



# Homestead Owners Association & Court Club

## April Events

**Board & DRC Meeting**  
Friday, April 8  
at 9:00am Via Zoom

**Summer Tennis Registration Opens**  
April 11 - Owners & Tenants  
April 18 - Non-resident members  
April 25 - Non-members

**Easter Party**  
Saturday, April 16  
10:00am - noon

**April 18 - 22**  
Kids Camp Closed  
No Junior Tennis Programs

## **General Club Information**

Club Hours:  
5:55am-10:00pm M-F  
6:30am-10:00pm S-S

Phone:  
970-926-1067

Address:  
400 Homestead Drive  
P.O. Box 808  
Edwards, CO 81632

Website:  
Hcchoa.com



## **Homestead Easter Party**

We are pleased to announce that our Easter party is back again this April! Please join us on Saturday, April 16, from 10am-12pm, for a fun filled Easter party including an Easter egg hunt for ages 1-9, arts & crafts, coffee, pastries and, of course, a visit from the Easter Bunny! We hope to see you there. Don't forget to bring your Easter baskets! Party is for Homestead residents and members only please.



## **Children's Programming News**



Clubhouse Summer Camp is proud to present another exciting summer for our campers at Homestead including eleven action-packed new theme weeks including: Starlight Starbright, Into the Wild, Kid Invasion, Bling Bling, Hamilton, Fantastic Beasts, Everything is Awesome and more. Our kids camp program is guaranteed to be a fun filled day with a variety of different activities including educational projects, outdoor time, arts & crafts, games, and more! Additionally, professional tennis instruction is available for campers to add on to their summer experience. Registration packets are available now on our website, [www.hcchoa.com](http://www.hcchoa.com).

*Please note After School /Kids Camp will be closed the week of April 18-22.*

## **Try a New Fitness Class This Month!**

### ***Fit Happens with Jill on Wednesdays @ 5:30pm***

This dynamic class is great for all levels. It features mixed intervals of resistance training, cardio blasts, and core work. You can plan to expect the unexpected, as each class will be uniquely designed to challenge you to the max while having FUN!

### ***Vinyasa Yoga with Sophie on Thursdays @ 8:00am***

In this yoga class, Sophie will encourage you to synchronize your breath to the movement from one pose to the next on an inhale or an exhale. This style of yoga allows for a lot of variety, but you can expect movement, not just stretching.

## ***We're Hiring for the Summer***

### ***Camp Counselors - Tennis Pros - Front Desk Associates***

We are hiring part time and full time staff for summer programs, and also looking for year round front desk associates. Starting at \$14+/hour, plus free club membership, discounts on personal training, tennis, clothing and more! Email [kim@homesteadcourtclub.com](mailto:kim@homesteadcourtclub.com) for more information.

## Trail Etiquette

### Hiking with Dogs

Love hiking Homestead trails with your pups? Please keep the following etiquette tips in mind:

1. Keep it clean - always bring a poo bag with you. Pick it up & pack it out please!
2. Follow leash rules - Homestead trails fall under Eagle County leash laws, meaning your dog must be under immediate voice control, or must be on a leash at all times.
3. Pass politely - your dog may be super friendly, but not everyone wants to be greeted, people and dogs alike. Minimize interactions between your dog and other hikers or dogs by keeping your body between them and whoever you're passing.
4. Stay on the trails - taking shortcuts or hiking on the side of muddy trails creates erosion and causes long term damage to our trails, which may cause closures for repair or rerouting. Please stay off the trails when muddy.

Thank you for being a considerate neighbor!! For more information on Homestead Trails and trail etiquette, please visit our "Trails" page on our website.

## March Board & DRC Meeting Highlights

Our March Board meeting was held on Friday, March 11, 2022 at 9:00am. The DRC approved changes to previously approved plans for new construction at 123 Spring Creek Court, approved landscape changes at 196 Russell Trail, and approved a new roof, garage doors and windows at 220 Spring Creek Court. The DRC also approved the January DRC meeting minutes. During the board meeting, New Business included appointing the current DRC members to the 2022 DRC, electing Director Allen as the Board President, Director Kerwin as Vice President, and Director Fellman as Secretary/Treasurer. New Business also included appointing Director Miller to chair the 2023 nominating committee. Matters pending included discussion on short term rentals in the neighborhood. The Board directed Tracy Erickson to reach out to our attorney to discuss feasibility and cost of changing the declarations to restrict short term rentals. Discussion will continue at the April meeting. Meeting minutes from the February 11, 2022 meeting were approved. The financials from January 2022 were also approved. The meeting adjourned to executive session at approximately 10:47am.

## Summer Tennis Programs

**Programs Begin June 6** and will run for 10 weeks, through August 12, with no programs on Monday, July 4th. This summer we will again be offering our junior programs in the afternoons, with Mighty Mites from 3:00-3:30pm, Superstars, Junior Aces and High School Prep from 3:30-4:30pm, and High School Advanced/JET from 4:30-6:00pm. Our junior clinics are designed specifically for the needs of junior players to foster learning and keep your children having fun! Summer Adult Clinic & League information will be available at the front desk and on our website beginning on April 11.

**Registration Opens: 4/11** Homestead Owners/Tenants  
**4/18** Non-Resident Members & **4/25** Non-Members



## Children's Policy Reminders

- All children under the age of 12 must be supervised by an adult at all times. An adult is considered 16 or older. If your child is under 12 and in a Homestead Program, please drop them off and pick them up with the instructor.
- All children over the age of 12 must have their own membership number to enter the club by themselves. (If you have a child over the age of 12 and they do not have a membership number, please fill out a membership change form.)
- **Children may not add individuals to the guest list.** A parent must register guests. Eagle County resident guests must pay the \$10 children's guest fee.
- Children over the age of 12 are allowed to use the following club amenities without parental supervision: pool, hot tub, racquetball court, and tennis courts.
- Children over the age of 12 can use the weight room and cardiovascular area once they have been certified by the Fitness Director.
- If you have any additional questions about Homestead's Children's Policies please refer to our Membership Guidelines.



# April Fitness Schedule

	<b>Mondays</b>	<b>Tuesdays</b>	<b>Wednesdays</b>	<b>Thursdays</b>	<b>Fridays</b>
<b>6:00-7:00am</b>		Get Lifted (Hannah)	Masters Swim (Sam)	Get Lifted (Hannah)	
<b>8:00-9:00am</b>				Vinyasa Yoga (Sophie)	
<b>8:30-9:30am</b>		8:30-9:15am Yoga Sculpt (Jewels/Terry)	ABSolutely Pilates (Kim)		ABSolutely Pilates (Kim)
<b>9:00-10:00am</b>	20/20/20 (Justin)	9:15-10:30am Gentle Yoga (Jewels/Terry)		S.I.T (Justin)	<b>Board &amp; DRC Meeting 4/8/22 @ 9am Via Zoom</b>
<b>9:35-10:25</b>					
<b>4:00-5:15pm</b>	Kids Camp in Studio	Kids Camp in Studio	Kids Camp in Studio	Kids Camp in Studio	Kids Camp in Studio
<b>5:30-6:30pm</b>	Lift The Barre (Hannah)		Fit Happens (Jill)		
<b>6:30-7:30pm</b>	Power Yoga (Jewels)				

## Try a New Fitness Class This Month!

### ***Fit Happens with Jill on Wednesdays @ 5:30pm***

This dynamic class is great for all levels. It features mixed intervals of resistance training, cardio blasts, and core work. You can plan to expect the unexpected, as each class will be uniquely designed to challenge you to the max while having FUN!

### ***Vinyasa Yoga with Sophie on Thursdays @ 8:00am***

In this yoga class, Sophie will encourage you to synchronize your breath to the movement from one pose to the next on an inhale or an exhale. This style of yoga allows for a lot of variety, but you can expect movement, not just stretching.

# Fitness Class Descriptions

**20/20/20** - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

**ABSolutely Pilates** - Improve core strength and stabilization as you move through this fluid series of floor work exercises designed to strengthen your entire body, improve posture and increase flexibility. Cultivate mindfulness in your movement as precision and flow is emphasized.

**GENTLE YOGA**—Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or looking for modifications to all postures. Our instructor creates a safe environment through alignment to explore your personal boundaries while building strength & flexibility. This practice excludes all inversions & extreme backbends.

**GET LIFTED** — Get Lifted is a unique fitness class that will use a combination of plyometric exercises and lifting weights, keeping the heart rate up for an all around fat burning work out!

**LIFT THE BARRE** — This fast-paced and fun class provides a complete body workout and incorporates strengthening and toning of muscles, sustained cardio and intervals, barre work, and finishes with core work and stretching for a well-balanced total body workout!

**POWER YOGA** – This powerful, energetic, playful flowing class has a strong emphasis on breath and allows beginners, intermediate and advanced students to be challenged in the same class. Expect to sweat and challenge yourself with movement and powerful, athletic postures, inventive and thoughtful sequences of sun salutations, standing and seated postures, back bending, and inversions guided by a steady breath to tone and calm the mind. Power Yoga flow will tone, strengthen and rinse your body, clear your mind and leave you with a sense of accomplishment and empowerment.

**S.I.T.**— “**Strength and Interval Training.**” Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

**STRENGTH & CONDITIONING** - This class incorporates free weights, kettlebells, medicine balls, and body weight exercises. This class blends movements that recruit multiple muscle groups with circuit training for a full body burn.

**WINTER SPORTS CONDITIONING** - Our Winter Sports Conditioning class concentrates on the most commonly used muscle groups and movements to help start out your season right and avoid injuries. Class will be held on Mondays and Wednesdays from 5:30-6:30pm, beginning on Monday, October 4. Some classes will be held outside, so be sure to bring layers!

# Spring Tennis Schedule

Program Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
<b>6:00-7:30am</b>						
<b>7:30-8:30am</b>						7:30-8:30am Cardio Tennis
<b>8:30-10:00am</b>						4.0+ Drill & Play Clinic
<b>10:30-noon</b>				3.0-3.5 Drill & Play Clinic	Coed 3.0+ League	10:00-11:30am 3.0-3.5 Drill & Play Clinic
<b>12:00-1:00pm</b>	Beginner Drill & Play Clinic					
<b>1:00-2:30pm</b>						
<b>3:30-4:00pm</b>	Mighty Mites Junior Tennis		Mighty Mites Junior Tennis		Mighty Mites Junior Tennis	
<b>4:00-5:00</b>	Superstars Junior Tennis	Jr. Aces and HS Prep Tennis	Superstars Junior Tennis	Jr. Aces and HS Prep Tennis	Superstars, Jr. Aces and HS Prep Tennis	
<b>5:00-6:00pm</b>	High School Advanced Clinics	High School Advanced Clinics	High School Advanced Clinics	High School Advanced Clinics	High School Advanced Clinics	
<b>6:00-7:30pm</b>	Coed 4.0- League		Men's 4.0- League	Coed 4.5+ League		
<b>7:30-9:00pm</b>						





# April Pool Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
<b>6:00-7:00am</b>			Masters Swim				
<b>7:00am-noon</b>	Private Swim Lessons		Private Swim Lessons		Private Swim Lessons		
<b>12:00-1:00pm</b>							
<b>1:00-2:00pm</b>							
<b>2:00-3:00pm</b>							
<b>3:00-4:00pm</b>	Private Swim Lessons		Private Swim Lessons		Private Swim Lessons		
<b>4:00-5:00pm</b>	After School Program in Pool		After School Program in Pool		After School Program in Pool		
<b>5:00-5:30pm</b>	Swim Team Prep		Swim Team Prep		Swim Team Prep		
<b>5:30-6:30pm</b>	Swim Team		Swim Team		Swim Team		
<b>6:30-8:00pm</b>	Private Swim Lessons		Private Swim Lessons		Private Swim Lessons		

## Pool Room Hours:

Monday-Friday: 5:55am-9:45pm

Saturday/Sunday: 6:30am-9:45pm

## Lap Swim Hours:

Monday-Friday: 6:00am-8:00am and 1:00-2:00pm

Saturday/Sunday: 6:30am-8:00am

**No Lap Swim on School Breaks or Holidays**



**\*Please note that our swim instructor will always open a lane for member use if needed during program times.**