



# Homestead Owners Association & Court Club

## December Events

### Holiday Party

Sunday, December 8  
Party from 5:00-8:00pm  
Club closing at noon

### Board of Directors and DRC Meeting

Friday, December 13  
9:00am

### Last Day of Fall Tennis

Friday, December 20

### Winter Break Kids Camp

December 23, 26-27, 30-31  
January 2-3

### Winter Tennis Program Registration Opens

12/2 for Homestead Owners & Tenant Members  
12/9 for Non-Resident Members  
12/16 for Non-Members

## General Club Information

### Club Hours:

5:55am-10:00pm M-F  
6:30am-10:00pm S-S

### Phone:

970-926-1067

### Address:

400 Homestead Drive  
P.O. Box 808  
Edwards, CO 81632

### Childcare Hours:

8:30am-noon M-F  
3:00pm-6:00pm M-F  
By Appointment Only

### Website:

Hcchoa.com

## Homestead's Holiday Party

Please join us on Sunday, December 8, from 5:00-8:00pm for a festive party to celebrate the holidays! There will be live music, appetizers, drinks and a light dinner catered by Vail Catering Concepts. We will also have jumpy houses, an arts & crafts room, holiday photo booth and of course Santa Claus will be making a special appearance. **Party is for Homestead residents and members only.** Please note the club will be closing at noon to prepare for the party.

## Homestead Kids' Camp Offered December 23, 26-27, 30-31 and January 2-3

Homestead is offering a special session of kids' camp over the upcoming school break. Our kids' camp program is guaranteed to be a fun filled day with a variety of different activities including educational projects, arts and crafts, games, show and tell, swimming and much more! Registration deadline for camp is Thursday, December 19. No drop-ins allowed. To register please visit [www.hcchoa.com](http://www.hcchoa.com) or [jillian@homesteadcourtclub.com](mailto:jillian@homesteadcourtclub.com).

**Limited Hours:** Please note camp is closing early at 4:30pm on December 31.

**Holiday Closures:** ASP/Kids Camp programs will be closed on December 20, 24 & 25 and on January 1. Childcare will be closed on December 24, 25, evening of 31 and January 1.



## Eagle County Snow Plowing

Eagle County Road & Bridge is responsible for the safety and maintenance of the roads and right-of-ways in Homestead. If the roads become unsafe due to adverse weather, you may call 970-479-2201 to notify Vail Dispatch of a dangerous situation. The Eagle County Road & Bridge Department and Homestead want to remind Homeowners that it is against the law and Homestead regulations to plow snow from driveways onto the public road right-of-ways and sidewalks. When Homeowners do this it causes the roadway to narrow and makes it difficult for buses and emergency vehicles to safely and quickly maneuver through the streets. Please be sure to store your snow from your driveway safely away from the Eagle

County right-of-ways and sidewalks in your designated snow storage areas to help maintain a safe neighborhood. If you have any questions, concerns or suggestions regarding the roads in Homestead, please contact the Eagle County Road & Bridge Department at 970-328-3540.





## December Tennis News

**Winter Tennis Programs & Leagues** will begin the week of January 6, and will run for 10 weeks. Winter program and league registration flyers are available at the front desk now. We will be accepting completed registration forms from Homestead owners and tenants beginning on December 2, and from non-resident members beginning on December 9, from non-members on December 16.

**Reminder:** The last day of Fall Junior Tennis Session 2 and Fall Session 2 Leagues is Friday, December 20.

### Holiday Hours:

**Sunday, December 8**

Club Hours 6:30am-12:00pm  
Holiday Party from 5:00-8:00pm

**Christmas Eve**

**Tuesday, December 24**  
Club Hours 6:00am-12:00pm

**Christmas Day**

**Wednesday, December 25**  
Club Closed

**New Years Eve**

**Tuesday, December 31**  
Club Hours 6:00am-5:00pm

**New Years Day**

**Wednesday, January 1**  
Club Hours 8:00am-5:00pm

## November Board & DRC Meeting Highlights

### No Dues Increase for 2020

Our November Board & Design Review Committee Meeting was held on Friday, November 8, 2019 at 9:00am. During the DRC portion of the meeting, Member Input included discussion regarding unapproved work at 262B Meile Lane. During the Board Meeting, Matters Pending included approval of the 2020 budget and dues level, with no dues increase for Homestead owners in 2020 (for the seventh year in a row). The meeting minutes from the October 11, 2019 meeting were approved. The financials from September 2019 were also approved. The meeting adjourned to executive session at approximately 9:39am.

### Annual HOA Meeting on February 17, 2020

The board would like to announce that there will be two board member openings at the 2020 election in February. If you are interested in running for the board please attend the December 13 board meeting, or contact a member of the nominating committee via email at [nominate@homesteadcourtclub.com](mailto:nominate@homesteadcourtclub.com). If you would like to have your bio listed in the January newsletter, please turn in a short bio to Tracy Erickson ([terickson@homesteadcourtclub.com](mailto:terickson@homesteadcourtclub.com)) by December 16. There will also be nominations taken from the floor at the annual HOA meeting.

## December Fitness News

### December Fitness Schedule Changes/Additions

- Lift the Barre with Hannah will return on Mondays at 5:30pm beginning on Monday, December 2.
- Christina will be teaching Strength & Conditioning on Wednesday evenings at 5:30pm, beginning on Wednesday, December 4.
- Youth Yoga with Allie changing times. Please note our youth yoga class will now be held at 4:25-5:25pm on Wednesdays, beginning on Wednesday, December 4.

**Please note all Fitness Classes are cancelled on 12/24 & 12/31, and 1/1.**



## Speeding on Homestead Streets

Speeding is an issue that seems to be on a lot of peoples' mind lately. Specifically, the dangers it poses to the many children, pets and wildlife who live in the neighborhood. While the HOA can not enforce speeding we are working with the Eagle County Sheriff to increase patrols throughout the neighborhood. Additionally, we would like to encourage our residents to leave a few minutes early so you can **stick to the speed limit of 25**. Please think about what is at stake, and take your time! Thank you!

## Adopt A Family

Homestead will once again be "adopting" some local families in need of our help this holiday season. If you would like to donate to a family member please stop by or call the club to sign up after December 5. Gifts must be brought in by December 16.





# December Fitness Schedule

	<b>Mondays</b>	<b>Tuesdays</b>	<b>Wednesdays</b>	<b>Thursdays</b>	<b>Fridays</b>	<b>Saturdays</b>
<b>6:05-7:05am</b>	Morning Flow Yoga (Sophie)	Get Lifted (Hannah)		Get Lifted (Hannah)		
<b>6:15-7:15am</b>		HIIT Spin (Bree)		HIIT Spin (Bree)		
<b>8:30-9:30am</b>		8:30-9:15am Yoga Sculpt (Terry)	ABSolutely Pilates (Kim)		ABSolutely Pilates (Kim)	Saturday Flow Yoga (Sophie)
<b>9:15-10:15am</b>	20/20/20 (Justin)	9:15-10:30am Gentle Yoga (Terry)	9:45am Aqua Zumba (Endah)	S.I.T (Justin)	<b>Board Meeting 12/13/19 9:00am</b>	
<b>10:30-11:30am</b>	Pilates Mat Class (Deana)					
<b>12:00-1:15pm</b>					Gentle Yoga (Sophie)	
<b>4:00-5:00pm</b>	After School in Fitness Studio	After School in Fitness Studio	<b>4:25-5:25pm Youth Yoga (Allie)</b>	After School in Fitness Studio	After School in Fitness Studio	
<b>5:30-6:30pm</b>	<b>Lift the Barre (Hannah)</b>		<b>Strength &amp; Conditioning (Christina)</b>			
<b>6:35-7:35pm</b>	Power Yoga (Christy)		Stretch/ Restorative Yoga (Sophie)	6:15-7:15pm Vinyasa Flow (Sophie)		

## December Fitness News

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- Youth Yoga with Allie changing times. Please note our youth yoga class will now be held at 4:25-5:25pm on Wednesdays, beginning on Wednesday, December 4.

***Please note all Fitness Classes are cancelled on 12/24 & 12/31, and 1/1.***

# Fitness Class Descriptions

**20/20/20** - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

**ABSolutely Pilates** - Improve core strength and stabilization as you move through this fluid series of floor work exercises designed to strengthen your entire body, improve posture and increase flexibility. Cultivate mindfulness in your movement as precision and flow is emphasized.

**AQUA ZUMBA** - Blends the Zumba philosophy with water resistance, for one pool party you shouldn't miss! There is less impact on your joints during an Aqua Zumba class so you can really let loose. Water creates natural resistance, which means every step is more challenging and helps tone your muscles.

**GENTLE YOGA**—Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or looking for modifications to all postures. Our instructor creates a safe environment through alignment to explore your personal boundaries while building strength & flexibility. This practice excludes all inversions & extreme backbends.

**GET LIFTED** — Get Lifted is a new fitness class that will use a combination of plyometric exercises and lifting weights, keeping the heart rate up for an all around fat burning work out!

**HIIT (High Intensity Interval Training) Spin** — HIIT Spin is an indoor cycling workout utilizing the rhythms of various musical genres to alternate bouts of high intensity work with periods of active recovery. We will take on varying “terrain”, utilizing changes in resistance to simulate hills, flat roads, mountain peaks and time trials. Whether you're looking to sweat a little (or a lot!), burn a few calories, improve your cardiovascular fitness and endurance, or get an endorphin high, this ride does all of the above.

**MORNING FLOW YOGA** — Start your week with a morning wake up class! A flow that gives you time to center yourself on your mat and work into fun, playful movement sequences synced with breath. Many variations available depending on how your morning is going.

**PILATES MAT CLASS** - An exercise system focused on increasing flexibility and strength for the total body without building bulk. No apparatus is used during this class.

**POWER YOGA** – This powerful, energetic, playful flowing class has a strong emphasis on breath and allows beginners, intermediate and advanced students to be challenged in the same class. Expect to sweat and challenge yourself with movement and powerful, athletic postures, inventive and thoughtful sequences of sun salutations, standing and seated postures, back bending, and inversions guided by a steady breath to tone and calm the mind. Power Yoga flow will tone, strengthen and rinse your body, clear your mind and leave you with a sense of accomplishment and empowerment.

**S.I.T.– “Strength and Interval Training.”** Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

**VINYASA FLOW YOGA**— In this yoga class the teacher will encourage you to synchronize your breath to the movement from one pose to the next on an inhale or an exhale. This style of yoga allows for a lot of variety, but you can expect movement, not just stretching.

**YOUTH YOGA CLASS** — Yoga for pre-teens and teens gives youth tools they can use to reduce stress in their lives, promote positive body image, and increase mental/physical strength and flexibility. Each class will include a series of yoga poses, breathing exercises, and meditation practices. Classes will include discussions on how to apply what they learn in yoga class to help them at home, school, and with friends. Each class ends with a period of relaxation and guided meditation.

**STRETCH/RESTORATIVE YOGA** — In a calm meditative atmosphere a half hour is spent stretching with your breath. The remaining time of class is given to guided meditation while exploring the range of motion of your spine supported by bolsters in gentle poses.



# December Pool Schedule

	<b>Mondays</b>	<b>Tuesdays</b>	<b>Wednesdays</b>	<b>Thursdays</b>	<b>Fridays</b>	<b>Saturdays</b>	<b>Sundays</b>
<b>6:00-8:00am</b>	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	6:30-8:00am Lap Swim	6:30-8:00am Lap Swim
<b>8:00am-9:00am</b>							
<b>9:00am-9:20am</b>		Baby & Me Group Lessons	9:45-10:45am Aqua Zumba (Endah)				
<b>1:00-2:00pm</b>	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
<b>2:00-3:30pm</b>							
<b>3:30-5:00pm</b>	After School Group in Pool	After School Group in Pool	After School Group in Pool	After School Group in Pool	After School Group in Pool		
<b>4:30-5:30pm</b>							
<b>5:30-6:30pm</b>							
<b>6:00-9:45pm</b>							

### **Pool Room Hours:**

Monday-Friday: 5:55am-9:45pm

Saturday/Sunday: 6:30am-9:45pm

### **Lap Swim Hours:**

Monday-Friday: 6:00am-8:00am and 1:00-2:00pm

Saturday/Sunday: 6:30am-8:00am

**No Lap Swim on School Breaks or Holidays**

# Fall Tennis Schedule

Program Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
8:00-8:30am						7:30-8:30am Cardio Tennis	
8:30-10:00am						4.0+ Drill & Play Clinic	
9:00-9:30am						10:00-11:30am 3.0-3.5 Drill & Play Clinic	
9:30-10:30am							
10:30am-noon				3.0-3.5 Drill & Play Clinic	Coed 3.0+ League		
noon-1:00pm	Beginner Drill & Play Clinic		Cardio Tennis		Stroke of the Day Clinic		
3:30-4:00pm	Mighty Mites Junior Tennis Clinic	Mighty Mites Junior Tennis Clinic	Mighty Mites Junior Tennis Clinic	Mighty Mites Junior Tennis Clinic	Mighty Mites Junior Tennis Clinic		
4:00-5:00pm	Superstars, Junior Aces and High School Prep Clinics	Superstars, Junior Aces and High School Prep Clinics	Superstars, Junior Aces and High School Prep Clinics	Superstars, Junior Aces and High School Prep Clinics	Superstars, Junior Aces and High School Prep Clinics		
5:00-6:00pm	High School Advanced & JET Clinics	High School Advanced & JET Clinics	High School Advanced & JET Clinics	High School Advanced & JET Clinics	High School Advanced & JET Clinics		
6:00-7:30pm	Coed 4.0- League	3.5 Drill & Play Clinic	Men's 4.0- League	Coed 4.5+ League			
7:30-9:00pm	Coed 4.0- League		Men's 4.0- League	Coed 4.5+ League			

## Racquet Sports News

**Winter Tennis Programs & Leagues** will begin the week of January 6, and will run for 10 weeks. Winter program and league registration flyers are available at the front desk now. We will be accepting completed registration forms from Homestead owners and tenants beginning on December 2, and from non-resident members beginning on December 9, from non-members on December 16.

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