



Homestead Owners Association & Court Club

March Events

Board & DRC Meeting
Friday, March 10th @ 9am

March Madness Junior Tennis Mixer
Friday, March 10th

Last Week of Winter Tennis and Swim Team
March 13th -17th

Spring Tennis and Swim Team Begin
Monday, March 20th

No After School Program
Monday, March 20th
(Teacher Work Day)

April Break Kids Camp
April 17th-21th

General Club Information

Club Hours:

5:55am-10:00pm M-F
6:30am-10:00pm S-S

Phone:

970-926-1067

Address:

400 Homestead Drive
P.O. Box 808
Edwards, CO 81632

Childcare Hours:

8:30am-noon M-F
3:00pm-7:00pm M-F
By Appointment Only

Website:

Hchoa.com

Like Homestead Court Club on Facebook!



Tennis News

Spring Tennis Programs will begin the week of March 20th, and will run for 8 weeks, with a break from April 17th-21st. Registration forms are available at the front desk, or on our website, hchoa.com. Email tennis@homesteadcourtclub.com for more information.

Reminder: The last day of Winter Tennis is March 17th.

March Madness Junior Tennis Mixer Join us on Friday, March 10th, from 4:00-5:30pm for a fun junior tennis mixer. Junior Aces level players will play singles in a round robin format. Wear your favorite college basketball team apparel or team colors. Fun awards will be handed out for best sportsmanship player, best shot of the day and most mixer spirit. Maximum Participants: 12, Cost: \$10 Per Player. Sign up at the Front Desk!

VMS High School Girls Tennis Practice will be held at Homestead on Mondays, Tuesdays and Fridays from 6:00-7:30am and on Wednesdays from 7:30-9:00pm. Practice will be moved outside as soon as weather permits. If you know of anyone who is interested in participating on the high school team, please have them contact Tom at tennis@homesteadcourtclub.com.

Spring Swim Programs

Morning Fitness Swim with Coach Cass is moving to 7:00am on Wednesdays. Cass welcomes swimmers of all ability levels to join her for a different workout each week. If you want to change up your exercise routine, meet with swim buddies, or fine tune your strokes, this is the class for you!! Coach Cass provides structured workouts focusing on conditioning and technique to motivate you, and help you reach your goals. This class meets on Wednesdays at 7:00am. The workout will typically take about an hour, but Cass can customize it to whatever works best for you!

Spring Swim Team and Swim Team Prep Session Info: Swim Team and Swim Team Prep are back this spring with coach Cass Jones. Cass welcomes swimmers of any age as long as they are able to swim continuously for at least one length of the pool (25 yards). The spring session will run March 20th and will run for 8 weeks, with a break over April 17th-21st.

Times: Swim Team will meet on Mondays and Wednesdays from 5:00-6:00pm. Swim Team Prep will meet on Mondays and Wednesdays from 4:30-5:00pm.

Sign Up: Registration flyers are available at the front desk or on our website, www.hchoa.com. Please contact Coach Cass at 336-407-2901 or via email at coachcassj@gmail.com if you have any questions or need additional information regarding swim team.



Homestead General Meeting Report and Election Results

This year's meeting was held on Monday, February 20th, at 7:00pm, at the Homestead Court Club. Thank you to everyone who attended and participated in person or by proxy. Two seats for the Board of Directors were up for election. There were two candidates on the official ballot and there were no additional nominations from the floor. Katie Demore was re-elected and Jim Pyke was elected to the Board. Board President Erin Allen discussed the general state of the HOA and Court Club, projects that were completed in 2016, and projects scheduled for 2017. Board Treasurer Katie DeMore gave an overview of Homesteads financials and announced that dues will not be raised in 2017. Homesteads attorneys, TJ Voboril and Dan Reynolds, provided an update on the Allen litigation and gave owner education concerning new Colorado law pertaining to HOAs. New Business included two community presentations; one from the Eagle River Fire Protection District and Eagle County on the RealFire wild-fire mitigation program, and one from the Eagle Valley Land Trust regarding Homestead's Open Space easements and trails. Please see our website for more information on these items.

February Board & DRC Meeting Highlights

Our February Board & Design Review Committee Meeting was held on Friday, February 10th, 2017 at 9:00am. There were no items in the DRC portion of the meeting. During the Board Meeting, New Business included a introduction from the Eagle River Fire Protection District regarding the proposed fire station and training building on Tract K (please visit our website for more information on this topic). Matters Pending included an update from the nominating committee and an update on the West End Development. The meeting minutes from the January 13th, 2017 meeting were approved. The financials from December 2016 and the 2016 reviewed financials were also approved. The meeting adjourned at approximately 10:08am.

Children's Programming News



After School Program Reminder: There will be no After School Program on Monday, March 20th, as it is a teacher work day.

April Break Kids Camp: We are offering a special week of kids camp April 17th-21st over Spring Break. Children ages 5-12 are able to join our fun filled camp that includes games, sports, arts & crafts, science experiments and a daily trip to Homestead's pool. The camp also provides academic enrichment and exercise. Camp is offered Monday-Friday from 8:30am-5:15pm. Registration packets will be available at the front desk or on our website, hcchoa.com. Please email jillian@homesteadcourtclub.com for more information!

Homestead Pet Reminders

Homestead Owners Association has recently received some comments about our neighborhood pets. These comments were mainly regarding two issues: animal control and animal waste. Eagle County law requires that dogs be under "immediate control" which includes leashing them or keeping them within 10 feet of you and under voice control. Uncontrolled dogs have created problems for other dog owners who have their own pets leashed, for people trying to ride bicycles, or for people who are uncomfortable around unleashed pets. Uncontrolled dogs have also been known to bark excessively, which violates Homesteads noise guidelines and Eagle County Laws. Please be courteous of your neighbors by keeping your dog under your control. Additionally, dog waste should be cleaned up after at all times in the interest of public enjoyment of our neighborhood and public health. Homestead Owner Association would like to suggest a reasonable balance – or at least, some balance – between the needs of a dog owner and the safety and comfort of other residents. **For member safety there are no pets allowed at any time on Homestead Court Club grounds and area playgrounds.** For more information regarding Eagle County Animal Laws please go to www.eaglecounty.us and click on the Departments link, then the Animal Services link. Thank you for your cooperation in making Homestead a safe and "pet friendly" neighborhood.





March Fitness Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:05-7:05am	Spin* (Amy)	Get Lifted (Hannah)			Get Lifted (Hannah)	
7:00-8:00am			Morning Fitness Swim (Cass)			
8:30-9:30am						Power Yoga (Simone)
9:00-10:00am					Board Meeting 3/10/2017 9:00am	
9:15-10:15am	20/20/20 (Justin)	9:15-10:30am Gentle Yoga (Terry)		S.I.T (Justin)	HITT (Donna)	
10:30-11:30am	Pilates Mat Class (Deana)			Pilates Mat Class (Deana)		
12:00-1:15pm					Gentle Yoga (Sophie)	
4:30-5:30pm						
5:30-6:30pm	Total Body Blast (Danita)	Zumba (Michelle) Spin* (Joel)	Strength & Conditioning (Chapin)	Spin* (Yvonne)		
6:35-7:35pm	Power Yoga (Karlie)	Vinyasa Flow (Kady)	Vinyasa/ Restorative Yoga (Sophie)	6:15-7:15pm Vinyasa Flow (Sophie)		
7:00pm						

Please call the front desk to sign up for classes with an asterisk

Sign up policy: Homestead homeowners and their tenants may reserve their space 48 hours in advance and Non-resident members may reserve their space 24 hours in advance. Please call 970-926-1067 to sign up.



Fitness Class Descriptions

20/20/20 - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

MORNING FITNESS SWIM – Work on technique and conditioning. If you just want to up your game, meet with swim buddies, or fine tune your strokes, this is the class for you!! Coach Cass provides structured workouts to motivate you and help you reach your goals.

CARDIO TENNIS – Cardio Tennis is a fun group activity featuring drills to give players of all abilities an ultimate, high energy workout. Cardio Tennis includes a warm-up, cardio workout, and cool down phases.

GENTLE YOGA—Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or is looking for modifications to all postures. Our instructor creates a safe environment through alignment to explore your personal boundaries while building strength and flexibility. This practice excludes all inversions and extreme backbends.

GET LIFTED – Get Lifted is a new fitness class that will use a combination of plyometric exercises and lifting weights, keeping the heart rate up for an all around fat burning work out!

HIIT – High Intensity Interval Training with Donna is a class focusing on building strength and incorporating cardio. Try it on Fridays at 9:15am!

PILATES MAT CLASS - An exercise system focused on increasing flexibility and strength for the total body without building bulk. No apparatus is used during this class.

POWER YOGA – This powerful, energetic, playful flowing class has a strong emphasis on breath and allows beginners, intermediate and advanced students to be challenged in the same class. Expect to sweat and challenge yourself with movement and powerful, athletic postures, inventive and thoughtful sequences of sun salutations, standing and seated postures, back bending, and inversions guided by a steady breath to tone and calm the mind. Power Yoga flow will tone, strengthen and rinse your body, clear your mind and leave you with a sense of accomplishment and empowerment.

RISE, SHINE, AND ALIGN YOGA – Anusara alignment principles of muscular engagement and organic extension with focus on breath and vinyasa flow.

SPIN - A cardio workout without comparison. All instructors incorporate climbing, intervals and steady state training. Guaranteed to make you sweat! Each instructor creates a different design for each class.

S.I.T.– “Strength and Interval Training.” Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

STRENGTH & CONDITIONING - This class incorporates free weights, kettlebells, medicine balls, and body weight exercises. This class blends movements that recruit multiple muscle groups with circuit training for a full body burn.

TOTAL BODY BLAST – This fast-paced and fun class provides a complete body workout and incorporates strengthening and toning of muscles, sustained cardio and intervals, and finishes with core work and stretching for a well-balanced total body workout!

VINYASA FLOW YOGA— In this yoga class the teacher will encourage you to synchronize your breath to the movement from one pose to the next on an inhale or an exhale. This style of yoga allows for a lot of variety, but you can expect movement, not just stretching.

VINYASA/RESTORATIVE – In a calm meditative atmosphere a half hour is spent stretching with your breath. The remaining time of class is given to guided meditation while exploring the range of motion of your spine supported by bolsters in gentle poses.

ZUMBA – Zumba Fitness is the only Latin-inspired dance-fitness program that blends red-hot international music, and contagious steps to form a "fitness-party" that is downright addictive.



March Pool Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
6:00-8:00am	Lap Swim	Lap Swim	7:00am Morning Fitness Swim (Cass)	Lap Swim	Lap Swim	6:30-8:00am Lap Swim	6:30-8:00am Lap Swim
8:30-9:30am							
10:00am-1:00pm							
1:00-2:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
2:00-3:00pm							
3:30-4:30pm	Kids Camp in Pool	Kids Camp in Pool	Kids Camp in Pool	Kids Camp in Pool	Kids Camp in Pool		
4:30-5:00pm	Swim Team Prep		Swim Team Prep				
5:00-6:00pm	Swim Team		Swim Team				
6:30-9:00pm							
9:00-10:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim

Spring Swim Programs

Morning Fitness Swim with Coach Cass is moving to 7:00am on Wednesdays. Cass welcomes swimmers of all ability levels to join her for a different workout each week. If you want to change up your exercise routine, meet with swim buddies, or fine tune your strokes, this is the class for you!! Coach Cass provides structured workouts focusing on conditioning and technique to motivate you, and help you reach your goals. This class meets on Wednesdays at 7:00am. The workout will typically take about an hour, but Cass can customize it to whatever works best for you!



Spring Swim Team and Swim Team Prep Session Info: Swim Team and Swim Team Prep are back this spring with coach Cass Jones. Cass welcomes swimmers of any age as long as they are able to swim continuously for at least one length of the pool (25 yards). The spring session will run March 20th-May 17th, with a break over April 25th-29th.

Times: Swim Team will meet on Mondays and Wednesdays from 5:00-6:00pm. Swim Team Prep will meet on Mondays and Wednesdays from 4:30-5:00pm.

Sign Up: Registration flyers are available at the front desk or on our website, www.hcchoa.com. Please contact Coach Cass at 336-407-2901 or via email at coachcassj@gmail.com if you have any questions or need additional information regarding swim team.

Spring Tennis Schedule

Program Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:15-7:15am			Cardio Tennis*			
7:30-8:30am						Cardio Tennis*
8:00-8:30am		Tennis Footwork*				
8:30-10:00am		8:30-9:30am Cardio Tennis*				3.5/4.0 Drill & Play Clinic*
9:30-11:00am					Stroke of the Day*	
10:30-11:30am	Never Ever Clinic*			10:30-Noon 3.0/3.5 Drill & Play*	11:00-Noon 2.5/3.0 Drill & Play*	10:00-11:30am 3.0/3.5 Drill & Play Clinic*
Noon-1:30pm			4.0 Drill & Play*		12:30-1:00pm League Warm Up*	
3:30-4:00pm	Mighty Mites* (Ages 4-6)	Mighty Mites* (Ages 4-6)	Mighty Mites* (Ages 4-6)	Mighty Mites* (Ages 4-6)	1:00-2:30pm Coed 3.0+ League*	
3:30-4:30pm		Superstars* (Ages 7-9)		Superstars* (Ages 7-9)		
4:00-5:00pm	Superstars* (7-9 year olds) Jr. Aces* (10+ year olds) High School Prep* (12+ years old)	Jr. Aces* (10+ year olds) High School Prep* (12+ years old)	Superstars* (7-9 year olds) Jr. Aces* (10+ year olds) High School Prep* (12+ years old)	Jr. Aces* (10+ year olds) High School Prep* (12+ years old)	Superstars* (7-9 year olds) Jr. Aces* (10+ year olds)	
4:30-5:00pm		Mighty Mites* (Ages 4-6)		Mighty Mites* (Ages 4-6)		
5:00-6:00pm	High School Advanced and JET Tennis*	High School Advanced and JET Tennis*	High School Advanced and JET Tennis*	High School Advanced and JET Tennis*		
6:00-9:00pm	Coed 4.0- League*	6:00-7:30pm 3.5/4.0 Drill & Play Clinic*	Mens 4.0- League*	Coed 4.5+ League*		

Spring 2017 Program Dates:

March 20—May 19 (no programs April 17-21)

Advance sign up is required for all tennis programs. Please call the front desk to reserve space for all Adult Clinics. Junior Clinic registration flyers are available at the front desk or on our website, www.hcchoa.com.

SIGN UP POLICY FOR ADULT CLINICS

Homestead Homeowners and their tenants may sign up for clinics up to 48 hours in advance.

Non-resident members may sign up for clinics up to 24 hours in advance.

Non-members may sign up for clinics on the day of the clinic.