December 2021 Newsletter



December Events

Board of Directors and DRC Meeting

Friday, December 10 9:00am

Last Day of Fall Tennis Friday, December 17

Winter Break Kids Camp December 20-23, 27-30

Winter Tennis Program Registration Opens

12/1 for Homestead Öwners & Tenant Members 12/8 for Non-Resident Members 12/15 for Non-Members November 22-26

> No ASP/Camp December 17, 24 & 31

General Club Information

Club Hours:

5:55am-10:00pm M-F 6:30am-10:00pm S-S

Phone:

970-926-1067

Address:

400 Homestead Drive

P.O. Box 808

Edwards, CO 81632

Website:

Hcchoa.com





@homestead_court_club

Homestead Owners Association & Court Club



Homestead Swim Programs

Coach Sam Hershey joined us in November, and her programs are quickly growing! Sam is offering a variety of swim programs in December including masters swim, swim team and swim team prep, private lessons, as well as competitive and learn to swim programs.

Swim Team Prep meets on Mondays, Wednes-

days and Fridays from 5:00-5:30pm. This program is geared to swimmers ages 4-8 that are interested in advancing their swimming skills and stroke technique in freestyle and backstroke as well as elementary breaststroke and butterfly. The swimmers must be able to successfully complete a freestyle length in a 25 yard pool. This program provides an introduction to organized swimming and the four swimming strokes.

Swim Team meets on Mondays, Wednesdays and Fridays from 5:30-6:30pm. This program is geared to swimmers ages 5-18 that are interested in advancing their swimming skills and stroke technique in all four swimming strokes. The swimmers must be able to successfully complete a 50 yard freestyle and a 25 yard backstroke. This program provides an introduction to swimming competition and racing technique.

Please visit our website, hcchoa.com for more details and registration information, or email samhershey.hcc@gmail.com or 717-945-9229 with questions.

Homestead Kids Camp December 20-23 & 27-30

Homestead is offering a special session of kids camp over the upcoming school break. Our kids camp program is guaranteed to be a fun filled day with a variety of different activities including educational projects, arts and crafts, games, show and tell and much more! Registration deadline for winter break camp is Monday, December 13. No drop-ins allowed. To learn about our COVID policies or register please email jillian@homesteadcourtclub.com or visit www.hcchoa.com.



Holiday Closures: ASP/Kids Camp programs will be closed on December 17, 24 & 31.

December Fitness News

Vinyasa Yoga with Sophie is back on Thursdays from 8:00-9:00am

In this yoga class, Sophie will encourage you to synchronize your breath to the movement from one pose to the next on an inhale or an exhale. This style of yoga allows for a lot of variety, but you can expect movement, not just stretching. Join Sophie on Thursdays, from 8:00-9:00am, beginning on Thursday, December 2.

Masters Swim with Sam is held on Wednesdays from 7:00-8:00am Join Sam for a structured swim workout designed to help you improve your fitness or train for specific goals. Open to all levels.

Please note all Fitness Classes are cancelled on 12/24



December Tennis News

Winter Tennis Programs & Leagues

will begin the week of January 3. Junior programs will run for 10 weeks with a break the week of February 21-25. Winter adult clinics and leagues will run for 11 weeks. Junior program and league registration flyers are available at the front desk now.

We will begin accepting Winter Tennis Program Registration on:

12/1 for Homestead Owners 12/8 for Non-Resident Members 12/15 for Non-Members

Reminder: The last day of Fall Junior Tennis Session 2 and Fall Session 2 Leagues is Friday, December 17.

Holiday Hours:

Christmas Eve Friday, December 24 Club Hours 6:00am-12:00pm

Christmas Day Saturday, December 25 Club Closed

New Years Eve Friday, December 31 Club Hours 6:00am-5:00pm

New Years Day Saturday, January 1 Club Hours 8:00am-5:00pm

November General Membership Meeting, Board & DRC Highlights ~ No Dues Increase for Owners

Our November General, Board & Design Review Committee Meeting was held on Friday, November 12, 2021 at 9:00am. During the DRC meeting a proposal for solar was approved at 723 Gold Dust Drive and a front window and small addition of square footage to 100 Arlington Place #8 was also approved. The DRC approved meeting minutes from the September and October DRC meetings. Additionally, one item was staff reviewed this month. During the board meeting, New Business included approval of the 2022 budget and dues level, with no dues increase for Homestead owners in 2022 (for the ninth year in a row). The final 2022 budget is available to view on our website. Matters pending included an update from the Trails Committee, noting that Tracy Erickson is working with an owner on a new virtual map feature for our trails. Meeting minutes from the October 8, 2021 meeting were approved. The financials from September 2021 were also approved. The Directors Report included an update on COVID club policies and restrictions. The board will continue to review the risk level and will consider policy changes monthly. Unfortunately, due to current risk levels, the board made the difficult decision to cancel our holiday party. The board and staff wish you and your families a healthy and happy holiday season. The meeting adjourned to executive session at approximately 10:02am.

Annual HOA Meeting on February 21, 2022

The board would like to announce that there will be three board member openings at the 2022 election in February. If you are interested in running for the board please attend the December 10 board meeting, via Zoom. If you would like to have your bio listed in the January newsletter, please turn in a short bio to Tracy Erickson (terickson@homesteadcourtclub.com) by December 15.

Salvation Army Adopt A Family

Homestead will once again be "adopting" some local families in need of our help this holiday season. If you would like to donate to a family member please stop by or call the club to sign up after December 6. Gifts must be brought in by December 17.



Eagle County Snow Plowing

Eagle County Road & Bridge is responsible for the safety and maintenance of the roads and right-of-ways in Homestead. If the roads become unsafe due to adverse weather, you may call 970-479-2201 to notify Vail Dispatch of a dangerous situation. The Eagle County Road & Bridge Department and Homestead want to remind Homeowners that it is against the law and Homestead regulations to plow snow from driveways onto the public road right-of-ways and sidewalks. When Homeowners do this it causes the roadway to narrow and makes it difficult for buses and emergency vehicles to safely and quickly maneuver through the streets. Please be sure to store your snow from your driveway safely away from the Eagle County



right-of-ways and sidewalks in your designated snow storage areas to help maintain a safe neighborhood. If you have any questions, concerns or suggestions regarding the roads in Homestead, please contact Eagle County Road & Bridge at 970-328-3540.

Homestead Court

December Fitness Schedule

CLUB	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
6:00-7:00am		Get Lifted (Hannah)	7:00-8:00am Masters Swim (Sam)	Get Lifted (Hannah)	
8:00-9:00am				Vinyasa Yoga (Sophie)	
8:30-9:30am		8:30-9:15am Yoga Sculpt (Jewels/Terry)	ABSolutely Pilates (Kim)		ABSolutely Pilates (Kim)
9:00-10:00am	20/20/20 (Justin)	9:15-10:30am Gentle Yoga (Jewels/Terry)		S.I.T (Justin)	Board & DRC Meeting 12/10/21 @ 9am Via Zoom
9:35-10:25					Zumba Gold (Endah)
4:00-5:15pm	Kids Camp in Studio	Kids Camp in Studio	Kids Camp in Studio	Kids Camp in Studio	Kids Camp in Studio
5:30-6:30pm	Lift The Barre (Hannah)		Winter Sports Conditioning (Jill)		
6:30-7:30pm	Power Yoga (Jewels)				

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Fitness Class Descriptions

20/20/20 - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

ABSolutely Pilates - Improve core strength and stabilization as you move through this fluid series of floor work exercises designed to strengthen your entire body, improve posture and increase flexibility. Cultivate mindfulness in your movement as precision and flow is emphasized.

GENTLE YOGA—Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or looking for modifications to all postures. Our instructor creates a safe environment through alignment to explore your personal boundaries while building strength & flexibility. This practice excludes all inversions & extreme backbends.

GET LIFTED — Get Lifted is a unique fitness class that will use a combination of plyometric exercises and lifting weights, keeping the heart rate up for an all around fat burning work out!

LIFT THE BARRE — This fast-paced and fun class provides a complete body workout and incorporates strengthening and toning of muscles, sustained cardio and intervals, barre work, and finishes with core work and stretching for a well-balanced total body workout!

POWER YOGA – This powerful, energetic, playful flowing class has a strong emphasis on breath and allows beginners, intermediate and advanced students to be challenged in the same class. Expect to sweat and challenge yourself with movement and powerful, athletic postures, inventive and thoughtful sequences of sun salutations, standing and seated postures, back bending, and inversions guided by a steady breath to tone and calm the mind. Power Yoga flow will tone, strengthen and rinse your body, clear your mind and leave you with a sense of accomplishment and empowerment.

S.I.T.— "**Strength and Interval Training.**" Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

STRENGTH & CONDITIONING - This class incorporates free weights, kettlebells, medicine balls, and body weight exercises. This class blends movements that recruit multiple muscle groups with circuit training for a full body burn.

WINTER SPORTS CONDITIONING - Our Winter Sports Conditioning class concentrates on the most commonly used muscle groups and movements to help start out your season right and avoid injuries. Class will be held on Mondays and Wednesdays from 5:30-6:30pm, beginning on Monday, October 4. Some classes will be held outside, so be sure to bring layers!

ZUMBA GOLD— Zumba Gold is an easy-to-follow program that lets you move to the beat at your own speed. Zumba Gold is a perfect workout for beginners to Zumba and active older adults looking for a total-body wellness program that feels like a party, while revitalizing your mind and body.

Winter Tennis Schedule

Program Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:00-7:30am						
7:30-8:30am						7:30-8:30am Cardio Tennis
8:30-10:00am						4.0+ Drill & Play Clinic
10:30-noon				3.0-3.5 Drill & Play Clinic	Coed 3.0+ League	10:00-11:30am 3.0-3.5 Drill & Play Clinic
12:00-1:00pm	Beginner Drill & Play Clinic					
1:00-2:30pm						
3:30-4:00pm	Mighty Mites Junior Tennis		Mighty Mites Junior Tennis		Mighty Mites Junior Tennis	
4:00-5:00	Superstars Junior Tennis	Jr. Aces and HS Prep Tennis	Superstars Junior Tennis	Jr. Aces and HS Prep Tennis	Superstars, Jr. Aces and HS Prep Tennis	
5:00-6:00pm	High School Advanced Clinics					
6:00-7:30pm	Coed 4.0- League		Men's 4.0– League	Coed 4.5+ League		
7:30-9:00pm						



Homestead Court

December Pool Schedule

CLUB	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
7:00- 8:00am			Masters Swim				
8:00am- noon	Private Swim Lessons		Private Swim Lessons		Private Swim Lessons		
12:00- 1:00pm							
1:00- 2:00pm							
2:00- 3:00pm							
3:00- 4:00pm	Private Swim Lessons		Private Swim Lessons		Private Swim Lessons		
4:00- 5:00pm	After School Program in Pool		After School Program in Pool		After School Program in Pool		
5:00- 5:30pm	Swim Team Prep		Swim Team Prep		Swim Team Prep		
5:30- 6:30pm	Swim Team		Swim Team		Swim Team		
6:30- 8:00pm	Private Swim Lessons		Private Swim Lessons		Private Swim Lessons		

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Pool Room Hours:

Monday-Friday: 5:55am-9:45pm Saturday/Sunday: 6:30am-9:45pm