



# Homestead Owners Association & Court Club

## December Events

### Holiday Party

Sunday, December 3  
Party from 5:00-8:00pm  
Club closing at noon

### Board of Directors and DRC Meeting

Friday, December 8 @ 9am

### Last Day of Fall Swim

Wednesday, December 13

### Last Day of Fall Tennis

Friday, December 22

### Winter Break Kids Camp

December 26-29  
January 2-5

### Winter Tennis and Swim Programs Begin

Monday, January 8

### Holiday Hours on back

## General Club Information

### Club Hours:

5:55am-10:00pm M-F  
6:30am-10:00pm S-S

### Phone:

970-926-1067

### Address:

400 Homestead Drive  
P.O. Box 808  
Edwards, CO 81632

### Childcare Hours:

8:30am-noon M-F  
3:00pm-6:00pm M-F  
By Appointment Only

### Website:

Hchoa.com

See back page for our holiday hours.



## Homesteads Holiday Party



Please join us on Sunday, December 3, from 5:00-8:00pm for a festive party to celebrate the holidays! There will be live music, appetizers, drinks and a light dinner catered by Vail Catering Concepts. We will also have jumpy houses, an arts & crafts room for the children, holiday photo booth and of course Santa Claus will be making a special appearance. We hope to see you there. Party is for Homestead residents and members only please.



## Children's Programming News

**Holiday Break Kids Camps:** Homestead is offering two special sessions of all day kids camp over upcoming school breaks. Camp dates are December 26-29 and January 2-5. Our kids camp program is guaranteed to be a fun filled day with a variety of different activities including educational projects, arts and crafts, games, show and tell, swimming and much more! Camp runs from 8:30 a.m. to 5:15 p.m., and is for children ages 5-12. Rates are \$40/day for members and \$47/day for non-members. Registration deadline for December camp is Friday, December 22. Minimum of 5 children/maximum of 30. No drop ins allowed. For more information or to register, please visit [www.hchoa.com](http://www.hchoa.com) or by email request to [jillian@homesteadcourtclub.com](mailto:jillian@homesteadcourtclub.com).

**Holiday Closures:** Please note that our After School Program/Kids Camp/Childcare programs are closed on December 22, 25, and January 1.

## New Swim Coach

We are pleased to welcome our new swim coach, Aimee Fisher, to the Homestead swim staff. Aimee has been a part of Homestead's staff for over 10 years, and is excited to get involved in coaching our swim programs!

Aimee has a background of coaching swimming and diving at the Athletic Club Monaco in Denver. She is looking forward to coaching swim team at Homestead this Winter! Aimee will be offering a 6 week session of Swim Team and Prep beginning January 8th. Swim Team Prep will meet on Mondays and Wednesdays from 4:30-5:00pm. Swim Team will meet on Mondays and Wednesdays from 5:00-6:00pm. **Registration forms** are available at the front desk or on our website now. Email [aimee@homesteadcourtclub.com](mailto:aimee@homesteadcourtclub.com) if you have any questions or for more information on our swim programs.



## Fitness News

### Pilates Pricing Updates for 2018

Please note Pilates punch card rates are changing effective January 1, 2018. The new punch card price will be \$280 for 10 punches. Rates for privates, duos, and groups will remain the same.

### Start 2018 off right with these upcoming specialty classes:

- Reach Your Peak Cycling Clinic with Jennifer Sage
- New Years Resolution Challenge with Homestead Trainer Hannah Ellison
- More information on these classes will be available in the January newsletter



## Speeding on Homestead Streets

Speeding is an issue that seems to be on a lot of peoples' mind lately. Specifically, the dangers it poses to the many children, pets and wildlife who live in the neighborhood. While the HOA can not enforce speeding we are working with the Eagle County Sheriff to increase patrols throughout the neighborhood. Additionally we would like to encourage our residents to leave a few minutes early so you can **stick to the speed limit of 25**. Please think about what is at stake, and take your time! Thank you!

## Holiday Hours:

### Thanksgiving Day

Thursday, November 23

Club Hours 5:55am-12:00pm

Childcare Closed

### Sunday, December 3

Club Hours 6:30am-12:00pm

Holiday Party from 5:00-8:00pm

### Christmas Eve

Sunday, December 24

Club Hours 6:30am-12:00pm

### Christmas Day

Monday, December 25

Club Closed

### New Years Eve

Sunday, December 31

Club Hours 6:30am-5:00pm

### New Years Day

Monday, January 1

Club Hours 8:00am-5:00pm

Childcare Closed

## November Board & DRC Meeting Highlights

Our November board & design review committee meeting was held on Friday, November 10, 2017 at 9:00am. Submittals for a site plan change and a fence were both approved during the DRC portion of the meeting. Two additional items (windows and landscaping) were staff approved this month. During the board meeting the board heard member input regarding concerns about speeding in the neighborhood and parking on Homestead streets. New business included approval of two resolutions for filling of legal actions regarding collection of unpaid assessments and assignment of judgement. Matters Pending included discussion on the Nominating Committee (see article below for more information). The October meeting minutes were approved as presented. The September financials were approved as presented. The meeting adjourned to executive session at approximately 10:08am.

## Annual Homeowners Association Meeting February 19, 2018

The board would like to announce that there will be two board member openings at the 2018 election in February. If you are interested in running for the board please attend the December 8 board meeting, or contact a member of the nominating committee via email at [nominate@homesteadcourtclub.com](mailto:nominate@homesteadcourtclub.com).

If you would like to have your bio listed in the January newsletter, please turn in a short bio to Tracy Erickson ([terickson@homesteadcourtclub.com](mailto:terickson@homesteadcourtclub.com)) by December 15. There will also be nominations taken from the floor at the annual HOA meeting.

## Tennis News

**Winter Tennis Programs & Leagues** will begin the week of January 8, and will run for 9 weeks with no programs February 19-23. Winter program and league registration flyers are available at the front desk now. We will be accepting completed registration forms from Homestead owners and tenants beginning on December 1, and from non-resident members beginning on December 4.

**Reminder:** The last day of Fall tennis programs is Friday, December 22.

### Welcome Homesteads Newest Tennis Pro, Malachy Coyne

Malachy is a recent graduate of the Professional Tennis Management Program at Ferris State University in Michigan. He is originally from up-state New York where his athletics included tennis, skiing, weight-training, golf and basketball. Tennis emerged as his "true passion" and summer employment revolved around several local tennis clubs. Malachy has been around the tennis industry and instructing for over seven years. While studying business in the sports arena and focusing on tennis during the academic year, his summers were spent directing his own tennis program in northern Michigan. This past summer, as an Assistant at Valley Country Club in Denver, he taught private and group lessons to tennis enthusiasts of all ages. He is a Certified Teaching Professional by the USPTA, PTR and Cardio Tennis. This winter he will be returning to Beaver Creek for his second season of skiing instruction. He is looking forward to the many new experiences in working with the Homestead community and hopes to be in the position to offer more tennis on the weekends. Malachy will be leading a new adult clinic and three new junior clinics on Sundays beginning in January. If you are interested in meeting Malachy, or taking a lesson, please email [tennis@homesteadcourtclub.com](mailto:tennis@homesteadcourtclub.com) for more information.

## Adopt A Family

Homestead will once again be "adopting" some local families in need of our help this holiday season. If you would like to donate to a family member please stop by or call the club to sign up after December 5. Gifts must be brought in by December 18.





# December Fitness Schedule

	<b>Mondays</b>	<b>Tuesdays</b>	<b>Wednesdays</b>	<b>Thursdays</b>	<b>Fridays</b>	<b>Saturdays</b>	<b>Sundays</b>
<b>6:05-7:05am</b>		Get Lifted (Hannah)		<b>Wake Up &amp; Ride*</b> (Amy)	Get Lifted (Hannah)		
<b>8:30-9:30am</b>							
<b>9:00-10:15am</b>					<b>Board Meeting 12/8/2017 9:00am</b>		
<b>9:15-10:15am</b>	20/20/20 (Justin)	9:15-10:30am Gentle Yoga (Terry)		S.I.T (Justin)			
<b>10:30-11:30am</b>	Pilates Mat Class (Deana)			Pilates Mat Class (Deana)			
<b>12:00-1:15pm</b>			12:00-1:00pm Spin/HIIT (Aaron)		Gentle Yoga (Sophie)		
<b>5:30-6:30pm</b>	<b>Total Body Blast (Hannah)</b>	Spin* (Joel)  Zumba (Endah)	<b>Strength &amp; Conditioning (Chapin)</b>				Reset & Restore Yoga (Karlie)
<b>6:35-7:35pm</b>	Power Yoga (Karlie)		Vinyasa/ Restorative Yoga (Sophie)  6:30-7:30pm Spin* (Aaron)	6:15-7:15pm Vinyasa Flow (Sophie)			



## Fitness Class Descriptions

**20/20/20** - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

**GENTLE YOGA**—Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or is looking for modifications to all postures. Our instructor creates a safe environment through alignment to explore your personal boundaries while building strength and flexibility. This practice excludes all inversions and extreme backbends.

**GET LIFTED** — Get Lifted is a new fitness class that will use a combination of plyometric exercises and lifting weights, keeping the heart rate up for an all around fat burning work out!

**HIIT** — High Intensity Interval Training with Donna is a class focusing on building strength and incorporating cardio. Try it on Fridays at 9:15am!

**PILATES MAT CLASS** - An exercise system focused on increasing flexibility and strength for the total body without building bulk. No apparatus is used during this class.

**POWER YOGA** – This powerful, energetic, playful flowing class has a strong emphasis on breath and allows beginners, intermediate and advanced students to be challenged in the same class. Expect to sweat and challenge yourself with movement and powerful, athletic postures, inventive and thoughtful sequences of sun salutations, standing and seated postures, back bending, and inversions guided by a steady breath to tone and calm the mind. Power Yoga flow will tone, strengthen and rinse your body, clear your mind and leave you with a sense of accomplishment and empowerment.

**RESET & RESTORE YOGA** — In this class, Karlie will teach 30 minutes of power yoga, followed by 30 minutes of restorative yoga. The perfect way to end your weekend! Beginning Sunday, November 4.

**SPIN** - A cardio workout without comparison. All instructors incorporate climbing, intervals and steady state training. Guaranteed to make you sweat! Each instructor creates a different design for each class.

**SPIN/HIIT** — Take a break in your day to join Aaron for 30 minutes of spin followed by 30 minutes of high intensity interval training that combines fun and hard work into every work out. Challenge yourself to be a year round athlete with structured classes to help you succeed!

**S.I.T.**— “**Strength and Interval Training.**” Another high energy conditioning class utilizing the step, bo-su, weights and intervals to keep your heart pumping!

**SKI & SNOWBOARD CONDITIONING** — Strength training is combined with speed work, plyometrics, and agility training, to develop power and endurance for the ski season. This class will get progressively harder as the weeks go on!

**TOTAL BODY BLAST** — This fast-paced and fun class provides a complete body workout and incorporates strengthening and toning of muscles, sustained cardio and intervals, and finishes with core work and stretching for a well-balanced total body workout!

**VINYASA FLOW YOGA**— In this yoga class the teacher will encourage you to synchronize your breath to the movement from one pose to the next on an inhale or an exhale. This style of yoga allows for a lot of variety, but you can expect movement, not just stretching.

**VINYASA/RESTORATIVE** — In a calm meditative atmosphere a half hour is spent stretching with your breath. The remaining time of class is given to guided meditation while exploring the range of motion of your spine supported by bolsters in gentle poses.

**WAKE UP & RIDE WITH AMY** — An intense cycling workout to get your day off to a great start .

**ZUMBA** — Zumba Fitness is the only Latin-inspired dance-fitness program that blends red-hot international music, and contagious steps to form a "fitness-party" that is downright addictive.



# December Pool Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
<b>6:00-8:00am</b>	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	6:30-8:00am Lap Swim	6:30-8:00am Lap Swim
<b>8:00am-9:30am</b>							
<b>9:30am-1:00pm</b>							
<b>1:00-2:00pm</b>	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
<b>2:00-3:00pm</b>							
<b>3:30-4:30pm</b>	After School Program in Pool	After School Program in Pool	After School Program in Pool	After School Program in Pool	After School Program in Pool		
<b>4:30-5:00pm</b>	Swim Team Prep*		Swim Team Prep*				
<b>5:00-6:00pm</b>	Swim Team*		Swim Team*				
<b>6:00-9:45pm</b>							

**Pool Room Hours:**

Monday-Friday: 5:55am-9:45pm  
 Saturday/Sunday: 6:30am-9:45pm

**Lap Swim Hours:**

Monday-Friday: 6:00am-8:00am and 1:00-2:00pm  
 Saturday/Sunday: 6:30am-8:00am

**No Lap Swim on School Breaks or Holidays**



# Fall Tennis Schedule

Program Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:15-7:15am			Cardio Tennis*			
7:30-8:30am						Cardio Tennis*
8:00-8:30am						
8:30-10:00am		8:30-9:30am Cardio Tennis*				3.5/4.0 Drill & Play Clinic*
9:30-11:00am					Stroke of the Day*	
10:30-11:30am	Never Ever Clinic*			10:30-Noon 3.0/3.5 Drill & Play*	11:15-11:45am Mommy & Me Intro to Tennis*	10:00-11:30am 3.0/3.5 Drill & Play Clinic*
Noon-1:30pm			4.0 Drill & Play*		12:30-1:00pm League Warm Up*	
3:30-4:00pm	Mighty Mites* (Ages 4-6)	Mighty Mites* (Ages 4-6)	Mighty Mites* (Ages 4-6)	Mighty Mites* (Ages 4-6)	1:00-2:30pm Coed 3.0+ League*	
3:30-4:30pm		Superstars* (Ages 7-9)		Superstars* (Ages 7-9)		
4:00-5:00pm	Superstars* (7-9 year olds)  Jr. Aces* (10+ year olds)  High School Prep* (12+ years old)	Jr. Aces* (10+ year olds)  High School Prep* (12+ years old)	Superstars* (7-9 year olds)  Jr. Aces* (10+ year olds)  High School Prep* (12+ years old)	Jr. Aces* (10+ year olds)  High School Prep* (12+ years old)	Superstars* (7-9 year olds)  Jr. Aces* (10+ year olds)  High School Prep* (12+ years old)	
4:30-5:00pm		Mighty Mites* (Ages 4-6)		Mighty Mites* (Ages 4-6)		
5:00-6:00pm	High School Advanced and JET Tennis*	High School Advanced and JET Tennis*	High School Advanced and JET Tennis*	High School Advanced and JET Tennis*		
6:00-9:00pm	Coed 4.0- League*	6:00-7:30pm 3.5/4.0 Drill & Play Clinic*	Mens 4.0- League*	Coed 4.5+ League*		

## Fall Program Dates

Session 2: October 23 - December 22 (no programs 11/20-11/24)

## Winter Program Dates

January 8 - March 16 (no programs 2/19-2/23)

Advance sign up is required for all tennis programs. Please call the front desk to reserve space for all Adult Clinics. Junior Clinic registration flyers are available at the front desk or on our website, [www.hcchoa.com](http://www.hcchoa.com).

