



# Homestead Owners Association & Court Club

## May Events

**Board & DRC Meeting**  
Friday, May 12  
at 9:00am

**Last Day of Spring Tennis**  
Friday, May 26

**No After School Program**  
Monday, May 29

**Last Day of After School Program**  
Thursday, June 1

**Summer Tennis & Camp Programs Begin**  
Monday, June 5

## **General Club Information**

### Club Hours:

5:55am-10:00pm M-F

6:30am-10:00pm S-S

### Phone:

970-926-1067

### Address:

400 Homestead Drive

P.O. Box 808

Edwards, CO 81632

### Website:

Hcchoa.com



## ***Homestead Summer Programs Begin June 5***

Swim. Bike. Hike. Explore. Summer at Homestead is packed with adventure. Spend your summer days on Homesteads courts, or hiking to the top of the water tank trail. Discover a new adventure and most importantly, have fun! We hope you will join us this summer.

### ***Kids Camp***

Homestead Clubhouse Kids Camp is an action packed summer camp with a different theme each week. Themes this summer include Mythology and Legends, Truth or Dare, Project Wild, America's Birthday Bash, S.T.E.A.M and more.



### ***Swim Lessons***

We are thrilled to welcome a new swim instructor to the Homestead staff! Erika Schmidt is a local who grew up swimming with the Avon Dolphins Swim Team at the Avon Rec Center. She has two kids, Jackson who is 5, and Lorelei "Rory" who is 4. Erika loves outdoor adventures, anything in/near water, and making artwork. Erika is certified in lifeguarding/CPR/AED and water safety. She will be available for private lessons beginning in May. For more information, or to book a lesson, please email [Eschmidt5@yahoo.com](mailto:Eschmidt5@yahoo.com).



### ***Junior Tennis***

Swing into Summer at Homestead! Whether your child is a newcomer to tennis or has played for years, Homestead's tennis staff and varied programming will help them build their skills while having fun! Our junior tennis clinics are designed specifically for the needs of junior players. An age specific breakdown of groups will help foster learning and keep your children having fun.



### ***Adult Tennis***

Our staff will help you enhance your skills and further develop your love of the game. We have everything you need to fulfill all your tennis needs including adult clinics, club and USTA leagues, professional racquet stringing, lessons and more.

***Registration is open now for all summer programs and some programs are filling quickly. Please visit our website, [hcchoa.com](http://hcchoa.com), or email [Kim@homesteadcourtclub.com](mailto:Kim@homesteadcourtclub.com) for more information.***



### ***Eagle County Street Sweeping***

Eagle County is tentatively planning to begin street sweeping during the second week of May. Eagle County Road & Bridge staff requested that we inform our residents not to sweep gravel, leaves or other debris onto the street or sidewalks. It is your responsibility to clean up any debris from your lawn. Eagle County thanks you for your compliance in this matter.

### **Spring Cleaning Reminders**

As the snow has melted throughout the neighborhood we have noticed a lot of garbage and dog waste along the sides of Homestead's roads and in open space areas. Our staff will be making rounds and cleaning up as much as possible. We ask that you please do your part to pick up after yourself and your pets too. If we all work together we can make Homestead beautiful just in time for summer!

### **April Board & DRC Meeting Highlights**

Our April Design Review Committee and Board meeting was held on Friday, April 14, 2023 at 9:00am. During the DRC meeting, the DRC approved an air conditioning unit, deck replacement and new door at 135 Russell Trail, and a deck replacement at 1070 Gold Dust Drive. A solar project at 38 Gold Dust Drive was also staff approved. Lastly, the DRC approved the meeting minutes from the January 2023 DRC meeting. During the Board meeting, Member Input included introductions to Chris Neuswanger and Bob Warner, who are both running for positions on the Eagle River Water and Sanitation District Board of Directors. They both explained why they are running and answered questions. New Business included a presentation from Eagle River Fire Protection District Chief Karl Bauer on the ERFPD ballot initiative. Chief Bauer explained that they have decided to remove the initiative from the ballot for the upcoming election in May due to comments from the community and the anticipated additional funding by the rise in property values. During Matters Pending the Board noted that we will receive an update from Eagle County Open Space at the June meeting and mentioned that they have not received any updates on the HIVE PUD proposed development. Meeting minutes from the March 10, 2023 meeting were approved. The financials from February 2023 were also approved. During the Directors Report, the board discussed short term rentals and the possibility of Eagle County requiring registration and/or fees to have a short term rental property, and that our attorney will be drafting a change to the bylaws to allow the annual meeting to be moved to another date in February. The meeting adjourned at approximately 11:07am.

### **Children's Policy Reminders**

As we are approaching summer break, we would like to remind parents to please be aware of our Club Children's Policies. We would like for Homestead to be a safe and fun environment for families to enjoy, while respecting our policies and others in the Club.

- All children under the age of 12 must be supervised by an adult at all times. An adult is considered 16 or older. If your child is under 12 and in a Homestead Program, please drop them off and pick them up with the instructor.
- All children over the age of 12 must have their own membership number to enter the club by themselves. (If you have a child over the age of 12 and they do not have a membership number, please fill out a membership change form.)
- **Children may not add individuals to the guest list.** A parent must register guests. Eagle County resident guests must pay the \$10 children's guest fee.
- Children over the age of 12 are allowed to use the following club amenities without parental supervision: pool, hot tub, racquetball court, and tennis courts.
- Children over the age of 12 can use the weight room and cardiovascular area once they have been certified by the Fitness Director. Please email [justin@homesteadcourtclub.com](mailto:justin@homesteadcourtclub.com) to schedule certification.
- If you have any additional questions about Homestead's Children's Policies please refer to our Membership Guidelines.



# May Fitness Schedule

	<b>Mondays</b>	<b>Tuesdays</b>	<b>Wednesdays</b>	<b>Thursdays</b>	<b>Fridays</b>	<b>Saturdays</b>
<b>6:00-7:00am</b>		Get Lifted (Hannah)		Get Lifted (Hannah)		
<b>8:00-9:00am</b>			7:30-8:30am ABSolutely Pilates (Kim)	Vinyasa Yoga (Sophie)		
<b>8:30-9:30am</b>		8:30-9:15am Yoga Sculpt (Jewels/Terry)			ABSolutely Pilates (Kim)*	
<b>9:00-10:00am</b>	20/20/20 (Justin)	9:15-10:30am Gentle Yoga (Jewels/Terry)		S.I.T (Justin)	<b>Board &amp; DRC Meeting 5/12/23 @ 9:00am Meeting will be held in the Fitness Studio</b>	<b>Primal Power (Noah)</b>
<b>4:00-5:15pm</b>	After School Program in Studio	After School Program in Studio	After School Program in Studio	After School Program in Studio	After School Program in Studio	
<b>5:30-6:30pm</b>	Lift the Barre* (Hannah)		Fit Happens (Jill)	<b>SS Strength &amp; Mobility (Noah)</b>		

# Fitness Class Descriptions

**20/20/20** - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

**ABSolutely Pilates** - Improve core strength and stabilization as you move through this fluid series of floor work exercises designed to strengthen your entire body, improve posture and increase flexibility. Cultivate mindfulness in your movement as precision and flow is emphasized.

**GENTLE YOGA** — Gentle yoga is a class designed for the practitioner who is newer to yoga, recovering from an injury, or looking for modifications to all postures. Our instructor creates a safe environment through alignment to explore your personal boundaries while building strength & flexibility. This practice excludes all inversions & extreme backbends.

**GET LIFTED** — Get Lifted is a unique fitness class that will use a combination of plyometric exercises and lifting weights, keeping the heart rate up for an all around fat burning work out!

**POWER YOGA** – This powerful, energetic, playful flowing class has a strong emphasis on breath and allows beginners, intermediate and advanced students to be challenged in the same class. Expect to sweat and challenge yourself with movement and powerful, athletic postures, inventive and thoughtful sequences of sun salutations, standing and seated postures, back bending, and inversions guided by a steady breath to tone and calm the mind. Power Yoga flow will tone, strengthen and rinse your body, clear your mind and leave you with a sense of accomplishment and empowerment.

**PRIMAL POWER** — What if you could optimize for 30% more longevity, significantly boost your athletic performance, release your emotions, prevent brain deterioration, play like a child, and practice mobility like a jungle cat in one workout a week? Complimenting Super Slow Resistance Training, this session is sure to keep your bones strong, increase your power output (essential for practically every sport), and enjoy mobility like you haven't had since you were a kid. Expect to play, learn, & grow with this judgement-free session involving calisthenics, plyometrics, dance moves, and more. Bulletproof the body, let your emotions flow, and optimize brain performance through movement with Noah.

**S.I.T.** – “Strength and Interval Training” Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

**SS STRENGTH & MOBILITY** — Join Noah for Scientific Super Slow Resistance to build a great physique, balance the musculoskeletal system, and enjoy significant strength gains without the wear and tear on joints. Rediscover mobility while optimizing your body for longevity with foam-rolling and stretching towards the end of the class. This session is great for all ages and ability levels because there is very little risk of injury and one starts with whatever level of resistance and range of motion manageable. Watch yourself progress from week to week and stay excited!

**LIFT THE BARRE** — This fast-paced and fun class provides a complete body workout and incorporates strengthening and toning of muscles, sustained cardio and intervals, barre work, and finishes with core work and stretching for a well-balanced total body workout!

**FIT HAPPENS** — This dynamic class is great for all levels. It features mixed intervals of resistance training, cardio blasts, and core work. You can plan to expect the unexpected, as each class will be uniquely designed to challenge you to the max with having FUN!

# May Tennis Schedule

Program Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:00-7:30am						
7:30-8:30am						7:30-8:30am Cardio Tennis
8:30-10:00am						4.0+ Drill & Play Clinic
10:30-noon				3.0-3.5 Drill & Play Clinic	Coed 3.0+ League	10:00-11:30am 3.0-3.5 Drill & Play Clinic
12:00-1:30pm				Beginner Clinic		
1:30-3:30pm						
3:30-4:00pm	Mighty Mites Junior Tennis		Mighty Mites Junior Tennis		Mighty Mites Junior Tennis	
4:00-5:00pm	Superstars Junior Tennis	Jr. Aces and HS Prep Tennis	Superstars Junior Tennis	Superstars Junior Tennis	Superstars, Jr. Aces and HS Prep Tennis	
5:00-6:30pm	High School Advanced Clinics	High School Advanced Clinics	High School Advanced Clinics	High School Advanced Clinics	High School Advanced Clinics	
6:30-8:00pm	Coed 4.0- League	3.5+ Drill & Play Clinic	Men's 4.0- League	Coed 4.5+ League		
7:30-9:00pm						

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