



Homestead Owners Association & Court Club

October Events

Board & DRC Meeting
Friday, October 9 @ 9:00am

Last Day of Fall Tennis Programs Session 1
Friday, October 9

Fall Break Kids Camp
October 12-16
Preregistration Required

Fall Tennis Session 2 Junior Programs and Adult Leagues Begin
Monday, October 19



For the latest Club and HOA updates email kim@homesteadcourtclub.com to be added to our list.

General Club Information

Club Hours:
8:00am-8:00pm

Phone:
970-926-1067

Address:
400 Homestead Drive
P.O. Box 808
Edwards, CO 81632

Website:
Hcchoa.com

COVID-19 Update & Mask Reminder

Despite a trying summer for many of our members we are thankful and happy to be able to provide a small respite in our club. As one of the first clubs in the state to reopen we would like to thank our members for your kindness and understanding in our new policies helping us to safely remain open as we approach the fall. We know there have been a lot of changes around here, and we will continue to change as we adapt and learn more about the best practices for COVID safety and prevention in the club industry. We appreciate your willingness to work with us and follow all new policies. At this time, the state and local health order still require masks be worn indoors at all times, including on the indoor tennis courts. We will review the mask requirement as soon as we are authorized by the state. In the meantime, you must wear a mask that covers your nose and mouth at all times while inside at the Club. Unfortunately, a small number of our members have not been properly wearing their mask, which has led us to create a new policy on violations. Effective immediately, if our staff is notified of someone not properly wearing a mask, the person in violation of our policy will be asked to leave immediately. If we receive a second comment or complaint regarding the same person the sheriff's office will be contacted. If a third violation occurs we will suspend membership privileges. We recognize these are challenging times and many people are ready to return to normal, however, we have all worked very hard to get to the place where we are today and do not want to head back in the wrong direction. If we remain vigilant we can get through this together! We thank you for doing your part.

Instructor Spotlight: Kim Strauch

ABSolutely Pilates Wednesdays & Fridays at 8:30am

Kim has been an avid practitioner of Pilates for over fifteen years and holds a Comprehensive Certification in Pilates from BASI (Body Arts and Sciences International), encompassing repertoire for students of all levels on the reformer, cadillac, chair, barrels, and mat. Kim brings an enthusiastic, supportive, and connected approach to each of her classes. She enjoys working with clients of all ages seeking general conditioning, athletic training, injury prevention, and rehabilitation. Outside the studio, Kim enjoys spending time with her husband, Eric, and their three teenage boys. Together they take full advantage of Vail Valley's offerings; from biking and SUP-ing in the summer, to skiing in the winter, and hiking with their Bernese Mountain dog, Mazie, year-round.

We are incredibly thankful to have Kim leading two ABSolutely Pilates mat classes here on a weekly basis. These complimentary classes are offered Wednesdays and Fridays at 8:30am in person, or online via Zoom. In this class you will improve core strength and stabilization as you move through this fluid series of floor work exercises designed to strengthen your entire body, improve posture and increase flexibility. Cultivate mindfulness in your movement as precision and flow is emphasized. Please call the front desk in advance to reserve your space for in person class, or to get the Zoom meeting ID for virtual class.



Wildlife in the Neighborhood

If you like the Homestead Community facebook page, you have probably seen the photos and videos of the foxes, deer, bears and even a mountain lion recently in our neighborhood. We even had a bear cub cross the road right in front of the Club the other day! We love our wildlife and want to continue enjoying their company. Please slow down on our streets, only put garbage out on pick-up day, and leash your pets that are prone to chase wildlife. Thank you!

AUTO PAYMENTS

Did you know that you can register for automatic payments to be deducted monthly from your checking or savings account. Email kim@homesteadcourtclub.com to simplify your billing!

September Board & DRC Meeting Highlights

Our September Board & Design Review Committee Meeting was held on Friday, September 11, 2020 at 9:00am. During the DRC portion of the meeting preliminary plans for a remodel at 122 Lindsay Trail were seen, and installed changes to approved plans at 463E Edwards Village Boulevard were discussed. During the board meeting Member Input included discussion on plans to install a pool lift, comments on noise impact of the pickleball court, and a request for board members to say something when they notice covenant violations. New Business included an update on changes to the Hive development proposal (please note we will be updating the information on this project on our website as it is received), information regarding the speed study that was recently completed in the neighborhood and plans to work with Eagle River Fire Protection District on our secondary emergency exit access. Matters Pending included discussion on Homestead's covenant policies, the possibility of an owner survey and creating a DRC FAQ document. The board thanked everyone who provided input and will be closing out the covenant policy item at the October 9 board meeting. Meeting minutes from the August 14, 2020 meeting were approved. The financials from July 2020 were also approved. The meeting adjourned at approximately 12:05pm.

October Tennis News



Fall Session 2 Junior Programs Begin October 19

This eight week session is a great time to introduce a new junior into our program. Our tennis programs emphasize basic fundamentals, developing age appropriate techniques and having fun! We offer clinics for ages 4+ and all ability levels. We are accepting registrations now from Homestead residents, beginning on 9/28 from non-resident members and on 10/1 from non-members. Registration flyers are available at the front desk or on our website www.hcchoa.com. Please turn completed registration into kim@homesteadcourtclub.com or drop off at the front desk.

Fall Session 2 Leagues Begin October 19

League play starts the week of October 19 and will run for 8 weeks. We will take the week of November 23-27 off and resume play the following week. Registration is open now for Homestead residents and will open on 9/28 for non-resident members. For more information or to submit completed registration please email eric@homesteadcourtclub.com.

Reminder: The last day of fall session 1 programs is Friday, October 9.

Homestead Kids Camp Offered October 12-16

Homestead is offering a special session of kids camp over the upcoming school break, October 12-16 from 8:30am-5:15pm. Our kids camp program is guaranteed to be a fun filled day with a variety of different activities including educational projects, arts and crafts, games, show and tell, and much more! Registration deadline for camp is Monday, October 5. No drop-ins allowed. To learn about our COVID policies or register please visit www.hcchoa.com to download paperwork or email jillian@homesteadcourtclub.com.

Reminder: Pick up time is 5:15pm the week of October 12-18



Homestead

CLUBHOUSE
FOR KIDS



October Fitness Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
8:30-9:30am		8:30-9:15am Yoga Sculpt (Terry)	ABSolutely Pilates (Kim)		ABSolutely Pilates (Kim)
9:00-10:00am	20/20/20 (Justin)	9:15-10:30am Gentle Yoga (Terry)		S.I.T (Justin)	Board Meeting 10/9/20
12:00-1:00pm					
4:30-5:30pm					
5:30-6:30pm	Lift the Barre (Hannah)		Strength & Conditioning (Christina)		
6:30-7:30pm	Power Yoga (Christy)				

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October Group Fitness Protocols

1. Maximum of 8 people per class, make reservations in advance by calling the front desk.
2. Homestead Owners and tenants may make reservations 2 days in advance. Non-resident members make reservations 1 day in advance.
- 3. All members must wear a mask and verbally check in at the front desk at your reservation time with name or membership number.**
4. Failure to arrive for reservations will result in suspension of privileges.
5. Your account must be current to make reservations.
6. Classes may be held outside and will use minimal equipment.
7. Members are responsible for bringing their own mat and sanitizing everything they touch.
8. Do not congregate outside the Fitness/Pilates studios.
9. Don't forget your sweat towel and water!

Fitness Class Descriptions

20/20/20 - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

ABSolutely Pilates - Improve core strength and stabilization as you move through this fluid series of floor work exercises designed to strengthen your entire body, improve posture and increase flexibility. Cultivate mindfulness in your movement as precision and flow is emphasized.

GENTLE YOGA—Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or looking for modifications to all postures. Our instructor creates a safe environment through alignment to explore your personal boundaries while building strength & flexibility. This practice excludes all inversions & extreme backbends.

LIFT THE BARRE — This fast-paced and fun class provides a complete body workout and incorporates strengthening and toning of muscles, sustained cardio and intervals, barre work, and finishes with core work and stretching for a well-balanced total body workout!

POWER YOGA – This powerful, energetic, playful flowing class has a strong emphasis on breath and allows beginners, intermediate and advanced students to be challenged in the same class. Expect to sweat and challenge yourself with movement and powerful, athletic postures, inventive and thoughtful sequences of sun salutations, standing and seated postures, back bending, and inversions guided by a steady breath to tone and calm the mind. Power Yoga flow will tone, strengthen and rinse your body, clear your mind and leave you with a sense of accomplishment and empowerment.

S.I.T.— “**Strength and Interval Training.**” Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

STRENGTH & CONDITIONING - This class incorporates free weights, kettlebells, medicine balls, and body weight exercises. This class blends movements that recruit multiple muscle groups with circuit training for a full body burn.

Fall Tennis Schedule

Program Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:00-7:30am						
7:30-8:30am						7:30-8:30am Cardio Tennis
8:30-10:00am						4.0+ Drill & Play Clinic
10:00-11:30am				3.0-3.5 Drill & Play Clinic	Coed 3.0+ League	3.0-3.5 Drill & Play Clinic
12:00-1:00pm	Beginner Drill & Play Clinic		Cardio Tennis		Stroke of the Day Clinic	
1:00-2:30pm						
3:30-4:00pm	Mighty Mites Junior Tennis		Mighty Mites Junior Tennis		Mighty Mites Junior Tennis	
4:00-5:00	Superstars Junior Tennis	Junior Aces & HS Prep Tennis	Superstars Junior Tennis	Junior Aces & HS Prep Tennis	Superstars, Jr. Aces & HS Prep Tennis Clinics	
5:00-6:00pm	High School Advanced Clinics	High School Advanced Clinics	High School Advanced Clinics	High School Advanced Clinics	High School Advanced Clinics	
6:00-7:30pm	Coed 4.0- Leagues	3.5 Drill & Play Clinic	Men's 4.0- League	Coed 4.5+ League		
7:30-9:00pm						

Pickleball Court Use Policies

We have recently received many comments from neighbors surrounding the pickleball/basketball court concerning loud/excessive noise, parking in the Meadows parking lot and large gatherings. We would like to remind you of the policies posted on the court and kindly ask that you follow them:

1. Homestead's Pickleball and Basketball Court is for Homestead members and their guests only. **Reservations are now required prior to use.**
2. All players must check in at the front desk of the Court Club prior to play.
3. Guests must sign a liability waiver and pay the guest fee prior to play.
4. The court opens at 8:00am and closes at dusk.
5. Please be respectful of the neighbors. No music, partying or alcohol use is permitted.
6. No parking in the Homestead Meadows parking lot. Please park at the club and use walkway after check in.
7. If you are found in violation of these policies you will lose the ability to reserve the courts.

