#### April 2025 Newsletter



# Homestead Owners Association & Court Club

#### **April Events**

Pool Room Closed for Annual Cleaning

April 6th-12th

**Board & DRC Meeting** 

Friday, April 11th at 9:00am

**April 21st - 25th** Kids Camp Closed No Jr. Tennis Programs

# **Summer Tennis & Swim Registration Opens on:**

4/28 Homestead Owners 5/5 Non Resident Members 5/12 Non Members

#### General Club Information

Club Hours:

5:55am-10:00pm M-F 6:30am-10:00pm S-S

Phone:

970-926-1067

Address

400 Homestead Drive

P.O. Box 808

Edwards, CO 81632

Website:

Hcchoa.com





### **Homestead Easter Party**

Please join us on Saturday, April 19th, from 10am-12pm, for a fun filled Easter party including an Easter egg hunt for ages 1-9, bouncy houses, face painting, balloon artist, arts & crafts, coffee, pastries and, of course, a visit from the Easter Bunny. Don't forget to bring your Easter baskets. Please note, the egg hunt will begin at 10:30am and will be held outside rain, snow or shine! Other activities will be held on the indoor tennis courts. Party is for Homestead residents and members only, and all



children must be accompanied by an adult. We hope to see you there!



#### **Summer Swim Team**

This Summer HCC Swim Coach, Jenny Carll, will be offering a six week session of swim team beginning on June 16th and running through July 31st, with no programs the week of June 30th-July 3rd. Swim team will meet on Mondays-Thursdays from 5:30-6:30pm. Swim team is for children ages 6 years and up who can swim multiple lengths independently and have base knowledge of freestyle and backstroke. In addition to practice, swimmers will be invited to join local swim meets throughout the session.

Registration forms will be available at the front desk and on our website on 4/15. Registrations will be accepted on:

4/28 from Homestead owners and tenant members

5/5 from Non-resident members

5/12 from Non-members

### Pool Area Closed 4/6 - 4/12 For Annual Deep Cleaning

Our annual pool area deep cleaning is set to begin on Sunday, April 6th. The entire pool area, including hot tub, steam room, and pool will be CLOSED during this time. The project is scheduled to be completed by Saturday, April 12th, and the pool area will open back up on Sunday, April 13th.



**Summer Camp Registration is open now!** Registration forms are available at the front desk or on our website. Email completed registration forms to Jillian@homesteadcourtclub.com. Please note some weeks are already full.



## Summer Junior Tennis Programs

#### Summer Tennis Programs Begin June 9th

This summer we will again be offering a 10 week junior program in the afternoons, with Mighty Mites offered from 3:00-3:30pm, Superstars, Junior Aces and High School Prep from 3:30-4:30pm, and High School Advanced from 4:30-6:00pm. Our junior clinics are designed specifically for the needs of junior players to foster learning and keep your children having fun! All junior programs will be offered Monday-Friday this summer. We are excited for a fun filled summer of tennis at Homestead! Registration forms will be available on 4/15.

# Registrations will be accepted on:

4/28 Homestead
Owners and Tenants
5/5 Non-Resident
Members
5/12 Non-Members

### March Board Meeting Highlights

Our March Board meeting was held on Friday, March 14th, 2025 at 9:00am. There was no DRC meeting this month. During the Board meeting, the Board approved the February Board meeting minutes. New Business included appointing Dylan Friday, David McWilliams, Kris Miller, Laura Nash-Zwiebach and Greg Sands to the 2025 DRC. The Board also elected Director Sands as the Board President, Director Kerwin as Vice President, and Director Miller as Treasurer. The Board appointed Erin Allen, Tracy Erickson, and Steve Evans to act as the 2026 Nominating Committee. New Business also included approval of a new common area camera policy. The Board also had discussion on maintenance of Eagle County trail easements. During the Director's Report, Tracy Erickson discussed upcoming reserve items including roofing, annual pool room maintenance and the outdoor tennis courts. Director Kerwin discussed the sidewalk project, noting that Edwards Metro District is working to ensure they were installed correctly. Director Miller mentioned the upcoming elections for Edwards Metro District as well as Mountain Rec. The meeting adjourned to executive session at approximately 10:00am.

## **April Fitness News**

Free 40 minute Personal Training Session with Nina Aley ~ Week of 4/14-4/20 ~ For new personal training clients! Nina is offering a free 40 minute training session to new clients the week of April 14th—20th, 2025. Contact Nina at 970-948-2274 or ninaaley11@gmail.com to book your session! Offer valid for one free 40 minute session to members who are currently not working with a personal trainer. Nina is passionate about helping clients find sustainable and enjoyable fitness routines that help them achieve their personal goals and improve quality of life. She is a certified personal trainer and

comprehensive Pilates teacher, also specializing as a nutritionist in functional nutrition. Since 2021, she has been exploring avenues in fitness and nutrition in an effort to help all age groups and ability levels return to optimal health. Contact Nina for more information or to book a training session.

### **Property Maintenance Reminder**

Residents of Homestead are being reminded to maintain their properties in accordance with the Homestead Covenants, Conditions, and Restrictions. Keeping your property well maintained is important for you and your neighborhood. Good housekeeping and maintenance practices keep property values at a higher level and limit health and safety hazards, in addition to a better quality of life. Homestead guidelines state:

"Each Lot at all times shall be kept in clean, sightly and wholesome condition. No trash, litter, junk, boxes, containers, bottles, cans, implements, machinery, lumber or other building materials shall be permitted to remain exposed upon any Lots so that same are visible from any neighboring Lot or street, except as necessary during the period of construction."

We would like to remind you that now is a great time to do a spring cleaning of your property. If, in our travels, we see that some maintenance is needed on your property, we will notify you of our observations. Our goal is to establish a dialog with you that will ensure your property is

brought into compliance in a timely manner, serving both the Association's needs and your own. For those of you who are planning exterior work, please remember that any landscaping/exterior changes and/or improvements must be applied for and approved by the DRC. If you have any questions or comments, please feel free to give us a call at 926-1067. ~Homestead DRC





## **April Fitness Schedule**

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
6:00-6:55am		Get Lifted (Hannah)		Get Lifted (Hannah)	HIIT or Miss (Sawyer)
7:30-8:25am	Pilates Balance & Flow (Nina)		ABSolutely Pilates (Kim)		
8:30-9:25am		8:30-10:30am Yoga for Everyone (Terry)			ABSolutely Pilates (Kim)
9:00-9:55am	Peak Performance (Sawyer)			S.I.T (Jill)	Board & DRC Meeting 4/11/25 @ 9:00am
9:30-10:25am					9:30am Vinyasa Yoga (Sophie)
12:00- 12:55pm					Senior Strength (Braedan)
4:00-5:00pm	After School Program in Studio	After School Program in Studio	After School Program in Studio	After School Program in Studio	After School Program in Studio
5:30-6:25pm	Lift the Barre (Hannah)	Pedal & Pump (Lisa)		S.A.S (Lisa)	
6:30-7:25pm			Yin Yang Yoga (Kenneth)		

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#### Complimentary Jr. Weight Room Certification Class

Personal Trainer, Braeden Stewart, invites our youth members ages 12+ get certified to use weights and cardio equipment while building confidence and developing a strong foundation for a healthy lifestyle. Join Braeden on Sunday April 27, from 1:30-2:30pm to get your certification. No sign up required.

## **Fitness Class Descriptions**

**ABSOLUTLY PILATES** - Improve core strength and stabilization as you move through this fluid series of floor work exercises designed to strengthen your entire body, improve posture and increase flexibility. Cultivate mindfulness in your movement as precision and flow is emphasized.

**GET LIFTED** — Get Lifted is a unique fitness class that will use a combination of plyometric exercises and lifting weights, keeping the heart rate up for an all around fat burning work out!

**HIIT OR MISS** — Incorporates several rounds that alternate between several minutes of high intensity movements to significantly increase the heart rate, followed by short periods of rest. Improve stamina, increase strength, burn fat and keep the heart healthy by participating!

**LIFT THE BARRE** — This fast-paced and fun class provides a complete body workout and incorporates strengthening and toning of muscles, sustained cardio and intervals, barre work, and finishes with core work and stretching for a well-balanced total body workout!

**PEAK PERFORMANCE** — This high-intensity workout combines the best of both worlds: heart-pumping HIIT and effective strength training. Designed to improve cardiovascular endurance, build muscle, and burn fat, this class will push you to your limits. Whether you're lifting weights, performing bodyweight exercises, or incorporating functional movements, you'll experience a full-body workout that targets all major muscle groups. Suitable for all fitness levels, modifications will be provided to ensure everyone gets the most out of every session. Get ready to sweat, challenge yourself, and achieve results!

**PEDAL & PUMP** — a fun, hard-hitting, innovative, unscripted and unique indoor cycling experience! Get full-body sculpting, and a cardio blast that will provide a good sweat and allow you to leave the stress of the day behind! All levels of cyclists welcome. SPD clips shoes or sneakers work on all bikes. Instructors can help with bike set-up and proper form. We recommend beginners arrive early for basic instruction. Every class will offer a unique experience with instructor crafted format, playlists, and shared goal!

**PILATES BALANCE & FLOW**—Join Nina for a Classical mat Pilates class with a contemporary approach in order to strengthen the core, restore alignment and strengthen the joints. All levels welcome.

**S.A.S** — "Sculpt and Stretch" class is a dynamic workout that combines strength training and flexibility exercises to tone muscles and improve fitness. Leave feeling stronger and with increased mobility.

**SENIOR STRENGTH** — This class is tailored for seniors looking to stay active and socialize! This class combines low-impact exercises, stretching, and strength training to improve full body mobility, balance, and overall fitness. Whether you're a beginner or seasoned fitness enthusiast, our welcoming environment ensures everyone can participate at their own pace while having fun and building community bonds. Come join us and step into a healthier, happier you!

**S.I.T.** – "Strength and Interval Training" Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

**YIN YANG YOGA** — Yin Yang yoga is a combination of high-energy movement, much like vinyasa, which builds heat and energy promoting power and endurance, followed by the more relaxing practice of Yin to give us a deeper grounding and calm the nervous system. Pranayama (breathwork) and mindfulness are weaved into this balanced offering to ease transitions and promote presence.

**YOGA FOR EVERYONE** — Terry Copeland, instructor/guide! We welcome everyone for any duration, at any time. We would love to have you stay for the full 2 hours, but if you only have a few minutes to breathe and move with us-please come when you can... you are not disturbing. The teacher will adapt the class to the wants/needs and timeline of those in attendance. Popular format: 8:30-9:30 - Yoga with foam rollers (facilitates stretching) 9:30- 5-10 min mid class Savasana (guided meditation/relax/recover/china gel option) 9:40-10:30- yoga stretches/balances at the bar and flows/challenges/class choices.

## **Spring Tennis Schedule**

Program Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:00-7:30am						
7:30-8:30am						7:30-8:30am Cardio Tennis
8:30-10:00am						4.0+ Drill & Play Clinic
10:30-noon				3.0-3.5 Drill & Play Clinic		10:00-11:30am 3.0-3.5 Drill & Play Clinic
12:00-1:30pm				Beginner Drill & Play Clinic		
1:30-3:30pm						
3:30-4:00pm	Mighty Mites Junior Tennis		Mighty Mites Junior Tennis		Mighty Mites Junior Tennis	
4:00-5:00pm	Superstars Jr. Tennis	Jr. Aces and HS Prep Tennis	Superstars Jr. Tennis	Jr. Aces and HS Prep Tennis	Superstars, Jr. Aces and HS Prep Tennis	
5:00-6:30pm	High School Advanced Clinics	High School Advanced Clinics	High School Advanced Clinics	High School Advanced Clinics	High School Advanced Clinics	
6:00-8:00pm	Coed 4.0 - League		Men's 4.0– League 6:30-8:00pm Beginner Drill & Play Clinic	Coed 4.5+ League		
7:30-9:00pm						

### **Spring Tennis Information**

Spring tennis programs will begin the week of March 24 and will run through May 30. There are no junior programs over Spring Break April 21-25. Registration forms are available online or at the front desk now.

#### **Summer Tennis Registration Opens:**

Monday, April 28 – Homestead owners and tenants Monday, May 5 – Non-resident members

Monday, May 12 - Non-members

Email kim@homsteadcourtclub.com for more information on junior programs, or eric@homesteadcourtclub.com for more info on adult programs.

