



# Homestead Owners Association & Court Club

## December Events

### Holiday Party

Sunday, December 2  
Party from 5:00-8:00pm  
Club closing at noon

### Nutrition Series: Nutrition & Mood

Tuesday, December 11  
5:30-6:30pm

### Board of Directors and DRC Meeting

Friday, December 14  
9:00am

### Last Day of Fall Tennis

Friday, December 21

### Winter Break Kids Camp

December 26-28  
January 2-4  
8:30am-5:15pm

### Winter Tennis and Swim Programs Begin

Monday, January 7

### Holiday Hours on back

## General Club Information

#### Club Hours:

5:55am-10:00pm M-F  
6:30am-10:00pm S-S

#### Phone:

970-926-1067

#### Address:

400 Homestead Drive  
P.O. Box 808  
Edwards, CO 81632

#### Childcare Hours:

8:30am-noon M-F  
3:00pm-6:00pm M-F  
By Appointment Only

#### Website:

Hchoa.com



## Homesteads Holiday Party



Please join us on Sunday, December 2, from 5:00-8:00pm for a festive party to celebrate the holidays! There will be live music, appetizers, drinks and a light dinner catered by Vail Catering Concepts. We will also have jumpy houses, an arts & crafts room, holiday photo booth and of course Santa Claus will be making a special appearance. We hope to see you there. **Party is for Homestead residents and members only.** Please note the club will be closing at noon to prepare for the party.

## Winter Swim Programs with Coach Jenny

*Winter Session Dates:* January 7 - February 22

**Baby & Me Group Swim Lessons** will be held on Tuesdays from 8:30-9:00am. This beginner level swim program puts parents in the pool with their baby as early as 6 months old. In this class, Jenny leads the parents and students through group activities and interactive water games appealing to a child's sense of curiosity, wonder, and play. The age range for this class is 6-18 months.



**Private and Form Your Own Group Lessons** are available on Tuesday mornings, and Monday and Wednesday evenings. Whether you're an adult, have a young child, a beginner learning to swim, or you're an experienced swimmer training for competition, Jenny can help you reach your goals in the pool. Jenny will focus on your specific needs and goals to maximize your learning experience.

**Swim Team Prep** will meet on Mondays and Wednesdays from 5:00-5:30pm. Homestead's Swim Team Prep is a non-competitive program designed for children who love the water! This program is a great way for your swimmer to build strength and endurance in the pool, improve techniques, and have fun in a team atmosphere. Prerequisite: Must be able to swim one length of the pool without assistance.

**Swim Team** will meet on Mondays and Wednesdays from 5:30-6:30pm. Homestead Swim Team gives young swimmers the opportunity to practice and improve all four strokes, increase swimming endurance and have fun, with sufficient time for team building and games that will help to improve your swimmers confidence.

**Adult Fitness Swim Class** will be held on Tuesday mornings from 6:00-7:00am. Coach Jenny provides structured workouts to motivate you and help you reach your goals. This class is free for our members! Beginning on January 8.

**Registration forms** available at the front desk or on our website now. Email [jml5178@yahoo.com](mailto:jml5178@yahoo.com) if you have any questions, or would like to register.

## Eagle County Road Maintenance Reminder

Eagle County Road & Bridge is responsible for the safety and maintenance of the roads and right-of-ways in Homestead. If the roads become unsafe due to adverse weather, you may call 970-479-2201 to notify Vail Dispatch of a dangerous situation. The Eagle County Road & Bridge Department and Homestead want to remind Homeowners that it is against the law and Homestead regulations to plow snow from driveways onto the public road right-of-ways and sidewalks. When Homeowners do this it causes the roadway to narrow and makes it difficult for buses and emergency vehicles to safely and quickly maneuver through the streets. Please be sure to store your snow from your driveway safely away from the Eagle County right-of-ways and sidewalks in your designated snow storage areas to help maintain a safe neighborhood. If you have any questions, concerns or suggestions regarding the roads in Homestead, please contact the Eagle County Road & Bridge Department at 970-328-3540.



## December Racquet Sports News

### ***New Pickleball Clinic Beginning December 6***

Join Malachy Coyne in the racquetball court for an all levels pickleball clinic each Thursday from 5:30-6:30pm. This clinic will cover court positioning, drills, tactics, and point play strategy. Your first clinic is free! After that the price is \$22 per week. Max of four players per clinic. Sign up at the front desk weekly.

### ***Winter Tennis Programs & Leagues***

will begin the week of January 7, and will run for 11 weeks. Winter program and league registration flyers are available at the front desk now. We will be accepting completed registration forms from Homestead owners and tenants beginning on December 3, and from non-resident members beginning on December 6.

**Reminder:** The last day of Fall Junior Tennis Session 2 is Friday, December 21.

## Holiday Hours:

### **Sunday, December 2**

Club Hours 6:30am-12:00pm  
Holiday Party from 5:00-8:00pm

### **Christmas Eve**

### **Monday, December 24**

Club Hours 6:00am-12:00pm

### **Christmas Day**

### **Tuesday, December 25**

Club Closed

### **New Years Eve**

### **Monday, December 31**

Club Hours 6:00am-5:00pm

### **New Years Day**

### **Tuesday, January 1**

Club Hours 8:00am-5:00pm

## November Board & DRC Meeting Highlights

Our November Board & Design Review Committee Meeting was held on Friday, November 9, 2018 at 9:00am. During the DRC portion of the meeting, the DRC saw two preliminary submittals for new construction at 115 Russell Trail and 77 Allen Circle. The DRC also approved a solar install at 205 Creamery Trail. During the Board Meeting, **New Business included approval of the 2019 budget and dues level, with no dues increase for Homestead owners in 2019.** Matters Pending included an update on the Edwards Fire Station project, and a request from neighbors to work on the project lighting. The meeting minutes from the October 12, 2018 meeting were approved. The financials from September 2018 were also approved. The meeting adjourned at approximately 10:18am.

## Annual HOA Meeting on February 18, 2019

The board would like to announce that there will be three board member openings at the 2019 election in February. If you are interested in running for the board please attend the December 14 board meeting, or contact a member of the nominating committee via email at [nominate@homesteadcourtclub.com](mailto:nominate@homesteadcourtclub.com). If you would like to have your bio listed in the January newsletter, please turn in a short bio to Tracy Erickson ([terickson@homesteadcourtclub.com](mailto:terickson@homesteadcourtclub.com)) by December 15. There will also be nominations taken from the floor at the annual HOA meeting.

## Children's Programming News



**Holiday Break Kids Camps:** Homestead is offering two special sessions of all day kids camp over upcoming school breaks. Camp dates are December 26-28 and January 2-4. Our kids camp program is guaranteed to be a fun filled day with a variety of different activities including educational projects, arts and crafts, games, show and tell, swimming and much more! Registration deadline for camp is Wednesday, December 19. No drop-ins allowed. For more information or to register, please visit [www.hcchoa.com](http://www.hcchoa.com) or by email request to [jillian@homesteadcourtclub.com](mailto:jillian@homesteadcourtclub.com).

**Holiday Closures:** Please note that our After School Program/Kids Camp/Childcare programs are closed December 24, 25 & 31 and on January 1.

## December Fitness News

### ***Nutrition Series: How to Fuel the Busy Family***

Join Christine Pierangeli for a discussion on How to Fuel the Busy Family on Tuesday, December 11 at 5:30pm. This one hour discussion will focus on tips and tricks to help you fuel your family with easy and healthy food during this busy holiday season (and ALWAYS). Christine will take questions and provide a handout with information discussed, as well as some easy and nutritious recipes and snack ideas!



### ***Holiday Personal Training Special for New Clients***

Treat yourself or a loved one to the gift of health this holiday season. Get three 60 minute personal training sessions for only \$200! Gift certificates are available at the front desk. Package must be purchased at the front desk by December 31, 2018. Sessions must be used before December 31, 2019. Special for new training clients only.

### ***December Fitness Schedule Changes/Additions***

Lift the Barre with Hannah will return on Mondays at 5:30pm  
Strength & Conditioning with Chapin will return on Wednesday evenings at 5:30pm

**Please note all Fitness Classes are cancelled on 12/1, 12/24 & 12/31. Get Lifted with Hannah is cancelled on Tuesday 1/1.**



# December Fitness Schedule

	<b>Mondays</b>	<b>Tuesdays</b>	<b>Wednesdays</b>	<b>Thursdays</b>	<b>Fridays</b>	<b>Saturdays</b>
<b>6:05-7:05am</b>	Morning Flow Yoga (Sophie)	Get Lifted (Hannah)		Get Lifted (Hannah)		
<b>8:30-9:30am</b>		8:30-9:15am Yoga Sculpt (Terry)	ABSolutely Pilates (Kim)		ABSolutely Pilates (Kim)	Saturday Flow Yoga (Sophie)
<b>9:15-10:15am</b>	20/20/20 (Justin)	9:15-10:30am Gentle Yoga (Terry)		S.I.T (Justin)	<b>Board Meeting 12/14/18 9:00am</b>	
<b>10:30-11:30am</b>	Pilates Mat Class (Deana)			Pilates Mat Class (Deana)		
<b>12:00-1:15pm</b>					Gentle Yoga (Sophie)	
<b>4:00-5:00pm</b>	After School in Fitness Studio	After School in Fitness Studio	After School in Fitness Studio	After School in Fitness Studio	After School in Fitness Studio	
<b>5:30-6:30pm</b>	<b>Lift the Barre (Hannah)</b>	Spin (Joel)	<b>Strength &amp; Conditioning (Chapin)</b>			
<b>6:35-7:35pm</b>	Power Yoga (Karlie)		Stretch/ Restorative Yoga (Sophie)	6:15-7:15pm Vinyasa Flow (Sophie)		

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***Please note all Fitness Classes are cancelled on 12/1, 12/24 & 12/31.***

***Get Lifted with Hannah is cancelled on Tuesday 1/1.***

**New classes and/or changed classes are listed in bold**



## Fitness Class Descriptions

**20/20/20** - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

**ABSolutely Pilates** - Improve core strength and stabilization as you move through this fluid series of floor work exercises designed to strengthen your entire body, improve posture and increase flexibility. Cultivate mindfulness in your movement as precision and flow is emphasized.

**GENTLE YOGA**—Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or is looking for modifications to all postures. Our instructor creates a safe environment through alignment to explore your personal boundaries while building strength and flexibility. This practice excludes all inversions and extreme backbends.

**GET LIFTED** — Get Lifted is a new fitness class that will use a combination of plyometric exercises and lifting weights, keeping the heart rate up for an all around fat burning work out!

**LIFT THE BARRE** — This fast-paced and fun class provides a complete body workout and incorporates strengthening and toning of muscles, sustained cardio and intervals, barre work, and finishes with core work and stretching for a well-balanced total body workout!

**MORNING FLOW YOGA** — Start your week with a morning wake up class! A flow that gives you time to center yourself on your mat and work into fun, playful movement sequences synced with breath. Many variations available depending on how your morning is going.

**PILATES MAT CLASS** - An exercise system focused on increasing flexibility and strength for the total body without building bulk. No apparatus is used during this class.

**POWER YOGA** – This powerful, energetic, playful flowing class has a strong emphasis on breath and allows beginners, intermediate and advanced students to be challenged in the same class. Expect to sweat and challenge yourself with movement and powerful, athletic postures, inventive and thoughtful sequences of sun salutations, standing and seated postures, back bending, and inversions guided by a steady breath to tone and calm the mind. Power Yoga flow will tone, strengthen and rinse your body, clear your mind and leave you with a sense of accomplishment and empowerment.

**SPIN** - A cardio workout without comparison. All instructors incorporate climbing, intervals and steady state training. Guaranteed to make you sweat! Each instructor creates a different design for each class.

**S.I.T.**— “**Strength and Interval Training.**” Another high energy conditioning class utilizing the step, bo-su, weights and intervals to keep your heart pumping!

**STRENGTH & CONDITIONING** - This class incorporates free weights, kettlebells, medicine balls, and body weight exercises. This class blends movements that recruit multiple muscle groups with circuit training for a full body burn.

**VINYASA FLOW YOGA**— In this yoga class the teacher will encourage you to synchronize your breath to the movement from one pose to the next on an inhale or an exhale. This style of yoga allows for a lot of variety, but you can expect movement, not just stretching.

**STRETCH/RESTORATIVE YOGA** — In a calm meditative atmosphere a half hour is spent stretching with your breath. The remaining time of class is given to guided meditation while exploring the range of motion of your spine supported by bolsters in gentle poses.



# December Pool Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
<b>6:00-8:00am</b>	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	6:30-8:00am Lap Swim	6:30-8:00am Lap Swim
<b>8:00am-9:30am</b>							
<b>9:30am-1:00pm</b>							
<b>1:00-2:00pm</b>	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
<b>2:00-3:45pm</b>							
<b>3:45-4:45pm</b>	After School in Pool	After School in Pool	After School in Pool	After School in Pool	After School in Pool		
<b>4:30-5:00pm</b>							
<b>5:00-6:00pm</b>							
<b>6:00-9:45pm</b>							

**Winter Session Dates:** January 7 - February 22

**Baby & Me Group Swim Lessons** will be held on Tuesdays from 8:30-9:00am. This beginner level swim program puts parents in the pool with their baby as early as 6 months old. In this class, Jenny leads the parents and students through group activities and interactive water games appealing to a child's sense of curiosity, wonder, and play. This fun class is a great bonding experience for parents and their infants and also aids in the child's physical and mental development. The age range for this class is 6 months-18 months.

**Private and Form Your Own Group Lessons** are available on Tuesday mornings, and Monday and Wednesday evenings. Whether you're an adult, have a young child, a beginner learning to swim, or you're an experienced swimmer training for competition, Jenny can help you reach your goals in the pool. Jenny will focus on your specific needs and goals to maximize your learning experience.

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**Registration forms** for all swim programs are available at the front desk or on our website now. Email [jml5178@yahoo.com](mailto:jml5178@yahoo.com) if you have any questions, need to register for a private or form your own group, or for more information on our swim programs.



# Winter Tennis Schedule

Program Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
7:30-8:30am			6:15-7:15am Cardio Tennis			Cardio Tennis	
8:30-10:00am		8:30-9:30 Cardio Tennis			9:30-10:30am Stroke of the Day	4.0+ Drill & Play	
10:00-11:30	10:30-11:30 3.0 Drill & Play			10:30-12:00pm 3.0/3.5 Drill & Play		3.0/3.5 Drill & Play	
11:30-1:00pm			11:30-12:30 Ball Machine Drills		12:30-1:00pm League Warm Up		
1:00-2:30pm					Coed 3.0+ League		
2:30-3:30pm							
3:30-4:00pm	Mighty Mites	Mighty Mites 3:30-4:30pm Superstars	Mighty Mites	Mighty Mites 3:30-4:30pm Superstars			
4:00-5:00pm	Superstars, Junior Aces and HS Prep	Junior Aces and HS Prep 4:30-5:00pm Mighty Mites	Superstars, Junior Aces and HS Prep	Junior Aces and HS Prep 4:30-5:00pm Mighty Mites	Superstars, Junior Aces and HS Prep		
5:00-6:00pm	HS Advanced and JET Tennis	HS Advanced and JET Tennis	HS Advanced and JET Tennis	HS Advanced and JET Tennis			
6:00-7:30pm	Coed 4.0- League	3.5 Drill & Play 4.0 Drill & Play	Men's 4.0- League	Coed 4.5+ League			
7:30-9:00pm	7:30-8:30pm Beginner Drill & Play		Men's 4.0- League	Coed 4.5+ League			

## December Racquet Sports News

### ***New Pickleball Clinic Beginning December 6***

Join Malachy Coyne in the racquetball court for an all levels pickleball clinic each Thursday from 5:30-6:30pm. This clinic will cover court positioning, drills, tactics, and point play strategy. Your first clinic is free! After that the price is \$22 per week. Max of four players per clinic. Sign up at the front desk weekly.

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***Reminder:*** The last day of Fall junior tennis programs is Friday, December 21.