#### April 2023 Newsletter



# Homestead Owners Association & Court Club

#### **April Events**

Pool Area Closing March 24-April 1

HCC Easter Party Saturday, April 8 10am-noon

Board & DRC Meeting Friday, April 14 at 9:00am

Summer Tennis Registration Opens April 10 - Owners & Tenants April 17 - Non-resident members April 24 - Non-members

**April 24 - 28**Kids Camp Closed
No Junior Tennis Programs

#### General Club Information

Club Hours:

5:55am-10:00pm M-F 6:30am-10:00pm S-S

Phone:

970-926-1067

Address:

400 Homestead Drive

P.O. Box 808

Edwards, CO 81632

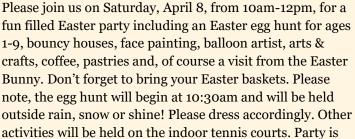
Website:

Hcchoa.com





# Homestead Easter Party Please join us on Saturday, April 8, from 10an



for Homestead residents and members only. We hope to see you there!

## **Children's Programming News**

Clubhouse Summer Camp is proud to present another exciting summer for our campers at Homestead including ten action-packed new theme weeks including: Mythology and Legends, Truth or Dare, Project Wild, America's Birthday Bash, S.T.E.A.M and more. Our kids camp program is guaranteed to be a fun filled day with a variety of different activities including educational projects, outdoor time, arts & crafts, games, and more! Additionally,



professional tennis instruction is available for campers to add on to their summer experience. Registration packets are available now on our website, www.hcchoa.com.

Please note After School/Kids Camp will be closed on March 31 and April 24-28.

#### **Summer Junior Tennis Programs**

#### Summer Tennis Programs Begin June 5

This summer we will again be offering our junior programs in the afternoons, with Mighty Mites offered from 3:00-3:30pm, Superstars, Junior Aces and High School Prep from 3:30-4:30pm, and High School Advanced/JET from 4:30-6:00pm. Our junior clinics are designed specifically for the needs of junior players to foster learning and keep your children having fun! All junior programs will be offered Monday-Friday this summer. We are excited for a fun filled summer of tennis at Homestead!

#### **Registration Opens:**

**4/10** Homestead Owners/Tenants

4/17 Non-Resident Members

4/24 Non-Members

Email completed registrations to kim@homesteadcourtclub.com. Please note that turning in registration does not guarantee availability.

## Trail Etiquette Hiking with Dogs

Love hiking Homestead trails with your pups? Please keep the following etiquette tips in mind:

- Keep it clean always bring a poo bag with you. Pick it up & pack it out!
- 2. Follow leash rules Homestead trails fall
  under Eagle County
  leash laws, meaning
  your dog must be under immediate voice
  control, or must be on
  a leash at all times. We
  ask that all dog owners
  carry a leash with
  them.
- 3. Pass politely your dog may be super friendly, but not everyone wants to be greeted, people and dogs alike. Minimize interactions between your dog and other hikers or dogs by keeping your body between them and whoever you're passing.
- 4. Stay on the trails taking shortcuts or
  hiking on the side of
  muddy trails creates
  erosion and causes
  long term damage to
  our trails, which may
  cause closures for repair or rerouting.
  Please stay off the
  trails when muddy.

Thank you for being a considerate neighbor!! For more information on Homestead Trails and trail etiquette, please visit our "Trails" page on our website.

#### March Board Meeting Highlights

Our March board meeting was held on Friday, March 10, 2023 at 9:00am. There was no Design Review Committee meeting held in March. During the board meeting, Member Input included discussion on the road drainage issue on upper Gold Dust Drive, signage and speeding safety around neighborhood and the possibility of an E-bike docking station in Homestead. New Business included appointing Tali Fagenblat, Dylan Friday, David McWilliams, Laura Nash-Zwiebach and Greg Sands to the 2023 DRC. The board also elected Director Allen as the Board President, Director Kerwin as Vice President, and Director Fellman as Secretary/Treasurer. The board appointed Tracy Erickson, Kris Miller and Greg Sands to act as the 2024 Nominating Committee. Matters Pending included a presentation from Eagle County Open Space and Colorado Parks and Wildlife on the planned trail closure of a portion of the ECOS owned Homestead 'L' from December 1, 2023-April 15, 2024. More information on this topic including a map of the closure area can be found online at: eaglecounty.us/openspace/openspaceprojects. During Matters Pending the board also mentioned that the HIVE PUD has asked for an additional 90 day extension, and will keep updating on the proposal monthly. Meeting minutes from the February 10, 2023 meeting were approved. The financials from January 2023 were also approved. During the Directors Report, the board discussed the possibility of moving the General meeting away from Presidents weekend and will continue this discussion at the April meeting. Director Kerwin discussed sidewalks in Homestead. Tracy Erickson gave an update on the Architectural Standards and Guidelines changes to turf watering requirements and hopes to work with an expert at Eagle River Water and Sanitation District. The meeting adjourned at approximately 10:59am.

#### Fitness News

SS Strength & Mobility and Primal Power with Noah will not be held over the month of April, and will resume beginning on May 1, 2023. We apologize for the inconvenience and hope you will give one of our other classes a try this month! Please see the fitness schedule to see what the latest offerings are.

#### Pool Area Closing For Annual Deep Cleaning

Our annual pool area deep cleaning is set to begin on Friday, March 24. The entire pool area, including hot tub, steam room, and pool will be CLOSED during this time. The project is scheduled to be completed by Saturday, April 1, and the pool area will open back up on Sunday, April 2.



#### We're Hiring for this Summer

#### Camp Counselors \* Swim Instructors \* Front Desk Associates

We are hiring part time and full time staff for summer programs, swim, tennis and year round front desk associates. Starting at \$15+/hour, plus free club membership, discounts on personal training, tennis, clothing and more! Email kim@homesteadcourtclub.com for more information.

# **April Fitness Schedule**

CLUB	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:00-7:00am		Get Lifted (Hannah)		Get Lifted (Hannah)		
8:00-9:00am			7:30-8:30am ABSolutely Pilates (Kim)	Vinyasa Yoga (Sophie)		
8:30-9:30am		8:30-9:15am Yoga Sculpt (Jewels/Terry)			ABSolutely Pilates (Kim)*	
9:00- 10:00am	20/20/20 (Justin)	9:15-10:30am Gentle Yoga (Jewels/Terry)		S.I.T (Justin)	Board & DRC Meeting 4/14/23 @ 9:00am Meeting will be held in the Fitness Studio	
4:00-5:15pm	After School Program in Studio	After School Program in Studio	After School Program in Studio	After School Program in Studio	After School Program in Studio	
5:30-6:30pm	Lift the Barre* (Hannah)		Fit Happens (Jill)			

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## **Fitness Class Descriptions**

**20/20/20** - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

**ABSolutely Pilates** - Improve core strength and stabilization as you move through this fluid series of floor work exercises designed to strengthen your entire body, improve posture and increase flexibility. Cultivate mindfulness in your movement as precision and flow is emphasized.

**GENTLE YOGA** — Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or looking for modifications to all postures. Our instructor creates a safe environment through alignment to explore your personal boundaries while building strength & flexibility. This practice excludes all inversions & extreme backbends.

**GET LIFTED** — Get Lifted is a unique fitness class that will use a combination of plyometric exercises and lifting weights, keeping the heart rate up for an all around fat burning work out!

**POWER YOGA** – This powerful, energetic, playful flowing class has a strong emphasis on breath and allows beginners, intermediate and advanced students to be challenged in the same class. Expect to sweat and challenge yourself with movement and powerful, athletic postures, inventive and thoughtful sequences of sun salutations, standing and seated postures, back bending, and inversions guided by a steady breath to tone and calm the mind. Power Yoga flow will tone, strengthen and rinse your body, clear your mind and leave you with a sense of accomplishment and empowerment.

**PRIMAL POWER** — What if you could optimize for 30% more longevity, significantly boost your athletic performance, release your emotions, prevent brain deterioration, play like a child, and practice mobility like a jungle cat in one workout a week? Complimenting Super Slow Resistance Training, this session is sure to keep your bones strong, increase your power output (essential for practically every sport), and enjoy mobility like you haven't had since you were a kid. Expect to play, learn, & grow with this judgement-free session involving calisthenics, plyometrics, dance moves, and more. Bulletproof the body, let your emotions flow, and optimize brain performance through movement with Noah.

**S.I.T.** – "Strength and Interval Training" Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

**SS STRENGTH & MOBILITY** — Join Noah for Scientific Super Slow Resistance to build a great physique, balance the musculoskeletal system, and enjoy significant strength gains without the wear and tear on joints. Rediscover mobility while optimizing your body for longevity with foam-rolling and stretching towards the end of the class. This session is great for all ages and ability levels because there is very little risk of injury and one starts with whatever level of resistance and range of motion manageable. Watch yourself progress from week to week and stay excited!

**LIFT THE BARRE** — This fast-paced and fun class provides a complete body workout and incorporates strengthening and toning of muscles, sustained cardio and intervals, barre work, and finishes with core work and stretching for a well-balanced total body workout!

**FIT HAPPENS** — This dynamic class is great for all levels. It features mixed intervals of resistance training, cardio blasts, and core work. You can plan to expect the unexpected, as each class will be uniquely designed to challenge you to the max with having FUN!

## **April Tennis Schedule**

<b>Program Time</b>	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:00-7:30am						
7:30-8:30am						7:30-8:30am Cardio Tennis
8:30-10:00am						4.0+ Drill & Play Clinic
10:30-noon				3.0-3.5 Drill & Play Clinic	Coed 3.0+ League	10:00-11:30am 3.0-3.5 Drill & Play Clinic
12:00-1:30pm				Beginner Clinic		
1:30-3:30pm						
3:30-4:00pm	Mighty Mites Junior Tennis		Mighty Mites Junior Tennis		Mighty Mites Junior Tennis	
4:00-5:00pm	Superstars Junior Tennis	Jr. Aces and HS Prep Tennis	Superstars Junior Tennis	Superstars Junior Tennis	Superstars, Jr. Aces and HS Prep Tennis	
5:00-6:30pm	High School Advanced Clinics					
6:30-8:00pm	Coed 4.0- League	3.5+ Drill & Play Clinic	Men's 4.0– League	Coed 4.5+ League		
7:30-9:00pm						

#### **Tennis Court Booking Reminders**

With winter in full swing our courts are as busy as ever. We are doing our best to accommodate all tennis players, and ask that you consider others and cancel as soon as possible if you will not be able to make your reservation. We would like to remind you of a few of our booking policies:

- Homestead owners and their tenants may book courts two days in advance.
- Non-resident members may book courts one day in advance.
- If you book a court, you must play during that time. No booking for others.
- Cancellations must be made at least 3 club hours in advance. Late cancellations and no shows will be charged at \$20 fee. If you late cancel multiple times, your booking privileges may be suspended or revoked.
- Please remember to keep an eye on the time and wrap up your play prior to the end of your court time.

Thank you for your consideration of your fellow tennis players!

