olds)		Mighty Mites* (4-6 year olds)		
4:00-5:00pm	Superstars* (7-9 year olds) Jr. Aces* (10+ year olds) High School Prep (12+ years old)	Jr. Aces* (10+ year olds) High School Prep (12+ years old)	Superstars* (7-9 year olds) Jr. Aces* (10+ year olds) High School Prep (12+ years old)	Jr. Aces* (10+ year olds) High School Prep (12+ years old)		
5:00-6:00pm	High School Advanced and JET Tennis*	High School Advanced and JET Tennis*	High School Advanced and JET Tennis*	High School Advanced and JET Tennis*		
6:00-7:30pm	Coed 4.0- League*	3.5-4.0 Drill & Play*	Men's 4.0- League*	Coed 4.5+ League*		
7:30-9:00pm	Men's Night*					

Winter 2016 Program Dates:

January 4 - March 18 (No programs February 22-26)

Spring 2016 Program Dates:

March 21 - May 19 (No programs April 25-29)

