## August 2021 Newsletter



## **August Events**

### Fall After School & Tennis Registration Opens

Now for Homestead Owners and Tenant Members 8/2 for Non-Resident Members 8/9 for Non-members

Board & DRC Meeting Friday, August 13 @ 9am

**Last Day of Summer Kids Camp and Tennis** Friday, August 13

Fall Tennis and After School Programs Begin

Monday, August 16

#### General Club Information

Club Hours:

5:55am-10:00pm M-F 6:30am-10:00pm S-S

Phone:

970-926-1067

Address:

400 Homestead Drive

P.O. Box 808

Edwards, CO 81632

Website:

Hcchoa.com





# Homestead Owners Association & Court Club

# Children's Programming News

Summer Camp & Tennis Thank You! We would like to thank our campers, junior tennis players and staff for another wonderful summer season at Homestead! This summer had many memorable moments, and we are grateful we got to share and create them with your children. Camp was a great adventure with highlights being field trips to the Avon Library and hikes with special guest educators from the Eagle Valley Land Trust. Our junior tennis players and staff exceled on court this summer. We love seeing our future tennis stars working hard and having a blast on court! Our summer camp and tennis programs could not run without the enormous hard work, care and efforts that our summer camp and tennis staff give each and every day, especially our Camp Director, Jillian Labbe and Tennis Director, Eric Meyer and the rest of our wonderful staff: Kaylee Liddle, David Cook, Aili Koski, Maddie Zastrow, and Thanya Gutierrez! Thank you!!

Reminder: The last day of Summer Camp & Tennis Programs is Friday, August 13.

## Fall After School & Tennis Program Registration Opens:

Now for Homestead Owners and Tenant Members 8/2 for Non-Resident Members 8/9 for Non-members

#### After School Program 2021/2022

Homestead's action packed After School Program concentrating on education, fitness and creativity will begin on Monday, August 16. Registration packets are available on our website, at the front desk or by email request to <a href="mailto:jillian@homesteadcourtclub.com">jillian@homesteadcourtclub.com</a>

#### Fall Tennis Programs

Get your junior involved in a fun lifelong sport this fall! We offer junior clinics for ages 4-18 and welcome all ability levels. This fall we are offering an 8 week session, beginning August 16. Registration forms are available at the front desk or on our website, hcchoa.com. Email completed registrations to kim@homesteadcourtclub.com.

# Fall Tennis Leagues & Clinics

Fall adult clinics and leagues are beginning August 16th. Clinic schedules will be available at the front desk beginning August 1st. Club leagues are a great way to meet some other players and improve your game! Member price is \$35 for the session. Register now to reserve your space. League registration forms are available on our website, hcchoa.com, or at the Front Desk.



## **Trails Committee Update**

The Homestead Trails Committee has met twice since its formation in June. First on June 23rd, at the Remington Trail trailhead, to discuss formalizing some of the trails that already exist from that trailhead in Homestead's filing 2 open space area. The second meeting was held on June 30th, at the Paddle Courts on Gold Dust to cover the Lindsey Trail open space and the trail from the Eagle County Gold Dust access point up to courts.

# Personal Training, Pilates and Tennis Rate Increases

Your commitment to improving your health at Homestead is greatly appreciated. As Homestead continues to grow our clientele, our commitment to you and to providing the best and most advanced exercise approaches grows as well. At the heart of this commitment is the support we provide our fitness/tennis/Pilates professionals.

In following industry standards and to stay competitive with other local clubs, we find it necessary to adjust our prices to keep providing the outstanding training and services we strive to give you. Our new Personal Training and Pilates prices will take effect on August 2, 2021. New Tennis program pricing will take effect on September 1, 2021.

We greatly appreciate your understanding. Please reach out to your trainer or pro for new pricing details. Thank you for your continued support of Homestead Court Club.

# Stage 1 Fire Restrictions In Place



Please visit www.erfpd.org for more information on current restrictions. Hcchoa.com, also has many helpful links on wildfire risk reduction and the Real-Fire home inspections, where you can have your home evaluated by an expert for risk level.

# July Board & DRC Meeting Highlights

Our July Board & Design Review Committee Meeting was held on Friday, July 9, 2021 at 9:00am. The DRC approved a pergola at 10 Game Creek Place, solar panels at 93 Russell Trail and a new deck and stone wall extension at 239 Remington Trail. During the board meeting, New Business included a presentation from Janet Bartnik, Executive Director of Mountain Recreation, on the proposed property tax increase ballot item for improvements at the Edwards, Eagle and Gypsum locations. Many owners and board members had questions and comments on this topic. Please visit the Mountain Rec website to learn more on this proposal. During Matters Pending the Board heard an update from the Trails Committee, discussed the new emergency exit access point off Hummingbird Trail, and continued discussion on speeding and parking issues throughout the neighborhood. Meeting minutes from the June 11, 2021 meeting were approved. The financials from May 2021 were approved. The directors report included discussion on current COVID club policies and restrictions. The meeting adjourned to executive session at approximately 10:50am.



# Bicycle/Pedestrian Etiquette Reminders

We have recently seen an increase in users on our recreational paths, trails and sidewalks and wanted to give a few safety and etiquette reminders:

- All of our paths, trails and sidewalks are multi-use, meaning that people of all ability levels and ages walk, run and ride on them.
- Cyclists should always yield to pedestrians. When you come across a family or group of people walking, slow down, ride single file, and politely let them know you're passing.
- On the other hand, if you're riding slowly or walking in a group, don't be oblivious and take up the whole path. When you stop, try to stop at a place where you can get off the path so you don't impede other users.
- If you come across a group of slower users, make sure you have a clear passing lane and let them know you're passing. Don't go racing by with no warning.
- Finally, cyclists using Homestead roads must follow all traffic laws, including stopping at stop signs, signaling turns and following the speed limit.
- E bikes fall under the same category as cyclists, and should follow all the same etiquette and cycling laws.

Thank you for doing your part to keep your fellow community members safe!

## **Speeding on Homestead Streets**

Speeding is an issue that seems to be on a lot of people's minds lately. Specifically, the dangers it poses to the many children, pets and wildlife who live in the neighborhood. While the HOA cannot enforce speeding we are working with the Eagle County Sheriff to increase patrols throughout the neighborhood. Addi-



tionally, we would like to encourage our residents to leave a few minutes early so you can **stick to the speed limit of 25**. Please think about what is at stake, and take your time! Thank you!

# Homestead court

# **August Fitness Schedule**

CLOB	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
6:00-7:00am		Get Lifted (Hannah)		Get Lifted (Hannah)	
8:30-9:30am		8:30-9:15am Yoga Sculpt (Terry)	ABSolutely Pilates (Kim)		ABSolutely Pilates (Kim)
9:00-10:00am	20/20/20 (Justin)	9:15-10:30am Gentle Yoga (Terry)		S.I.T (Justin)	Board & DRC Meeting 8/13/21 @ 9am Via Zoom
9:35-10:25					Zumba Gold (Endah)
4:00-5:15pm	Kids Camp in Studio	Kids Camp in Studio	Kids Camp in Studio	Kids Camp in Studio	Kids Camp in Studio
5:30-6:30pm	Lift the Barre* (Hannah)	Fit Happens* (Jill)	Strength & Conditioning (Christina)		
6:30-7:30pm	Power Yoga (Julie)				

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# **Fitness Class Descriptions**

**20/20/20** - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

**ABSolutely Pilates** - Improve core strength and stabilization as you move through this fluid series of floor work exercises designed to strengthen your entire body, improve posture and increase flexibility. Cultivate mindfulness in your movement as precision and flow is emphasized.

**FIT HAPPENS** — This dynamic class is great for all levels. It features mixed intervals of resistance training, cardio blasts, and core work. You can plan to expect the unexpected, as each class will be uniquely designed to challenge you to the max with having FUN!

**GENTLE YOGA**—Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or looking for modifications to all postures. Our instructor creates a safe environment through alignment to explore your personal boundaries while building strength & flexibility. This practice excludes all inversions & extreme backbends.

**GET LIFTED** — Get Lifted is a unique fitness class that will use a combination of plyometric exercises and lifting weights, keeping the heart rate up for an all around fat burning work out!

**LIFT THE BARRE** — This fast-paced and fun class provides a complete body workout and incorporates strengthening and toning of muscles, sustained cardio and intervals, barre work, and finishes with core work and stretching for a well-balanced total body workout!

**POWER YOGA** – This powerful, energetic, playful flowing class has a strong emphasis on breath and allows beginners, intermediate and advanced students to be challenged in the same class. Expect to sweat and challenge yourself with movement and powerful, athletic postures, inventive and thoughtful sequences of sun salutations, standing and seated postures, back bending, and inversions guided by a steady breath to tone and calm the mind. Power Yoga flow will tone, strengthen and rinse your body, clear your mind and leave you with a sense of accomplishment and empowerment.

**S.I.T.**— "**Strength and Interval Training.**" Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

**STRENGTH & CONDITIONING** - This class incorporates free weights, kettlebells, medicine balls, and body weight exercises. This class blends movements that recruit multiple muscle groups with circuit training for a full body burn.

**ZUMBA GOLD**— Zumba Gold is an easy-to-follow program that lets you move to the beat at your own speed. Zumba Gold is a perfect workout for beginners to Zumba and active older adults looking for a total-body wellness program that feels like a party, while revitalizing your mind and body.

## **Summer Tennis Schedule**

<b>Program Time</b>	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:00-7:30am						
7:30-8:30am						7:30-8:30am Cardio Tennis
8:30-10:00am	Coed 3.0+ League					4.0+ Drill & Play Clinic
10:00-11:30am				<b>10:30-noon</b> 3.0-3.5 Drill & Play Clinic		3.0-3.5 Drill & Play Clinic
12:00-1:00pm	Beginner Drill & Play Clinic					
1:00-2:30pm						
3:30-4:00pm	Mighty Mites Junior Tennis			Mighty Mites Junior Tennis		
4:00-5:00	Superstars, Jr. Aces and HS Prep Tennis	Superstars, Jr. Aces and HS Prep Tennis				
5:00-6:00pm	High School Advanced Clinics	High School Advanced Clinics	High School Advanced Clinics	High School Advanced Clinics	High School Advanced Clinics	
6:00-7:30pm		3.5 Drill & Play Clinic	Men's 4.0– League			
7:30-9:00pm						

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