



Homestead Owners Association & Court Club

October Events

Board & DRC Meeting
Friday, October 8 @ 9:00am

Last Day of Fall Tennis Programs Session 1
Friday, October 8

Fall Break Kids Camp
October 11-15
Preregistration Required

Fall Tennis Session 2 Junior Programs and Adult Leagues Begin
Monday, October 18



General Club Information

Club Hours:
5:55am-10:00pm M-F
6:30am-10:00pm S-S

Phone:
970-926-1067

Address:
400 Homestead Drive
P.O. Box 808
Edwards, CO 81632

Website:
Hcchoa.com



Fitness News

Winter Sports Conditioning is back this fall! Our Winter Sports Conditioning class concentrates on the most commonly used muscle groups and movements to help start out your season right and avoid injuries. Class will be held on Mondays and Wednesdays from 5:30-6:30pm, beginning on Monday, October 4. Some classes will be held outside, so be sure to bring layers!



Class Spotlight: Zumba Gold with Endah Frey on Fridays @ 9:35am

Zumba Gold is a lower intensity dance exercise class that was designed to meet the anatomical, physiological and psychological needs of older adults. Zumba Gold is an easy-to-follow program that lets you move to the beat at your own speed. It is a total-body wellness program that feels like a party while it revitalizes your mind and body. Join Endah on

Fridays at 9:35am for this heart pumping class!

October Tennis News

Fall Session 2 Junior Programs Begin October 18

This eight week session is a great time to introduce a new junior into our program. Our tennis programs emphasize basic fundamentals, developing age appropriate techniques and having fun! We offer clinics for ages 4+ and all ability levels.

We will begin accepting registrations on:

- 9/27 from Homestead residents
- 10/4 from Non-resident members
- 10/11 from Non-members

Registration flyers are available at the front desk or on our website www.hcchoa.com. Please turn completed registration into kim@homesteadcourtclub.com or drop off at the front desk.

Fall Session 2 Leagues Begin October 18

League play starts the week of October 18, and will run for 8 weeks. We will take the week of November 22-26 off and resume play the following week.

We will begin accepting registrations on:

- 9/27 from Homestead residents
- 10/4 from Non-resident members

You must be a member to play on Homestead leagues.

For more information or to submit completed registration please email eric@homesteadcourtclub.com.

Reminder: The last day of fall session 1 programs is Friday, October 8.





Mask Update

The Homestead Board of Directors recommends that our members and guests follow CDC guidelines, and asks that all Court Club users wear a mask while indoors at the Homestead Court Club, unless:

- Fully vaccinated
- Unable to medically tolerate a mask
- A child under the age of 2

Lets spread kindness and keep our community healthy!



Homestead is offering a special session of kids camp over the upcoming school break, October 11-15 from 8:30am-5:15pm. Our kids camp program is guaranteed to be a fun filled day with a variety of different activities including educational projects, arts and crafts, games, show and tell, and much more! Registration deadline for camp is Monday, October 4. No drop-ins allowed. To register please visit hchoa.com to download paperwork or email jillian@homesteadcourtclub.com.

Reminder: Camp pick up time is 5:15pm

September Board & DRC Meeting Highlights

Our September Board & Design Review Committee Meeting was held on Friday, September 10, 2021 at 9:00am. The DRC approved a deck, patio and landscaping at 63 Lindsay Trail, an A/C unit at 108 Remington Trail, and saw a preliminary submittal for an addition at 38 Cameron Place. The DRC approved the meeting minutes from the August 13, 2021 DRC meeting. During the board meeting, Member Input included a member who asked that the board take care to follow board conduct and protocols. The board thanked the member for bringing the topic up, and acknowledged they will take time for thoughtful responses moving forward. Member Input also included a generous owner who offered to host an ice cream truck at Park De Clarke, and lastly another member mentioned the upcoming County Commissioners meeting on September 28, 2021 to discuss the proposed Edwards Riverpark project. Please visit our website for more news and information on this proposal. New Business included appointing former board member, Norman Green, to the board in place of Jason Sica, who resigned from his position at the August meeting. During Matters Pending, the board heard an update from the Trails Committee, noting they plan to meet twice more, then will meet to discuss future maintenance and improvements for Homesteads trails. Meeting minutes from the August 13, 2021 meeting were approved. The financials from July 2021 were approved. The Directors Report included discussion on current COVID club policies and restrictions, and the board created new mask policies for both staff and members/guests. Please see note to the left regarding mask policy for our members and guests. The meeting adjourned to executive session at 10:48am.

Property Maintenance Reminders

Residents of Homestead are being reminded to maintain their properties in accordance with the Homestead Covenants, Conditions, and Restrictions. Keeping your property well maintained is important for you and your neighborhood. Good housekeeping and maintenance practices keep property values at a higher level and limit health and safety hazards, in addition to a better quality of life. Homestead guidelines state:

"Each Lot at all times shall be kept in clean, sightly and wholesome condition. No trash, litter, junk, boxes, containers, bottles, cans, implements, machinery, lumber or other building materials shall be permitted to remain exposed upon any Lots so that same are visible from any neighboring Lot or street, except as necessary during the period of construction."

We would like to remind you that now is a great time to do a fall cleaning of your property. If, in our travels, we see that some maintenance is needed on your property, we will notify you of our observations. Our goal is to establish a dialogue with you that will insure your property is brought into compliance in a timely manner, serving both the Association's needs and your own. For those of you who are planning exterior work, please remember that any landscaping/exterior changes and/or improvements must be applied for and approved by the DRC. If you have any questions or comments, please feel free to give us a call at 926-1067. - Homestead DRC

Highlights From Our Social Media Pages

- ~Homestead "Road Diet" fresh paint on Gold Dust Drive
- ~Now hiring front desk staff and after school program counselors
- ~Fall colors in the neighborhood
- ~New fall Lole apparel in the pro shop

Follow us on Facebook and Instagram to see more!



October Fitness Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
6:00-7:00am		Get Lifted (Hannah)		Get Lifted (Hannah)	
8:30-9:30am		8:30-9:15am Yoga Sculpt (Jewels/Terry)	ABSolutely Pilates (Kim)		ABSolutely Pilates (Kim)
9:00-10:00am	20/20/20 (Justin)	9:15-10:30am Gentle Yoga (Jewels/Terry)		S.I.T (Justin)	Board & DRC Meeting 10/8/21 @ 9am Via Zoom
9:35-10:25					Zumba Gold (Endah)
4:00-5:15pm	Kids Camp in Studio	Kids Camp in Studio	Kids Camp in Studio	Kids Camp in Studio	Kids Camp in Studio
5:30-6:30pm	Winter Sports Conditioning (Hannah)		Winter Sports Conditioning (Jill)		
6:30-7:30pm	Power Yoga (Jewels)				

Fitness Class Descriptions

20/20/20 - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

ABSolutely Pilates - Improve core strength and stabilization as you move through this fluid series of floor work exercises designed to strengthen your entire body, improve posture and increase flexibility. Cultivate mindfulness in your movement as precision and flow is emphasized.

GENTLE YOGA—Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or looking for modifications to all postures. Our instructor creates a safe environment through alignment to explore your personal boundaries while building strength & flexibility. This practice excludes all inversions & extreme backbends.

GET LIFTED — Get Lifted is a unique fitness class that will use a combination of plyometric exercises and lifting weights, keeping the heart rate up for an all around fat burning work out!

LIFT THE BARRE — This fast-paced and fun class provides a complete body workout and incorporates strengthening and toning of muscles, sustained cardio and intervals, barre work, and finishes with core work and stretching for a well-balanced total body workout!

POWER YOGA – This powerful, energetic, playful flowing class has a strong emphasis on breath and allows beginners, intermediate and advanced students to be challenged in the same class. Expect to sweat and challenge yourself with movement and powerful, athletic postures, inventive and thoughtful sequences of sun salutations, standing and seated postures, back bending, and inversions guided by a steady breath to tone and calm the mind. Power Yoga flow will tone, strengthen and rinse your body, clear your mind and leave you with a sense of accomplishment and empowerment.

S.I.T.— “**Strength and Interval Training.**” Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

STRENGTH & CONDITIONING - This class incorporates free weights, kettlebells, medicine balls, and body weight exercises. This class blends movements that recruit multiple muscle groups with circuit training for a full body burn.

WINTER SPORTS CONDITIONING - Our Winter Sports Conditioning class concentrates on the most commonly used muscle groups and movements to help start out your season right and avoid injuries. Class will be held on Mondays and Wednesdays from 5:30-6:30pm, beginning on Monday, October 4. Some classes will be held outside, so be sure to bring layers!

ZUMBA GOLD— Zumba Gold is an easy-to-follow program that lets you move to the beat at your own speed. Zumba Gold is a perfect workout for beginners to Zumba and active older adults looking for a total-body wellness program that feels like a party, while revitalizing your mind and body.

Fall Tennis Schedule

Program Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:00-7:30am						
7:30-8:30am						7:30-8:30am Cardio Tennis
8:30-10:00am						4.0+ Drill & Play Clinic
10:30-noon				3.0-3.5 Drill & Play Clinic	Coed 3.0+ League	10:00-11:30am 3.0-3.5 Drill & Play Clinic
12:00-1:00pm	Beginner Drill & Play Clinic					
1:00-2:30pm						
3:30-4:00pm	Mighty Mites Junior Tennis		Mighty Mites Junior Tennis		Mighty Mites Junior Tennis	
4:00-5:00	Superstars Junior Tennis	Jr. Aces and HS Prep Tennis	Superstars Junior Tennis	Jr. Aces and HS Prep Tennis	Superstars, Jr. Aces and HS Prep Tennis	
5:00-6:00pm	High School Advanced Clinics	High School Advanced Clinics	High School Advanced Clinics	High School Advanced Clinics	High School Advanced Clinics	
6:00-7:30pm	Coed 4.0- League	3.5 Drill & Play Clinic	Men's 4.0- League	Coed 4.5+ League		
7:30-9:00pm						

Fall Tennis News

