#### September 2021 Newsletter



#### September Events

**Labor Day Hours** 

Monday, September 6 Hours: 6:00am-5:00pm No Fitness Classes No Jr. Tennis Programs No Children's Programs

**Board & DRC Meeting** Friday, September 10 @ 9am

Submittal Deadline for the October 8 DRC Meeting

Friday, September 24



#### General Club Information

Club Hours:

5:55am-10:00pm M-F 6:30am-10:00pm S-S

Phone:

970-926-1067

Address:

400 Homestead Drive

P.O. Box 808

Edwards, CO 81632

Website:

Hcchoa.com





### Homestead Owners Association & Court Club

# Children's Programming News

After School 2021/2022 Registration Available Now!

Homestead's action packed After School Program concentrating on education, fitness and creativity is going on now. Registration packets are available now on our website, at the front desk or by



email request to jillian@homesteadcourtclub.com. Pre-registration is required.

**Reminder:** The After School Program is closed on Labor Day, Monday, September 6.



Homestead ———

CLUBHOUSE FOR KIDS

#### ¬ Upcoming Kids' Camp Week October 11-15

Homestead is offering a special session of all day kids' camp October 11-15. Our kids' camp program is guaranteed to be a fun filled day with a variety of different activities including educational projects, arts and crafts, games, show and tell, swimming and much more! Registration deadline for camp is Monday, October 4. Minimum of 5 children needed per day to run camp. No drop-ins allowed. For more information or to register, please visit www.hcchoa.com or by email request to jillian@homesteadcourtclub.com.

#### **Fall Tennis News**

Homestead's Ladies Tennis Teams Continue to Dominate the Mountain Region Homestead ladies tennis is on a roll. The 4.0 40+ USTA team followed up a near state title in the 18+ league with a 40+ Mountain league championship. The 4.5 team also earned a Mountain league championship. Not to be outdone, the 3.5 team earned first place honors in both the daytime doubles and the 40+ leagues. Congratulations to all the team members on your success and a truly great summer of tennis!



*Fall Session 1 Junior Programs Going On Now* It's not too late to get your junior involved in a fun lifelong sport this fall! We offer junior clinics for ages 4-18 and welcome all ability levels. We still have room in most age groups. This session runs through Friday, October 8.

**Reminder:** All junior clinics are cancelled on Labor Day, September 6.

*Fall Session 2 Tennis Programs Begin October 18* We will begin accepting registration from Homestead owners and tenants on 9/27, from non-resident members on 10/4 and from non-members on 10/11.

### Trails Committee Update

The Homestead Trails Committee has met three times since its formation in June. During the most recent meeting the group met at the Club and walked down the Arlington Place drainage trail toward the industrial center and looped back up through Homestead, then walked the trail by the little pond off Homestead Drive. The committee has covered the majority of Homestead owned and maintained trails, and will be meeting to discuss future maintenance and improvements to our trails. The Homestead Trails committee is working on creating a partnership with Eagle County Open Space and their Homestead Trail Alliance maintenance group, who work on the Homestead "L" Trail, and some of the conservation easements throughout our neighborhood and adjacent to our neighborhood. If you are interested in getting involved with the Eagle County Open Space trails please contact: Peter Suneson, Outreach and Education Specialist Phone: 970-328-8637



#### August Board & DRC Meeting Highlights

Our August Board & Design Review Committee Meeting was held on Friday, August 13, 2021 at 9:00am. The DRC approved a pergola at 99 Gold Dust Drive, stone accents and a new garage door at 56 Gold Dust Drive, a fence and landscaping at 22 Game Creek Place, and an air conditioning unit and tree trimming at 11 Remington Trail. The DRC approved the meeting minutes from the July 9, 2021 DRC meeting. During the board meeting, Member Input included a member who stated the Edwards Riverpark proposal will be seen in front of the Eagle County Commissioners again on September 7, 2021. Please visit our website for more information on this proposal. New Business included an announcement that one of our board members, Jason Sica, has moved, and has resigned from his position. The board will be filling this position at the September meeting. If you are interested, please email terickson@homesteadcourtclub.com. During Matters Pending the Board heard an update from the Trails Committee, please see the article to the left for more information. Meeting minutes from the July 9, 2021 meeting were approved. The financials from June 2021 were approved. The Directors Report included discussion on current COVID club policies and restrictions, and a discussion on the Board email address regarding junk and solicitation emails received. After a lengthy discussion regarding increasing covid cases, the Board decided to cancel plans for our annual End of Summer party. The meeting adjourned to executive session at approximately 9:54am.

#### **Homestead Pet Reminders**

Homestead has recently received some comments about our neighborhood pets. These comments were mainly regarding two issues: animal control and animal waste. Eagle County law requires that dogs be under "immediate control" which includes leashing them or keeping them within 10 feet of you and under voice control. Uncontrolled dogs have created problems for other dog owners who have their own pets leashed, for people trying to ride bicycles, or for people who are uncom-



fortable around unleashed pets. Uncontrolled dogs have also been known to bark excessively, which violates Homesteads noise guidelines and Eagle County Laws. Please be courteous of your neighbors by keeping your dog under your control and leashing your pet. As a reminder, Homestead does not allow pets in our children's park areas or soccer field, and dogs must be leashed on Homestead Court Club grounds. Additionally, dogs should be cleaned up after at all times in the interest of public enjoyment of our neighborhood and public health. We would like to suggest a reasonable balance – or at least, some balance – between the needs of a dog owner and the safety and comfort of other residents. For more information regarding Eagle County Animal Laws please go to www.eaglecounty.us and click on the Departments link, then the Animal Services link.

#### **Highlights From Our Social Media Pages**

- ~Molloy Family installed a new Free Little Library at the lower Homestead park
- ~Bucks hanging out around the neighborhood
- ~Kids campers having fun on our trails
- ~New clothing line in the Homestead Pro Shop

Follow us on Facebook and Instagram to see more!

## September Fitness Schedule

CLÜB	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	
6:00-7:00am		Get Lifted (Hannah)		Get Lifted (Hannah)		
8:30-9:30am		8:30-9:15am Yoga Sculpt (Jewels)	ABSolutely Pilates (Kim)		ABSolutely Pilates (Kim)	
9:00-10:00am	20/20/20 (Justin)	9:15-10:30am Gentle Yoga (Jewels)		S.I.T (Justin)	Board & DRC Meeting 9/10/21 @ 9am Via Zoom	
9:35-10:25					Zumba Gold (Endah)	
4:00-5:15pm	Kids Camp in Studio	Kids Camp in Studio	Kids Camp in Studio	Kids Camp in Studio	Kids Camp in Studio	
5:30-6:30pm	Lift the Barre* (Hannah)	Fit Happens* (Jill)	Strength & Conditioning (Christina)			
6:30-7:30pm	Power Yoga (Jewels)					

### **Fitness Class Descriptions**

**20/20/20** - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

**ABSolutely Pilates** - Improve core strength and stabilization as you move through this fluid series of floor work exercises designed to strengthen your entire body, improve posture and increase flexibility. Cultivate mindfulness in your movement as precision and flow is emphasized.

**FIT HAPPENS** — This dynamic class is great for all levels. It features mixed intervals of resistance training, cardio blasts, and core work. You can plan to expect the unexpected, as each class will be uniquely designed to challenge you to the max with having FUN!

**GENTLE YOGA**—Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or looking for modifications to all postures. Our instructor creates a safe environment through alignment to explore your personal boundaries while building strength & flexibility. This practice excludes all inversions & extreme backbends.

**GET LIFTED** — Get Lifted is a unique fitness class that will use a combination of plyometric exercises and lifting weights, keeping the heart rate up for an all around fat burning work out!

**LIFT THE BARRE** — This fast-paced and fun class provides a complete body workout and incorporates strengthening and toning of muscles, sustained cardio and intervals, barre work, and finishes with core work and stretching for a well-balanced total body workout!

**POWER YOGA** – This powerful, energetic, playful flowing class has a strong emphasis on breath and allows beginners, intermediate and advanced students to be challenged in the same class. Expect to sweat and challenge yourself with movement and powerful, athletic postures, inventive and thoughtful sequences of sun salutations, standing and seated postures, back bending, and inversions guided by a steady breath to tone and calm the mind. Power Yoga flow will tone, strengthen and rinse your body, clear your mind and leave you with a sense of accomplishment and empowerment.

**S.I.T.**— "**Strength and Interval Training.**" Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

**STRENGTH & CONDITIONING** - This class incorporates free weights, kettlebells, medicine balls, and body weight exercises. This class blends movements that recruit multiple muscle groups with circuit training for a full body burn.

**ZUMBA GOLD**— Zumba Gold is an easy-to-follow program that lets you move to the beat at your own speed. Zumba Gold is a perfect workout for beginners to Zumba and active older adults looking for a total-body wellness program that feels like a party, while revitalizing your mind and body.

#### **Fall Tennis Schedule**

<b>Program Time</b>	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:00-7:30am						
7:30-8:30am						7:30-8:30am Cardio Tennis
8:30-10:00am						4.0+ Drill & Play Clinic
10:00-11:30am				3.0-3.5 Drill & Play Clinic	10:30-noon Coed 3.0+ League	3.0-3.5 Drill & Play Clinic
12:00-1:00pm	Beginner Drill & Play Clinic		Cardio Tennis		Stroke of the Day	
1:00-2:30pm						
3:30-4:00pm	Mighty Mites Junior Tennis		Mighty Mites Junior Tennis		Mighty Mites Junior Tennis	
4:00-5:00	Superstars Junior Tennis	Jr. Aces and HS Prep Tennis	Superstars Junior Tennis	Jr. Aces and HS Prep Tennis	Superstars, Jr. Aces and HS Prep Tennis	
5:00-6:00pm	High School Advanced Clinics					
6:00-7:30pm	Coed 4.0- League	3.5 Drill & Play Clinic	Men's 4.0– League	Coed 4.5+ League		
7:30-9:00pm						

#### **Fall Tennis News**

Homestead's Ladies Tennis Teams Continue to Dominate the Mountain Region Homestead ladies tennis is on a roll. The 4.0 40+ USTA team followed up a near state title in the 18+ league with a 40+ Mountain league championship. The 4.5 team also earned a Mountain league championship. Not to be outdone, the 3.5 team earned first place honors in both the daytime doubles and the 40+ leagues. Congratulations to all the team members on your success and a truly great summer of tennis!



*Fall Session 1 Junior Programs Going On Now* It's not too late to get your junior involved in a fun lifelong sport this fall! We offer junior clinics for ages 4-18 and welcome all ability levels. We still have room in most age groups. This session runs through Friday, October 8.

**Reminder:** All junior clinics are cancelled on Labor Day, September 6.

*Fall Session 2 Tennis Programs Begin October 18* We will begin accepting registration from Homestead owners and tenants on 9/27, from non-resident members on 10/4 and from non-members on 10/11.

### **September Pool Schedule**

COURT CLUB	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
6:00- 8:00am							
8:00am- 9:00am							
9:00am- 12:00pm							
1:00- 2:00pm							
2:00- 3:30pm							
3:30- 5:00pm							
4:30- 5:30pm							
5:30- 6:30pm							
6:00- 9:45pm							

#### **Pool Room Hours:**

Monday-Friday: 5:55am-9:45pm Saturday/Sunday: 6:30am-9:45pm

#### **Lap Swim Hours:**

Monday-Friday: 6:00am-8:00am and 1:00-2:00pm

Saturday/Sunday: 6:30am-8:00am **No Lap Swim on School Breaks or Holidays**