





## HCC Winter 2019 Swim Programs

## Winter Session Dates: January 7 - February 20

**Baby & Me Group Swim Lessons** will be held on Tuesdays from 8:30-9:00am. This beginner level swim program puts parents in the pool with their baby as early as 6 months old. In this class, Jenny leads the parents and students through group activities and interactive water games appealing to a child's sense of curiosity, wonder, and play. The age range for this class is 6-18 months.

**Private and Form Your Own Group Lessons** are available on Tuesday mornings, and Monday and Wednesday evenings. Whether you're an adult, have a young child, a beginner learning to swim, or you're an experienced swimmer training for competition, Jenny can help you reach your goals in the pool. Jenny will focus on your specific needs and goals to maximize your learning experience. Lessons are 20 minutes each.

**Swim Team Prep** will meet on Mondays and Wednesdays from 5:00-5:30pm. Homestead's Swim Team Prep is a non-competitive program designed for children who love the water! This program is a great way for your swimmer to build strength and endurance in the pool, improve techniques, and have fun in a team atmosphere. Prerequisite: Must be able to swim one length of the pool without assistance.

**Swim Team** will meet on Mondays and Wednesdays from 5:30-6:30pm. Homestead Swim Team gives young swimmers the opportunity to practice and improve all four strokes, increase swimming endurance and have fun, with sufficient time for team building and games that will help to improve your swimmers confidence.

Adult Fitness Swim Class will be held on Tuesday mornings from 6:00-7:00am. Coach Jenny provides structured workouts to motivate you and help you reach your goals. This class is free for our members! Beginning on January 8.

**Registration forms** Email jml5178@yahoo.com if you have any questions, or would like to register.

## Homestead Swim Program Registration

Winter Session Dates: January 7 - February 20 (7 weeks)

Please check the program you would like to register for:	Member Rate	Non-Member Rate			
<ul> <li>Baby &amp; Me Group Lessons</li> <li>Swim Team Prep One Day Per Week (pick Mon or Wed)</li> <li>Swim Team Prep Two Days Per Week</li> <li>Swim Team One Day Per Week (pick Mon or Wed)</li> </ul>	\$70 \$70 \$126 \$105	\$175 \$105 \$196 \$140			
			□ Swim Team Two Days Per Week	\$196	\$266
			□ Private & Form Your Own Group Lessons (please fill out re	egistration and Jenr	ny will contact you)
			Child's Name:	Birthdate/Age:	
Parent's Name & Phone Number:					
ail Address:Membership #:					
Additional Contact Name & Number:					
Any important Health History we need to be aware of?					
Method of payment*:   Charge Acct #:   Date Pai					
Club and Owners Association Swim Programming is potentially hazardous and gramming and that I am physically fit and capable of participating in swim programming and that I am physically fit and capable of participating in swim programming and that I am physically fit and capable of participating in swim programding and release and discharge from any and all property damage arising from any participation in the swim programming at the Homestead Employees, and other participants (the "Released Parties"). I furth relating to this agreement shall be settled by final and binding arbitration admin judgment on the award rendered by the arbitrators, who shall have no authority the prevailing party's actual damages, may be entered in any court having juris behalf of a minor (less than 18 years of age)(the "Child"), 1) I represent that I a responsibility and agree to indemnify the Released Party for all of the Child's m programming, any claims whatsoever brought by the Child, any claims whatsoever programming, any claims whatsoever brought by the Child, any claims whatsoever brought by the Child will be bound by all terms of this Release Liability. This Release sentation by Released party and is governed by the Laws of the State of Colora all times I understand that it is my responsibility to sign the Child in and agree that I have read all the terms and conditions as listed above.	acknowledge that participal involves inherent danger ramming. I assume all risers, and next of kin, here claims for any damage, for the Homestead Court Club/later agree that any controvalistered by the American are to award punitive or other diction thereof. If I am sim the parent/legal guardinedical expenses incurred ever brought by the Childing this Release of Liability of Liability supersedes and ado. 4) Lastly, If I am not	pation in Homestead Court rs associated with swim prosks of all conditions. In conby assume all risks of any for death, personal injury, Homeowners Association, all versy or claim arising out of or Arbitration Association and er damages not measured by gning this Liability Release on an of such Child; 2) I accept in connection with the swim, any claims brought by a third of on behalf of the Child and the other agreement or represent staying with the Child at			

Participant Signature

Parent or Guardian Signature (under 18)