



# HCC Adult Tennis Clinics Spring 2018

## February 26 - May 27\*

Clinic	Day	Times	Member Rate**
Cardio Tennis	Tuesdays	8:30-9:30am	\$17
3.5-4.0 Drill & Play	Tuesdays	6:00-7:30pm	\$27
Cardio Tennis	Wednesdays	6:15-7:15am	\$17
3.0-3.5 Drill & Play	Thursdays	10:30am-12:00pm	\$27
Stroke of the Day	Fridays	9:30-11:00am	\$27
Cardio Tennis	Saturdays	7:30-8:30am	\$17
4.0+ Drill & Play	Saturdays	8:30-10:00am	\$27
3.0-3.5 Drill & Play	Saturdays	10:00-11:30am	\$27

<sup>\*</sup>All clinics must have a minimum of three players signed up for clinic to run. If one or two players are sign up the rates will change to private/semi-private lesson rates.

### Drill & Play:

The pro sets up different playing scenarios in a fast paced drill. Working on both singles & doubles point play.

### Tennis Stroke of the Day:

Focusing on the technique of a certain stroke for the first half of class. Live ball play using that stroke for the last half of class.

#### Cardio Tennis:

A mix of tennis and on-court fitness designed for all abilities. Cardio Tennis is a high energy fitness activity delivering the ultimate full body workout.

<sup>\*\*\*</sup>Members may sign up one week in advance. Guests may sign up on the day of, if there is space available.

# Additional Adult Tennis Programs

### Tennis Lessons:

Private and Semi-Private Lessons are available from certified USPTA professionals.

Rates: Member rate is \$65 per hour for a private lesson and \$35 per hour per player for a semi- private lesson. Non-Member rate is \$80 per hour for a private lesson and \$50 per hour per player for a semi-private lesson. All players have the option to add video analysis for \$5 during private tennis lessons. Pro will provide a review and follow up via email.

### Player Match Evaluation:

Depending on pro availability, player can request pro of choice to watch a practice or competitive match on site. Pro will provide a detailed match evaluation that is documented from a match stats app that breaks down each point and is formatted to email player afterwards. Pro will not only document each point from app, but offer pointers and advise on specific match in detail via email and or in person.

Rates: \$60 per hour and that rate only includes duration of match play.

# Sign Up Policy for Weekly Tennis Clinics:

Homestead members may sign up one week in advance.

Contact one of the pro's to set up a Private/Semi-Private Lesson. All pro's can be reached via email at tennis@homesteadcourtclub.com.

Tennis Pro- Eric Meyer Tennis Pro- Malachy Coyne

### Introducing our newest Tennis Pro- Malachy Coyne



Malachy Coyne is a recent graduate of the Professional Tennis Management Program at Ferris State University in Michigan. He is originally from up-state New York where his athletics included tennis, skiing, weight-training, golf and basketball. Tennis emerged as his "true passion" and summer employment revolved around several local tennis clubs. Malachy has been around the tennis industry and instructing for over seven years. While studying business in the sports arena and focusing on tennis during the academic year, his summers were spent directing his own tennis program in northern Michigan. This past summer, as an Assistant at Valley Country Club in Denver, he taught private and group lessons to tennis enthusiasts of all ages. He is a Certified Teaching Professional by the USPTA, PTR and Car-

dio Tennis. This winter he will be returning to Beaver Creek Ski Resort for his second season of skiing instruction. He is looking forward to the many new experiences in working with the Homestead community and hopes to be in the position to offer more tennis on the weekends.

Call or stop by the front desk to sign up for the weekly clinics!