



## February 2025 Newsletter

# Homestead Owners Association & Court Club

### February Events

#### **Board & DRC Meeting**

Friday, February 14  
at 9:00am

#### **Homestead's Annual General Meeting**

Thursday, February 20  
at 6:00pm

#### **Clubhouse Kids Camp**

February 24-28  
8:30am-5:15pm

#### **No Junior Tennis Programs**

February 24-28

### **General Club Information**

#### Club Hours:

5:55am-10:00pm M-F  
6:30am-10:00pm S-S

#### Phone:

970-926-1067

#### Address:

400 Homestead Drive  
P.O. Box 808  
Edwards, CO 81632

#### Website:

Hcchoa.com



## Homestead's General Meeting

The Annual Homeowners Association meeting will be held on Thursday, February 20, at 6:00pm at the Court Club, upstairs in the Group Fitness Studio. The agenda and proxy for the meeting has been included on a separate sheet in this mailing to all Homestead homeowners. There are three board positions up for election, and there are three interested candidates: Erin Allen, Kris Miller and Steve Evans. See the enclosed General Meeting Report for more information on the candidates running for the board. There will also be a presentation on home inspections for fire preparation. The draft meeting minutes from the 2024 annual meeting and 2025 budget are available on our website, hcchoa.com. If you are unable to attend the meeting, please consider submitting your proxy to ensure we reach quorum to host the meeting. For more information on the meeting contact Tracy Erickson at the Club.

Please note that Colorado law requires notification by mail for both our General meeting and our budget meeting. If you do not traditionally receive a newsletter in the mail, you will still receive mailings for these two meetings annually.

## February Fitness News

### **Welcome Back Personal Trainer, Nina Aley**

Nina is a dedicated certified personal trainer, functional nutrition coach, Pilates teacher, and running coach. With a passion for helping people manage chronic pain and health conditions, Nina utilizes a functional approach to fitness and nutrition. She has been helping people reach their wellness goals since 2021. Her goal is to create programs that focus on individual needs to cultivate long-term success. To book training with Nina, please call/text her at 970-948-2274 or email her at [nina@returntoroots.co](mailto:nina@returntoroots.co). Nina will be offering two new weekly group fitness classes as well. See descriptions below.

### **Pilates Balance and Flow Mondays at 7:30am**

Join Nina for a Classical mat Pilates class with a contemporary approach in order to strengthen the core, restore alignment and strengthen the joints. All levels welcome. Beginning Monday, February 3.

### **AM Cycle Wednesdays at 6:00am**

A high-intensity ride that will include challenging drills, sprints, and climbs, focusing on building lower body strength and endurance while burning a significant amount of calories. We hope you will give this cycling class with Nina a try! Beginning Wednesday, February 5.

### **Complimentary Jr. Weight Room Certification Class**

Personal Trainer, Braeden Stewart, invites our youth members ages 12+ get certified to use weights and cardio equipment while building confidence and developing a strong foundation for a healthy lifestyle. Join Braeden on Sunday February, 23 from 1:30-2:30pm to get your certification. No sign up required.

## Open Space Reminders

We would like to remind our residents that a portion of the Eagle County owned 'Homestead L' Open Space is closed through April 15, 2025 to protect winter wildlife habitat and reduce human and wildlife conflicts. There is a map of the closure area available on the Eagle County Open Space website. We ask that if you are using Homestead Open Space adjacent to the 'Homestead L' you are also aware of wildlife and stay out of the areas where wildlife are present. Please note that Eagle County Open Space areas are open from dawn to dusk, while Homestead Open Space is open anytime to our residents. Please send questions regarding Eagle County Open Space to Marcia Gilles [marcia.gilles@eaglecounty.us](mailto:marcia.gilles@eaglecounty.us)

## February Break Kids Camp

Homestead is offering a special session of all day kids camp over the February school break. Camp dates are February 24-28. Camp runs from 8:30 a.m. to 5:15 p.m., and is for children ages 5-12. Rates are \$50/day for members and \$60/day for non-members. Registration forms are available on our website, [hcchoa.com](http://hcchoa.com). Limited space is available and must be confirmed by Jillian Labbe. Last day to register is February 17.

## January Board & DRC Meeting Highlights

Our January Board meeting was held on Friday, January 10, 2025 at 9:00am. During the DRC meeting, the DRC saw a preliminary submittal for new construction of a single family home at 75 Fremont Road. The DRC approved the December DRC meeting minutes. During the Board meeting, the Board approved the December Board meeting minutes and the November financials. New Business included approval of the 2025 General Meeting Agenda (enclosed on a separate sheet). Matters Pending included discussion on maintenance of Eagle County trail easements and the 2025 Board election. Three Directors terms are expiring, Erin Allen, Cealy Fellman and Kris Miller. Erin Allen and Kris Miller stated they would like to run for re-election. Additionally, Steve Evans has reached out to the nominating committee with interest in running. During the Director's Report, the Board discussed upcoming reserve expenditures and updates on the sidewalk project. The meeting adjourned to executive session at approximately 10:30am.

## Tennis Court Booking Reminders

With winter in full swing our courts are as busy as ever. We are doing our best to accommodate all tennis players, and ask that you consider others and cancel as soon as possible if you will not be able to make your reservation. We would like to remind you of a few of our booking policies:

- Homestead owners and their tenants may book courts two days in advance.
- Non-resident members may book courts one day in advance.
- If you book a court, you must play during that time. No booking for others.
- Ball machine reservations are taken for day of reservations only, regardless of membership type. Ball machine rental is \$20 and may be booked for one hour max.
- Cancellations must be made at least 3 club hours in advance. Late cancellations and no shows will be charged at \$20 fee. If you late cancel multiple times, your booking privileges may be suspended or revoked.



## Neighborhood Pet Reminders

Homestead Owners Association has recently received some comments about our neighborhood pets. These comments were mainly regarding two issues: animal control and animal waste. Homestead follows Eagle County Animal Control regulations which requires that dogs be under "immediate control" which includes leashing them or keeping them within 10 feet of you and under voice control in all areas of the neighborhood, including sidewalks. Uncontrolled dogs have created problems for other dog owners who have their own pets leashed, for people trying to ride bicycles, or for people who are uncomfortable around unleashed pets. Please be courteous of your neighbors by keeping your dog under your control. Additionally, dog waste should be cleaned up after at all times in the interest of public enjoyment of our neighborhood and public health. Homestead Owner Association would like to suggest a reasonable balance – or at least, some balance – between the needs of a dog owner and the safety and comfort of other residents. **For member safety there are no pets allowed at any time on Homestead Court Club grounds and area playgrounds.** For more information regarding Eagle County Animal Laws please go to [www.eaglecounty.us](http://www.eaglecounty.us) and click on the Departments link, then the Animal Services link. Thank you for your cooperation in making Homestead a safe and pet friendly neighborhood.



# February Fitness Schedule

	<b>Mondays</b>	<b>Tuesdays</b>	<b>Wednesdays</b>	<b>Thursdays</b>	<b>Fridays</b>
<b>6:00-6:55am</b>		Get Lifted (Hannah)	<b>AM Cycle (Nina)</b>	Get Lifted (Hannah)	HIIT or Miss (Sawyer)
<b>7:30-8:25am</b>	<b>Pilates Balance &amp; Flow (Nina)</b>		ABSolutely Pilates (Kim)		
<b>8:30-9:25am</b>		8:30-10:30am Yoga for Everyone (Terry)			ABSolutely Pilates (Kim)
<b>9:00-9:55am</b>	Peak Performance (Sawyer)			S.I.T (Jill)	<b>Board &amp; DRC Meeting 2/14/24 @ 9:00am</b>
<b>9:30-10:25am</b>					9:30am Vinyasa Yoga (Sophie)
<b>12:00- 12:55pm</b>					Senior Strength (Braedan)
<b>4:00-5:00pm</b>	After School Program in Studio	After School Program in Studio	After School Program in Studio	After School Program in Studio	After School Program in Studio
<b>5:30-6:25pm</b>	Lift the Barre (Hannah)	Pedal & Pump (Lisa)	S.A.S (Lisa)		Volleyball Conditioning Class*
<b>6:30-7:25pm</b>			Yin Yang Yoga (Kenneth)		

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Join Nina for a Classical mat Pilates class with a contemporary approach in order to strengthen the core, restore alignment and strengthen the joints. All levels welcome. Beginning Monday, February 3.

### **AM Cycle Wednesdays at 6:00am**

A high-intensity ride that will include challenging drills, sprints, and climbs, focusing on building lower body strength and endurance while burning a significant amount of calories. We hope you will give this cycling class with Nina a try! Beginning Wednesday, February 5.

### **Complimentary Jr. Weight Room Certification Class**

Personal Trainer, Braeden Stewart, invites our youth members ages 12+ get certified to use weights and cardio equipment while building confidence and developing a strong foundation for a healthy lifestyle. Join Braeden on Sunday February, 23 from 1:30-2:30pm to get your certification. No sign up required.

# Fitness Class Descriptions

**ABSOLUTLY PILATES** - Improve core strength and stabilization as you move through this fluid series of floor work exercises designed to strengthen your entire body, improve posture and increase flexibility. Cultivate mindfulness in your movement as precision and flow is emphasized.

**AM CYCLE** - A high-intensity ride that will include challenging drills, sprints, and climbs, focusing on building lower body strength and endurance while burning a significant amount of calories.

**GET LIFTED** — Get Lifted is a unique fitness class that will use a combination of plyometric exercises and lifting weights, keeping the heart rate up for an all around fat burning work out!

**HIIT OR MISS** — Incorporates several rounds that alternate between several minutes of high intensity movements to significantly increase the heart rate, followed by short periods of rest. Improve stamina, increase strength, burn fat and keep the heart healthy by participating!

**LIFT THE BARRE** — This fast-paced and fun class provides a complete body workout and incorporates strengthening and toning of muscles, sustained cardio and intervals, barre work, and finishes with core work and stretching for a well-balanced total body workout!

**PEAK PERFORMANCE** — This high-intensity workout combines the best of both worlds: heart-pumping HIIT and effective strength training. Designed to improve cardiovascular endurance, build muscle, and burn fat, this class will push you to your limits. Whether you're lifting weights, performing bodyweight exercises, or incorporating functional movements, you'll experience a full-body workout that targets all major muscle groups. Suitable for all fitness levels, modifications will be provided to ensure everyone gets the most out of every session. Get ready to sweat, challenge yourself, and achieve results!

**PEDAL & PUMP** — a fun, hard-hitting, innovative, unscripted and unique indoor cycling experience! Get full-body sculpting, and a cardio blast that will provide a good sweat and allow you to leave the stress of the day behind! All levels of cyclists welcome. SPD clips shoes or sneakers work on all bikes. Instructors can help with bike set-up and proper form. We recommend beginners arrive early for basic instruction. Every class will offer a unique experience with instructor crafted format, playlists, and shared goal!

**PILATES BALANCE & FLOW**—Join Nina for a Classical mat Pilates class with a contemporary approach in order to strengthen the core, restore alignment and strengthen the joints. All levels welcome.

**S.A.S** — “Sculpt and Stretch” class is a dynamic workout that combines strength training and flexibility exercises to tone muscles and improve fitness. Leave feeling stronger and with increased mobility.

**SENIOR STRENGTH** — This class is tailored for seniors looking to stay active and socialize! This class combines low-impact exercises, stretching, and strength training to improve full body mobility, balance, and overall fitness. Whether you're a beginner or seasoned fitness enthusiast, our welcoming environment ensures everyone can participate at their own pace while having fun and building community bonds. Come join us and step into a healthier, happier you!

**S.I.T.** — “Strength and Interval Training” Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

**VOLLEYBALL CONDITIONING CLASS** — Elevate your game with our girls volleyball conditioning class, designed to enhance athletic performance, strength, and endurance of your female volleyball players ages 14-18. This class combines sport specific exercises with functional training to improve agility, speed, power and overall physical fitness. Participants will engage in a mix of drills, plyometrics, strength training and conditioning routines that mirror the demands of competitive volleyball.

**YIN YANG YOGA** — Yin Yang yoga is a combination of high-energy movement, much like vinyasa, which builds heat and energy promoting power and endurance, followed by the more relaxing practice of Yin to give us a deeper grounding and calm the nervous system. Pranayama (breathwork) and mindfulness are weaved into this balanced offering to ease transitions and promote presence.

**YOGA FOR EVERYONE** — Terry Copeland, instructor/guide! We welcome everyone for any duration, at any time. We would love to have you stay for the full 2 hours, but if you only have a few minutes to breathe and move with us- please come when you can... you are not disturbing. The teacher will adapt the class to the wants/needs and timeline of those in attendance. Popular format: 8:30-9:30 - Yoga with foam rollers (facilitates stretching) 9:30- 5-10 min mid class Savasana (guided meditation/relax/recover/china gel option) 9:40-10:30- yoga stretches/balances at the bar and flows/challenges/class choices.

# Winter Tennis Schedule

Program Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:00-7:30am						
7:30-8:30am						7:30-8:30am Cardio Tennis
8:30-10:00am						4.0+ Drill & Play Clinic
10:30-noon				3.0-3.5 Drill & Play Clinic		10:00-11:30am 3.0-3.5 Drill & Play Clinic
12:00-1:30pm				Beginner Drill &		
1:30-3:30pm						
3:30-4:00pm	Mighty Mites Junior Tennis		Mighty Mites Junior Tennis		Mighty Mites Junior Tennis	
4:00-5:00pm	Superstars Jr. Tennis	Jr. Aces and HS Prep Tennis	Superstars Jr. Tennis	Jr. Aces and HS Prep Tennis	Superstars, Jr. Aces and HS Prep Tennis	
5:00-6:30pm	High School Advanced Clinics	High School Advanced Clinics	High School Advanced Clinics	High School Advanced Clinics	High School Advanced Clinics	
6:00-8:00pm	Coed 4.0 - League		Men's 4.0- League  6:30-8:00pm Beginner Drill &	Coed 4.5+ League		
7:30-9:00pm						

## Winter Tennis Program Info

Winter junior tennis programs and adult club leagues will begin on Monday, January 6 and run through Friday, March 21. Registration forms can be found on our website or at the front desk now.





# February Pool Schedule

	<b>Mondays</b>	<b>Tuesdays</b>	<b>Wednesdays</b>	<b>Thursdays</b>	<b>Fridays</b>	<b>Saturdays</b>	<b>Sundays</b>
<b>9:00-9:25am</b>						Private Lessons (Justin)	
<b>9:30-9:55am</b>						Private Lessons (Justin)	
<b>10:00-10:25am</b>						Swim Float Swim Group	
<b>10:30 - 11:00am</b>						Swim Team Prep (Justin)	
<b>11:00-noon</b>						Swim Team (Justin)	
<b>noon-1:00pm</b>							
<b>3:00-3:25</b>	Private Lessons (Justin)	Private Lessons (Justin)	Private Lessons (Justin)				
<b>3:30-3:55</b>	Private Lessons (Justin)	Private Lessons (Justin)	Private Lessons (Justin)				
<b>4:00-4:25</b>	Swim Float Swim Group	Swim Float Swim Group	Swim Float Swim Group				
<b>4:30-5:00</b>	Swim Team Prep (Justin)	Swim Team Prep (Justin)	Swim Team Prep (Justin)				
<b>5:00-6:00pm</b>	Swim Team (Justin)	Swim Team (Justin)	Swim Team (Justin)				

## Winter 2025 Swim Programs

This Winter our swim coach, Justin Jones will be offering private lessons, a swim float swim group for 3-5 year olds, as well as swim team prep and swim team. Keep your child active and having fun in the pool while improving their swimming skills this Winter! Registration forms are available on our website now. We are accepting completed registrations now.

Please email completed registrations to [kim@homesteadcourtclub.com](mailto:kim@homesteadcourtclub.com).