



# Homestead Owners Association & Court Club

## March Events

**Board & DRC Meeting**  
Friday, March 9 @ 9am

**March Madness Junior Tennis Mixer**  
Friday, March 9  
5:00-6:30pm

**Last Week of Winter Tennis Programs**  
March 12-18

**Spring Tennis Programs Begin**  
Monday, March 19

**No After School Program**  
Friday, March 23

**Homestead Easter Party**  
Saturday, March 31  
10:00am-12:00pm

## **General Club Information**

### Club Hours:

5:55am-10:00pm M-F  
6:30am-10:00pm S-S

### Phone:

970-926-1067

### Address:

400 Homestead Drive  
P.O. Box 808  
Edwards, CO 81632

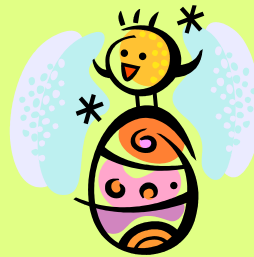
### Childcare Hours:

8:30am-noon M-F  
3:00pm-6:00pm M-F  
By Appointment Only

### Website:

Hcchoa.com

**See back page for our holiday hours.**



## **Homestead's Annual Easter Party**

Please join us on Saturday, March 31, from 10am-12pm, for a fun filled Easter party including an Easter egg hunt for ages 1-9, arts & crafts, coffee, pastries and, of course, a visit from the Easter Bunny! We hope to see you there.

Don't forget to bring your Easter baskets! Party is for Homestead residents and members only please.

## **March Fitness News**

### **Nutrition Series with Christine Pierangeli ~ Healthy Hearts on March 13 at 6:30pm**

Curious about nutrition? We are pleased to announce a Nutrition Series with Christine Pierangeli, certified master nutrition therapist, Board certified in holistic nutrition and owner of Profound Wellness of Vail. We will offer one special nutrition class per month, beginning with the topic of Healthy Hearts on Tuesday, March 13th at 6:30pm. This month you will learn how to reduce your risk of heart disease and improve your overall health. This one hour discussion will help you recognize and eliminate risk factors that are controllable. Essential skills that can result in a healthier lifestyle and help prevent heart disease are emphasized. Christine will also take questions and provide a heart healthy recipe for you to try out at home. This class is free for Homestead members. We hope you will join us this month to learn a little more about heart health! Other upcoming topics are nutrition for cancer prevention, kids nutrition, and athlete nutrition.



### **Fitness Schedule Changes for March**

- Amy's Thursday morning Wake Up & Ride class has been taken off the schedule for March

## **Children's Programming News**



We are hosting a special session of Spring Break Kids Camp April 23-27. Camp runs from 8:30am to 5:15pm Monday-Friday. Campers will participate in a wide variety of activities including outdoor play time, swimming, games, arts & crafts, science experiments and more. Rates are \$40/day for members and \$47/day for non-members. Advanced registration is required by April 20, however spaces fill quickly, so earlier sign up is suggested. For more information, or to register for Camp please visit [hcchoa.com](http://hcchoa.com) or email [Jillian@homesteadcourtclub.com](mailto:Jillian@homesteadcourtclub.com).

**Please note that there will be no After School Program on Friday, March 23.**

## Homestead General Meeting Report and Election Results

This year's meeting was held on Monday, February 19th, at 7:00pm, at the Homestead Court Club. Thank you to everyone who attended and participated in person or by proxy. Two seats for the Board of Directors were up for election. There were two candidates on the official ballot and there were no additional nominations from the floor. Alyson Leingang and Bill McNamara were both re-elected by acclamation. Board President Erin Allen discussed the general state of the HOA and Court Club, projects that were completed in 2017, and projects scheduled for 2018. Board Treasurer Katie DeMore gave an overview of Homesteads financials and announced that dues will not be raised in 2018. Homesteads attorneys, TJ Voboril and Dan Reynolds, provided an update on the Allen litigation and presented owner education. New Business included two community presentations; one from the Eagle Valley Land Trust and Eagle County Open Space regarding Homestead's Open Space easements and trails, and another presentation from the Edwards Metro District regarding plans to expand Edwards Spur Road, repair/replace bridges, install a roundabout and add pedestrian access in early 2019. Please see our website for more information on these items.

## February Board & DRC Meeting Highlights

Our February board & design review committee meeting was held on Friday, February 9, 2018 at 9:00am. During the board meeting the board heard member input regarding speeding and more police patrols in the neighborhood. New Business included discussion on the end of recorded membership agreement with Heritage Park and on Eagle County Open Space and Land Trust. Matters Pending included discussion on the Nominating Committee. The January meeting minutes were approved as presented. The December financials were approved as presented. The meeting adjourned to executive session at approximately 10:14am.



## March Tennis News

**Spring Tennis Programs** will begin the week of March 19, and will run for 9 weeks, with a break from April 23-29. Registration forms are available at the front desk, or on our website, [hcchoa.com](http://hcchoa.com). Email [tennis@homesteadcourtclub.com](mailto:tennis@homesteadcourtclub.com) for more information.

**Reminder:** The last day of Winter Tennis is March 18.

**March Madness Junior Tennis Mixer** Join us on Friday, March 9, from 5:00-6:30pm for a fun junior tennis mixer. Junior Aces level players will play singles in a round robin format. Wear your favorite college basketball team apparel or team colors. Fun awards will be handed out for best sportsmanship player, best shot of the day and most mixer spirit. Maximum Participants: 12, Cost: \$10 Per Player. Sign up at the Front Desk!

**VMS High School Girls Tennis Practice** will be held at Homestead Mondays through Thursdays from 6:00-7:30am. Practice will be moved outside as soon as weather permits. If you know of anyone who is interested in participating on the high school team, please have them email [tennis@homesteadcourtclub.com](mailto:tennis@homesteadcourtclub.com).

## Spring Cleaning ~ Property Maintenance Reminder

Residents of Homestead are being reminded to maintain their properties in accordance with the Homestead Covenants, Conditions, and Restrictions. Keeping your property well maintained is important for you and your neighborhood. Good housekeeping and maintenance practices keep property values at a higher level and limit health and safety hazards, in addition to a better quality of life. We would like to remind you that now is a great time to do a spring cleaning of your property. Homesteads Declarations state: *Each Lot at all times shall be kept in clean, sightly and wholesome condition. No trash, litter, junk, boxes, containers, bottles, cans, implements, machinery, lumber or other building materials shall be permitted to remain exposed upon any Lots so that same are visible from any neighboring Lot or street, except as necessary during the period of construction.* If, in our travels, we see that some maintenance is needed on your property, we will notify you of our observations. Our goal is to establish a dialog with you that will ensure your property is brought into compliance in a timely manner, serving both the Association's needs and your own. For those of you who are planning exterior work, please remember that any landscaping/exterior changes and/or improvements must be applied for and approved by the DRC. If you have any questions or comments, please feel free to give us a call at 926-1067.





# March Fitness Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
<b>6:05-7:05am</b>		Get Lifted (Hannah)	Reach Your Peak Cycling Program* <sup>\$</sup> (Jen)		Get Lifted (Hannah)  Reach Your Peak Cycling Program* <sup>\$</sup> (Jen)		
<b>8:30-9:30am</b>						Yoga (Sophie)	
<b>9:15-10:15am</b>	20/20/20 (Justin)	9:15-10:30am Gentle Yoga (Terry)		S.I.T (Justin)	<b>Board Meeting 3/9/18 9:00am</b>		
<b>10:30-11:30am</b>	Pilates Mat Class (Deana)			Pilates Mat Class (Deana)			
<b>12:00-1:15pm</b>			12:00-1:00pm Spin/HIIT (Aaron)		Gentle Yoga (Sophie)		
<b>5:30-6:30pm</b>	Lift the Barre (Hannah)	5:00pm Zumba (Endah)  Spin* (Joel)	Strength & Conditioning (Chapin)				Reset & Restore Yoga (Karlie)
<b>6:35-7:35pm</b>	Power Yoga (Karlie)	<b>Nutrition Series Healthy Hearts 3/13/18 6:30pm</b>	Vinyasa/ Restorative Yoga (Sophie)  6:30-7:30pm Spin* (Aaron)	6:15-7:15pm Vinyasa Flow (Sophie)			

## Nutrition Series with Christine Pierangeli ~ Healthy Hearts on March 13 at 6:30pm

Curious about nutrition? We are pleased to announce a Nutrition Series with Christine Pierangeli, certified master nutrition therapist, Board certified in holistic nutrition and owner of Profound Wellness of Vail. We will offer one special nutrition class per month, beginning with the topic of Healthy Hearts on Tuesday, March 13th at 6:30pm. This month you will learn how to reduce your risk of heart disease and improve your overall health. This one hour discussion will help you recognize and eliminate risk factors that are controllable. Essential skills that can result in a healthier lifestyle and help prevent heart disease are emphasized. Christine will also take questions and provide a heart healthy recipe for you to try out at home. This class is free for Homestead members. We hope you will join us this month to learn a little more about heart health! Other upcoming topics are nutrition for cancer prevention, kids nutrition, and athlete nutrition.

## Fitness Schedule Changes for March

- Amy's Thursday morning Wake Up & Ride class has been taken off the schedule for March



## Fitness Class Descriptions

**20/20/20** - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

**GENTLE YOGA**—Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or is looking for modifications to all postures. Our instructor creates a safe environment through alignment to explore your personal boundaries while building strength and flexibility. This practice excludes all inversions and extreme backbends.

**GET LIFTED** — Get Lifted is a new fitness class that will use a combination of plyometric exercises and lifting weights, keeping the heart rate up for an all around fat burning work out!

**PILATES MAT CLASS** - An exercise system focused on increasing flexibility and strength for the total body without building bulk. No apparatus is used during this class.

**POWER YOGA** – This powerful, energetic, playful flowing class has a strong emphasis on breath and allows beginners, intermediate and advanced students to be challenged in the same class. Expect to sweat and challenge yourself with movement and powerful, athletic postures, inventive and thoughtful sequences of sun salutations, standing and seated postures, back bending, and inversions guided by a steady breath to tone and calm the mind. Power Yoga flow will tone, strengthen and rinse your body, clear your mind and leave you with a sense of accomplishment and empowerment.

**RESET & RESTORE YOGA** — In this class, Karlie will teach 30 minutes of power yoga, followed by 30 minutes of restorative yoga. The perfect way to end your weekend!

**SPIN** - A cardio workout without comparison. All instructors incorporate climbing, intervals and steady state training. Guaranteed to make you sweat! Each instructor creates a different design for each class.

**SPIN/HIIT** — Take a break in your day to join Aaron for 30 minutes of spin followed by 30 minutes of high intensity interval training that combines fun and hard work into every work out. Challenge yourself to be a year round athlete with structured classes to help you succeed!

**S.I.T.**— “**Strength and Interval Training.**” Another high energy conditioning class utilizing the step, bo-su, weights and intervals to keep your heart pumping!

**STRENGTH & CONDITIONING** - This class incorporates free weights, kettlebells, medicine balls, and body weight exercises. This class blends movements that recruit multiple muscle groups with circuit training for a full body burn.

**LIFT THE BARRE** — This fast-paced and fun class provides a complete body workout and incorporates strengthening and toning of muscles, sustained cardio and intervals, barre work, and finishes with core work and stretching for a well-balanced total body workout!

**VINYASA FLOW YOGA**— In this yoga class the teacher will encourage you to synchronize your breath to the movement from one pose to the next on an inhale or an exhale. This style of yoga allows for a lot of variety, but you can expect movement, not just stretching.

**VINYASA/RESTORATIVE** — In a calm meditative atmosphere a half hour is spent stretching with your breath. The remaining time of class is given to guided meditation while exploring the range of motion of your spine supported by bolsters in gentle poses.

**WAKE UP & RIDE WITH AMY** — An intense cycling workout to get your day off to a great start .

**ZUMBA** — Zumba Fitness is the only Latin-inspired dance-fitness program that blends red-hot international music, and contagious steps to form a "fitness-party" that is downright addictive.





# March Pool Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
<b>6:00-8:00am</b>	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	6:30-8:00am Lap Swim	6:30-8:00am Lap Swim
<b>8:00am-9:30am</b>							
<b>9:30am-1:00pm</b>							
<b>1:00-2:00pm</b>	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
<b>2:00-3:00pm</b>							
<b>3:30-4:30pm</b>	After School Program in Pool	After School Program in Pool	After School Program in Pool	After School Program in Pool	After School Program in Pool		
<b>4:30-5:00pm</b>	Swim Team Prep*		Swim Team Prep*				
<b>5:00-6:00pm</b>	Swim Team*		Swim Team*				
<b>6:00-9:45pm</b>							

### Pool Room Hours:

Monday-Friday: 5:55am-9:45pm

Saturday/Sunday: 6:30am-9:45pm

### Lap Swim Hours:

Monday-Friday: 6:00am-8:00am and 1:00-2:00pm

Saturday/Sunday: 6:30am-8:00am

**No Lap Swim on School Breaks or Holidays**



## Winter Swim Team & Swim Team Prep

The next swim session begins on Monday, February 26, and will run for 8 weeks. Swim Team Prep meets on Mondays and Wednesdays from 4:30-5:00pm, and Swim Team meets on Mondays and Wednesdays from 5:00-6:00pm. Homestead's Swim Team and Swim Team Prep are a fun and non-competitive way for swimmers to practice and improve all four strokes, increase swimming endurance and get some exercise, with sufficient time for team building and games that will help to improve your swimmers confidence. To join Swim Team Prep, swimmers must be able to swim at least one length of the pool unassisted. To join Swim Team, swimmers must know at least two strokes.

**Registration forms** are available at the front desk or on our website now. Email Aimee at [aimee@homesteadcourtclub.com](mailto:aimee@homesteadcourtclub.com) for more information!

# Winter Tennis Schedule

Program Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
6:15-7:15am			Cardio Tennis*				
7:30-8:30am						Cardio Tennis*	
8:00-8:30am							
8:30-10:00am		8:30-9:30am Cardio Tennis*				3.5/4.0 Drill & Play Clinic*	
9:30-11:00am					Stroke of the Day*		
10:30-11:30am	Never Ever Clinic*			10:30-Noon 3.0/3.5 Drill & Play*		10:00-11:30am 3.0/3.5 Drill & Play Clinic*	
Noon-1:30pm			4.0 Drill & Play*		12:30-1:00pm League Warm Up*		2:00-3:00pm Superstars* (7-9 year olds)
3:30-4:00pm	Mighty Mites* (Ages 4-6)	Mighty Mites* (Ages 4-6)	Mighty Mites* (Ages 4-6)	Mighty Mites* (Ages 4-6)	1:00-2:30pm Coed 3.0+ League*		3:00-4:00pm Jr. Aces* (10+ year olds)
3:30-4:30pm		Superstars* (Ages 7-9)		Superstars* (Ages 7-9)			3:00-4:00pm High School Prep* (12+ year olds)
4:00-5:00pm	Superstars* (7-9 year olds)  Jr. Aces* (10+ year olds)  High School Prep* (12+ years old)	Jr. Aces* (10+ year olds)  High School Prep* (12+ years old)	Superstars* (7-9 year olds)  Jr. Aces* (10+ year olds)  High School Prep* (12+ years old)	Jr. Aces* (10+ year olds)  High School Prep* (12+ years old)	Superstars* (7-9 year olds)  Jr. Aces* (10+ year olds)  High School Prep* (12+ years old)		4:00-5:30pm 3.0/3.5 Drill & Play*
4:30-5:00pm		Mighty Mites* (Ages 4-6)		Mighty Mites* (Ages 4-6)			5:30-7:00pm High School Advanced*
5:00-6:00pm	High School Advanced and JET Tennis*	High School Advanced and JET Tennis*	High School Advanced and JET Tennis*	High School Advanced and JET Tennis*			
6:00-9:00pm	Coed 4.0- League*	6:00-7:30pm 3.5/4.0 Drill & Play Clinic*	Mens 4.0- League*	Coed 4.5+ League*			

## Winter Program Dates

January 8 - March 16 (No Junior Programs 2/18-2/23)

Advance sign up is required for all tennis programs. Please call the front desk to reserve space for all Adult Clinics. Junior Clinic registration flyers are available at the front desk or on our website, [www.hcchoa.com](http://www.hcchoa.com).