



Homestead Owners Association & Court Club

January Events

New Years Eve

Club Hours: 6:00am-5:00pm

New Years Day

Club Hours: 8:00am-5:00pm

Winter Break Kids Camp

January 2-3

Winter Tennis & Swim Programs Begin

Monday, January 6

Winter After School Program Begins

Tuesday, January 7

Board and DRC Meeting

Friday, January 10
9:00am

General Club Information

Club Hours:

5:55am-10:00pm M-F

6:30am-10:00pm S-S

Phone:

970-926-1067

Address:

400 Homestead Drive

P.O. Box 808

Edwards, CO 81632

Website:

Hcchoa.com



Sidewalks, Snow Plowing & Shoveling Reminders

We would once again like to extend a huge thank you to Edwards Metro District for completing the 2.3 million dollar concrete sidewalk project on Edwards Village Blvd. This project was years in the making and we are so grateful for Edwards Metro District's efforts to get it done. Let's take care of our beautiful new sidewalks by not parking on them for any reason, even just temporarily. Colorado state law requires residents to maintain the sidewalks in front of their property. Homestead staff will assist in plowing sidewalks after the County has cleared roads and they have finished other plowing and shoveling requirements.

Eagle County has asked us to share some information regarding snowplowing and shoveling in Homestead. **From Eagle County Road & Bridge Department:** *To ensure efficient snow removal operations and to protect the safety of the traveling public, residents are snowplowing contractors are reminded to abide by Eagle County's snow removal guidelines:*

- Do not plow, blow or shovel snow or other debris from your driveway onto the roadway or sidewalks. Residents are advised to wait to shovel driveways until snowplows have finished.
- Snow removal from your residential access and sidewalks are your responsibility and shall be stored on your property.
- It is the responsibility of the property owner to inform anyone hired for snow removal of these guidelines.

*Clearing the roads of snow to allow for the safe passage of residents, emergency response vehicles, school buses and other motorists is a critical function of the Eagle County Road & Bridge Department. Thank you for your cooperation in keeping our roadways and sidewalks safe. **Questions, concerns and suggestions may be directed to Eagle County Road & Bridge at 970-328-3540.***



Winter Swim Programs

We will be offering another five week session of swim programs beginning January 6, 2025. Our swim coach, Justin Jones will be offering private lessons, a swim float swim group for 3-5 year olds, as well as swim team prep and swim team. Keep your child active and having fun in the pool while improving their swimming skills this Winter! Registration forms are available on our website now. Please email completed registrations to kim@homesteadcourtclub.com.

Adopt A Family Update

We would like to thank everyone who donated to our Adopt-A-Families this holiday season. We had an overwhelming response from members wanting to help out the families we adopted. The families are very grateful to be "adopted" and would like to thank you for your generous donations!



Kids Camp & After School Program Info

February Break Kids Camp Information

We will be hosting a special all day kids camp on February 24-28, 2025. Our kids camp is guaranteed to be a fun filled day with a variety of different activities including educational projects, arts and crafts, games, outdoor activities, swimming and much more! Camp runs from 8:30am to 5:15pm, and is for children ages 5-12. Rates are \$50/day for members and \$60/day for non-members. Pre-registration is required and space is limited. Registration deadline is February 17. For more information or to register, please email jillian@homesteadcourtclub.com

Registration for our Winter After School Program is open now. For more information or to register, please email jillian@homesteadcourtclub.com.

Reminder: There are no programs on 1/6, 1/20, 1/30, and 1/31.

December Board Meeting Highlights

Our December Board meeting was held on Friday, December 13, 2024 at 9:00am. During the DRC meeting a submittal for a hot tub was approved at 317 Meile Lane, and a fence submittal was denied at 11 Russell Trail. The DRC approved the October DRC meeting minutes. During the Board meeting, the Board approved the November Board meeting minutes and the October financials. Member Input included a thank you to the staff for another great holiday party and discussion on the ice build up on the sidewalks. New Business included appointing Kris Miller to fill the vacant position on the DRC, discussion on maintenance of trail easements and an update on the Corporate Transparency Act. New Business also included discussion on the 2025 Board election. Three Directors terms are expiring. If you are interested in running for the Board, please attend the Board meeting on Friday, January 10, or email the nominating committee at terickson@homesteadcourtclub.com. More information about the annual meeting will be sent out with the February newsletter. During Matters Pending the Board approved the Montessori school lease. Directors Reports included discussion on the sidewalks, upcoming reserve projects, and the open space closure. The meeting adjourned to executive session at approximately 10:17am.

January Fitness News

New Volleyball Condition Class on Fridays with Sawyer Harden

Elevate your game with our girls volleyball conditioning class, designed to enhance athletic performance, strength, and endurance of your female volleyball players. This class combines sport specific exercises with functional training to improve agility, speed, power and overall physical fitness. Participants will engage in a mix of drills, plyometrics, strength training and conditioning routines that mirror the demands of competitive volleyball. Ages 14-18, \$20 for members, \$30 for non-members. Offered on Fridays at 5:00pm, beginning on Friday, January 3. Please call the front desk to reserve your space. 5 minimum/18 maximum.

New Class - Peak Performance with Sawyer Harden

This high-intensity workout combines the best of both worlds: heart-pumping HIIT and effective strength training. Designed to improve cardiovascular endurance, build muscle, and burn fat, this class will push you to your limits. Whether you're lifting weights, performing bodyweight exercises, or incorporating functional movements, you'll experience a full-body workout that targets all major muscle groups. Suitable for all fitness levels, modifications will be provided to ensure everyone gets the most out of every session. Get ready to sweat, challenge yourself, and achieve results! Offered on Mondays at 9:00am, beginning on Monday, January 6.

New Class - Sculpt and Stretch (S.A.S) Class with Lisa Woods

Sculpt and Stretch class is a dynamic workout that combines strength training and flexibility exercises to tone muscles and improve fitness. Leave feeling stronger and with increased mobility. Offered on Wednesdays evenings at 5:30pm, beginning on Wednesday, January 8.

Holiday Class Cancellations ~ There are no fitness classes on 12/31 or 1/1.

Tennis News

Winter tennis programs will begin on Monday, January 6 and run through Friday, March 21. Registration forms can be found on our website or at the front desk now.

Footwear Reminder ~ We would like to remind our players that you must wear proper footwear on the tennis courts. Please do not wear boots on the courts. Juniors who arrive to play without proper athletic shoes will not be allowed to participate.

Ball Machine Rental ~ We are increasing the ball machine rental fee to \$20/hour in 2025. Please make sure to follow our Ball Machine booking policies, which can be found on our website, on the policies page.



January Fitness Schedule

| | Mondays | Tuesdays | Wednesdays | Thursdays | Fridays |
|---------------------|--|---|--------------------------------------|--------------------------------------|---|
| 6:00-7:00am | | Get Lifted (Hannah) | | Get Lifted (Hannah) | HIIT or Miss (Sawyer) |
| 7:30-8:30am | | | ABSolutely Pilates (Kim) | | |
| 8:30-9:30am | | 8:30-10:30am Yoga for Everyone (Terry) | | | ABSolutely Pilates (Kim) |
| 9:00-10:00am | Peak Performance (Sawyer) | | | S.I.T (Jill) | Board & DRC Meeting 1/10/24 @ 9:00am |
| 9:30-10:30am | | | | | 9:30am Vinyasa Yoga (Sophie) |
| 12:00-1:00pm | | | | | Senior Strength (Braedan) |
| 4:00-5:00pm | After School Program in Studio | After School Program in Studio | After School Program in Studio | After School Program in Studio | After School Program in Studio |
| 5:30-6:30pm | Lift the Barre (Hannah) | Pedal & Pump (Lisa) | S.A.S (Lisa) | | Volleyball Conditioning Class* (Sawyer) |
| 6:30-7:30pm | | | Yin Yang Yoga (Kenneth) | | |

January Fitness News

New Volleyball Condition Class on Fridays with Sawyer Harden

Elevate your game with our girls volleyball conditioning class, designed to enhance athletic performance, strength, and endurance of your female volleyball players. This class combines sport specific exercises with functional training to improve agility, speed, power and overall physical fitness. Participants will engage in a mix of drills, plyometrics, strength training and conditioning routines that mirror the demands of competitive volleyball. Ages 14-18, \$20 for members, \$30 for non-members. Offered on Fridays at 5:00pm, beginning on Friday, January 3. Please call the front desk to reserve your space. 5 minimum/18 maximum.

New Class - Peak Performance with Sawyer Harden

This high-intensity workout combines the best of both worlds: heart-pumping HIIT and effective strength training. Designed to improve cardiovascular endurance, build muscle, and burn fat, this class will push you to your limits. Whether you're lifting weights, performing bodyweight exercises, or incorporating functional movements, you'll experience a full-body workout that targets all major muscle groups. Suitable for all fitness levels, modifications will be provided to ensure everyone gets the most out of every session. Get ready to sweat, challenge yourself, and achieve results! Offered on Mondays at 9:00am, beginning on Monday, January 6.

New Class - Sculpt and Stretch (S.A.S) Class with Lisa Woods

Sculpt and Stretch class is a dynamic workout that combines strength training and flexibility exercises to tone muscles and improve fitness. Leave feeling stronger and with increased mobility. Offered on Wednesdays evenings at 5:30pm, beginning on Wednesday, January 8.

Holiday Class Cancellations ~ There are no fitness classes on 12/31 or 1/1.

Fitness Class Descriptions

ABSOLUTLY PILATES - Improve core strength and stabilization as you move through this fluid series of floor work exercises designed to strengthen your entire body, improve posture and increase flexibility. Cultivate mindfulness in your movement as precision and flow is emphasized.

GET LIFTED — Get Lifted is a unique fitness class that will use a combination of plyometric exercises and lifting weights, keeping the heart rate up for an all around fat burning work out!

HIIT OR MISS — Incorporates several rounds that alternate between several minutes of high intensity movements to significantly increase the heart rate, followed by short periods of rest. Improve stamina, increase strength, burn fat and keep the heart healthy by participating!

LIFT THE BARRE — This fast-paced and fun class provides a complete body workout and incorporates strengthening and toning of muscles, sustained cardio and intervals, barre work, and finishes with core work and stretching for a well-balanced total body workout!

PEAK PERFORMANCE — This high-intensity workout combines the best of both worlds: heart-pumping HIIT and effective strength training. Designed to improve cardiovascular endurance, build muscle, and burn fat, this class will push you to your limits. Whether you're lifting weights, performing bodyweight exercises, or incorporating functional movements, you'll experience a full-body workout that targets all major muscle groups. Suitable for all fitness levels, modifications will be provided to ensure everyone gets the most out of every session. Get ready to sweat, challenge yourself, and achieve results!

PEDAL & PUMP — a fun, hard-hitting, innovative, unscripted and unique indoor cycling experience! Get full-body sculpting, and a cardio blast that will provide a good sweat and allow you to leave the stress of the day behind! All levels of cyclists welcome. SPD clips shoes or sneakers work on all bikes. Instructors can help with bike set-up and proper form. We recommend beginners arrive early for basic instruction. Every class will offer a unique experience with instructor crafted format, playlists, and shared goal!

S.A.S — “Sculpt and Stretch” class is a dynamic workout that combines strength training and flexibility exercises to tone muscles and improve fitness. Leave feeling stronger and with increased mobility.

SENIOR STRENGTH — This class is tailored for seniors looking to stay active and socialize! This dynamic class combines low-impact exercises, stretching, and strength training to improve full body mobility, balance, and overall fitness. Whether you're a beginner or seasoned fitness enthusiast, our welcoming environment ensures everyone can participate at their own pace while having fun and building community bonds. Come join us and step into a healthier, happier you!

S.I.T. — “Strength and Interval Training” Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

VOLLEYBALL CONDITIONING CLASS — Elevate your game with our girls volleyball conditioning class, designed to enhance athletic performance, strength, and endurance of your female volleyball players ages 14-18. This class combines sport specific exercises with functional training to improve agility, speed, power and overall physical fitness. Participants will engage in a mix of drills, plyometrics, strength training and conditioning routines that mirror the demands of competitive volleyball.

YIN YANG YOGA — Yin Yang yoga is a combination of high-energy movement, much like vinyasa, which builds heat and energy promoting power and endurance, followed by the more relaxing practice of Yin to give us a deeper grounding and calm the nervous system. Pranayama (breathwork) and mindfulness are weaved into this balanced offering to ease transitions and promote presence.

YOGA FOR EVERYONE — Terry Copeland, instructor/guide! We welcome everyone for any duration, at any time. We would love to have you stay for the full 2 hours, but if you only have a few minutes to breathe and move with us- please come when you can... you are not disturbing. The teacher will adapt the class to the wants/needs and time-line of those in attendance. Popular format: 8:30-9:30 - Yoga with foam rollers (facilitates stretching) 9:30- 5-10 min mid class Savasana (guided meditation/relax/recover/china gel option) 9:40-10:30- yoga stretches/balances at the bar and flows/challenges/class choices.

Winter Tennis Schedule

| Program Time | Mondays | Tuesdays | Wednesdays | Thursdays | Fridays | Saturdays |
|---------------------|---------------------------------|---------------------------------|--|---------------------------------|---|---|
| 6:00-7:30am | | | | | | |
| 7:30-8:30am | | | | | | 7:30-8:30am Cardio Tennis |
| 8:30-10:00am | | | | | | 4.0+ Drill & Play Clinic |
| 10:30-noon | | | | 3.0-3.5 Drill & Play Clinic | | 10:00-11:30am 3.0-3.5 Drill & Play Clinic |
| 12:00-1:30pm | | | | Beginner Drill & Play Clinic | | |
| 1:30-3:30pm | | | | | | |
| 3:30-4:00pm | Mighty Mites Junior Tennis | | Mighty Mites Junior Tennis | | Mighty Mites Junior Tennis | |
| 4:00-5:00pm | Superstars Jr. Tennis | Jr. Aces and HS Prep Tennis | Superstars Jr. Tennis | Jr. Aces and HS Prep Tennis | Superstars, Jr. Aces and HS Prep Tennis | |
| 5:00-6:30pm | High School Advanced Clinics | High School Advanced Clinics | High School Advanced Clinics | High School Advanced Clinics | High School Advanced Clinics | |
| 6:00-8:00pm | Coed 4.0 - League | | Men's 4.0- League 6:30-8:00pm Beginner Drill & Play Clinic | Coed 4.5+ League | | |
| 7:30-9:00pm | | | | | | |

Winter Tennis Program Info

Winter junior tennis programs and adult club leagues will begin on Monday, January 6 and run through Friday, March 21. Registration forms can be found on our website or at the front desk now.





January Pool Schedule

| | Mondays | Tuesdays | Wednesdays | Thursdays | Fridays | Saturdays | Sundays |
|------------------------|--------------------------|--------------------------|--------------------------|------------------|----------------|--------------------------------|----------------|
| 9:00-9:25am | | | | | | Private Lessons (Justin) | |
| 9:30-9:55am | | | | | | Private Lessons (Justin) | |
| 10:00-10:25am | | | | | | Swim Float Swim Group (Justin) | |
| 10:30 - 11:00am | | | | | | Swim Team Prep (Justin) | |
| 11:00-noon | | | | | | Swim Team (Justin) | |
| noon-1:00pm | | | | | | | |
| 3:00-3:25 | Private Lessons (Justin) | Private Lessons (Justin) | Private Lessons (Justin) | | | | |
| 3:30-3:55 | Private Lessons (Justin) | Private Lessons (Justin) | Private Lessons (Justin) | | | | |
| 4:00-4:25 | Swim Float Swim Group | Swim Float Swim Group | Swim Float Swim Group | | | | |
| 4:30-5:00 | Swim Team Prep (Justin) | Swim Team Prep (Justin) | Swim Team Prep (Justin) | | | | |
| 5:00-6:00pm | Swim Team (Justin) | Swim Team (Justin) | Swim Team (Justin) | | | | |

Winter 2025 Swim Programs

We will be offering another five week session of swim programs beginning January 6, 2025. Our swim coach, Justin Jones will be offering private lessons, a swim float swim group for 3-5 year olds, as well as swim team prep and swim team. Keep your child active and having fun in the pool while improving their swimming skills this Winter! Registration forms are available on our website now. We are accepting completed registrations now.

Please email completed registrations to kim@homesteadcourtclub.com.