



Homestead Owners Association & Court Club

August Events

Last Day of Summer Swim Programs
Thursday, August 2

Board & DRC Meeting
Friday, August 10 @ 9am

Last Day of Summer Tennis & Kids Camp
Friday, August 31

End of Summer Party & BBQ
Saturday, September 1
4:00-7:00pm

Labor Day
Monday, September 3
Club Hours: 6am-5pm

After School Program Begins
Tuesday, September 4

Fall Tennis Programs Begin
Monday, September 10

General Club Information

Club Hours:

5:55am-10:00pm M-F

6:30am-10:00pm S-S

Phone:

970-926-1067

Address:

400 Homestead Drive

P.O. Box 808

Edwards, CO 81632

Childcare Hours:

8:30am-noon M-F

3:00pm-6:00pm M-F

By Appointment Only

Website:

Hcchoa.com

End of Summer Party & BBQ



Please join us on Saturday, September 1, from 4:00-7:00pm for Homestead's Annual End Of The Summer Party & BBQ. Help us celebrate the last days of summer with a live music performance, family games, jumpy houses, face painting, food & drinks, and a mechanical bull! Please plan to walk or carpool to the club if you can, as limited parking will be available.

Party is for Homestead residents and members only please.

Children's Programming News

Homestead's Action Packed After School Program concentrating on education, fitness, and creativity will begin this fall on Tuesday, September 4. The ASP will meet Monday through Friday from 3:00pm-6:00pm at the Homestead Court Club and will utilize all of the great Homestead Club facilities including parks, trails, and Homestead neighborhoods. Homestead will provide transportation to the program for students at Edwards Elementary School.

PRICE: \$17 a day for Members and \$25 a day for Non-Members.

REGISTRATION: Registration packets are available on our website, at the front desk, or by email request to jillian@homesteadcourtclub.com now. We are currently accepting registration from Homestead Owners and their tenants and will begin accepting registration from Non-Resident members beginning on Monday, August 6, and from Non-members on Monday, August 13. Pre-registration is required.

PLEASE NOTE: We do not have Kids Camp or After School Programs on Labor Day, Monday, September 3.

Last Day of Summer Camp is August 31: We still have spaces available for the last few weeks of camp. Registration forms are available at the Front Desk or on our website. Please make sure registration information is complete before turning it in to ensure your space is reserved. Upcoming special events in August include:

- Eagle River Watershed, Aquatic Exploration ~ August 9
- Walking Mountains Science Center, Animal Architects ~ August 14
- Markos Pizza, Make Your Own Pizza ~ August 21
- Riverwalk Theatre ~ TBD





No Parking on Homestead Streets or Right-of-Ways

We have recently had complaints of residents and guests parking on Homestead Streets. We would like to remind all residents that there is no parking allowed on Homestead Streets or on Eagle County right of ways. In most cases the first 15 feet from the curb is Eagle County Right of Way. All vehicles must be parked on a hard surface driveway. This is especially important on narrow streets to allow access for emergency vehicles in case of a fire or medical emergency. We have asked the Eagle County Sheriff to patrol our streets and ticket any vehicles parked on the streets or in the County right of ways. If you notice someone parking on your street or in the right of way, please contact the Eagle County Sheriff Dispatch at 970-479-2201. Also, please note that Homestead does not allow trailers to be parked in driveways, except for temporary loading and unloading. If you need to temporarily park a trailer in your driveway, please contact Tracy Erickson at the club.

July Board & DRC Meeting Highlights

Our July Board & Design Review Committee Meeting was held on Friday, July 13, 2018 at 9:00am. During the DRC portion of the meeting, the submittal for 118 Spring Creek Court is subject to approval after blueprints are resubmitted with changes made as discussed. A trampoline at 14 Allen Circle was staff approved. Matters Pending included an update on the Edwards Fire Station construction, noting the project is still on schedule and things are going well. The meeting minutes from the June 8, 2018 meeting were approved. The financials from May 2018 were also approved. The meeting adjourned at approximately 10:25am.

August Tennis News

Fall Junior Programs Registration Opens August 1st

Get your junior involved in a fun lifelong sport this fall! We offer junior clinics for ages 4-18 and welcome all ability levels. This fall we are offering a 9 week session, beginning September 10th. You may choose to register you junior for 1-5 days per week. For days, times, and rates please visit our website, hcchoa.com.

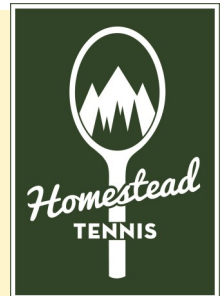
Fall Adult Leagues & Clinics Begin September 10th

Fall adult clinics and leagues are beginning September 10th. Clinic schedules will be available at the front desk beginning August 1st. Club leagues are a great way to meet some other players and improve your game! Member price is \$35 for the session. Register now to reserve your space. League registration forms are available on our website, hcchoa.com, or at the Front Desk.

Reminder: The last day of Summer Tennis Programs is August 31st

Vail Valley Open

We would like to thank the participants and viewers who came from near and far July 14th-15th for our annual Vail Valley Open Tournament. There were a lot of close matches and great tennis was played by all! We would also like to send a huge thank you out to our sponsors: Moe's BBQ and Foods of Vail.



Thank you Coach Emilie!

We would like to thank Emilie Clark for coaching our Summer Swim Team this year. Emilie will be moving to Denver in the fall and we wish her the best of luck in the big city! The next session of swim programs will begin in October. Look for more details in the next newsletter.





August Fitness Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
6:05-7:05am		Get Lifted (Hannah)		Get Lifted (Hannah)			
8:30-9:30am		8:30-9:15am Yoga Sculpt (Terry)				Yoga (Sophie)	
9:15-10:15am	20/20/20 (Justin)	9:15-10:30am Gentle Yoga (Terry)	Spin/HIIT (Aaron)	S.I.T (Justin)	Board Meeting 8/10/18 9:00am		
10:30-11:30am	Pilates Mat Class (Deana)			Pilates Mat Class (Deana)			
12:00-1:15pm					Gentle Yoga (Sophie)		
3:30-5:00pm	Kids Camp in Fitness Studio	Kids Camp in Fitness Studio	Kids Camp in Fitness Studio	Kids Camp in Fitness Studio	Kids Camp in Fitness Studio		
5:30-6:30pm	Lift the Barre (Hannah)	Spin* (Joel)	Spin* (Aaron) Strength & Conditioning (Chapin)				
6:35-7:35pm	Power Yoga (Karlle)		Vinyasa/Restorative Yoga (Sophie)	6:15-7:15pm Vinyasa Flow (Sophie)			

****Please call the front desk to sign up for classes with an asterisk****

Sign up policy: Homestead homeowners and their tenants may reserve their space 48 hours in advance and Non-resident members may reserve their space 24 hours in advance. Please call 970-926-1067 to sign up.

New classes and/or changed classes are listed in bold



Fitness Class Descriptions

20/20/20 - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

GENTLE YOGA—Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or is looking for modifications to all postures. Our instructor creates a safe environment through alignment to explore your personal boundaries while building strength and flexibility. This practice excludes all inversions and extreme backbends.

GET LIFTED — Get Lifted is a new fitness class that will use a combination of plyometric exercises and lifting weights, keeping the heart rate up for an all around fat burning work out!

PILATES MAT CLASS - An exercise system focused on increasing flexibility and strength for the total body without building bulk. No apparatus is used during this class.

POWER YOGA – This powerful, energetic, playful flowing class has a strong emphasis on breath and allows beginners, intermediate and advanced students to be challenged in the same class. Expect to sweat and challenge yourself with movement and powerful, athletic postures, inventive and thoughtful sequences of sun salutations, standing and seated postures, back bending, and inversions guided by a steady breath to tone and calm the mind. Power Yoga flow will tone, strengthen and rinse your body, clear your mind and leave you with a sense of accomplishment and empowerment.

RESET & RESTORE YOGA — In this class, Karlie will teach 30 minutes of power yoga, followed by 30 minutes of restorative yoga. The perfect way to end your weekend!

SPIN - A cardio workout without comparison. All instructors incorporate climbing, intervals and steady state training. Guaranteed to make you sweat! Each instructor creates a different design for each class.

SPIN/HIIT — Take a break in your day to join Aaron for 30 minutes of spin followed by 30 minutes of high intensity interval training that combines fun and hard work into every work out. Challenge yourself to be a year round athlete with structured classes to help you succeed!

S.I.T.— “**Strength and Interval Training.**” Another high energy conditioning class utilizing the step, bo-su, weights and intervals to keep your heart pumping!

STRENGTH & CONDITIONING - This class incorporates free weights, kettlebells, medicine balls, and body weight exercises. This class blends movements that recruit multiple muscle groups with circuit training for a full body burn.

LIFT THE BARRE — This fast-paced and fun class provides a complete body workout and incorporates strengthening and toning of muscles, sustained cardio and intervals, barre work, and finishes with core work and stretching for a well-balanced total body workout!

VINYASA FLOW YOGA— In this yoga class the teacher will encourage you to synchronize your breath to the movement from one pose to the next on an inhale or an exhale. This style of yoga allows for a lot of variety, but you can expect movement, not just stretching.

VINYASA/RESTORATIVE — In a calm meditative atmosphere a half hour is spent stretching with your breath. The remaining time of class is given to guided meditation while exploring the range of motion of your spine supported by bolsters in gentle poses.



August Pool Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
6:00-8:00am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	6:30-8:00am Lap Swim	6:30-8:00am Lap Swim
8:00am-9:30am							
9:30am-1:00pm							
1:00-2:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
2:00-3:30pm	Kids Camp in Pool	Kids Camp in Pool	Kids Camp in Pool	Kids Camp in Pool	Kids Camp in Pool		
3:30-4:00pm							
4:00-5:00pm							
5:00-6:00pm							
6:00-9:45pm							

Pool Room Hours:

Monday-Friday: 5:55am-9:45pm

Saturday/Sunday: 6:30am-9:45pm

Lap Swim Hours:

Monday-Friday: 6:00am-8:00am and 1:00-2:00pm

Saturday/Sunday: 6:30am-8:00am

No Lap Swim on School Breaks or Holidays

Fall Tennis Schedule

Program Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
7:30-8:30am			6:30-7:30am Cardio Tennis*			Cardio Tennis*	
8:30-10:00am	3.0+ Daytime League					4.0+ Drill & Play Clinic*	
9:00-9:30am	Mighty Mites* (4-6 year olds)	Mighty Mites* (4-6 year olds)	Mighty Mites* (4-6 year olds)	Mighty Mites* (4-6 year olds)	9:00-10:00am Intro to Tennis Clinic*		
9:30-10:30am	Superstars* (7-9 year olds)	Superstars* (7-9 year olds) 10:00-11:30am Cardio Tennis*	Superstars* (7-9 year olds)	Superstars* (7-9 year olds)			
10:30-12:00pm	Junior Aces, HS Prep, HS Advanced & JET* 3.5-4.0 Drill & Play Clinic*	Junior Aces, HS Prep, HS Advanced & JET* Stroke of the Day* 11:00am-noon	Junior Aces, HS Prep, HS Advanced & JET*	Junior Aces, HS Prep, HS Advanced & JET* 3.0-3.5 Drill & Play Clinic* 11:00am-noon	10:00-11:00am Ball Machine Drills* 11:00-12:00 Kids Camp Tennis*	10:00-11:30am 3.0-3.5 Drill & Play Clinic*	
12:00-1:00pm	Junior Match Play*	Junior Match Play*	Junior Match Play*	Junior Match Play*			
1:00-2:30pm	Junior Aces, HS Prep, HS Advanced & JET* (Ages 10-18)	Junior Aces, HS Prep, HS Advanced & JET* (Ages 10-18)	Junior Aces, HS Prep, HS Advanced & JET* (Ages 10-18)	Junior Aces, HS Prep, HS Advanced & JET* (Ages 10-18)			
2:30-5:30pm							
5:30-6:30pm			Men's 4.0- League Play*				
6:00-7:30pm	6:00-7:00pm Beginner Drill & Play Clinic*	3.5-4.0 Drill & Play Clinic*					
7:30-9:00pm							

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