



Homestead Owners Association & Court Club

August Events

Last Day of Summer Tennis, Camp & Swim Programs
Friday, August 11th

Board & DRC Meeting
Friday, August 11th @ 9am

After School Program and Fall Tennis Programs Begin
Monday, August 21st

End of Summer Party & BBQ
Saturday, September 2nd
4:00-7:00pm

Labor Day
Monday, September 4th
Club Hours: 6am-5pm

General Club Information

Club Hours:
5:55am-10:00pm M-F
6:30am-10:00pm S-S

Phone:
970-926-1067

Address:
400 Homestead Drive
P.O. Box 808
Edwards, CO 81632

Childcare Hours:
8:30am-noon M-F
3:00pm-6:00pm M-F
By Appointment Only

Website:
Hechoa.com

Like Homestead Court Club on Facebook!

End of Summer Party & BBQ



Please join us on Saturday, September 2nd, from 4:00-7:00pm for Homesteads Annual End Of The Summer Party & BBQ. Help us celebrate the last days of summer with a live music performance, family games, jumpy houses, face painting, food & drinks, and a mechanical bull! Please plan to walk or carpool to the club if you can, as limited parking will be available. Party is for Homestead residents and members only please.

Children's Programming News

Last Day of Summer Camp is August 11th: We still have spaces available for the last few weeks of camp. Registration forms are available at the Front Desk or on our website. Please make sure registration information is complete before turning it in to ensure your space is reserved. Upcoming special events in August include:

- 8/1- Fossil Posse Visit
- 8/3- Markos Pizzeria Field Trip
- 8/8- Visit from the Fire Department



Homestead's Action Packed After School Program concentrating on education, fitness, and creativity will begin this fall on Monday, August 21st. The ASP will meet Monday through Friday from 3:00pm-6:00pm at the Homestead Court Club and will utilize all of the great Homestead Club facilities including parks, trails, and Homestead neighborhoods. Homestead will provide transportation to the program for students at Edwards Elementary School. **PRICE:** \$17 a day for Members and \$22 a day for Non-Members.

REGISTRATION: Registration packets will be available on our website, at the front desk, or by email request to Jillian at jillian@homesteadcourtclub.com beginning on August 1st.

Fall Swim Programs Begin August 30

Fall Swim Team and Swim Team prep will begin August 30th. Swim Team Prep is offered on Wednesdays from 5:30-6:00pm and on Saturdays from 8:00-8:30am. Swim Team is offered on Wednesdays from 6:00-7:00pm and on Saturdays from 8:30-9:30am. You choose the days and times that work for your schedule! Registration forms will be available at the front desk and on our website beginning on August 1. Contact Coach Cass at coachcassj@gmail.com or via phone, 336-407-2901, if you have any questions or would like to schedule a lesson.





No Parking on Homestead Streets or Right-of-Ways

We have recently had complaints of residents and guests parking on Homestead Streets. We would like to remind all residents that there is no parking allowed on Homestead Streets or on Eagle County right of ways. In most cases the first 15 feet from the curb is Eagle County Right of Way. All vehicles must be parked on a hard surface driveway. This is especially important on narrow streets to allow access for emergency vehicles in case of a fire or medical emergency. We have asked the Eagle County Sheriff to patrol our streets and ticket any vehicles parked on the streets or in the County right of ways. If you notice someone parking on your street or in the right of way, please contact the Eagle County Sheriff Dispatch at 970-479-2201. Also, please note that Homestead does not allow trailers to be parked in driveways, except for temporary loading and unloading. If you need to temporarily park a trailer in your driveway, please contact Tracy Erickson at the club.

July Board & DRC Meeting Highlights

Our July Board & Design Review Committee Meeting was held on Friday, July 14th, 2017 at 9:00am. Three proposals were seen during the DRC portion of the meeting. A hot tub, landscaping and grill were approved as presented at the Bowers residence at 1017 Gold Dust Drive. A deck, railing and landscaping were approved, pending conditions are met prior to installation, at the Spickelmier/Salerno residences at 100 Arlington Place. A hot tub, cooking grill and landscaping were approved as presented at the Boyes residence at 202 Russell Trail. The DRC also discussed unapproved changes and violation notifications. During the Board Meeting, Matters pending included discussion on the Eagle River Fire Protection District plans for a new fire station, Firewise Community Certification and maintenance plans for Homestead's Water Tank Trail. The April and May meeting minutes were approved as presented. The March and April financials were approved as presented. The meeting adjourned to executive session at approximately 10:15am.

August Tennis News

Fall Junior Programs Begin on August 21st

Get your junior involved in a fun lifelong sport this fall! We offer junior clinics for ages 4-18 and welcome all ability levels. This fall we are offering two sessions. The first session is beginning on August 21st, and will run for 9 weeks. The second session will begin on October 23rd and will run for 8 weeks. You may choose to register your junior for 1-5 days per week. For days, times, and rates please visit our website, hcchoa.com, or contact Tom Ewert for more information.

Fall Leagues & Clinics Begin August 21st

Fall clinics and leagues are beginning August 21st. Clinics schedules will be available at the front desk beginning August 1st. Club leagues are a great way to meet some other players and improve your game! Member price is only \$35 for the whole season. Register now to reserve your space. League registration forms are available on our website, hcchoa.com, or at the Front Desk.

Reminder: The last day of Summer Tennis Programs is August 11th.

Vail Valley Open

We would like to thank the participants and viewers who came from near and far over July 14th-16th for our annual Vail Valley Open Tournament. We had 66 participants playing in 11 events. There were a lot of close matches and great tennis was played by all! We would also like send a huge thank you out to our sponsors: Moe's BBQ, The Gashouse, Foods of Vail, Vin48, Rich's Auto Body, and Crazy Mountain Brewery. Thank you for making our event special. We couldn't have done it without your help!

Congratulations to Homestead players took home titles:

Men's 4.0 Singles Champion: Jake Singleton
Men's 4.0 Doubles Champion: Jake Singleton/Thomas Singleton
Men's 3.5 Singles Consolation Champion: Daryl Goehring
Men's 4.5 Singles Consolation Champion: Matt Laware
Men's 4.0 Singles Consolation Champion: JD Webster
Women's 3.5 Singles Champion: Carmel McGuckin
Women's 3.5 Doubles Champion: Aimee Fisher/Carmel McGuckin
Women's 3.5 Doubles Runner-Up: Lise Carnes/Meg Segerberg
Women's 4.0 Doubles Champion: Kim Anderson/ Judi Leseur
Mixed 4.0 Champion: Kim Anderson/Chuck Anderson





August Fitness Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:05-7:05am		Get Lifted (Hannah)			Get Lifted (Hannah)	
7:00-8:00am			Morning Fitness Swim (Cass)			
8:30-9:30am						Power Yoga (Simone)
9:30-10:30am					Board Meeting 8/11/2017 9:00am	
9:15-10:15am	20/20/20 (Justin)	9:15-10:30am Gentle Yoga (Terry)	Yoga Sculpt (Brittany) Thru 8/16	S.I.T (Justin)	HITT (Donna)	
10:30-11:30am	Pilates Mat Class (Deana)			Pilates Mat Class (Deana)		
12:00-1:15pm		12:00-12:30pm Form Workshop* (Hannah)			Gentle Yoga (Sophie)	
1:30-3:00pm	Kids Camp in Fitness Studio	Kids Camp in Fit- ness Studio	Kids Camp in Fit- ness Studio	Kids Camp in Fitness Studio	Kids Camp in Fitness Studio	
5:30-6:30pm	Total Body Blast (Missy)	Spin* (Joel)	Strength & Conditioning (Chapin)			
6:35-7:35pm	Power Yoga (Brittany/ Karlle)	Vinyasa Flow (Brittany) Thru 8/15	Vinyasa/ Restorative Yoga (Sophie)	6:15-7:15pm Vinyasa Flow (Sophie)		

Advanced sign up required for classes with an asterisk

\$ Fee for classes with a dollar sign \$

Brittany's Yoga Sculpt and Vinyasa Flow will run through August 16th.



Fitness Class Descriptions

20/20/20 - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

MORNING FITNESS SWIM – Work on technique and conditioning. If you just want to up your game, meet with swim buddies, or fine tune your strokes, this is the class for you!! Coach Cass provides structured workouts to motivate you and help you reach your goals.

CARDIO TENNIS – Cardio Tennis is a fun group activity featuring drills to give players of all abilities an ultimate, high energy workout. Cardio Tennis includes a warm-up, cardio workout, and cool down phases.

GENTLE YOGA—Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or is looking for modifications to all postures. Our instructor creates a safe environment through alignment to explore your personal boundaries while building strength and flexibility. This practice excludes all inversions and extreme backbends.

GET LIFTED – Get Lifted is a new fitness class that will use a combination of plyometric exercises and lifting weights, keeping the heart rate up for an all around fat burning work out!

HIIT – High Intensity Interval Training with Donna is a class focusing on building strength and incorporating cardio. Try it on Fridays at 9:15am!

PILATES MAT CLASS - An exercise system focused on increasing flexibility and strength for the total body without building bulk. No apparatus is used during this class.

POWER YOGA – This powerful, energetic, playful flowing class has a strong emphasis on breath and allows beginners, intermediate and advanced students to be challenged in the same class. Expect to sweat and challenge yourself with movement and powerful, athletic postures, inventive and thoughtful sequences of sun salutations, standing and seated postures, back bending, and inversions guided by a steady breath to tone and calm the mind. Power Yoga flow will tone, strengthen and rinse your body, clear your mind and leave you with a sense of accomplishment and empowerment.

RISE, SHINE, AND ALIGN YOGA – Anusara alignment principles of muscular engagement and organic extension with focus on breath and vinyasa flow.

SPIN - A cardio workout without comparison. All instructors incorporate climbing, intervals and steady state training. Guaranteed to make you sweat! Each instructor creates a different design for each class.

S.I.T.– “Strength and Interval Training.” Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

STRENGTH & CONDITIONING - This class incorporates free weights, kettlebells, medicine balls, and body weight exercises. This class blends movements that recruit multiple muscle groups with circuit training for a full body burn.

TOTAL BODY BLAST – This fast-paced and fun class provides a complete body workout and incorporates strengthening and toning of muscles, sustained cardio and intervals, and finishes with core work and stretching for a well-balanced total body workout!

VINYASA FLOW YOGA— In this yoga class the teacher will encourage you to synchronize your breath to the movement from one pose to the next on an inhale or an exhale. This style of yoga allows for a lot of variety, but you can expect movement, not just stretching.

VINYASA/RESTORATIVE – In a calm meditative atmosphere a half hour is spent stretching with your breath. The remaining time of class is given to guided meditation while exploring the range of motion of your spine supported by bolsters in gentle poses.

ZUMBA – Zumba Fitness is the only Latin-inspired dance-fitness program that blends red-hot international music, and contagious steps to form a "fitness-party" that is downright addictive.



August Pool Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
6:00-8:00am	Lap Swim	Lap Swim	7:00am Morning Fitness Swim (Cass)	Lap Swim	Lap Swim	6:30-8:00am Lap Swim	6:30-8:00am Lap Swim
8:00-8:30am	Swim Team Prep						
8:30am-9:30am	Swim Team						
9:30am-1:00pm							
1:00-2:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
2:00-3:00pm							
3:30-4:30pm	Kids Camp in Pool	Kids Camp in Pool	Kids Camp in Pool	Kids Camp in Pool	Kids Camp in Pool		
5:30-6:00pm			Swim Team Prep				
6:00-7:00pm			Swim Team				
7:00-9:45pm							

Pool Room Hours:

Monday-Friday: 5:55am-9:45pm
 Saturday/Sunday: 6:30am-9:45pm

Lap Swim Hours:

Monday-Friday: 6:00am-8:00am and 1:00-2:00pm
 Saturday/Sunday: 6:30am-8:00am

No Lap Swim on School Breaks or Holidays



Fall Swim Programs Begin August 30

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Summer Tennis Schedule (thru 8/11)

Program Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:00-7:30am						
7:30-8:30am						Cardio Tennis*
8:30-10:00am	3.0+ Daytime League*					4.0+ Drill & Play Clinic*
9:00-9:30am	Mighty Mites* (4-6 year olds)	Mighty Mites* (4-6 year olds)	Mighty Mites* (4-6 year olds)	Mighty Mites* (4-6 year olds)		
9:30-10:30am	Superstars* (7-9 year olds)	Superstars* (7-9 year olds)	Superstars* (7-9 year olds)	Superstars* (7-9 year olds)		
10:30-12:00pm	Junior Aces* HS Prep* HS Advanced* JET Tennis* 3.5-4.0 Drill & Play Clinic*	Junior Aces* HS Prep* HS Advanced* JET Tennis* 10:00-11:00am Cardio Tennis*	Junior Aces* HS Prep* HS Advanced* JET Tennis*	Junior Aces* HS Prep* HS Advanced* JET Tennis*		10:00-11:30am 3.0-3.5 Drill & Play Clinic*
11:00-12:00pm		Stroke of the Day Clinic*		3.0-3.5 Drill & Play Clinic*		
12:00-1:00pm	Jr Match Play*	Jr Match Play*	Jr Match Play*	Jr Match Play*		
1:00-2:30pm						
2:30-5:00pm						
5:30-6:30pm	2.5-3.0 Drill & Play Clinic*		Men's 4.0- League*			
6:00-7:30pm		3.5-4.0 Drill & Play Clinic*				

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