*January 2026 Newsletter*

# Homestead Owners Association & Court Club

## January Events

**New Years Eve**
Club Hours: 6:00am-5:00pm

**New Years Day**
Club Hours: 8:00am-5:00pm

**Winter Tennis & Swim Programs Begin**
Monday, January 5th

**Winter After School Program Begins**
Tuesday, January 6th

**Board and DRC Meeting**
Friday, January 9th

### General Club Information

Club Hours:
5:55am-10:00pm M-F
6:30am-10:00pm S-S

Phone:
970-926-1067

Address:
400 Homestead Drive
P.O. Box 808
Edwards, CO 81632

Website:
Hcchoa.com

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@homestead_court_club

## New Group Fitness Classes Beginning In January

**Functional Fitness Blast ~ Tuesdays from 5:30-6:25pm**
Functional Fitness Blast is a dynamic blend of multiple fitness disciplines designed to restore, strengthen, and energize your body from the inside out. This class fuses elements of Cardio Boxing, HIIT, Step, Functional Bodybuilding, Calisthenics, Spinning, and more to deliver a full-body training experience. You'll build strength, amplify your cardiovascular endurance, improve flexibility, and enhance overall movement quality. Perfect for all fitness levels, this high-energy class challenges you to move with purpose while promoting mobility, stability, and functional strength for everyday life.

**Zumba Fusion Fit ~ Thursdays from 5:30-6:25pm**
Zumba Fusion Fit brings together the fun, high-energy rhythms of Zumba dance with strategic functional fitness exercises that strengthen and shape the entire body. This class is designed to be playful yet powerful—combining cardio endurance, coordination, and strength-building movements. The name reflects its vibrant blend of dance + fitness, making it ideal for anyone who wants a joyful, full-body workout that boosts energy, burns calories, and builds functional strength.

**Instructor Bio: Marco Varela**
Marco Varela is a seasoned Personal Trainer with over 25 years of experience in the fitness industry. He is certified by the National Academy of Sports Medicine (NASM) and holds a Nutrition Mastery for Fitness and Wellness Certification, along with CPR/AED credentials. A former university swim team member, Marco brings an athlete's mindset to his coaching. His background in endurance, strength, and performance deeply informs his training style—balancing challenge with injury prevention and long-term health. In addition to his fitness expertise, Marco holds a Doctorate in Education, specializing in Sports Education and Coaching. This advanced academic foundation elevates his ability to design structured, research-backed fitness and nutrition programs that create measurable, lasting results. Marco's coaching philosophy centers on overall wellness, sustainable lifestyle habits, and creating a supportive, motivating training environment. Whether your goals include building strength, improving cardiovascular fitness, or enhancing total-body wellness, Marco's knowledge, encouragement, and passion for fitness will guide you every step of the way. Start your new year off right with one of Marco's classes!

## Winter Swim Programs

We will be offering another six week session of swim programs beginning on January 5th, 2026. Our swim coaches, Jenny Carll and Joe Cook will be offering private lessons, parent & me groups, as well as swim team prep and swim team. Keep your child active and having fun in the pool while improving their swimming skills this Winter! Registration forms are available on our website now. Please email completed registrations to kim@homesteadcourtclub.com

# December DRC & Board Meeting Highlights

During the DRC meeting, the DRC approved the September 12th, 2025 DRC meeting minutes and discussed ongoing DRC issues. During the Board meeting, Board approved the November 14th, 2025 Board meeting minutes. The Board approved the October financials. During Member Input a homeowner, Brad Jones, introduced himself to the Board and announced that he is interested in running for a Board position in the upcoming February election. Two Directors terms are expiring in February 2026. If you are interested in running for the Board, please attend the Board meeting on Friday, January 9th, or email the nominating committee at terickson@homesteadcourtclub.com. More information about the annual meeting will be sent out with the February newsletter. New Business included approval of a required collections policy update. Matters Pending included an update on Eagle County public trail maintenance. During the Directors and Programs Report Tracy Erickson thanked everyone for attending our holiday party. The meeting adjourned to executive session at approximately 10:01am.

## Winter Tennis Program Info

Winter junior tennis programs and adult club leagues will begin on Monday, January 5th and run through Friday, March 20th. Please note this the winter session is one of our busiest sessions of the year. Advanced registration is required, no drop ins allowed. Registration forms can be found on our website or at the front desk now. Please email completed junior program registrations to kim@homesteadcourtclub.com and completed league registration forms to eric@homesteadcourtclub.com.

## Sidewalks, Snow Plowing & Shoveling Reminders

Eagle County has asked us to share some information regarding snowplowing and shoveling in Homestead. **From Eagle County Road & Bridge Department:**

*To ensure efficient snow removal operations and to protect the safety of the traveling public, residents are snowplowing contractors are reminded to abide by Eagle County's snow removal guidelines:*

- *Do not plow, blow or shovel snow or other debris from your driveway onto the roadway or sidewalks. Residents are advised to wait to shovel driveways until snowplows have finished.*
- *Snow removal from your residential access and sidewalks are your responsibility and shall be stored on your property.*
- *It is the responsibility of the property owner to inform anyone hired for snow removal of these guidelines.*

*Clearing the roads of snow to allow for the safe p assage of residents, emergency response vehicles, school buses and other motorists is a critical function of the Eagle County Road & Bridge Department. Thank you for your cooperation in keeping our roadways and sidewalks safe.* ***Questions, concerns and suggestions may be directed to Eagle County Road & Bridge at 970-328-3540.***

## *Important Message Regarding Owner Dues*

As a reminder, Homestead Owner dues are increasing to $120 per month beginning in January. Our software company was unable to reflect this change on the January billing statements so the dues remained at $115. Because of this your February billing statement will show dues at $125, and then will change back to $120 per month beginning in March.

## Winter Kids Camp & After School Program Information

***February Break Kids Camp Information***

We will be hosting a special all day kids camp the week of February 23rd-27th, 2026. Our kids camp is guaranteed to be a fun filled day with a variety of different activities including educational projects, arts and crafts, games, outdoor activities, swimming and much more! Camp runs from 8:30am to 5:15pm, and is for children ages 5-12.

Rates are $50/day for members and $60/day for non-members. Pre-registration is required and space is limited. Registration deadline is February 16. For more information or to register, please email jillian@homesteadcourtclub.com

***Registration for our Winter After School Program*** is open now. For more information or to register, please email jillian@homesteadcourtclub.com.

***Reminder:*** There are no programs on 1/5, 1/19, 1/29, and 1/30.

# January Fitness Schedule

| | Mondays | Tuesdays | Wednesdays | Thursdays | Fridays |
|---|---|---|---|---|---|
| **6:00-6:55am** | | Get Lifted (Hannah) | | Get Lifted (Hannah) | HIIT or Miss (Sawyer) |
| **8:30-9:25am** | | 8:30-10:30am Yoga for Everyone (Terry) | | | ABSolutely Pilates (Kim) |
| **9:00-9:55am** | Peak Performance (Sawyer) | | | S.I.T (Jill) | **Board & DRC Meeting 1/9/26 @ 9:00am** |
| **9:30-10:25am** | | | | | 9:30am Vinyasa Yoga (Sophie) |
| **12:00-12:55pm** | | | | | Senior Strength (Braedan) |
| **3:30-5:15pm** | After School Program in Studio | After School Program in Studio | After School Program in Studio | After School Program in Studio | After School Program in Studio |
| **5:30-6:25pm** | Move Well (Hannah) | **Functional Fitness Blast (Marco)** | S.A.S (Lisa) | **Zumba (Marco)** | |
| **6:30-7:25pm** | | | Yin Yang Yoga (Kenneth) | | |

***Holiday Class Cancellations*** ~ please note there are no fitness classes on December 31 or January 1

**Functional Fitness Blast ~ Tuesdays from 5:30-6:25pm**
Functional Fitness Blast is a dynamic blend of multiple fitness disciplines designed to restore, strengthen, and energize your body from the inside out. This class fuses elements of Cardio Boxing, HIIT, Step, Functional Bodybuilding, Calisthenics, Spinning, and more to deliver a full-body training experience. You'll build strength, amplify your cardiovascular endurance, improve flexibility, and enhance overall movement quality. Perfect for all fitness levels, this high-energy class challenges you to move with purpose while promoting mobility, stability, and functional strength for everyday life.

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# Fitness Class Descriptions

**ABSOLUTELY PILATES** - Improve core strength and stabilization as you move through this fluid series of floor work exercises designed to strengthen your entire body, improve posture and increase flexibility. Cultivate mindfulness in your movement as precision and flow is emphasized.

**FUNCTIONAL FITNESS BLAST —** Functional Fitness Blast is a dynamic blend of multiple fitness disciplines designed to restore, strengthen, and energize your body from the inside out. This class fuses elements of Cardio Boxing, HIIT, Step, Functional Bodybuilding, Calisthenics, Spinning, and more to deliver a full-body training experience. You'll build strength, amplify your cardiovascular endurance, improve flexibility, and enhance overall movement quality. Perfect for all fitness levels, this high-energy class challenges you to move with purpose while promoting mobility, stability, and functional strength for everyday life.

**GET LIFTED** — Get Lifted is a unique fitness class that will use a combination of plyometric exercises and lifting weights, keeping the heart rate up for an all around fat burning work out!

**HIIT OR MISS** — Incorporates several rounds that alternate between several minutes of high intensity movements to significantly increase the heart rate, followed by short periods of rest. Improve stamina, increase strength, burn fat and keep the heart healthy by participating!

**MOVE WELL —** This is a low impact, functional strength, circuit training class for all levels of fitness. This class will help improve your everyday life and hobbies! We will get stronger by doing movements that will incorporate balance, stabilizing, and mobility. Using many different types of equipment and practicing good form, this class will leave you feeling great!

**PEAK PERFORMANCE** — This high-intensity workout combines the best of both worlds: heart-pumping HIIT and effective strength training. Designed to improve cardiovascular endurance, build muscle, and burn fat, this class will push you to your limits. Whether you're lifting weights, performing bodyweight exercises, or incorporating functional movements, you'll experience a full-body workout that targets all major muscle groups. Suitable for all fitness levels, modifications will be provided to ensure everyone gets the most out of every session. Get ready to sweat, challenge yourself, and achieve results!

**S.A.S** — "Sculpt and Stretch" class is a dynamic workout that combines strength training and flexibility exercises to tone muscles and improve fitness. Leave feeling stronger and with increased mobility.

**SENIOR STRENGTH** — This class is tailored for seniors looking to stay active and socialize! This class combines low-impact exercises, stretching, and strength training to improve full body mobility, balance, and overall fitness. Whether you're a beginner or seasoned fitness enthusiast, our welcoming environment ensures everyone can participate at their own pace while having fun and building community bonds. Come join us and step into a healthier, happier you!

**S.I.T. –** "Strength and Interval Training" Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

**YIN YANG YOGA** — Yin Yang yoga is a combination of high-energy movement, much like vinyasa, which builds heat and energy promoting power and endurance, followed by the more relaxing practice of Yin to give us a deeper grounding and calm the nervous system. Pranayama (breathwork) and mindfulness are weaved into this balanced offering to ease transitions and promote presence.

**YOGA FOR EVERYONE** — Terry Copeland, instructor/guide! We welcome everyone for any duration, at any time. We would love to have you stay for the full 2 hours, but if you only have a few minutes to breathe and move with us- please come when you can… you are not disturbing. The teacher will adapt the class to the wants/needs and timeline of those in attendance. Popular format: 8:30-9:30 - Yoga with foam rollers (facilitates stretching) 9:30- 5-10 min mid class Savasana (guided meditation/relax/recover/china gel option) 9:40-10:30- yoga stretches/balances at the bar and flows/ challenges/class choices.

**ZUMBA FUSION FIT —** Zumba Fusion Fit brings together the fun, high-energy rhythms of Zumba dance with strategic functional fitness exercises that strengthen and shape the entire body. This class is designed to be playful yet powerful—combining cardio endurance, coordination, and strength-building movements. The name reflects its vibrant blend of dance + fitness, making it ideal for anyone who wants a joyful, full-body workout that boosts energy, burns calories, and builds functional strength.

# Winter Tennis Schedule

| Program Time | Mondays | Tuesdays | Wednesdays | Thursdays | Fridays | Saturdays |
|---|---|---|---|---|---|---|
| **6:00-7:30am** | | | | | | |
| **7:30-8:30am** | | | | | | 7:30-8:30am Cardio Tennis |
| **8:30-10:00am** | | | | | | 4.0+ Drill & Play Clinic |
| **10:30-noon** | | | | 3.0-3.5 Drill & Play Clinic | Coed 3.0+ League | 10:00-11:30am 3.0-3.5 Drill & Play Clinic |
| **12:00-1:30pm** | | | | Beginner Drill & | | |
| **1:30-3:30pm** | | | | | | |
| **3:30-4:00pm** | Mighty Mites Junior Tennis | | Mighty Mites Junior Tennis | | Mighty Mites Junior Tennis | |
| **4:05-5:00pm** | Superstars Jr. Tennis | Jr. Aces and HS Prep Tennis | Superstars Jr. Tennis | Jr. Aces and HS Prep Tennis | Superstars, Jr. Aces and HS Prep Tennis | |
| **5:05-6:30pm** | High School Advanced Clinics | High School Advanced Clinics | High School Advanced Clinics | High School Advanced Clinics | High School Advanced Clinics | |
| **6:30-8:00pm** | Coed 4.0 - League | | Men's 4.0– League<br><br>6:30-8:00pm Beginner Drill & Play Clinic | Coed 4.5+ League | | |
| **7:30-9:00pm** | | | | | | |

## Winter Tennis Program Info

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Homestead TENNIS

# January Pool Schedule*

| | Mondays | Tuesdays | Wednesdays | Thursdays | Fridays | Saturdays | Sundays |
|---|---|---|---|---|---|---|---|
| **6:30-9:00am** | | | | | | | |
| **9:00-10:00am** | | | | | | Swim Team | Private Lessons |
| **10:00-10:30am** | | | | | | Toddler & Me Swim Lessons | Private Lessons |
| **10:30 - 11:00am** | | | | | | Baby & Me Swim Lessons | Private Lessons |
| **11:00-noon** | | | | | | | Private Lessons |
| **noon-1:00pm** | | | | | | | Private Lessons |
| **1:00-2:00pm** | | | | | | | Private Lessons |
| **3:30-4:00pm** | | Private Lessons | | | | | Private Lessons |
| **4:00-4:30pm** | | Private Lessons | | | | | Private Lessons |
| **4:30-5:00pm** | Swim Team Prep | Private Lessons | | | | | Private Lessons |
| **5:00-6:00pm** | Swim Team | | Swim Team | | | | |
| **6:30-9:45pm** | | | | | | | |

## Winter Swim Programs

We will be offering another six week session of swim programs beginning on January 5th, 2026. Our swim coaches, Jenny Carll and Joe Cook will be offering private lessons, parent & me groups, as well as swim team prep and swim team. Keep your child active and having fun in the pool while improving their swimming skills this Winter! Registration forms are available on our website now. Please email completed registrations to kim@homesteadcourtclub.com

**Pool Reminders:**

No food or drinks allowed in the pool area

Please do not wear dirty shoes into the pool area

The pool, hot tub and steam room close at 9:45pm every night to allow members time to shower and change before the Club closes at 10:00pm.